



ALRC NEWSLETTER • SEPTEMBER 2022



Dedicated to promoting and preserving the rural and equestrian lifestyle in our community.



BITS *of* NEWS



the PRESIDENT'S MESSAGE

from Cassie Sanchez, ALRC President

The annual **Hot August Nights** equestrian event was once again a success. Despite the hot weather, many horse lovers and spectators participated in the trail event with judge Jessica Wegener. Thanks to all

who made the evening a success, especially our show organizer, Kara Haulman-Recla, the ring steward, Molly Jenks, and announcer Larry Henderson, and to all the volunteers who helped make the show run smoothly. Thanks to John Recla who set up the misters which were very welcoming. We can't forget "Joe's Diner" which graced us with the best hamburgers this side of In-N-Out. Thanks again to all who participated and helped.

A WORD ABOUT RENEWING YOUR MEMBERSHIP. If you haven't already renewed your membership for this year, please do so at your earliest convenience. Dues are still at \$30.00 and have remained the same for decades. It is only with your help that we can maintain Heritage Park and our equestrian events. We need to maintain our efforts on behalf of preserving the lifestyle in our community that we cherish and we can only do it with your help. Send in your renewal today!

How would you like a fun and exciting way to help ALRC? We need some helpers to run our tractor to harrow the riding arenas. You will become an official City Volunteer and be instructed on the tractor. As you know, the Alta Loma Riding Club is responsible for the maintenance of the riding arenas. It is extremely important that we condition and take care of them to ensure a secure and safe footing

for our horses and their riders. Please give us a call or text for more information. Email Cassie Sanchez or Larry Henderson. (See our newsletter for their e-mails.)

I thanked our volunteers for the event, Hot August Nights. We need more volunteers. It seems like it is always the same people, however wonderful they are, we could use more of you to pitch in. It is a lot of fun to help out at various events. So, why not give us a call and put your name on a volunteer list that we may call upon? Remember, it is your Club and your Park.

It is vitally important that we keep up with what is going on in the City of Rancho Cucamonga, especially as it affects ALRC. As responsible citizens, the Alta Loma Riding Club is once again sponsoring a **CANDIDATE FORUM** in our meeting room at Heritage Park on October 11, 2022. Heritage Park is located in District One. Six candidates are running for that position in District One. We will have a chance to meet the candidates who are running for City Council and who will represent us. You'll have a chance to meet and greet as well as hear their answers to our questions and concerns, especially those that relate to our Equestrian Park facilities such as horse trails, zoning concerns, and other important questions. The Forum will begin at 7:00 pm and last to about 9:00 pm. Refreshments will be available.

Be sure to check out our fabulous newsletter, Website, and FaceBook page for upcoming events and new items of interest to you and our Club.

Happy Trails! *Cassie* 

Courage is being scared to death but saddling up anyway." - John Wayne

GET SOCIAL WITH US!

Be in the know! Make sure you follow us on Instagram and Facebook @altalomaridingclub for up to the minute information and happenings.



SEPTEMBER LOCAL TRAIL RIDE

with Heather *Heather McGee Decauwer, Local Trail Director*

JOIN US AND ENJOY BOTH THE SUNSET AND THE MOONRISE.

The sunset is at 7:05pm and the moonrise is at 7:09 pm.

Friday, September 9th is the day before the Harvest full moon.

DESCRIPTION OF SUNSET TRAIL RIDE:

Date: Friday September 9, 2022 **Time:** 6:30pm-8:30 or 9pm

Staging Info: Meet at Heritage Park around 6pm and plan to leave by 6:30pm

Route: to be determined

Distance: 5-6ish miles

Time: 2 to 2.5 hours

Elevation: Relatively flat

Terrain: Relatively smooth

Technicality: Riding at night

Contact: Heather if you have questions: localtrailofalrc@gmail.com

NOTE: No stallion, dogs or ponying on the ride.



SEPTEMBER TRAILER OUT RIDE

with Julie *Julie Bradley, Trailer Out Director*

WRIGHTWOOD is one of my favorite places to ride.

It is usually about 10 degrees cooler than Alta Loma and there is often a nice breeze under the shade of the trees.



DESCRIPTION OF TRAIL RIDE:

Date: Saturday, September 17, 2022 **Time:** 8am-2pm

Staging & more Info: Meet at Heritage Park at 8am. The drive is about 50 minutes to Inspiration Point. Plan to be in the saddle by 9:30. Bring snacks/lunch and water. PLEASE BE AWARE: We are staging in the Angeles National Forest, a "National Forest Adventure Pass" is to be displayed on all parked vehicles. For a list of places that carry these passes in Rancho Cucamonga like Big 5 or Bass Pro check out: <https://www.fs.fed.us/portaldata/r5/ap/r5-ap-vendors.php> Or they can be purchased online. \$5 per day or \$30 for the year.

