

Big View Small Window

Saturday, May 31, 2014

There's a BOMB in my cereal!

Okay, at the risk of overstating how important it is to watch what we put in our mouths, I am going to write my heart out once again on the subject.

Look in one direction and this is the news report you will [see](#):



You know Michelle Obama love the kids

The president's wife has recently waged war (**as she should**) against certain special interest groups who are wrestling to overturn the school nutrition program she advocates. Her efforts, defined in the Healthy, Hunger-free Kids Act, signed in December 2010, are grossly under appreciated by school districts. Unfortunately, because school cafeteria programs are losing

students (**money really**), Mrs. Obama's one effort to show that this administration cares about children's health is being challenged. I could only wish that this photo was an accurate representation of what our country is about. Sadly, there is still an interest in generating capital that supersedes the health of children and adults alike.

With all do respect, there are many **personal** aspects to consider when feeding a family that the government does not know how to take into true consideration. Things like budgets, cultural observances, allergies, preparation time, and even the pickiness of children who are privileged with different taste-buds than the rest of the household are real issues as well. Instead, what we need is the branches of our government (like the FDA, USDA and the GMA) to stop doing business with pharmaceutical and chemical companies and start

protecting the areas of health that have been entrusted to them. Secondly, the president's wife should not have to regulate how many calories are in a child's lunch since some of these same branches are in place to head up the establishment of daily value in the average diet. Rather, the administration should be focusing their efforts on *how* the food is made. Seriously, a hamburger and fries prepared under safe, humane, and health-conscious conditions has not harmed anyone. It is fine for a child to have this as a meal every once-in-awhile. **But** fries cooked in genetically engineered corn & canola oil and burgers made from abused, GMO-fed cows is a recipe for early onset diabetes, allergies, bacterial infections, heart disease, and death. (P.S. Mrs. Obama's efforts made national news.)

Now, look **this** way:

This did not make any headlines, except in the community watching for it. I've read that the Monsanto Protection Act has been under development for at least 1-2 years before this signing took place. If you have any additional news sources to corroborate this piece of underground information, please share! Truth be told, even the simplest living, most trusting restaurant-goer and grocery shopper is *privileged* to this information. Therefore it should be publicized instead of being made to look like a conspiracy.

Nevertheless, I believe Monsanto needs the protection -ha! Especially since people around the globe are waking up and farmers are starting to regain a market among health-conscious consumers.



With the president's signature, agriculture giants that deal with genetically modified organisms (GMOs) and genetically engineered (GE) seeds are given the go-ahead to continue to plant and sell man-made crops, even as questions remain largely unanswered about the health risks these types of products pose to consumers.

Delectable Chemical Menu

I bet no one will ever ask you, "Would you like pesticides with that?"

My question is, if chemical companies are proud of their inventions - so proud as to actually put a patent of ownership on their products - why aren't they going public with their developments? Hats off to Mrs. Obama for her struggles, but the issues of health stretch far beyond the school cafeteria. Taking out the garbage requires more effort than avoiding

fastfood restaurants. Health awareness is not advocated by supermarket sale ads. The nation's and the world's health must be attacked on a laboratory level.

I want to know whats going on! So, I was checking out the **resume** on some of these corporations and I am not impressed. However, they have an invested interest of value over our government - namely money and power. Farming, a trusted and reputable way to supply goods and feed, is now turning into a freakshow of genetic proportions. **Dow** (manufacturer of WWII weaponry as well as Styrofoam), **DuPont** (makers of Nylon, Teflon, and billions of pounds of WWI & II explosives and weapons), **Syngenta** (major pesticide producer), **BASF** (the world's largest chemical company, supplier of plastics and agricultural chemicals, and also has ties to the Hitler regime), **Monsanto** (biotech firm that played a role in the creation of the first nuclear bomb and the proud producer of the rBGH synthetic cow hormone), and **Bayer** (your Aspirin people) - these are now our major food makers. Oh, and **they are not farmers**. They do not care for or protect the planet, human life, or animals. Find out everything you can about these companies so you can avoid them at all costs. You can majorly avoid their toxic seeds and chemicals by stopping the purchase of processed foods, sodas, and using fast food chains to provide your meals. Stick it to 'em by eating locally grown meats, dairy, and produce from farmers markets. This is not only possible, it is **affordable** (it just takes research, research, research, and eating smaller portions. Eating clean is not for the lazy.)

If you ever read the ingredients of cereal, protein bars, and highly processed foods, which includes the oils

used at fast food restaurants, you may find the following chemicals or a form of them in your grub.

[Side note: restaurants like **Taco Bell** and **Chipotle** are so kind as to respond to the threatening lawsuits and public inquiries of their ingredients and have posted their "secrets" on their websites. Its up to the consumer to dig deeper than the surface.]

If you see one or more of the following listed on your label, it is possible you are eating certain elements used to create bombs, gun powder, and even shoe rubber.

Please remember, too, these chemicals have gone through sophisticated testing, have been approved, and now have an established **legal** limit of usage in our food supply (for the sake of protecting invested interests, some of these ingredients are not lawful to label.)

- Butylated Hydroxytoluene (BHT on the menu) - added to most foods to preserve fats. It is primarily made from the chemicals p-cresol & isobutylene.



P-cresol is a chemical that is a mosquito attractant while isobutylene is a **flammable** substance one hydrocarbon away from common butane. (I don't speak **this** language, but someone who does can verify the facts and let me know if I have erred.)

- Hexabromocyclododecane (HBCD if you like) - this is used in foams, in thermal insulation, in electrical equipment, and consumer products. It is found in the environment and wildlife. People are exposed from products and dust in the home and workplace. Some scientists are concerned that exposure could be related to developmental effects, hormonal interference, and alterations in the immune and reproductive systems. (Note: certain substances found in nature are not nearly as harmful as the synthetic version for the simple fact that what occurs naturally may be more tolerable to and easily processed by our bodies. The GE versions are not properly absorbed, broken down, or distributed by our GI system, liver, kidneys, pancreas, etc...Purposefully adding this already **toxic** substance to food is unacceptable.)
- Brominated Vegetable Oil (or BVO for short) - derived from (GE) corn and soy and bonded with bromine, this was first patented by chemical companies as a flame retardant and is potentially added to 10% of North America's sodas. (**This** article helped me understand the affects of BVO and why it should be avoided. However, if you drink regular soda, please do not make the switch to diet as the affects from artificial sweeteners may pose a greater risk to your health.)

You get to choose. #eatlocalgrown



My list is nowhere near exhausted. I could talk your ear off about this, but I have to do more reading on it all myself. I hope you take it a step further as well to check the facts, double cross my references with articles from trusted sources. Unfortunately, there is not much "peer-reviewed" information available since the agribusiness industry was designed to be hidden from the general population's sight.

I would so love to be able to trust the branches of our government who supposedly advocate good public health. But it just isn't so and

I won't turn a blind eye. Food is one case where we seriously need to **take matters into our own hands.**


Posted by Tiffany_B at 6:58 PM



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