

**eMatins powered by AGES**

# The Service of Matins

**for Sunday, November 29, 2020**

**Octoechos - Mode pl. 4.  
on Sunday Morning**

**Eothion 3**

**Katavasias of Christmas I**

**Texts in Greek and English**

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vol Orthodox Monastery of the Veil of our Lady

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**Βιβλία - Πηγαί**

**Ὀκτώηχος - Ἦχος πλ. δ'.**

Τῆ Κυριακῆ Πρωῆ

**ΟΡΘΡΟΣ**

**ΧΟΡΟΣ**

**Ἦχος πλ. δ'.**

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.  
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι  
Κυρίου.

**Στίχ. α'.** Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ  
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

*ἢ Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός,  
ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.*

**Στίχ. β'.** Πάντα τὰ ἔθνη ἐκύκλωσάν με,  
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

**Στίχ. γ'.** Παρὰ Κυρίου ἐγένετο αὕτη καὶ  
ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὀκτωήχου ---

**Ἀπολυτίκιον Ἀναστάσιμον.**

**Ἦχος πλ. δ'.**

Ἐξ ὕψους κατήλθες ὁ εὖσπλαγχνος,  
ταφήν κατεδέξω τριήμερον, ἵνα ἡμᾶς  
ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ  
Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Δόξα. **Τὸ αὐτό.**

Ἐξ ὕψους κατήλθες ὁ εὖσπλαγχνος,  
ταφήν κατεδέξω τριήμερον, ἵνα ἡμᾶς  
ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ  
Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Καὶ νῦν. **Θεοτοκίον.**

Τῆς Ὀκτωήχου ---

**Ἦχος πλ. δ'.**

Ὁ δι' ἡμᾶς γεννηθεὶς ἐκ Παρθένου, καὶ  
σταύρωσιν ὑπομείνας ἀγαθέ, ὁ θανάτω

**Books - Sources**

**Octoechos - Mode pl. 4.**

On Sunday Morning

**MATINS**

**CHOIR**

**Mode pl. 4.**

God is the Lord, and He revealed Himself  
to us. Blessed is he who comes in the name of  
the Lord. [SAAS]

**Verse 1:** Give thanks to the Lord and call  
upon His holy name.

*or: Give thanks to the Lord, for He is good; for  
His mercy endures forever.*

**Verse 2:** All the nations surrounded me, but  
in the name of the Lord I defended myself against  
them.

**Verse 3:** And this came about from the Lord,  
and it is wonderful in our eyes.

From Octoechos ---

**Resurrectional Apolytikion.**

**Mode pl. 4.**

You descended from on high, O  
compassionate One, and condescended to  
be buried for three days, so that from the  
passions You might set us free. Our life and  
resurrection, O Lord, glory be to You. [SD]

Glory. **Repeat.**

You descended from on high, O  
compassionate One, and condescended to  
be buried for three days, so that from the  
passions You might set us free. Our life and  
resurrection, O Lord, glory be to You. [SD]

Both now. **Theotokion.**

From Octoechos ---

**Mode pl. 4.**

Born of a Virgin, O Good One who also  
endured crucifixion for our sake, who by

τὸν θάνατον σκυλεύσας, καὶ Ἐγερσιν  
δείξας ὡς Θεός, μὴ παρίδης οὓς ἔπλασας  
τῇ χειρὶ σου· δείξον τὴν φιλανθρωπίαν σου  
ἐλεῆμον, δέξαι τὴν τεκοῦσάν σε Θεοτόκον  
προσβεύουσαν ὑπὲρ ἡμῶν καὶ σῶσον Σωτὴρ  
ἡμῶν, λαὸν ἀπεγνωσμένον.

### ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν  
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,  
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου  
Πνεύματος, νῦν καὶ αἰεὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων.

(Ἀμήν.)

### ΧΟΡΟΣ

#### Κάθισμα Α'.

Τῆς Ὀκτωήχου ---

**Ἦχος πλ. δ'.** *Αὐτόμελον.*

Ἀνέστης ἐκ νεκρῶν, ἡ ζωὴ τῶν  
ἀπάντων, καὶ Ἄγγελος φωτός, ταῖς Γυναίξιν  
ἐβόα· Παύσασθε τῶν δακρῶν, τοῖς  
Ἀποστόλοις εὐαγγελίσασθε, κράξατε  
ἀνυμνοῦσαι· Ὅτι ἀνέστη Χριστὸς ὁ Κύριος,  
ὁ εὐδοκήσας σῶσαι ὡς Θεός, τὸ γένος τῶν  
ἀνθρώπων.

death took the spoils of death as plunder and  
showed resurrection, being God, O despise  
not the ones that You formed with Your own  
hand. Demonstrate Your love for man, O  
Lord of mercy, and accept Your Mother, the  
Theotokos, who intercedes on our behalf, O  
Savior, and save us a despairing people. [SD]

### PRIEST

Again and again, in peace, let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is  
the kingdom and the power and the glory,  
of the Father and of the Son and of the Holy  
Spirit, now and forever and to the ages of  
ages.

(Amen.)

### CHOIR

#### Kathisma I.

From Octoechos ---

**Mode pl. 4.** *Automelon.*

When You, the Life of all, from the dead  
resurrected, \* a shining Angel cried to the  
lamenting women, \* "Cease from your tears.  
Announce unto the Apostles the tidings full  
of joy. \* Cry out in exaltation, that Christ the  
Lord has arisen from the dead. \* For He so

Δόξα.

*Τὴν Σοφίαν καὶ Λόγον.*

Ἀναστὰς ἐκ τοῦ τάφου ὡς ἀληθῶς, ταῖς  
όσiais προσέταξας γυναιξί, κηρῦξαι τὴν  
ἐγερσιν, Ἀποστόλοις ὡς γέγραπται καὶ  
δρομαῖος ὁ Πέτρος, ἐπέστη τῷ μνήματι, καὶ  
τὸ φῶς ἐν τῷ τάφῳ, ὁρῶν κατεπλήττετο·  
ὄθεν καὶ κατεῖδε, τὰ ὀθόνια μόνα, χωρὶς  
τοῦ θείου σώματος, ἐν αὐτῷ κατακείμενα·  
καὶ πιστεύσας ἐβόησε· Δόξα σοι Χριστὲ ὁ  
Θεός, ὅτι σῶζεις ἅπαντας Σωτὴρ ἡμῶν· τοῦ  
Πατρὸς γὰρ ὑπάρχεις ἀπαύγασμα.

Καὶ νῦν. **Θεοτοκίον.**

*Τὴν Σοφίαν καὶ Λόγον.*

Τὴν οὐράνιον πύλην καὶ κιβωτόν, τὸ  
πανάγιον ὄρος, τὴν φωταυγῆ, νεφέλην  
ὕμνήσωμεν, τὴν οὐράνιον κλίμακα,  
τὸν λογικὸν Παράδεισον, τῆς Εὐας τὴν  
λύτρωσιν, τῆς οἰκουμένης πάσης, τὸ  
μέγα κειμήλιον· ὅτι σωτηρία, ἐν αὐτῇ  
διεπράχθη, τῷ κόσμῳ καὶ ἄφεις, τῶν  
ἀρχαίων ἐγκλημάτων· διὰ τοῦτο βοῶμεν  
αὐτῇ· Πρέσβευε τῷ σῶ Υἱῷ καὶ Θεῷ, τῶν  
πταισμάτων ἄφεις δωρήσασθαι, τοῖς  
εὐσεβῶς προσκυνοῦσι τὸν πανάγιον τόκον  
σου.

Τῆς Ὀκτωήχου ---

**Κάθισμα Β΄.**

**Ἦχος πλ. δ΄.**

Ἄνθρωποι τὸ μνήμα σου, Σωτὴρ  
ἐσφραγίσαντο, Ἄγγελος τὸν λίθον, ἐκ τῆς  
θύρας ἀπεκύλισε. Γυναῖκες ἐθεάσαντο,  
ἐγηγερόμενον ἐκ νεκρῶν, καὶ αὐταὶ

willed to save the human race, as God, in His  
good pleasure." [SD]

Glory.

*By conceiving the wisdom.*

After having in truth risen from the tomb,  
You commanded the venerable women \* to  
proclaim Your arising to the Apostles, as it  
is written. \* And Peter ran quickly and came  
to the sepulcher. \* And beholding the light  
in the tomb, he was quite amazed. \* Also he  
observed that the grave clothes were lying  
\* alone in the sepulcher without the divine  
body. \* And believing he cried aloud, \* "Glory  
be to You, Christ God our Savior, for You save  
all people, \* for You are the Father's radiance."

