



Our Monthly News

St. Theodore Greek Orthodox Church
Lanham, Maryland
Volume 15, Issue 8 August 2023
Celebrating 50 years



Greek Orthodox
Metropolis Of New Jersey
His Eminence
Metropolitan Apostolos

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St. Theodore the General
Greek Orthodox Church

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A New Metropolitan for the **Sacred Metropolis of New Jersey**

The Holy and Sacred Synod of the Ecumenical Patriarchate convened on July 24, and elected His Grace Bishop Apostolos of Medeia as the new Metropolitan of New Jersey. His Eminence Archbishop Elpidophoros shared the following reflections: *“With profound joy, I extend my fervent congratulations to His Eminence Apostolos on his election to the seat of the Metropolitan of New Jersey. I pray that our Lord grants him wisdom and abundant blessings as he assumes the sacred duties entrusted to him by our Church. The Metropolitan has devotedly served our Archdiocese as a priest in the Metropolis of Boston and the Archdiocesan District, as Chancellor of the Metropolis of San Francisco, as Chief Secretary to the Holy Eparchial Synod, and as a faithful and capable custodian of the liturgical and pastoral responsibilities of the Metropolis of New Jersey. I hold steadfast confidence that his spiritual gifts and experience and knowledge will guide his ministry in fruitful and loving service of our Greek Orthodox parishes in the Metropolis of New Jersey. We are deeply grateful to His All-Holiness Ecumenical Patriarch Bartholomew and the Holy and Sacred Synod of the Ecumenical Patriarchate. Their decision illuminates a path of renewal as we continue to build an Archdiocese that is ever more united, empowered, and dedicated to fulfilling its sacred mission.”* His All-Holiness announced that Metropolitan Apostolos has been invited to participate as a member of the Holy and Sacred Synod for one year, beginning at the start of the next synodical period on September 1, 2023. His Eminence Archbishop Elpidophoros exhorts the Metropolis of New Jersey clergy to commemorate Metropolitan Apostolos in services as the canonical hierarch, starting July 24.

His Eminence Metropolitan Apostolos was born Evangelos Koufallakis on the island of Rhodes, Greece, the second of four children of Ioannis and Stergia Koufallakis. He completed his primary education in Rhodes, and in 1990, he was accepted to the historical Ecclesiastical School of Patmos, where he mastered Orthodox Byzantine Music and Hymnology. On April 29, 1993, Evangelos was tonsured a monk at the Holy and Sacred Monastery of Panagia Paramethea, at which time he received the name “Apostolos.” On June 20, he was ordained to the holy Diaconate by his spiritual father Metropolitan Apostolos of Rhodes. Fr. Apostolos served the Metropolis of Rhodes as deacon to the Metropolitan, and a year later, he received the Offikion of Archdeacon. In October of 1995, Fr. Apostolos was accepted at the University of Thessalonica studying Pastoral and Social Theology. He was ordained to the Holy Priesthood on July 28, 1996 and received the Offikion of Archimandrite by Metropolitan Apostolos of Rhodes. After broadening his theological education at the Aristotelion University of Thessaloniki, Archimandrite Apostolos graduated with a Master of Divinity in March 2000.

On October 11, 2001, Archimandrite Apostolos traveled to the United States and was accepted to Boston University School of Theology with a major in Philosophy, Theology, and Ethics. The degree of Master of Sacred Theology was conferred upon him in May 2004. In March of 2009, Archbishop Demetrios appointed Archimandrite Apostolos as the director of the Archdiocesan Hellenic Cultural Center. In October 2011, Archimandrite Apostolos was appointed as the Chancellor of the Metropolis of San Francisco by His Eminence Metropolitan Gerasimos of San Francisco. On November 28, 2014, the Holy and Sacred Synod of the Ecumenical Patriarchate unanimously elected Archimandrite Apostolos to the rank of Auxiliary Bishop and he was given the title Bishop of Medeia. His ordination took place on December 20, 2014 at the Archdiocesan Cathedral of the Holy Trinity in New York. On November 15, 2018, Bishop Apostolos was appointed Chief Secretary of the Holy Eparchial Synod of the Greek Orthodox Archdiocese. On January 9, 2019 His Eminence Archbishop Demetrios appointed Bishop Apostolos to be the spiritual advisor of the National Greek Orthodox Philoptochos Society. Bishop Apostolos was tasked with the planning and organization of the Enthronement Service of His Eminence Archbishop Elpidophoros which took place on June 22, 2019. On February 3, 2021 His Eminence Archbishop Elpidophoros assigned His Grace Bishop Apostolos to assume the liturgical and pastoral responsibilities and needs of the Greek Orthodox Metropolis of New Jersey. On July 24, 2023, he was elected Metropolitan of New Jersey by the Holy and Sacred Synod of the Ecumenical Patriarchate. The Enthronement of His Eminence Metropolitan Apostolos of New Jersey will take place on **Saturday, September 16, 2023, at 10:30 a.m., at the Greek Orthodox Cathedral of Saint John the Theologian in Tenafly, New Jersey.** We exclaim AXIOS to His Eminence Metropolitan Apostolos.

