



**ALTA LOMA RIDING CLUB**

**Dedicated to promoting  
and preserving the rural  
and equestrian lifestyle  
in our community.**

ALRC NEWSLETTER • JULY 2024

# BITS *of* NEWS

## the PRESIDENT'S MESSAGE

*from Heather McGee-Decauwer, ALRC President*

### **Finding your happy place!**

For most equestrians, there is a special place they go to with their horse that they can't wait to go to again and again. For me it's our annual trip to Montana de Oro near Morro Bay.

This month, three adventurous friends and myself set off on a horse camping trip. I say adventurous because this was my first time driving my new truck and hauling horses and my friends entrusted me with their horses. I've always been the passenger and thankful for someone to haul my horse for me, so this was my opportunity to give me riding buddy a break from driving.

Considering the precious cargo I would be hauling, I invested over 6 hours of trailer pulling and parking training between my neighbor and riding buddy. Totally worth the time investment. We all had a great time!



Happy summer everyone. Wishing that you all can get away and get to your happy place!

*Heather*



Hello all—my name is Natalie and I am the new ALRC Publicity Director. You may recognize me from a few years ago when I served as ALRC President.

I have signed on again to participate in a different capacity, and to work among the fabulous folks who volunteer their time and efforts to keep the equestrian voice alive and well in Alta Loma. My husband and I currently own two horses—that when we aren't working, or cruising in our classic car—we escape to the mountains to go horse camping with. I also volunteer with the Rancho Cucamonga Equestrian Patrol with my faithful Tennessee Walker "Apocalypse" and my upstart Azteca "Elvira".

I hope to contribute (to the best of my ability) to the networking and voice of ALRC activities and events for all to enjoy. We have a unique and beautiful equestrian community we live in, and I hope to share that so everyone knows that Alta Loma is the perfect place for horse enthusiasts to be!

Natalie



**Friday July 19th is 2 days before the BUCK FULL MOON. Join us and enjoy both the sunset and the is at 7:09 pm.**

**Native Americans named July's full moon the buck full moon because of the appearance of antlers on the young bucks at this time of year. So not the buck some equestrians are more familiar with than others.**

#### **DESCRIPTION OF TRAIL RIDE:**

**Date: Friday, July 19 • 6:30pm to 8:30 or 9 pm moonrise. The sunset is at 8:00 pm and the moonrise Staging Info: Meet at Heritage Park around 6pm and plan to leave by 6:30pm**

**Route: to be determined**

**Distance: 5-6ish miles**

**Time: 2 to 2.5 hours**

**Terrain: Relatively smooth**

**Technicality: Riding at night**

**Contact: Heather if you have questions:**

**LocalTrailofALRC@gmail.com**

**NO Stallions or Dogs on the Trail Ride.**

I have been a resident of Alta Loma for over 25 years. My parents purchased their home here in 1969 when it was actually known as Alta Loma! They brought us here so my older sister could realize her dream of horse ownership. I remember as a very young girl riding our horses through citrus groves where the Thoroughbred Christmas lights are now. Today I'm fortunate to have a beautiful paint horse of my own- his name is Franky. What an incredible Journey our horses take us on.

Most recently that took us to Montana for a couple years!

I reside in Rancho Cucamonga with my husband of almost 35 years and have two wonderful adult children!

I'm looking forward to serving the fine members of our community and the Alta Loma Riding Club!

Susan Csik



**MARK YOUR CALENDAR!**

# **HOT AUGUST NIGHTS**

**"IT'S TOO HOT TO WORK, SO LET'S  
PLAY, PLAYDAY"**



**at HERITAGE PARK EQUESTRIAN CENTER**

**August 10th 6pm to 9:00 ISH**

**Office opens at 5:30**

**Ribbons 1st-5th**

- **Barrels, Pole bending, and more!**
- **4.99 a class**
- **Office fee: \$5**
- **Grounds fee: \$9**



**The Chow Hall will be open for dinner!**

**Contact: [Vicepres2ofalrc@gmail.com](mailto:Vicepres2ofalrc@gmail.com)**

# COWBOY DRESSAGE!!

## ALRC HOSTED A COWBOY DRESSAGE CLINIC WITH JESSECA WEGENER

Thank you to all who came out and braved the heat with us! The Cowboy Dressage clinic was fun and educational! The small class of riders let our clinician Jesseca spend time with each rider and give instruction tailored to the individual.



