



**ALTA LOMA RIDING CLUB**

**Dedicated to promoting and preserving the rural and equestrian lifestyle in our community.**

**ALRC NEWSLETTER • JANUARY 2023**

# **BITS** *of* **NEWS**

## **THE PRESIDENT'S MESSAGE**

*from Cassie Sanchez, ALRC President*

Happy New Year! We have much planned for this New Year.

We are having Play Days, Horse Shows, Clinics, Poker Rides, Trailer Out rides, Local Trail Rides, Quarterly meetings, and special events. Your Board works very hard to provide our equestrian community with many interesting and fun activities. Please help by participating and especially volunteering. E-mail me or Kara with your name and cell phone number. Not only will you be helping the Club you will meet new horse friends.

We will be putting out our yearly calendar for all our upcoming events. We especially need members to help with our clean-up days. It is fun by helping out for only an hour or so making the equestrian park look 'ship shape' and meeting fellow horse people. Don't forget the free donuts and coffee.

If you are unable to participate in the Club, we also are grateful for any donation you could make. We have kept our dues very low for a very long time and would dearly appreciate funds to help keep up the maintenance at Heritage Park. Please contact Charlene, our



treasurer to send in any donations. And thanks to those of you who have already contributed.

Also, if you have a business, or know of someone who would like to be a sponsor of the Alta Loma Riding Club, contact Claudia, the newsletter editor who can arrange to print and display a fantastic large banner that is displayed during most of our events. Likewise, the business can advertise in our monthly newsletter. This is a tremendous help and we sincerely thank all our sponsors for their continued support.

Let's work together to help the equestrian community to grow and include the community in the wonderful world of our Equestrian Lifestyle.

Happy New Year! *Cassie* 🐾



**"If you're too busy to ride, then you're too busy" –Author Unknown**





## 2022 Heritage Park Equestrian Center Recap

from L. Henderson, ALRC/City Liaison Director

- By anyone's standard 2022 was a busy year for the ALRC at Heritage Park.
- Through the efforts of our dedicated Members a total of 456 hours were logged by weekly efforts of our Tractor Volunteers, and Member activities on Facility Clean Up days.
- On January 15, the ALRC held a rededication Ceremony for the permanent Trail Course to commemorate its rebuilding.
- 2022 Events at the Facility included 3 ALRC horse events, 3 Rancho Cucamonga Equestrian Patrol Horse and Rider Minimum Standards Certifications, ALRC Quarterly Meetings, and Alta Loma Little League Monthly Meetings (in Meeting Room).
- The 2023 Event Calendar should be released soon. In 2023 the Reroofing of the Building should happen in January according to the City Public Works Department.
- The Plans for the New Vehicle Bridge is under review by the Army Corp of Engineers, County Flood Control, and the City Engineer. We will keep you posted.

## Trail Ride RECAP of 2022!

This last year, we had 4 trailer outs and 7 local trail rides. Adding up the totals for all the rides, we had 130 horses and riders and 84.3 miles of great trails. Thanks everyone for a great year. **Looking forward to more fun trail rides in 2023!**

**HAPPY NEW YEAR from Heather, Local Trail Director & Julie, Trailer Out Director**



*Come ride with us!*

## ALRC Local Trail Ride Recap Christmas Lights Ride 2022!

by Heather McGee Decauwer, ALRC Local Trail Director

**We had 22 horses and riders bundle up and brave the cold for our annual Christmas light ride.** A big thank you to the equestrian patrol for their assistance, Board members for the hot coco and cookies and to Jody, Kate and Icy Heather for their poop patrol services. Very much appreciated!





# LOCAL TRAIL RIDE with Heather

Heather McGee Decauwer, Local Trail Director

Join us on Martin Luther King Day and explore the Almond Trail and Cucamonga Trees area. This is the area east of the wash and west of Cucamonga Truck Road.

## ALMOND TRAIL AND CUCAMONGA TREES

### DESCRIPTION OF TRAIL RIDE:

**Date:** Monday, January 16

**Time:** 10:00am-2:00pm

**STAGING INFO:** Leave from Heritage Park at 10 am

**ROUTE:** Loop

**DISTANCE:** 8-9 miles

**TIME:** 3-4 hours depending on breaks.

**ELEVATION:** Route has gradual climbs and descents.

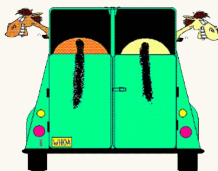
**TERRAIN:** Mostly smooth, but could be rocky in spots (we do ride in Rocky Loma).

