Our Mission

The One Step A La Vez mission is to serve the communities of Santa Clara River Valley by providing a safe environment for 13–19-year-olds and preparing informed, empowered youth who are equipped with the tools to lead, cultivate cultural awareness, bridge the gaps of inequality and advocate for fair, just and healthy individuals and community.



"MAKING CHANGES POCO A POCO"





One Step Center Hours

Monday - Friday 1:00 P.M. -7:00 P.M. Open to teens ages 13-19

Food Share Hours

Every 2nd and 4th Wednesday of the month from 3:00 P.M. -5:00 P.M.

Contact Us

421 Sespe Ave

Fillmore, CA 93015

Office: 805-625-7067

One Step Center: 805-625-7066

Info@MyOneStep.org

Scan to learn more.







HELPING TEENS TAKE
THE FIRST STEP
TOWARDS A
POSITIVE FUTURE



Our Programs ::::::::

One Step a la Vez offers an array of programs and services to support teens and their families.

Teen Wellness Center

Our after-school teen center serves as a safe and inclusive place and the home base for all of our programs and services.

Adelante

Empowers our teens to find their voice to address issues of social justice and equality.

Bienestar

Provides access for teens to early intervention, mental wellness services, case management, counseling, and support groups.

Conocimiento

Evidenced-based prevention program that helps youth with adverse childhood experiences access wellness education and leadership development while breaking down small-town rivalries that lead to positive behavioral changes.

Evening Reporting Center

Youth are referred through the Ventura County Probation Agency or members of the community (school, community members, law enforcement) and complete their courtappointed community service requirements and are also provided individual case management.

Food Access

Staff, youth, and volunteers coordinate our twice-monthly food distributions to local families to combat hunger and food insecurity.

Circle of Care

A monthly community collaborative representing different service providers, community stakeholders, and county and local agencies that work together to find community-based solutions.

History and Background



One Step a la Vez began in 2007 when Lynn Edmonds and a group of teens recognized the disparities and lack of essential services and resources available for working families in Fillmore and the surrounding communities of the Santa Clara River Valley. These teens articulated the need for a safe place to spend time after school and get help with whatever problems they might be facing. Today, One Step A La Vez serves over 100 youth and has become a safe haven for teens to gather after school and obtain access to a hot meal and program activities that help them grow, build character and unlock their potential.

Membership is FREE

Our name "One Step A La Vez" was chosen by teens to remind them to take "one step at a time" toward self-empowerment and pride in their cultural history, roots, and dual heritage.



How you can help.

Are you:

- A youth who would like to be a part of changing your community for the better?
- Just looking for a safe place for a warm meal, homework help, hang out with friends and fun activities?
- A potential volunteer who would like to share a special skill and talents.?
- Someone who would like to support us through your philanthropy?

Thank you to our Institutional Funders, Foundations and Community Partners!