CHURCH MINISTRIES MONTHLY NEWS

AUGUST LENTEN SEASON

The Feast of the Dormition of the Theotokos and Ever-Virgin Mary is celebrated on August 15. The Feast commemorates the repose or "falling-asleep" of the Mother of Jesus Christ, our Lord. The Feast also commemorates the translation or assumption into heaven of the body of the Theotokos. The Lenten season of August for the Virgin Mary will begin on August 1st through August 14th. We are all encouraged to abstain and fast from meat for the first fourteen days of August in preparation for the Feast of the Dormition, with the exception of fish on the Feast of the Transfiguration (August 6). Paraklesis Services will be held at on the following days: **Wednesday, August 2nd**; **Friday, August 4th**; **Monday, August 7th**; **Wednesday, August 9th**; and **Friday, August 11th** at 6pm. Services for Holy Transfiguration will be **Sunday, August 6th** with Orthros at 9AM and Divine Liturgy at 10:15AM. On **Monday, August 14, 2023**, we will be having a Great Vesper's service for the Dormition of the Theotokos at 6pm. On **Tuesday, August 15, 2023**, we will be celebrating the feast of the Dormition of the Theotokos. Orthros will begin at 9AM and the Divine Liturgy at 10:00AM. Everyone is encouraged to attend and pray to the Blessed Mother for her to protect us and guide us to salvation through Her Son. You are welcome to submit the names of the Living for these special services as we pray for the health and well-being of all. Please see form in bulletin.

MEMORIALS

On July 16, 2023 there was a 40-Day Memorial for the soul of Chrysanthi Alatzas, the dearly departed wife of Philip Alatzas, and beloved mother of Maria & Bryan Formica, Anna & Michael Sergotick, Petros & Natalie Alatzas. May her memory be eternal

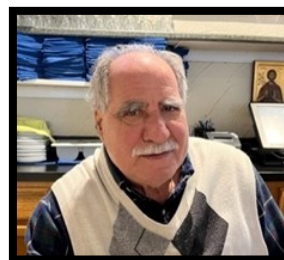
ARTOCLASIA – Blessing of the Loaves of Bread

On July 2, 2023, there was an Artoclasia for the health and well being of the Papanicolaou family.

HONORING ST. PHANOURIOS THE GREAT MARTYR

We will be blessing Fanouropites Breads on Sunday, August 27th at the conclusion of the Divine Liturgy. If you would like to prepare one of these breads and have them blessed, please bring them before 10:30 a.m. to the Liturgy. These are made in honor of St. Phanourios in thanksgiving of the help of the saint especially to find things that you may have lost.

OBITUARY GEORGE E. BOURZIKOS



JANUARY 5, 1951 – JUNE 11, 2023

George E. Bourzikos

On Sunday, June 11, 2023, George E. Bourzikos of Silver Spring, MD passed away. He was the beloved husband of Mary Bourzikos; loving father of Toula, Evie and Elpidos Bourzikos; dear brother of John, Voula, Stavros, Takis and Dimitri Bourzikos; also survived by his nieces and nephews. The family will receive friends at Saints Constantine and Helen Greek Orthodox Church, 721 Norwood Road, Silver Spring, MD on Tuesday, June 20, 2023 from 10 am until 11 am where funeral service will immediately follow at 11 am. Interment will be in Gate of Heaven Cemetery. Memorial contributions may be made to the American Cancer Society. Should friends and family desire to send floral tributes, please have them delivered to Hines-Rinaldi Funeral Home no later than 4 pm Monday, June 19, 2023. You can leave a message of condolence at www.hinesrinaldifuneralhome.com.

COMMUNITY YARD SALE

On Saturday August 19th we will be having a community yard sale in our social hall from 9a to 3p. Everyone is encouraged to attend. You can help in several ways – 1) you can bring items to the church hall starting tomorrow to be sold. 2) you can volunteer to help the day of or Wednesday, Thursday or Friday, August 16, 17 and 18 from 10 am to 2 pm prior to the yard sale. You can also sign up to help the day of the yard sale. Food and drink will also be available for purchase.

