



# LGBTQ+ MONTHLY NEWSLETTER

January  
2026

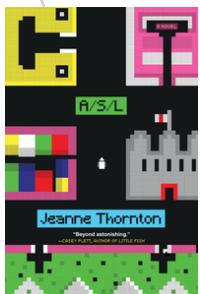


## National Stalking Awareness Month - January 2025

The Stalking Resource Center estimates that over **7.5 million Americans** experience stalking annually. Contrary to popular assumption, stalking is frequently carried out by someone the victim knows, and the most frequent and dangerous kind of stalking is by an intimate partner. National Stalking Awareness Month (NSAM) is observed annually in January to increase public awareness of stalking.

## Literature and Film

### "A/S/L"



#### Good Reads Review

A/S/L follows three trans women whose teenage friendship was forged online while creating a video game "Saga of the Sorceress." They are drawn back together years later in New York City when one of them attempts to resurrect their unfinished project.



### "Sew Into You"

"A short film about a widowed older woman who seeks guidance from her younger queer coworker to ask out a woman for the first time." The film explores themes of connection and new beginnings.

[Click here to watch!](#)

## This Month in LGBTQ+ History

Michaela Antonia Jaé Rodriguez is a trans artist and actress born on January 7<sup>th</sup>, 1991. Her role as "Blanca Rodriguez-Evangelista" on the hit series "Pose" garnered critical acclaim and she became the first trans woman to be nominated for an Emmy award in a major acting category. She later won a Golden Globe Award for Best Actress for her role. The FX series "Pose" made TV history by featuring the largest ever cast of trans actors.



LGBTQ+  
Ventura  
County  
Resources





# LGBTQ+ MONTHLY NEWSLETTER

January  
2026

## Autostraddle



[Click here to visit their website](#)

Autostraddle is a queer media and community platform that publishes personal essays, advice columns, quizzes, pop culture and movie/TV reviews, LGBTQ+ history features, political commentary, dating and relationship content, sex and identity discussions, and community-driven series, all centered on LGBTQ+ experiences.

"We actively work to manifest an explicitly intersectional feminism that centers the freedom and joy of queer, lesbian and bisexual women and all genders of trans and nonbinary people of color as well as people living with disabilities. We recognize and support the multiplicity of struggles and unequal, disproportionate impacts our community faces..."

## **"Pew Research Center: Rising Number of U.S. Households Are Headed by Married Same-Sex Couples"**

Since the Obergefell v. Hodges ruling legalized same-sex marriage nationwide, the number of U.S. households headed by married same-sex couples has steadily increased, rising from about 425,000 in 2015 to roughly 775,000 in 2023, with cohabiting same-sex couples also growing over that period. Despite this growth, same-sex married couples still make up a small share of all married households. A Pew survey of LGBTQ adults found that most people in same-sex marriages cite love and companionship as top reasons for marrying, and many also emphasize legal rights and benefits as important factors. Overall, same-sex couples report high levels of relationship satisfaction, with married couples expressing somewhat more satisfaction than those who are cohabiting.

[Click here to read](#)

**Coalition for Family Harmony  
24-hr Bilingual Crisis Hotline**



**1.800.300.2181**

**Trevor Project  
24-hr LGBTQ+ Crisis Support**



**866.488.7386**

**Trans Lifeline  
Bilingual Crisis Hotline**



**877.565.8860**