

Southwest Community Gastroenterology

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SuTab Colonoscopy Bowel Prep Kit

FIVE Days prior to Colonoscopy:

Fill your prescription for SuTab Bowel Prep kit at your pharmacy.

Four Days prior to Colonoscopy

Do not take any **PERSANTINE, COUMADIN, IRON PRODUCTS, OR BULK-FORMING** (such as Fibercon, Metamucil, etc).

Day prior to Colonoscopy

Drink clear liquids for breakfast, lunch, and dinner (No Solid Food). Clear liquids include: coffee (no milk or cream), hard candy, tea, water, soft drinks, apple or white grape juice, Gatorade, Kool-Aid, clear broths, popsicles, flavored ice slushes, or Jell-O (No Red or Green). **Do not take ELIQUIS, PLAVIX, OR XARELTO 24 hrs before your Colonoscopy.**

Evening Dose:

4pm, Follow Steps Below

Step 1: Open bottle of 12 tablets.

Step 2: Fill the provided container with 16 ounces of water (up to the line). Swallow one tablet with a sip of water every 2 minutes, complete within 25 minutes. Finish the entire container of water.

Step 3: Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

Step 4: Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

After evening prep, you may have clear liquids until midnight. Nothing after midnight except morning prep.

Morning Dose:

5 hours prior to exam: Complete Second Dose. Follow Steps 1-4 ABOVE using (1) bottle of 12 tablets.

YOU MUST COMPLETE ALL SUTAB TABLETS AND REQUIRED WATER AT LEAST 2 HOURS BEFORE COLONOSCOPY.

Day of Colonoscopy:

Take routine medications for high blood pressure, heart disease, seizure disorder, etc., please take those medications as directed with just enough water to swallow the medication.

You must have a driver, because you will receive sedation for the procedure.

Endoscopy Center Instructions

Suresh K. Mahajan, M.D.

1. **The day before your procedure**, you will receive a call from an associate regarding instructions and arrival time. If you do not receive a call or voicemail by 2:00 please call (440) 816-5345.
2. Follow all preparation instructions from Dr. Mahajan's office.
3. Wear comfortable clothing and shoes. Please leave all jewelry and valuables at home. Also, for female patients, remove all nail polish.
4. Please bring a list of all current medications and over the counter/herbal supplements and their dosages with you on the day of your procedure.
5. If you are receiving medications during your procedure; **YOU MUST HAVE A RIDE HOME**. There are no exceptions. You will **NOT** be permitted to take public transportation or cab home following the procedure.
6. **Please note location: The Endoscopy Center is located on the first floor of Building A.** (This is the old Surgicare Laser Center.)

ASC PREOP CONTINUATION OF MEDICATIONS – continue **all** meds except:

ANTICOAGULANTS (including aspirin) – instructions on holding anticoagulants need to come from the prescriber, the surgeon, or a consultant

NSAIDs – hold for 4 days (unless otherwise instructed by the surgeon)

INSULINS - continue as normal until DOS, then on morning of procedure:

- Take one-half of long-acting insulins (Lantus, Levemir, Toujeo) if sugar 140 or higher
- Pumps – suggest decreasing the basal rate by one-half (patient may override instruction)
- Hold all other insulins

ORAL HYPOGLYCEMICS – hold the day of surgery

INJECTABLE NON-INSULIN HYPOGLYCEMICS

- Those on daily dosing, hold the day of surgery
- Those on weekly dosing, hold for 7 days

GLP1 Agonists	Trade Name	Dosing
Exanetide	BYETTA	SQ Daily
	BYDUREON	SQ Weekly
Semaglutide	WEGOVY	SQ Weekly
	OZEMPIC	SQ Weekly
	RYBELSUS	PO Daily
Liraglutide	VICTOZA	SQ Daily
	SAXENDA	SQ Daily
Dulaglutide	TRULICITY	SQ Weekly
Tirzepatide	MOUNJARO	SQ Weekly

MAO INHIBITORS

- Type A MAOIs for depression – hold for 7 days, but only under psychiatric supervision
- Type B MAOIs for Parkinson's should be continued on the DOS

DIURETICS – hold the day of surgery if no history of HF

NARCOTIC ANTAGONISTS (meds containing buprenorphine or naltrexone):

- Oral, SL, and dermal forms should be held for 3 days prior to major surgeries. If this is impossible, contact anesthesia for further instructions
- Contact anesthesia if using IM formulations

HERBALS AND VITAMIN E – ideally hold for 7 days (will not cancel case if this is not possible)

CANNABIS – Do not consume two hours before arrival