FLOWERS BEFORE CHRIST & PANAGIA

You are welcome to donate flowers before the icons of Christ and Panagia. You can make a donation in memory of a loved one or for the health of your family. Call the Church office Monday – Thursday between 10 a.m. and 2 p.m. so that we can order the flowers from a professional florist and have the flowers delivered on Friday afternoon. The cost is \$150.00 for both vases of flowers before Christ & Panagia or \$75.00 for one vase before Christ or Panagia and two people or two families can donate each vase.

August/Αύγουστος 2023

Sunday Κυριακή	Monday Δευτέρα	Tuesday Τρίτη	Wednesday Τετάρτη	Thursday Πέμπτη	Friday Παρασκευή	Saturday Σάββατον
		1 <i>Dormition Fast Begins/ΑΡΧΗ ΝΗΣΤΕΙΑΣ ΔΕΚΑΠΕΝΤΑΥΓΟΥΣΤΟΥ</i>	2 Paraklesis / ΠΑΡΑΚΛΗΣΗ 6PM	3	4 Paraklesis / ΠΑΡΑΚΛΗΣΗ 6PM	5
6 <i>Transfiguration of our Lord and Savior Jesus Christ (Fish and Wine allowed)/ ΜΕΤΑΜΟΡΦΩΣΗ ΤΟΥ ΣΩΤΗΡΟΣ (ΚΑΤΑΛΥΣΗ ΟΙΝΟΥ & ΙΧΘΥΟΣ)</i> Matins & Divine Liturgy/ ΟΡΘΡΟΣ - ΘΕΙΑ ΛΕΙΤΟΥΡΓΙΑ 9:00/10:15 am	7 Paraklesis / ΠΑΡΑΚΛΗΣΗ 6PM	8 Parish Council Mtg. 7pm	9 Paraklesis / ΠΑΡΑΚΛΗΣΗ 6PM	10	11 Paraklesis / ΠΑΡΑΚΛΗΣΗ 6PM	12
13 <i>10th Sunday of Mathew/10^η Κυριακή Ματθαίου</i> Matins & Divine Liturgy/ ΟΡΘΡΟΣ - Θ. ΛΕΙΤΟΥΡΓΙΑ 9:00/10:15 am	14 Great Vespers / ΜΕΓΑΣ ΕΣΠΕΡΙΝΟΣ 6PM	15 <i>Dormition of the Theotokos/Η ΚΟΙΜΗΣΗ ΤΗΣ ΘΕΟΤΟΚΟΥ</i> Matins & Divine Liturgy/ ΟΡΘΡΟΣ - Θ. ΛΕΙΤΟΥΡΓΙΑ 9:00/10:00 am	16	17	18	19 Church Yard Sale 9-3PM
20 <i>11th Sunday of Mathew/11^η Κυριακή Ματθαίου</i> Matins & Divine Liturgy/ ΟΡΘΡΟΣ - Θ. ΛΕΙΤΟΥΡΓΙΑ 9:00/10:15 am	21	22	23	24	25	26
27 <i>12th Sunday of Mathew/12^η Κυριακή Ματθαίου (St. Phanourios)</i> Matins & Divine Liturgy/ ΟΡΘΡΟΣ - Θ. ΛΕΙΤΟΥΡΓΙΑ 9:00/10:15 am St. Phanourios Day Bring Phanouropites	28	29 <i>Beheading of John the Baptist (Strict Fasting)/ ΑΠΟΤΟΜΗ ΤΙΜΙΑΣ ΚΕΦΑΛΗΣ ΠΡΟΦΗΤΟΥ ΙΩΑΝΝΟΥ (ΑΥΣΤΗΡΗ ΝΗΣΤΕΙΑ)</i> Matins & Divine Liturgy/ ΟΡΘΡΟΣ - ΘΕΙΑ ΛΕΙΤΟΥΡΓΙΑ 9:00/10:00 am Strict fast day	30	31		

Dear Parishioners,

The Stewardship Year begins on January 1st and concludes on December 31st. We ask that you do not delay and join the “St. Theodore’s Stewardship Program for 2023” so that we can grow and become a stronger Church and minister to you, the people of God. The Church needs the support of its members year round. Please consider giving a pledge as a way of showing your support and love to the Church. It cost thousands of dollars a month to operate the Church with the monthly utility and maintenance bills and salaries. Please consider giving as much as your heart tells you to give. You do not need to make your payment all at once. You can give quarterly, monthly or weekly, which makes it very easy and affordable. Paying on Square@sttheodores.org has also been set up for those who would like to use it. Thank you!