**TECHNICALITY:** Shared trail with mountain bikers and hikers, crossing streets, dogs and backyard activities. We love our local mountain bikers because they do a great job keeping up the trails and making new ones, but we do need to keep an eye out for them and demonstrate good trail etiquette.

**SHADE:** No

**PHOTO OPPS:** Always when Julie is with us.

**QUESTIONS:** Contact **Heather** at [LocalTrailofALRC@gmail.com](mailto:LocalTrailofALRC@gmail.com) Please no ponying, stallions or dogs.



# TRAILER OUT RIDE with Julie

Julie Bradley, Trailer Out Director

We are going to Wildwood Canyon Park in Yucaipa. It's about a 45 minute drive. Many of you have been there. We will start with the shaded loop ( about 5 miles) then head up the dirt road. If we get a cold storm right before we go there is a chance to ride to the snow but even without snow there are amazing views. As always, there will be photo ops. Let's Ride!

## WILDWOOD CANYON PARK RIDE



### DESCRIPTION OF TRAIL RIDE:

**Date:** Saturday, January 21

**Time:** 8:00am - 2:00pm (approx.)

**STAGING INFO:** Leave from Heritage Park at 8:00am or meet at the staging area at indoor Canyon Park at 9. Ride out by 9:30am. Porta-potty near staging area. Bring water for horses and people. Snacks and water in saddle bags is always recommended.

**ROUTE:** Loop plus fire road

**DISTANCE:** 8-9 miles

**TIME IN THE SADDLE:** 3-4 hours depending on breaks.

**TERRAIN:** Varied trail scenarios

**TECHNICALITY:** Weather changes the trails. These trails are generally fairly easy with a few technical hills or worn out spots in the trail. Definite hills and ups and downs. Hikers and dogs will likely be present.

**PHOTO OPPS:** Always

**QUESTIONS:** Contact **Julie** at [TrailerOutofALRC@gmail.com](mailto:TrailerOutofALRC@gmail.com) Please no ponying, stallions or dogs.





# SAVE THE DATE!

## COWBOY DRESSAGE

### HERITAGE PARK

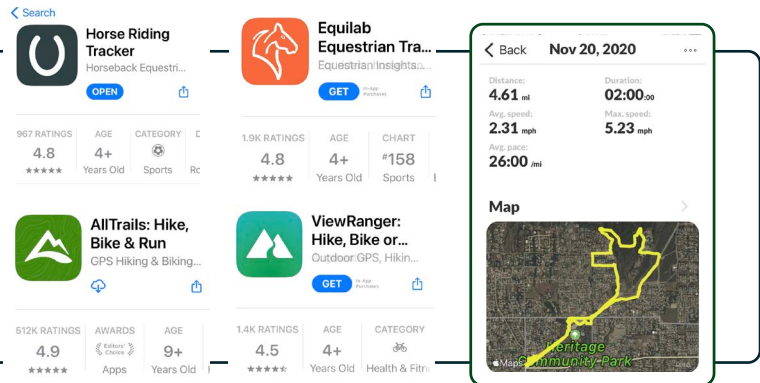
#### EQUESTRIAN CENTER

## on Sunday February 19th

# DETAILS WILL FOLLOW!

## Track your rides with Apps!

Are you making some goals to ride more in 2023? If so, apps can help you keep track of your time in the saddle. Most of them are free (with premium upgrades or in app purchases available for additional cost). The apps are very user friendly. Simply start the session as you begin your ride and stop it when finished. The apps map the course, record some stats, and stores the rides for monthly recaps and totals. It is great to see the distances of the various trail rides in the area, as well as the other info tracked as you ride.