It's not a parade without horses!!!

~ Rancho Cucamonga Equestrian Patrol (RCEP) representing in the Ontario Independence Parade ~  
Thank you RCEP 417 for all you do and participating!



### SIGNS OF HEAT STRESS

- Increased rectal temperatures (102.5 or higher)
- Increased respiratory rate
- Increased heart rate
- Profuse sweating (or no sweat if horse has anhidrosis)
- Horse is lethargic
- Dehydration (prolonged skin tent, tacky mucous membranes)
- Recumbency or difficulty rising



## HEAT TALK

WITH THE HEAT WAVE LETS ALL REMEMBER TO KEEP AN EYE ON OUR EQUINE FAMILY.



### REDUCING HEAT STRESS RISKS

- Provide free access to clean water
- Offer a salt block or free minerals
- Provide shade and ensure adequate air flow
- Clip horses with long coats
- Watch for signs of sunburn on white or light-colored areas (muzzle, ears, around the eyes)
- Allow time for the horse to acclimate to the heat by gradually increasing exercise

# ALRC Executive Officers & Directors

**President:**

Heather McGee Decauwer  
PresidentofALRC@gmail.com

**1st Vice President:** Martha Cowan

VicePres1ofALRC@gmail.com

**2nd Vice President:**

Kara Haulman-Recla  
VicePres2ofALRC@gmail.com

**Treasurer:** Charlene Ariza

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**Secretary:**

SecretaryofALRC@gmail.com

**Membership:** Susan Csik

MembershipofALRC@gmail.com

**Youth Director:** Alanna Quinn

YouthofALRC@gmail.com

**City Liaison:** Joe Cowan

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**Local Trail Director:**

LocalTrailofALRC@gmail.com

**Trailer Out Director:** Julie Bradley

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**Food Services:** John Recla

FoodofALRC@gmail.com

**Publicity:** Natalie Hall

PublicityofALRC@gmail.com

**Newsletter Editor:**

NewsletterofALRC@gmail.com



**Thank You very much for  
being a vital part of the Alta  
Loma Riding Club!**

Your membership makes a difference! We look forward to meeting you at upcoming events! Encourage your friends and neighbors who enjoy the trails and facilities to join us too!

**Happy Trails!**

GET SOCIAL WITH US! Alta Loma Riding Club  



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**Support the  
businesses who  
support ALRC!**

**Did you know that  
you can advertise  
your business in the  
ALRC newsletter too?**

**BUSINESS CARD ADS:**

**\$15/MONTH OR**

**\$120/YEAR**

**TO BECOME AN  
ADVERTISER CONTACT...**

**Claudia McNeill at  
NewsletterofALRC@gmail.com**



## ALRC UPCOMING EVENTS

- FRI, JULY 19** • **SUNSET & MOONRISE RIDE**  
**6:30-9PM** • **Staging at Heritage Park Equestrian Center 6:00 PM**
- SAT, AUG 10** • **HOT AUGUST NIGHTS**  
**6:00PM-9:30 ISH** • **Heritage Park Equestrian Center**

**Help the Alta Loma Riding Club protect and preserve the rural equestrian community in Rancho Cucamonga.** If you see any questionable or potentially dangerous activity occurring in or around the Heritage Park vicinity, please call the Rancho Cucamonga Park Ranger, at (909) 941-1488. You may also report such activity through the app: **RC2GO.com**



## HERITAGE PARK EQUESTRIAN CENTER

A GENERAL PURPOSE EQUESTRIAN FACILITY  
 Facilities are available for Shows & Clinics.