Distance: Our intended trail is 10-12 miles*

Time: Approximately 3-4 hours*

Elevation: Rolling hills about 350 feet from highest to lowest point

Terrain: The ride is mountainous and we will cover a good bit of elevation.

Technicality: Horses and riders need to be prepared for some challenging terrain. Several of us have done this ride numerous times and it is an adventure ride. Some parts of the trail are narrow or along a hillside.

*If the weather is extra hot, we may shorten the route or switch to an alternate ride location.

Pictures Opp: Many!

Questions Contact: traileroutdirectorofALRC@gmail.com

NOTE: No stallion or dogs on the ride.



Come be part of this very special event!
FRIDAY, SEPTEMBER 30 – SUNDAY, OCTOBER 2

BARRY BERG PRESENTS

CREATING the
HORSE
you **DESIRE**

THROUGH MEANINGFUL COMMUNICATION

**WEEKEND HORSE CAMPING
 AND TRAINING CLINIC**

Improve skills and confidence!

**Build friendship and camaraderie with your horses and each other!
 Let's all unite as equestrians. The discipline you ride doesn't matter.**



THE SCHEDULE

FRIDAY EVENING AT 5 PM:

Set up camp, bring your own dinner.
 Round table discussion – Goals and desires for you and your horse.

SATURDAY ALL DAY:

Learning and riding.

SUNDAY TILL NOON:

Putting it all together. Wrap Up

ACCOMMODATIONS

**2 NIGHTS CAMPING AT HERITAGE PARK
 EQUESTRIAN CENTER!**

- Tents, trailers, campers all ok.
- 7 stalls and 2 round pens available for your horses. You may also bring your own portable stalls.

MEALS INCLUDED

3 Meals Saturday
 Breakfast & Lunch Sunday

THE SPECIFICS

**5 PM FRIDAY- NOON SUNDAY
 \$100 PER PERSON
 SPACE IS LIMITED**

REGISTRATION CONTACT:

**Martha Cowan
 (909) 912-2117
 VicePres1ofALRC@gmail.com**



ALRC PRESENTS

City Council

Candidate Forum

Tuesday 7-9 PM • October 11, 2022

**Heritage Park Equestrian Center
5546 Beryl Street • Alta Loma**

**All candidates running in the November
election have been invited.**

**Meet the candidates and participate
in the question and answer period!**

**ALRC does not endorse any candidate.
This forum is for you to hear from the candidates.**

Refreshments will be served.





THANK YOU for renewing your membership!

WELCOME NEW MEMBER Karen Lees

Do you know anyone who should be a member? Encourage your friends and neighbors who enjoy the trails and facilities to join **ALTA LOMA RIDING CLUB TODAY!**

Your membership makes a difference! We look forward to meeting you at upcoming events!

Happy Trails!

Support the businesses who support ALRC! Did you know that you can advertise your business in the ALRC newsletter too?

TO BECOME AN ADVERTISER...

Contact Molly Jenks at PublicityofALRC@gmail.com or Claudia McNeill at NewsletterofALRC@gmail.com

Business card ads: \$15/month or \$120/year

CLAUDIA McNEILL
REALTOR® | DRE #02123518
C: 909.730.3564
O: 626.609.2130

Claudia@KALEOrealestate.com

Deer Creek Morgans Inc.
Pulsed Electromagnetic Field Therapy

Jennifer Sommers

cell 909-261-3696
deercreekmorgans@aol.com
www.royalgriffithfarms.com

Owners Glenn & Cindy Mocabee, Friends & Members of ALRC

my **RANCHO FEED and PET SUPPLY**

NEW LOCATION 8673 A Baseline Road
Rancho Cucamonga, CA 91730
In front of Smart n' Final in the Sunrize Shopping Center
(909) 980-4408

Supplies you need... for the animals you love...
RIGHT IN THE NEIGHBORHOOD!

\$25 Plumbing

Heating & Air Conditioning

(909) 980-4109 • 25dollarplumbing.com

ROBIN L. CHAPMAN, D.D.S.

FAMILY DENTISTRY

(909) 982-8924
321 N. Third Avenue • Upland, CA 91786

HEAT INDEX vs HORSES

"COOL" FACTS:

- Horses heat up 3-10 times faster than humans.
- Exercise is a major source of body heat; even 17 minutes of gentle exercise in hot weather can raise a horse's internal temperature to dangerous levels.
- Horses, like people, need to sweat for thermoregulation (cooling); **sweat is more efficient at removing heat when it evaporates.**

How HOT is TOO HOT to work your horse?

- Heat Index > 180**
USE EXTREME CAUTION
Normal cooling is almost ineffectual
- Heat Index > 150**
USE CAUTION
Watch for signs of heat stress
- Heat Index < 130**
ENJOY YOUR RIDE!
Your horse can keep its body cool

Temperature + Humidity = Heat Index

HOT TIPS

Heat exhaustion should not be underestimated as it can advance to heat stroke quickly.

If you suspect your horse is developing heat stroke, or if your horse's body temperature does not drop to 101F or lower despite your best efforts to cool him off, call your veterinarian immediately!