## The Best Chili

Recipe courtesy of Food Network Kitchen

### INGREDIENTS

- 1/4 cup vegetable oil
- 1 pound ground beef chuck, preferably coarse grind (see Cook's Note)
- 1 large yellow onion, diced
- 1 jalapeno pepper, seeded and diced
- 4 cloves garlic, minced
- 2 tablespoons chili powder
- 1 tablespoon ground cumin
- 1 tablespoon paprika
- 1/4 teaspoon cayenne pepper
- Kosher salt and freshly ground black pepper
- 2 teaspoons tomato paste
- 1 1/2 cups low-sodium beef broth
- One 28-ounce can whole peeled tomatoes, crushed
- Two 15.5-ounce cans kidney beans, undrained
- Sour cream, shredded Cheddar, sliced scallions, and tortilla chips for serving

### DIRECTIONS

1. Heat 2 tablespoons of the oil in a Dutch oven or large pot over medium-high heat. Add the beef and cook, breaking up the meat with a wooden spoon, until just browned, about 4 minutes. Transfer to a plate with a slotted spoon.
2. Reduce the heat to medium and add the remaining 2 tablespoons oil. Add the onions and cook, stirring occasionally, until softened and lightly golden, about 10 minutes.
3. Add the jalapeno and cook, stirring occasionally, until softened, about 5 minutes. Add the garlic and cook, stirring frequently, until fragrant, about 30 seconds.
4. Add the chili powder, cumin, paprika, cayenne, 1/2 teaspoon salt and the tomato paste. Cook, stirring frequently, until coated and fragrant, about 1 minute.
5. Stir in the beef broth and crushed tomatoes and bring to a boil over high heat. Stir in the cooked ground beef and any accumulated liquid, then reduce the heat to medium-low. Simmer the chili, partially covered, until the beef is tender and the sauce is slightly thickened, about 30 minutes.
6. Stir in the beans and their liquid and simmer uncovered until the beans are softened and the chili is thickened, about 30 minutes more. Season with salt and pepper.
7. Top with sour cream, Cheddar and scallions. Serve with tortilla chips.



Cook's Note: Coarsely ground beef gives this stew a heartier texture than regular ground beef does. It's worth asking your butcher to coarsely grind the meat for you.

<https://www.foodnetwork.com/recipes/food-network-kitchen/the-best-chili-7448133>



**Support the businesses who support ALRC! Did you know that you can advertise your business in the ALRC newsletter too?**

**TO BECOME AN ADVERTISER...**

Contact Molly Jenks at [PublicityofALRC@gmail.com](mailto:PublicityofALRC@gmail.com) or Claudia McNeill at [NewsletterofALRC@gmail.com](mailto:NewsletterofALRC@gmail.com)  
Business card ads: \$15/month or \$120/year



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Owners Glenn & Cindy Mocabee, Friends & Members of ALRC

my **RANCHO FEED** and **PET SUPPLY**

**NEW LOCATION** 8673 A Baseline Road  
Rancho Cucamonga, CA 91730  
In front of Smart n' Final in the Sunrize Shopping Center (909) 980-4408

Supplies you need... for the animals you love...  
**RIGHT IN THE NEIGHBORHOOD!**



**Thank You for being a member of the Alta Loma Riding Club!**

Your membership makes a difference! We look forward to meeting you at upcoming events!

Do you know anyone who should be a member? Encourage your friends and neighbors who enjoy the trails and facilities to join ALTA LOMA RIDING CLUB TODAY!

**Happy Trails!**

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321 N. Third Avenue • Upland, CA 91786



**HORSES**  
understand the many benefits of community!  
**THANK YOU**  
for being a part of ours!!



**ALRC Executive Officers & Directors**

**President:** Cassie Sanchez  
[PresidentofALRC@gmail.com](mailto:PresidentofALRC@gmail.com)

**1st Vice President:** Martha Cowan  
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**Newsletter Editor:** Claudia McNeill  
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**GET SOCIAL WITH US!**

Be in the know! Make sure you follow us on Instagram and Facebook at [altalomaridingclub.com](http://altalomaridingclub.com) for up to the minute information and happenings.

# ALRC JANUARY EVENTS

<b>TUES, JAN 10</b> <b>7:00 PM</b>	<ul style="list-style-type: none"> <li>• ALRC Board Meeting</li> <li>• Heritage Park Equestrian Center • Clubhouse</li> </ul>
<b>MON, JAN 16</b> <b>10AM-2PM</b>	<ul style="list-style-type: none"> <li>• Local Trail Ride</li> <li>• Meet at Heritage Park Equestrian Center 10AM</li> <li>• Almond Trail and Cucamonga Trees</li> </ul>
<b>SAT, JAN 21</b> <b>8AM-2PM</b>	<ul style="list-style-type: none"> <li>• Trailer Out Trail Ride</li> <li>• Meet at Heritage Park Equestrian Center 8AM</li> <li>• Wildwood Canyon Park ride Yucaipa</li> </ul>
<b>SAVE THE DATE</b> <b>SUN, FEB 19</b>	<ul style="list-style-type: none"> <li>• COWBOY DRESSAGE • Watch for coming details!</li> <li>• Heritage Park Equestrian Center</li> </ul>



**MAJOR ROOF REPAIRS ON ALRC CLUBHOUSE!**  
**LOOK FORWARD TO A NEW LOOK COMING IN 2023!**

## Help the Alta Loma Riding Club protect and preserve the rural equestrian community in Rancho Cucamonga.

If you see any questionable or potentially dangerous activity occurring in or around the Heritage Park vicinity, please call the Rancho Cucamonga Park Ranger, at (909) 941-1488. You may also report such activity through the app: **RC2GO.com**



## HERITAGE PARK EQUESTRIAN CENTER

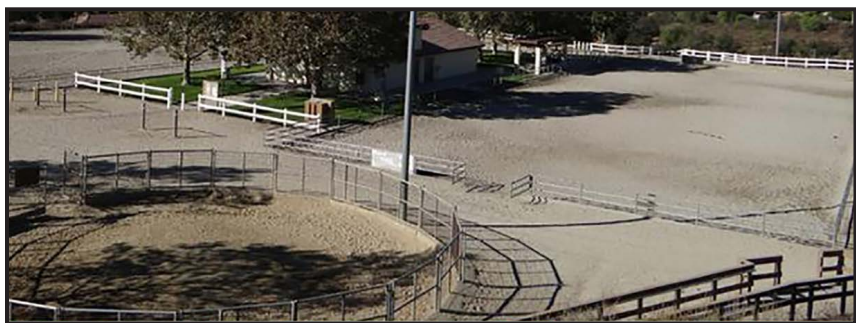
A GENERAL PURPOSE EQUESTRIAN FACILITY  
Facilities are available for Shows & Clinics.

### AMENITIES

- Show Office & Clubhouse
- Concession Stand
- Restrooms
- Arena Lighting
- 2 Round Pens & 7 Paddocks
- South Arena 295'X150'
- North Arena 220' X 90' (Dressage)
- PA System
- Hitching Rails & Water Trough
- Trailer Parking
- Trail Course & Trail Access

## LOW RENTAL RATES! BOOK YOUR EVENT FOR 2023 DATES ARE AVAILABLE!

**CONTACT**  
Larry Henderson (909) 745-4906  
altalomaridingclub@gmail.com



**EQUESTRIAN PARKING AREA:** In an effort to ensure safety and appropriate use of Heritage Park Equestrian Parking, a lock at the entrance gate has been installed. All ALRC members have been provided an access code via the email on file. We ask that you lock the gate upon entering and exiting the equestrian parking area. **Look for the gate code via email and text, for further questions please contact (909) 285-4342 or email altalomaridingclub@gmail.com**



# SUPPORT & COMMUNITY

## ALTA LOMA RIDING CLUB at Heritage Park Equestrian Center

The Alta Loma Riding Club exists to promote and preserve the rural and equestrian lifestyle of Alta Loma and Rancho Cucamonga. Our membership is very important in continuing to impact our community. We maintain communication with the local city council and city planners to assure the trails and horse facilities we enjoy stay intact and maintained. We welcome you with open arms! It is not necessary to own a horse to be a member. If you use the trails and enjoy the outdoor lifestyle, ride or walk on two or four legs, by yourself or with your friends, pets and kids, then join us!

- ALRC Monthly Newsletter
- Organized Local trail rides and Trailer-out rides
- Special Events • Shows • Clinics • Social Events
- Members are invited to monthly ALRC Board Member Meetings on the 2nd Tuesday of the month, at 7PM in the Clubhouse at Heritage Park Equestrian Center
- Quarterly ALRC General Member Meeting
- Opportunity to meet other local horse enthusiasts
- Be part of supporting and promoting the rural/equestrian lifestyle in our community!

Visit our website to join or contact  
**MembershipofALRC@gmail.com**  
for more information



**Alta Loma Riding Club**  
**PO Box 8116**  
**Alta Loma CA 91701**

**altalomaridingclub@gmail.com**  
**www.AltalomaRidingClub.com**

