



# AIM TRUE GROUP DRY-FIRE TRAINING TOOL KIT

THE FOLLOWING ITEMS  
ARE ESSENTIAL FOR  
SUCCESSFUL DRY-FIRE  
TRAINING:



[WWW.AIM-TRUE.COM](http://WWW.AIM-TRUE.COM)

# DRY-FIRE TRAINING TOOL KIT

## SHOT TIMER

**PACT Club Shot Timer 3**



**Competition Electronics Pocket Pro 2**



**Smart Phone  
*Gun Shot Timer App\****



**Gun Shot Timer**  
Innovative Applications



On the Apple App Store, download  
the *Gun Shot Timer*

\* Shot timer apps typically do not  
work well for live fire training but  
are a great alternative for dry-fire.



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## METRONOME APP

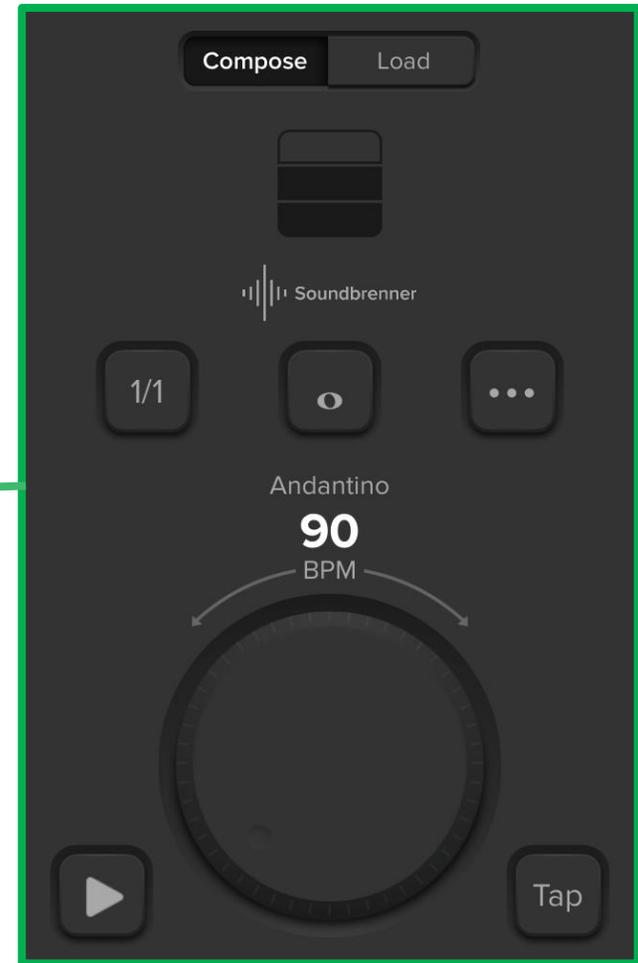
*The Metronome by Soundbrenner*  
(Free App)

Correct Settings to Begin Dry-Fire Training



The Metronome  
by Soundbrenner  
Soundbrenner

On the Apple App Store,  
download *The Metronome*  
By Soundbrenner



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## MAGAZINE INSERTS

Rogers TRT



The **Tap Rack Training Aid (TRT)** is inserted into the top of an empty magazine in order to keep the slide from locking to the rear when being racked.

This prevents the need to manually release the slide each time it is racked during dry-fire training.

The slide will not lock back when the TRT is inserted, causing the slide to function as it would if the magazine had ammunition in it.

This duplicates the mechanical functionality of your handgun when conducting dry-fire training.

TRT inserts are available in the following calibers:  
9mm, .40, .45 and 5.56



# DRY-FIRE TRAINING TOOL KIT

## SCALED DRY-FIRE TARGETS



1/3 Scale: 1 Foot = 1 Yard

Example: Standing 10 feet from the target simulates a full-size target at 10 yards.

1/6 Scale: 1 Foot = 2 Yards

Example: Standing 10 feet from the target simulates a full-size target at 20 yards.



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# DRY-FIRE TRAINING TOOL KIT

## AIM TRUE GROUP PERSONAL TRAINING & COACHING CLIENTS

All ATG Personal Training & Coaching clients receive the following tool kit, free of charge, at the end of their first training session:

- Assistance in setting up and working with the Soundbrenner metronome app
- Assistance setting up and working with the Free Shot Timer app
- A set of scaled dry-fire targets
- A set of two magazine inserts, in 9mm
- Access to the ATG dry-fire training drills

