#### General Welfare Requirement: Safeguarding and Promoting Children's Welfare

The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.



## Promoting health and hygiene

# Managing children with allergies, who are sick or infectious (Including reporting notifiable diseases)

## **Policy statement**

We provide care for healthy children and promote health through identifying allergies and preventing contact with the allergenic substance and through preventing cross infection of viruses and bacterial infections.

## 7 Key features of effective practice

The best for every child	High quality care	The Curriculum	Pedagogy	Assessment	Self- regulation and executive function	Partnership with Parents

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/1007446/6.7534\_DfE\_Development\_Matters\_Report\_and\_illustrations\_web\_\_2\_.pdf

#### Procedures for children with allergies

- When parents start their children at the setting they are asked if their child suffers from any known allergies. This is recorded on the registration form.
- If a child has an allergy, as part of the settling in process, the Key Person will ask the parents for more details, to include:
  - The allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc).
  - The nature of the allergic reactions e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
  - What to do in case of allergic reactions, any medication used and how it is to be used (e.g. EpiPen).
  - Control measures such as how the child can be prevented from contact with the allergen.
  - This form is kept in the child's Learning Journal and a summary of children with allergies including a photograph of the child is displayed where staff can see it, in the kitchen and a laminated red place mat made. Their snack card will also have their allergy listed such as "no eggs".
  - Parents train staff in how to administer special medication in the event of an allergic reaction.

- Other parents are made aware of the allergy if we are having an event where parents bring in food, an example an end of term party.
- No nuts are permitted within Pre-School.
- Staff sit with children at lunch time to ensure that they do not share their lunches with each other.
- A allergens list of any foods consumed by the children provided by pre-school, for example bread or cakes made by the children will written on the black board as information to parents at the end of the session.

### Insurance requirements for children with allergies and disabilities

Our insurance will automatically include children with any disability or allergy, but certain
procedures must be strictly adhered to as set out below. For children suffering life
threatening conditions or requiring invasive treatments; we will check with our insurance
company Royal Sun Alliance, to see if extended insurance is required. At all times, the
administration of medication must be compliant with the Welfare Requirements of the Early
Years Foundation Stage, our Administering medicines policy and follow procedures based
on advice given in 'Managing Medicines in Schools and Early Years Settings'.

#### **Oral Medication**

Asthma inhalers are now regarded as "oral medication" by insurers.

- Oral medications must be prescribed by a GP and have manufacturer's instructions clearly written on them.
- The parents must provide clear instructions (which are noted on the medical consent form) on how to administer such medication.

#### **Antibiotics**

• If a child is prescribed antibiotics, we ask that they have their 1<sup>st</sup> dose at home to make sure they do not react adversely to the antibiotics. There may be exceptions for instance a child who regularly must have antibiotics in this instance please speak to the Manager.

## Life-saving medication & invasive treatments

Adrenaline injections (EpiPen's) for anaphylactic shock reactions (caused by allergies to nuts, eggs etc.) or invasive treatments such as rectal administration of Diazepam (for epilepsy).

- We must have:
  - o a letter from the child's GP/consultant stating the child's condition and what medication if any is to be administered.
  - o written consent from the parent or guardian allowing staff to administer medication.
  - o proof of training in the administration of such medication by the child's GP, a district nurse, children's' nurse specialist or a community paediatric nurse.

NB:Copies of all three letters (above) relating to these children must first be sent to the Pre-school Learning Alliance Insurance Department for appraisal. Confirmation will then be issued in writing confirming that the insurance has been extended.

Key person for special needs children - children requiring help with tubes to help them with everyday living e.g. breathing apparatus, to take nourishment, colostomy bags etc.

- Prior written consent from the child's parent or guardian to give treatment and/or medication prescribed by the child's GP.
- Key person to have the relevant medical training/experience, which may include those who have received appropriate instructions from parents or guardians, or who have qualifications.

NB:Copies of all letters relating to these children must first be sent to the Pre-school Learning Alliance Insurance Department for appraisal. Written confirmation that the insurance has been extended will be issued by return.

Pre-school Learning Alliance Insurance
Department on 020 7697 2585 or email membership@pre-school.org.uk.

#### Procedures for children who are sick or infectious

- If children appear unwell during the day have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach the manager or key person calls the parents and asks them to collect the child, or send a known carer to collect on their behalf.
- If a child has a temperature, they are kept cool, by removing top clothing, but kept away from draughts.
- Temperature is taken.
- In extreme cases of emergency an ambulance will be called and the parent informed.
- We will refuse admittance to children who have a temperature, sickness and diarrhoea or a contagious infection or disease, to protect other children, staff and parents of the setting.
- Where children have been prescribed antibiotics, parents are asked to administer the first dose of antibiotics before returning to the setting, in case they have an allergic reaction.
- After diarrhoea and sickness, parents are asked to keep children home for 48 hours.
- The setting has a list of excludable diseases and current exclusion times. The full list is
  obtainable from <a href="www.hpa.org.uk">www.hpa.org.uk</a> and includes common childhood illnesses such as
  measles.
- We have a list of excludable diseases and current exclusion times. The full list is
  obtainable from <a href="www.hpa.org.uk/webc/HPAwebFile/HPAweb">www.hpa.org.uk/webc/HPAwebFile/HPAweb</a> C/1194947358374 and
  includes common childhood illnesses such as measles.
- A risk assessment is carried out for each child with a long-term medical condition.

#### Reporting of 'notifiable diseases'

• If a child or adult is diagnosed suffering from a notifiable disease under the Public Health (Infectious Diseases) Regulations 1988, the manager will report this to the Health Protection Agency and follow their advice. If we are advised to close the pre-school, we will contact and advise Ofsted of our closure.

NB: We will put up a notice/email to inform all parents if we have a confirmed case of an infectious disease. We use information taken from NHS website to give general information. We never name the children who have been diagnosed.

## • HIV/AIDS/Hepatitis procedure

- HIV virus, like other viruses such as Hepatitis, (A, B and C) are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.
- Vinyl gloves are worn when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.
- Vinyl gloves are used for cleaning/sluicing clothing after changing.
- Soiled clothing is bagged for parents to collect or laundered in the nursery.
- Spills of blood, urine, faeces or vomit are cleared using disinfectant solution. We use the red mop for this purpose.
- Tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit are cleaned using a disinfectant.

#### Nits and head lice

- Nits and head lice are not an excludable condition, although in exceptional cases a parent may be asked to keep the child away until the infestation has cleared.
- On identifying cases of head lice, all parents are informed and asked to treat their child and all the family if they are found to have head lice.

## Further guidance

 Managing Medicines in Schools and Early Years Settings (DfES 2005) http://publications.teachernet.gov.uk/eOrderingDownload/1448-2005PDF-EN-02.pdf

This Policy was reviewed by	Shereen Milledge – Manager and Senior Practitioner & Health & Safety Officer Liz Chittenden
Adopted by	Rotherfield Village Pre-School Directors and Staff
Date	November 2022
Review Date	November 2023

#### **Review Log**

<b>Review Date</b>	Brief Details of Amendments	Amended By	Agreed By
October 2020	Allergens list	Liz Chittenden	Rotherfield Pre-
			School
			Directors
November 2021	None required	Shereen Milledge	Rotherfield Pre-
			School
			Directors

November 2022	None required	Shereen Milledge	Rotherfield Pre-
			School
			Directors