STEWARDSHIP HONOR ROLL Pledges

ΕΘΕΛΟΝΤΙΚΗ ΠΡΟΣΦΟΡΑ 2023

Theodore & Maria Adamos
 Charles & Victoria Alevrofas
 Angie Alexion
 AJ & Areti Nikolaou Anderson
 Savas Bakalides
 Sirmatenia Bakalides
 Nektarios & Eleni Banis
 George Banis
 Dimitra Bekos
 Helen Bekos
 Michalis Bekos
 George & Katherine Billos
 Kristina & TJ Bonner
 Aristeia Burdusi
 Fr. Manuel J. & Molly Burdusi
 Michael J. Burdusi
 Nicholas & Julie Burdusi
 Lee & Mary Caprinolo
 Nicholas & Karen Cox
 Jessie Defalco
 Bess Demas
 Spero & Theano Demetrides
 John & Fofa Dimopoulos
 Demetri Dimopoulos
 Katerina, Peter & Chris Exis
 Angeliki Fanourgakis
 George & Angeliki Papaspyrou
 Dimitrios & Myrofora Frantzis
 Spyridon & Stavroula Galiatsatos
 Antonios Gemetzopoulos
 Anastasia Georhristodoulos
 Andreas & Sofia Georhristodoulos
 Angie Geralis
 Paul Gionis
 Demetrius P. Govotsos
 Randy E. & Anna Grow
 Matthew & Payal Halkos
 Timothy & Cheryl Halkos
 Dennis & Mary Pittas Herschbach
 Agisilaos Iliadis
 Athanasios & Foteini Iliopoulos
 John-Peter & Elizabeth Jalbert
 Angela Jones
 Kassiani Kakitsis
 Panagos & Maria Kapsalis
 Olga Karahalas
 Diane Karras
 Panagiota Karras

Bill & Tina Katcheves
 Kyriakos & Argiro Kiotsekoglou
 Keith & Nicolette Kirby
 Athanasios & Marilu Kolazas
 Spyros & Olga Koliavasilis
 George Kollaros
 Anastasios Kouridis
 Adam & Eftihia Koutelis
 Chrisovalantis & Johanna Koutelis
 Gregory & Vasiliki Kozakos
 Vasiliki & Marianna Kretsis
 Erasmia Lois
 Paula Magoulas
 Joshua & Christina Knepper
 Ourania Manessis
 Angelos Manessis
 Vasilike Mantzouranis
 John S. Maroulis
 Panagiotis Marousis
 Aphrodite T. Matsakis, PhD.
 Reed & Gina Melis
 Nicholas & Elaine Michaelides
 Kyriacos Miltiadou
 Paul & Juliana Moniodis
 John & Catherine M. Nazarene
 Vasilika Orfanidis
 Afroditi E. Papadopoulos
 Vasilios & Tracy Papadopoulos
 Christopher Papanicolas
 Nikolaos & Maria Paschalidis
 Georgios & Constantina Pelekanos
 Ioannis Perelas
 Sotirios & Evangelia Petropoulos
 Sofia Plagakis
 Phillip & Georgia Plangetis
 Cynthia Popomaronis
 William & Nora Presti
 George Rallis
 Gregory Rallis
 Georgia Romas
 Elpis Sakaria
 Maria & Basu Sakaria-Kori
 Ioanna Elisabet Christoforou
 Michael & Anna Sergotick
 Iliana Siarmalis
 Zachary & Victoria Villano Singer
 Gregory & Anastasia Skarvelis
 James Speroulos

Gregory L. Stamulis
 Panagiotis & Maria Stefanias
 Daniel & Shea Svihra
 James Tancabel
 Andrew E. Tompros
 Margie & Amelia Tompros
 Chris & Joyce Trikeriotis
 Vasilios & Alexandra Tsigliffis
 Georje & Majida & Maria Tsioumas
 Stella C. Tsourounis
 Deborah Vandamm
 Robert & Christina Villano
 Michael & Christina Walker
 William David Wrigley, PhD
 Peter E. Yakas & Eleni Harlepas
 Pantelis & Anthie Zairis
 Robert & Gina Zick
 Patricia Zissios
 Tom & Nikki Zizos



As of **August 1, 2023**
 we have a total of 115 stewards
 who have signed up for their 2023
 Stewardship of the Church. Please
 join the membership list
 of supporters.

CREDIT CARD STEWARDSHIP PAYMENTS

If you would like to pay your
 stewardship monthly by credit
 card, please email to the
 following email address:
 square@sttheodores.org with
 your pledge and frequency.



STEWARDSHIP COMMITMENT FORM 2023

As Orthodox Christians, we are called to be stewards of our Church. When we are faithful to this calling, then our Lord will say to us as he did to the faithful steward, "Well done good and faithful servant" (Mt 25:23).

NAME _____

MOBILE PHONE _____

NAME OF SPOUSE (IF MARRIED) _____

MOBILE PHONE _____

STREET ADDRESS _____

EMAIL ADDRESS _____

CITY / STATE / ZIP CODE _____

EMAIL ADDRESS OF SPOUSE (IF MARRIED) _____

HOME PHONE _____

In gratitude for God's many blessings, I/we commit to the stewardship of St. Theodore's and pledge the following amount for 2023.

\$ _____ per month x 12 months = \$ _____ for the year.

Suggested amounts for giving:

- | | | |
|-----------------------------------------------------|---------------------------------------------------|-----------------------------------------|
| <input type="checkbox"/> \$10 per week (\$520/yr) | <input type="checkbox"/> \$40/mon (\$480) | <input type="checkbox"/> \$ 400/yr |
| <input type="checkbox"/> \$15 per week (\$780 /yr) | <input type="checkbox"/> \$50/mon (\$600) | <input type="checkbox"/> \$ 500/yr |
| <input type="checkbox"/> \$20 per week (\$1040 /yr) | <input type="checkbox"/> \$75/mon (\$900) | <input type="checkbox"/> \$ 1,000/yr |
| <input type="checkbox"/> \$25 per week (\$1300 /yr) | <input type="checkbox"/> \$100/mon (\$1,200) | <input type="checkbox"/> \$ 1,500/yr |
| <input type="checkbox"/> \$50 per week (\$2600 /yr) | <input type="checkbox"/> \$150/mon (\$1,800) | <input type="checkbox"/> \$ 2,000/yr |
| <input type="checkbox"/> Other per week \$ _____ | <input type="checkbox"/> Other per month \$ _____ | <input type="checkbox"/> Other \$ _____ |

VERY IMPORTANT
To help with printing costs and conserve on paper we agree to receive the Parish Newsletter by e-mail only. Yes

Please check to indicate that St. Theodore's Church is your primary place of worship.

Signature: _____

Once you make your pledge, you have the entire year to fulfill your pledge. You can pay by cash, check, through PAYPAL, or even through Bill Pay through your bank's checking account. You can also make a payment by going to our Church's website: www.sttheodores.org and click the "Online Store" to make a credit card payment. Children 18 and over and who are working should become members separate from their parents. Children in college or graduate school can remain under their parent's membership but should still fill out this form .

Make payments to: St. Theodore Greek Orthodox Church, 7101 Cipriano Rd., Lanham, MD 20723.

Dependent Children's names and birthdates:

Your time & talent

I would like to offer my time and talents for the ministry of St. Theodore's (check all that apply)

<input type="checkbox"/> Church School	<input type="checkbox"/> GOYA/YOUTH
<input type="checkbox"/> Greek School/PTO	<input type="checkbox"/> Young Adult
<input type="checkbox"/> Chanting	<input type="checkbox"/> Bible Study
<input type="checkbox"/> Philoptochos	<input type="checkbox"/> Baking Prospora
<input type="checkbox"/> Festival	<input type="checkbox"/> Grounds and Maintenance
<input type="checkbox"/> Fundraising	<input type="checkbox"/> Altar Boy
<input type="checkbox"/> Dance Group	<input type="checkbox"/> Flowers/Decorations
	<input type="checkbox"/> Other _____

Community Yard Sale

Saturday, August 19, 2023

9 a.m. to 3 p.m.

Inside our Social Hall and outside as well !

Come and shop for some unique
and well priced items

Bring items any time weekdays

Monday through Friday

from 10 a.m.—2 p.m.

Food and Beverage will be available for
purchase as well.

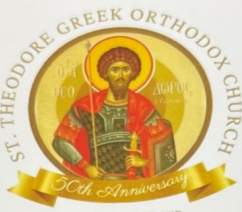
Souvlakia, Gyros, French Fries etc.

And other Greek Food items

All proceeds to benefit the Church and its
various ministries of service.



save the date



St. Theodore
Greek Orthodox Church

50th Anniversary
GRAND BANQUET

SATURDAY, DECEMBER 2, 2023

STAMP GRAND BALLROOM
College Park, MD

Details coming soon!

www.sttheodores.org

Reservations can be taken and payments
can be made as of **September 1, 2023**

Deadline for purchasing tickets for the
Grand Banquet is **November 20, 2023**

There will be a **discount** for those parish-
ioners who reserve an **entire table of 10** in
contrast to buying individual tickets.

Ticket prices will be announced on
September 1, 2023 and you can purchase
your tickets online or by check through the
mail or stopping by the church office
Monday-Fridays 10a-2p.



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