

How to Care for a Blue Heeler with a ligament tear

When caring for a Blue Heeler with a ligament tear, it is crucial to follow a non-surgical management plan that includes pain relief, physical rehabilitation, and joint support supplements. Here are some steps to consider:

- **Pain Relievers:** NSAIDs are typically recommended unless the dog is not tolerant. Other pain relievers might be added if the pain is not controlled with NSAIDs alone.

Physical Rehabilitation: A rehabilitation veterinarian or physical therapist can help develop a custom plan for the dog to strengthen their muscles and support the rest of their body.

Joint Support Supplements: Omega-3 fatty acids, undenatured collagen II, and Adequan may be helpful to support joint health.

Leash Walking: Only allow leash walking for at least 3 months, avoiding running, jumping, playing, or dog-park trips.

Swimming: Swimming is not recommended unless it is done in a rehabilitation setting (no open water swimming).

Activity Modification: Life-long activity modification will be indicated to reduce flare-ups of arthritis.

It is essential to follow a veterinarian's guidance and consult with a specialist for a tailored plan to ensure the best recovery and quality of life for your Blue Heeler.