

Patient Instructions for PillCam Small Bowel Capsule Endoscopy With the SensorBelt

To ensure the best results for your PillCam capsule endoscopy of the small bowel, follow your doctor's instructions carefully and completely.

No IRON for 4 days prior to your appointment date.

Day Before Capsule Endoscopy

1. Start the prescribed liquid diet after lunch. You may have clear liquids until 10:00 pm.
2. Do not eat or drink except for necessary medication with a sip of water, 10 hours before your capsule endoscopy.

Day of Capsule Endoscopy

1. **Do not take any medication** 2 hours before having the exam.
2. **Wear upper garment of thin, natural fiber** such as a T-shirt that is long enough to reach at least to hip level and will not ride up above the belt.
3. **Arrive for your appointment at the scheduled time: 08:00AM**

After Swallowing the PillCam SB Capsule

The capsule endoscopy procedure will last approximately 8-9 hours. Contact your doctor's office immediately if you suffer from any abdominal pain, nausea or vomiting during the procedure.

1. **You may drink liquids starting 2 hours** after swallowing the PillCam SB capsule.
2. **You may have a light lunch 4 hours after ingestion.** After the examination is completed, you may return to your normal diet.
3. **Be sure the SensorBelt is tight at the waist.** Do not attach anything to it.
4. **Check the blue flashing DataRecorder light every 15 minutes** to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact your doctor.
5. **Avoid strong electromagnetic fields** such as MRI Devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
6. **Do not disconnect the equipment or completely remove the DataRecorder** at anytime during the procedure.
7. **Treat the DataRecorder carefully.** Avoid sudden movements and banging of the DataRecorder.

After Completing SB Capsule Endoscopy

Time to return to physician's office: 04:00PM

Return to the doctor's office at the scheduled time to have the equipment removed.

If you are not sure that the capsule has passed out of your body and you develop unexplained nausea, abdominal pain or vomiting, contact your doctor for evaluation.

Undergoing an MRI while the PillCam capsule is inside your body may result in damage to your intestinal tract or abdominal cavity. If you are not certain the capsule is out of your body, contact your physician for evaluation and possible abdominal X-ray before undergoing an MRI examination.

If you have any questions or concerns, call Diane at 440-816-2789.

Southwest Community Gastroenterology

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CAPSULE ENDOSCOPY CONSENT FORM

I, Test test, consent to have a Capsule Endoscopy. Capsule Endoscopy is a new endoscopic exam of the small intestine. It is not intended to examine the esophagus, stomach, or colon. It does not replace the upper endoscopy or colonoscopy.

I understand that there are risks associated with any endoscopic examination, such as but not limited to BOWEL OBSTRUCTION. An obstruction may require immediate surgery.

I am aware that I should avoid MRI (magnetic resonance imagery) Machines during the procedure and until the capsule is excreted/eliminated from the colon following the exam.

I understand that due to variations in a patient motility, the capsule may only image part of the small intestine. It is also possible that due to interference, some images may be lost and this may result in the need to repeat the capsule procedure.

I understand that the images and data obtained from my capsule endoscopy may be used, under complete confidentiality, for educational purposes in future medical studies.

The professional office staff of Southwest Community Gastroenterology has explained the procedure and its risks to me, along with alternatives of diagnosis and treatment, and I have been allowed to ask questions concerning the planned examination.

I authorize Southwest Community Gastroenterology to perform the Capsule Endoscopy.

Patient's Name: Test test

Patient's Signature:

Witness Signature:

Relation to Patient: