AUTHOR IN ME

PUBLISHING

AUTHOR IN ME Jove to write

EMPOWERING DIVERSE VOICES

one world

FICTION AND NON - FICTION

CONTACT



Monica Sood

Co-founder and Editorial Head monica@authorinme.com 07912747555



o <u>@monica.sood26</u>

@Monica_sood26 9

in @Monica_Sood

Ekta Bajaj Co-founder and Publishing Head ekta@authorinme.com 07782189901



Y

O @voice_of_kali

@<u>EktaBajaj</u>

in @<u>ektabajaj</u>

Sarah Jane Rose

Publicity and Marketing events@authorinme.com 07780959696 For direct ordersinfo@authorinme.com

Author In Me Publishing

3 Whincup close, High Wycombe info@authorinme.com 01494265002 www.authorinme.com www.aimlitfestival.com

o @a<u>uthorinme_publishing</u>

@Author In Me in <u>@Author In Me</u>



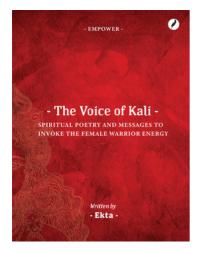
FICTION AND NON- FICTION



REGIONAL FINALIST

THE VOICE OF KALI

ЕКТА ВАЈАЈ



Imprint: One World Format: Paperback Price: £8.96 116 pages (Illustrated) ISBN: 9781838204754

Body, Mind & Spirit / Inspiration & Personal Growth March, 2021





Author's website : <u>https://thekalimoment.com</u>



voice_of_kali

Spiritual Poetry and Messages to Invoke the Female Warrior Energy

<u>The Voice of Kali</u> is an empowering book for women of all ages and cultures. Kali is the goddess of empowerment and transformation. She symbolises both spiritual and psychological liberation and is an archetype of awakening. The book takes the reader on a step-by-step internal journey leading to inner transformation and the realisation that the power to manifest, create and nurture is all seeded within self.

The book is printed in full colour with 12 original paintings by the author, Ekta Bajaj.

[Review]

"The words are one thing but the artwork is absolutely mind blowing. The passion through the strokes of colour just adds to the soul of everything the book is. Not only do you feel the words but you feel the art too."

"The book speaks directly to the inner recesses of a woman's existence and reminds every woman that she is an empowered design."

[Excerpt]

We all have felt the pain and sufferings. We all have met our challenges and lived them on their face. It's vital to remember that each one of us has a part within that remains broken, shattered, twisted and scarred; an uncared for, abandoned and lonely part. This part was screaming and shouting for attention, but oblivious to its plead, all we cared was to see our tears. We know it exists, yet we choose to live in denial. Our ignorance gradually became our stubbornness.

Ekta is the author of the empowering book, *The Voice of Kali* and co-author of book of affirmations for children, *Shine Like a Star*. She is also a visionary artist, empowering speaker, columnist and the co-founder of Author In Me and AIM Literary Festival. Her deep passion for storytelling and positive thinking has inspired her to research the powerful ancient Vedic teaching that provide a holistic approach towards developing mental and emotional strength. She is also a keen learner of Sanskrit language. Ekta was *shortlisted for Female Entrepreneur of the Year 2020* by Thames Valley Business Awards and was awarded *International Woman Icon 2021* for her book, The Voice of Kali.

BY CHOICE NOT BY CHANCE

RAHUL VERMA



Imprint: One World Format: Paperback Price: £8.99 144 pages ISBN: 978-1-7396862-4-6

Memoir, Self-help November, 2022



<u>@bychoice_not_bychance</u>

Inspiring and painfully honest revelation of beating addiction and turning spirits into spirituality.

The book is a compelling and honest account of Rahul Verma's battle with addiction. Born in India and settled in the UK, Rahul's life takes a downward spiral when he finds himself trapped in the vicious cycle of alcoholism. Believing that his only option is to drink himself to death, Rahul hits rock bottom before finally seeking help. In this moving memoir, Rahul describes his journey to recovery, from the depths of addiction to finding hope and purpose in life. Through his experiences at rehab and embracing spirituality, Rahul learns to control his obsessive nature and overcome his addiction. With painful honesty, Rahul reflects on the toll that addiction took on his life, his relationships, and his health. He describes the challenges

he faced in breaking free from the cycle of addiction and the support he received from his family and friends. "Choices" is a story of resilience and hope, a testament to the power

of human will and the importance of making choices. Rahul's journey is an inspiration to anyone struggling with addiction, offering a message of hope and a path to a better life.

[REVIEW]

"By Choice not by Chance is an amazing book to read. I love the honesty and it's an interesting experience documented in a surreal manner. It makes me more conscious about the decisions that I make."

"There is wonderful simplicity in some of the coping strategies and loads relatable insightful examples. Short and very impactful read with wise hopeful words. Loved it!"