ALRC Executive Officers & Directors

President: Cassie Sanchez PresidentofALRC@gmail.com	Youth Director: Alanna Quinn YouthofALRC@gmail.com
1st Vice President: Martha Cowan VicePres1ofALRC@gmail.com	City Liaison/ALERT: Larry Henderson CityLiaisonofALRC@gmail.com
2nd Vice President: Kara Haulman-Recla VicePres2ofALRC@gmail.com	Local Trail Director: Heather McGee Decauwer LocalTrailofALRC@gmail.com
Treasurer: Charleen Ariza TreasurerofALRC@gmail.com	Trailer Out Director: Julie Bradley TrailerOutofALRC@gmail.com
Secretary: John Sanchez SecretaryofALRC@gmail.com	Food Services: Joe Cowan FoodofALRC@gmail.com
Membership: Kate Bowers MembershipofALRC@gmail.com	Publicity: Molly Jenks PublicityofALRC@gmail.com
	Newsletter Editor: Claudia McNeill NewsletterofALRC@gmail.com

ALRC UPCOMING SEPTEMBER EVENTS

FRI, SEPT 9 • **LOCAL SUNSET & MOONRISE TRAIL RIDE**
6:30-8:30ish PM • Stage at Heritage Park Equestrian Center 6:30PM

TUES, SEPT 13 • **ALRC Board Meeting**
7:00PM • Heritage Park Equestrian Center • Clubhouse

SAT, SEPT 17 • **TRAILER OUT RIDE • WRIGHTWOOD**
8AM-2PM • Stage at Heritage Park Equestrian Center 8:00AM

FRI-SUN • **ALRC Weekend Horse Camping and Training Clinic**
SEPT 30- • **with Barry Berg at Heritage Park Equestrian Center**
OCT 1 • **Registration contact Martha Cowan (909) 912-2117**

TUES, OCT 11 • **SAVE THE DATE • CANDIDATE FORUM**
7:00-9PM • Heritage Park Equestrian Center • Clubhouse



Help the Alta Loma Riding Club protect and preserve the rural equestrian community in Rancho Cucamonga.

If you see any questionable or potentially dangerous activity occurring in or around the Heritage Park vicinity, please call the Rancho Cucamonga Park Ranger, at (909) 941-1488. You may also report such activity through the app: **RC2GO.com**



HERITAGE PARK EQUESTRIAN CENTER

A GENERAL PURPOSE EQUESTRIAN FACILITY
Facilities are available for Shows & Clinics.

AMENITIES

- Show Office & Clubhouse
- Concession Stand
- Restrooms
- Arena Lighting
- 2 Round Pens & 7 Paddocks
- South Arena 295'X150'
- North Arena 220' X 90' (Dressage)
- PA System
- Hitching Rails & Water Trough
- Trailer Parking
- Trail Course & Trail Access

LOW RENTAL RATES!

BOOK YOUR EVENT FOR 2022

DATES ARE AVAILABLE!

CONTACT

Larry Henderson (909) 745-4906

altalomaridingclub@gmail.com



EQUESTRIAN PARKING AREA: In an effort to ensure safety and appropriate use of Heritage Park Equestrian Parking, a lock at the entrance gate has been installed. All ALRC members have been provided an access code via the email on file. We ask that you lock the gate upon entering and exiting the equestrian parking area. **Look for the gate code via email and text, for further questions please contact (909) 745-4906 or email altalomaridingclub@gmail.com**



SUPPORT & COMMUNITY

ALTA LOMA RIDING CLUB at Heritage Park Equestrian Center

The Alta Loma Riding Club exists to promote and preserve the rural and equestrian lifestyle of Alta Loma and Rancho Cucamonga. Our membership is very important in continuing to impact our community. We maintain communication with the local city council and city planners to assure the trails and horse facilities we enjoy stay intact and maintained. We welcome you with open arms! It is not necessary to own a horse to be a member. If you use the trails and enjoy the outdoor lifestyle, ride or walk on two or four legs, by yourself or with your friends, pets and kids, then join us!

MEMBERSHIP INCLUDES:

- ALRC Monthly Newsletter
- Organized Local trail rides and Trailer-out rides
- Special Events • Shows • Clinics • Social Events
- Members are invited to monthly ALRC Board Member Meetings on the 2nd Tuesday of the month, at 7PM in the Clubhouse at Heritage Park Equestrian Center
- Quarterly ALRC General Member Meeting
- Opportunity to meet other local horse enthusiasts
- Be part of supporting and promoting the rural/equestrian lifestyle in our community!

Visit our website to join or contact

MembershipofALRC@gmail.com

for more information



Alta Loma Riding Club

PO Box 8116

Alta Loma CA 91701

altalomaridingclub@gmail.com

www.AltaLomaRidingClub.org

GET SOCIAL Follow us on Instagram &
WITH US! Facebook at altalomaridingclub

