

AKANA 2023



TOMOE & KOBUDO WARRIOR TEST Empty-hand & Weapon Kata



Saturday, April 29, 2023



Tomoe Warrior Triange Patch, Weapon Warrior Octagon Patch, Tomoe Warrior Certificate, and Kobudo Warrior Certificate signed by Hanshi Piddington.

2023 TOMOE WARRIOR & KOBUDO WARRIOR TEST

Saturday, April 29, 2023

SideKick Karate of Salisbury, N.C.

Events:

Screaming Eagle Tomoe/Kobudo Test (8 yrs. old & under)
Kids (Jr. Rank) Tomoe/Kobudo Test (9 - 12 yrs. old)
Adult Tomoe/Kobudo Test (12 yrs. old and up)

Time:

10:00 a.m. - 12:00 p.m.
12:00 p.m. - 2:00 p.m.
2:00 p.m. - 3:00 p.m.

The Tomoe Warrior Test gives every student, no matter what rank, an opportunity to demonstrate their kata. To grasp the concept of a true Tomoe Warrior Spirit, please review Tomoe Warrior & Kobudo Warrior Requirements by visiting SideKickDojo.com, click on Events/Tomoe Warrior for an updated list of requirements. This is an AKANA sanctioned event, so please wear your AKANA patch proudly.

Rules:

1. Student must be a member of AKANA and wear their AKANA patch.
2. If you are performing 17-Kata Tomoe, Left & Right Pivot Form count as one kata and all three Naihanchi Kata are performed as O’Naihanchi which also count as one kata.
3. Students are allowed to make only a total of only three (3) mistakes.
4. Three minor mistakes equal one major mistake. Minor mistakes include things such as a weak stance (bouncing), incorrect foot alignment, improper body alignment, incorrect hand or foot form, weak (hikite) chamber, loss of directing the gaze (focus), lack of power, lack of body timing (kime), improper breathing, improper rhythm, too slow, too fast, etc.
5. Major mistakes include things such as a wrong movement, a long hesitation, forgetting to Kiai, not naming your kata before and after, not completing a salutation before and after, getting upset, etc.
6. Look sharp, be prepared, have confidence, believe in yourself, if you make a mistake - do not focus on it, forget it and move forward (Kaizen).
7. If the kata is not performed to belt rank standard, it will not count.
8. Kata may be performed in a group and solo.
9. It must be understood, this is a pass-fail test. If a student fails, they are allowed to schedule a test date to try again.
10. Substitution of kata must be arranged by the Head Instructor.
11. Tomoe/Kobudo Warrior Tests are required for certain belt ranks.
12. This AKANA test is an old-school test for the students who are serious about the training of their art. The test will be formal with an atmosphere of strict discipline and martial art etiquette. Please come mentally prepared and ready to give 100 percent focus and energy.

TOMOE & KOBUDO WARRIOR TEST APPLICATION FORM

	<u>Kata</u>	<u>Kobudo</u>
Bronze Tomoe 1-2 Kata (Left & Right Pivot Form) \$30 (Includes bronze tomoe patch & certificate)	\$_____	\$_____
Silver Tomoe 5 Kata (add H-Patterns) \$50 (Includes silver tomoe patch & certificate)	\$_____	\$_____
Silver Diamond Tomoe 7 Kata (add Lion & Deer Form) \$70 (Includes silver diamond tomoe patch & certificate)	\$_____	\$_____
Gold Tomoe 10 Kata (add Naihanchi Sho, Sanchin, & Bassai) \$90 (Includes gold tomoe patch & certificate)	\$_____	\$_____
Black Belt Tomoe 5 Black Belt Kata (select five Black Belt Kata) \$50 (Includes black belt gold tomoe patch & certificate)	\$_____	\$_____
Gold Diamond Tomoe 17+ Kata (August 2, 2023 at AKANA Family Reunion) \$170 (Includes gold diamond tomoe patch & certificate)	\$_____	\$_____
AKANA Membership Must have correct AKANA patch on uniform to test \$50 (Includes patch & AKANA membership certificate) (Beginner-Red/White, Intermediate-Blue/White, Advanced-White/Blue)		\$_____
If testing for both Tomoe & Kobudo Warrior, apply 50% off 2 nd event:		Total \$ _____