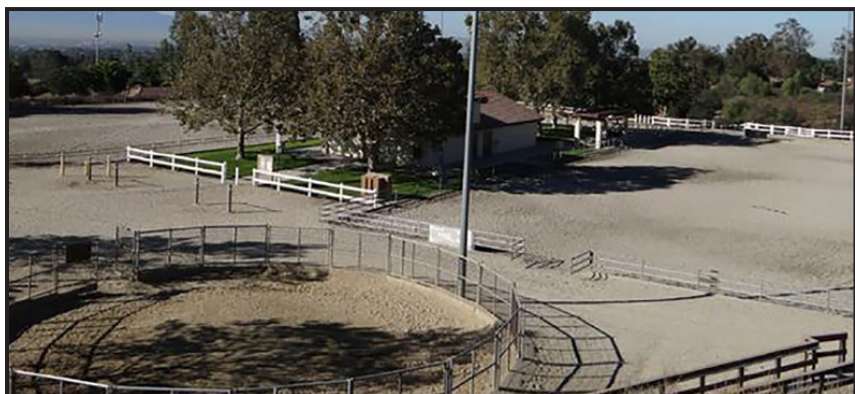
### AMENITIES

- Show Office & Clubhouse
- Concession Stand
- Restrooms
- Arena Lighting
- 2 Round Pens & 7 Paddocks
- South Arena 295'X150'
- North Arena 220' X 90' (Dressage)
- PA System
- Hitching Rails & Water Trough
- Trailer Parking
- Trail Course & Trail Access

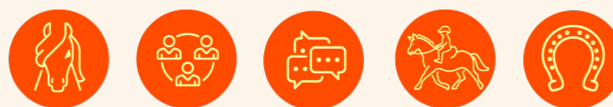
## ASK ABOUT OUR RATES!

**BOOK YOUR EVENT FOR 2024 DATES ARE AVAILABLE!**

**CONTACT: (909) 745-4906**  
**altalomaridingclub@gmail.com**



**EQUESTRIAN PARKING AREA:** In an effort to ensure safety and appropriate use of Heritage Park Equestrian Parking, a lock at the entrance gate has been installed. All ALRC members have been provided an access code via the email on file. We ask that you lock the gate upon entering and exiting the equestrian parking area. Look for the gate code via email and text, for further questions please contact (909) 285-4342 or email [altalomaridingclub@gmail.com](mailto:altalomaridingclub@gmail.com)



# SUPPORT & COMMUNITY

ALTA LOMA RIDING CLUB  
 at Heritage Park Equestrian Center

The Alta Loma Riding Club exists to promote and preserve the rural and equestrian lifestyle of Alta Loma and Rancho Cucamonga. Our membership is very important in continuing to impact our community. We maintain communication with the local city council and city planners to assure the trails and horse facilities we enjoy stay intact and maintained. We welcome you with open arms! It is not necessary to own a horse to be a member. If you use the trails and enjoy the outdoor lifestyle, ride or walk on two or four legs, by yourself or with your friends, pets and kids, then join us!

- ALRC Monthly Newsletter
- Organized Local trail rides and Trailer-out rides
- Special Events • Shows • Clinics • Social Events
- Members are invited to monthly ALRC Board Member Meetings on the 2nd Tuesday of the month, at 7PM in the Clubhouse at Heritage Park Equestrian Center
- Quarterly ALRC General Member Meeting
- Opportunity to meet other local horse enthusiasts
- Be part of supporting and promoting the rural/equestrian lifestyle in our community!

Visit our website to join or contact

[MembershipofALRC@gmail.com](mailto:MembershipofALRC@gmail.com)  
 for more information



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**[www.AltaLomaRidingClub.org](http://www.AltaLomaRidingClub.org)**