[EXCERPT]

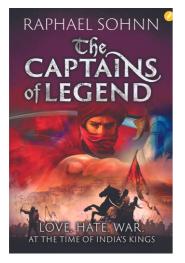
I am scared, so scared. How can I possibly cope with that fear now, trapped on a plane with hours to kill, many hours to contemplate my past and what little future is left? I have to find a way of blocking out those fears and so I choose the one vehicle available and guaranteed to work - alcohol

<u>Book publicity articles</u>

<u>Creating awareness about alcohol addiction</u>

Rahul Verma lives in the UK. By Choice not by Chance is his debut book in which he has shared his journey of becoming an addict and recovering from that compulsive behaviour. An IT professional, Rahul talks about cultural and social parameters that are key factors behind developing a certain mindset and how by choosing spiritual path, he was able to brack those barriers.

THE CAPTAINS OF THE LEGEND RAPHAEL SOHNN



Imprint: One World Format: Paperback Price: £15.99 440 pages ISBN: 978-1-7396862-5-3

Fiction November, 2022



Author's website Book Trailor Taking you on a scintillating journey through time and place, <u>The Captains of Legend</u> is an action-packed story of friendship, love and loyalty.

Meena, on the brink of adulthood, dreams of living life to the fullest. But she is a princess and sole heir to her father's kingdom.

Holasiyan, Meena's oldest friend, has grown up with her in the Saffron Palace; only now their friendship is blossoming into something far deeper. But Holasiyan, already an exceptional warrior, is destined to take his place amongst the King's fighting elite as generations of his family have done before him. When dark forces emerge threatening Meena's life, Holasiyan will do anything to protect his beloved. As events unfold, his selfless actions result in the forging of new friendships, the reforming of past alliances, and the re-emergence of old, bitter grievances that will lead to the uncovering of a dark secret and an oath sworn under duress.

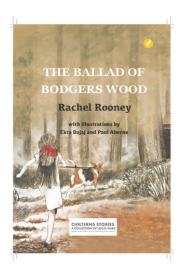
Can Meena and Holasiyan's love survive?

[Review]

"Absolutely fantastic read. Found it hard to put down. I would love to see it as a movie."

" This book is a rare find. With vivid descriptions of characters and scenes the author manages to pull you into a world of honour and suspense. Having read several of the game of thrones books I was pleasantly surprised to find a novel that in my view is far more superior at pulling you into its story. I could not put it down and now I eagerly await a sequel!"

Raphael Sohnn is a British / Indian author and poet. Raphael followed the traditional route of educating himself to either become a professional or turn his attention towards the family business – the latter of which he did. Though somewhat of a daydreamer in class and even during his years in further education, ideas began to take shape in his mind and eventually found themselves on the pages of his debut novel, The Captains of Legend, some twenty or so years later.



Commissioned work Format: Paperback Price: £4.99 60 pages ISBN- 978-1-7392214-0-9

Fiction November, 2022 A new ballad for little ones, written by acclaimed children's poet, Rachel Rooney, and illustrated by Ekta Bajaj and Paul Aherne.

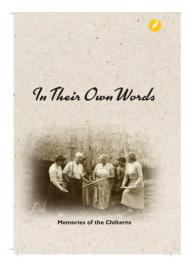
It explores the lives of two children at the turn of the industrial revolution, who are drawn together over a love for the Chiltern woods and the magic therein. Tradition and modernity set among the leafy, ancient beech woodlands of old Buckinghamshire. When Majorie meets apprentice Bodger boy Arthur they teach each other about their different lives. Their adventures together in the Hampden Woods soon turn to disaster but it becomes a valuable opportunity to learn another lesson from each other, on our hopes for the future.

Part of the Chilterns Stories collection, from the Chalk, Cherries and Chairs Landscape partnership scheme.



Rachel Rooney is the author of My Life as a Goldfish, A Kid In My Class and Hey, Girl! She worked as a teacher of special needs children while bringing up her three sons, and continues to take a close interest in the welfare of children with mental health problems. She lives in Brighton, East Sussex.

IN <th



Commissioned work Format: Paperback Price: £4.99 100 pages ISBN: 978-1-7392214-7-8

Non - Fiction January, 2023 In Their Own Words is a book of fascinating of oral histories, accompanied by 9 online videos. It is quite rare to find ordinary working people's accounts of what it was like in the past, and these 'oral history' interviews capture people's personal experiences, giving us an eyewitness account of events, places and people.

Volunteer researchers working for the Woodlanders' Lives and Landscapes community social history project in the Chilterns are very lucky to have discovered three important collections of oral history interviews. These interviews, which until now, have largely remained hidden in public and private archives, were recorded onto reel-to-reel and cassette tape between the 1950s and the 1980s by some remarkable local historians.

Part of the Chilterns Stories collection, from the Chalk, Cherries and Chairs Landscape partnership scheme.