WAIVER OF LIABILITY

Name _____

Age as of April 29, 2023 _____ M/F _____ Phone _____

Belt Color/Rank _____

Please read carefully before signing

I do hereby agree to waive all claims against SideKick Karate LLC, its instructors, or its agents for any injuries that I might sustain. I understand that the nature of this event does not preclude injury and I agree to assume full responsibility for any injuries that I might sustain as a participant of this karate event or test. I hereby state that as of April 29, 2023, I accept full responsibility for any medical expense that I might incur during this martial arts event or test at the location of 520 South Main Street, 28144, Salisbury, NC.

Signature _____ Date _____

(Parent or Legal Guardian if under 18 years old)

TOMOE WARRIOR TEST APPLICATION FORM

(Empty-hand Kata)

Name _____ Belt Color _____

Select the Tomoe Warrior Test you will perform. (Circle)

(If already listed, the kata are mandatory for that test, but you may perform more kata than are listed for that test. Please write in the added kata)

	Bronze Tomoe	Silver Tomoe	Silver Diamond	Gold Tomoe	Gold Diamond
	(2-Kata)	(5-Kata)	(7-Kata)	(10-Kata)	(17-Kata)
1	Left Pivot	Left Pivot	Left Pivot	Left Pivot	Left/Right Pivot
2	Right Pivot	Right Pivot	Right Pivot	Right Pivot	H-Pattern 1
3		H-Pattern 1	H-Pattern 1	H-Pattern 1	H-Pattern 2
4		H-Pattern 2	H-Pattern 2	H-Pattern 2	H-Pattern 3
5		H-Pattern 3	H-Pattern 3	H-Pattern 3	Lion Form
6			Lion form	Lion Form	Deer Form
7			Deer Form	Deer Form	O'Nahanchi
8				Naihanchi Sho	Sanchin
9				Sanchin	Bassai Dai
10				Bassai	Empi
11					White Crane
12					Go Pei Sho
13					Dan Enn Sho
14					Nan Dan Sho
15					Unsu
16					5-Animal
17					Sun & Moon

Student's Signature _____

Sensei Approval _____

KOBUDO WARRIOR TEST APPLICATION FORM

(Weapon Kata)

Name _____ Belt Color _____

Select the Kobudo Warrior Test that you will perform. (Circle)
(If already listed, the kata are mandatory for that test, but you may perform more kata than are listed for that test, please write in the added kata)

	Bronze Tomoe	Silver Tomoe	Silver Diamond	Gold Tomoe	Gold Diamond
	(2 Weapons)	(3 Weapons)	(4 Weapons)	(5 Weapons)	(6 Weapons)
1	Bo Pivot	Bo Pivot	Bo Pivot	Bo Pivot	Bo Pivot
2	Nunchuck Pivot	Nunchuck Pivot	Nunchuck Pivot	Nunchuck Pivot	Nunchuck Pivot
3		Tonfa Pivot	Tonfa Pivot	Tonfa Pivot	Tonfa Pivot
4		Bo Set 1	Bo Kata 1	Sai Pivot Form	Sai Pivot Form
5		Bo Kata 1	Bo Set 1-2	Bo Kata 1	Kama Pivot Form
6			Nunchuck Kata 1	Nunchuck Kata 1	Bo Kata 1
7			Sai Pivot Form	Tonfa Kata 1	Nunchuck Kata 1
8				Bo Kata 2	Tonfa Kata 1
9				Kama Pivot Form	Sai Kata 1
10				Bo Set 1-3	Kama Kata 1
11					Walking Stick 1
12					Bo Kata 2
13					Nunchuck Kata 2
14					Tonfa Kata 2
15					Sai Kata 2
16					Kama Kata 2
17					Bo Set 1-4

Student's Signature _____

Sensei Approval _____