ACKNOWLEDGEMENTS

Helena Chance, Lesley Hoskins and all the Woodlanders Lives and Landscape Volunteers, for their hard work in researching and writing this book

Conservation bourt, jor incensing in exercise of creativity and encouraging diversity. Lachlan Stuart, Fran Crowther, Lizzie Krupa, Anna Foster, Lynie Cordice, Nicola Thomas and Eliza Alqassar from the Chalk Cherries and Chairs team, for making it

all happen. Monica Sood and all at Author In Me, for her profession expertise.

Ekta Bajaj for her brilliant designs.

And, you, for reading this and keeping our heritage alive.

2

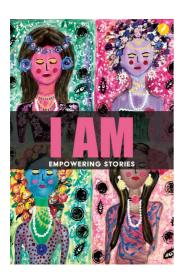
IN THEIR OWN WORDS: MEMORIES OF THE CHILTERNS SIDNEY WINGROVE, 1898–1994 HEMEMBERS CHAIR-MAKING IN WINCHMORE HILL By Jane Barker

In the 1980s, Staart King, expert in the runal industries of the Chilterns, which a number of reactings of Chilterni people tailing about their lives. In this interview, Sidney Wingree, who lived in Winchmore Hill mar Amentanu remembers working in village chair-making factories in the sarty 1900s, and his time as an apprentice just before the First Work/WW. Today there are S50 people king in Winchmore Hill about 300 people. At that time, Im main employment in the village, was a mysiculture. This changed as local cardin flourished in the late 19th and eavy 20th centures.

Sidney Wingrowe was born on 13th March 1898, the youngest of six children. He grew up in Winchmore Hill went to school in the neighbouring village of Penn Street, and left school when he was 12. Sidney served in the First World War and was seriously injured in France. He returned to England in 1917.



I A M A N T H O L O G Y



Imprint: One World Format: Paperback Price: £12.99 250 pages ISBN: 978-1-7392214-9-2

Non-Fiction April, 2023 <u>I AM</u> is a book of possibilities. 35 true stories of women of different cultures have been captured through a series of one-to-one interviews. Their moment of transformation and lessons in life have been documented with personal anecdotes.

I AM - These are the most powerful words which can change your destiny. What comes after these words is solely your choice.

Each one of us has infinite warrior energy within us. It is only when we are strong and resilient during the most tough phase of our life, can we tap into the reserves of our inner fortitude. These are the moments of inner transformation which change the trajectory of our existence.

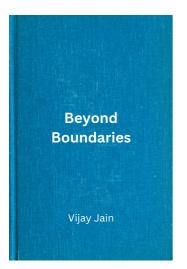
This collection of empowering stories capture the powerful experiences of over twenty five brave women who challenged regressive norms which led to their personal evolution. By taking the reins of their lives in their own hands and engaging with their emotional struggles and vulnerabilities, they taught us to thrive in adversities.

Their remarkable courage empowered them to reinvent themselves in their life while society expected them to submit to the patriarchal order.



BEYOND BOUNDARIES

VIJAY JAIN



Imprint: One World Format: Paperback 170 pages £12.99 ISBN: 978-1-7392214-6-1

Memoir May, 2023

Beyond Boundaries- Reflections of an Octogenarian

From a modest upbringing in Agra to international business success in London, Vijay Jain explores the risks and challenges that led him to create a groundbreaking company in India before establishing professional and personal roots in the UK and the wisdom he has gained through his hardships and successes.

His story is a testament to the power of resilience and determination in the face of adversity and a timeless reminder of the importance of family, faith, and hope.

In this vivid and inspiring memoir, he reflects on the trials, triumphs and tribulations he has encountered throughout his life as an octogenarian.

LET THE FISH FLY

ЕКТА ВАЈАЈ



Imprint: One World Format: Paperback Price: £11.99 200 pages ISBN: 978-1-7392214-5-4

Fiction November, 2023

Collection of 10 Short mystic and deeply transformative stories set in various locations around the world.

Ekta is a spiritual seeker, empowering speaker and a keen observer. She is gifted with the ability to travel dimensions through dreams.

Let the Fish Fly is a book through which she has fictionalised her real-life experiences in order to make them relatable, empowering and inspiring.

The narrative of the stories is dominated by the female protagonist. The book will strongly connect with spiritual seekers and women of all ages.



Author's website : <u>https://thekalimoment.com</u>

voice_of_kali

Ekta is the author of the empowering book, *The Voice of Kali* and co-author of book of affirmations for children, *Shine Like a Star.* She is also a visionary artist, empowering speaker, columnist and the co-founder of Author In Me and AIM Literary Festival. Her deep passion for storytelling and positive thinking has inspired her to research the powerful ancient Vedic teaching that provide a holistic approach towards developing mental and emotional strength. She is also a keen learner of Sanskrit language. Ekta was *shortlisted for Female Entrepreneur of the Year 2020* by Thames Valley Business Awards and was awarded *International Woman Icon 2021* for her book, The Voice of Kali.