[SD]

Both now. **Theotokion.**

*By conceiving the wisdom.*

Let us sing hymns in praise of the holy  
ark \* and the heavenly gate and the shining  
cloud, \* the all-holy mountain, and the  
heavenly ladder, \* the rational Paradise, and  
the redemption of Eve, \* the magnificent  
treasure of the entire universe. \* For in her  
and through her for the world was salvation  
\* accomplished and forgiveness of its ancient  
transgressions. \* Let us therefore cry out to  
her, \* "Intercede with your Son and our God  
\* that remission of offenses be bestowed \* on  
those who piously worship the all-holy Child  
you bore." [SD]

From Octoechos ---

**Kathisma II.**

**Mode pl. 4.**

Human beings sealed Your tomb, O  
Savior; an Angel rolled the stone away  
from the door. The women saw You  
were resurrected from the dead, and they

εὐηγγελίσαντο τοῖς Μαθηταῖς σου ἐν Σιών.  
Ὅτι ἀνέστης ἡ ζωὴ τῶν ἀπάντων, καὶ  
διελύθη τὰ δεσμὰ τοῦ θανάτου. Κύριε δόξα  
σοι.

Δόξα.

Τὰ μύρα τῆς ταφῆς, αἱ Γυναῖκες  
κομίσασαι, φωνῆς Ἀγγελικῆς, ἐκ τοῦ τάφου  
ἤκουον. Παύσασθε τῶν δακρῶν, καὶ  
ἀντὶ λύπης χαρὰν κομίσασθε, κράξατε  
ἀνυμνοῦσαι, ὅτι ἀνέστη Χριστὸς ὁ Κύριος,  
ὁ εὐδοκήσας σῶσαι ὡς Θεός, τὸ γένος τῶν  
ἀνθρώπων.

Καὶ νῦν. **Θεοτοκίον.**

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη,  
πᾶσα ἡ κτίσις, ἀγγέλων τὸ σύστημα,  
καὶ ἀνθρώπων τὸ γένος, ἡγιασμένε  
ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν  
καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ  
παιδίον γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων  
Θεὸς ἡμῶν· τὴν γὰρ σὴν μήτραν θρόνον  
ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν  
οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει,  
Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

**Εὐλογητάρια Αναστάσιμα.**

**Ἦχος πλ. α'.**

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρώων  
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου  
δὲ Σωτῆρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν  
ἑαυτῷ τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἄιδου  
πάντας ἐλευθερώσαντα.

announced the good tidings to the Disciples  
in Zion: that You the life of all resurrected,  
and that the bonds of death have been loosed.  
Glory to You, O Lord. [SD]

Glory.

The women who were bringing the burial  
spices heard the voice of an Angel coming  
from the sepulcher: "Cease from your tears,  
and instead of sorrow bring joy. Sing praises;  
cry aloud that Christ the Lord has risen. He is  
the One who as God was well pleased to save  
the human race." [SD]

Both now. **Theotokion.**

In you, O Lady full of grace, rejoices all  
creation, the orders of Angels and the human  
race together. O hallowed temple and rational  
Garden of Paradise, the pride of virgins,  
from you did God become incarnate, and our  
God who existed before the ages became a  
child. For He made your womb a throne for  
himself, and your body He made wider than  
the heavens. In you, O Lady full of grace,  
rejoices all creation. Glory to you. [SD]

**Resurrectional Evlogetaria.**

**Mode pl. 1.**

*Blessed are You, O Lord, teach me Your  
statutes.*

When the hosts of the Angels saw how  
You were accounted among the dead, they  
all marveled. You, O Savior, are the One who  
destroyed the might of death; and when You  
arose You raised Adam with yourself and  
from Hades liberated everyone. [SD]

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν,  
ὦ Μαθήτριαι κιωνᾶτε; ὁ ἀστράπτων ἐν  
τῷ τάφῳ Ἄγγελος, προσεφθέγγετο ταῖς  
Μυροφόροις· Ἴδετε ὑμεῖς τὸν τάφον  
καὶ ἦσθητε· ὁ Σωτὴρ γὰρ ἐξανέστη τοῦ  
μνήματος.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Λίαν πρωῖ, Μυροφόροι ἔδραμον,  
πρὸς τὸ μνήμά σου θρηνολογοῦσαι· ἀλλ'  
ἐπέστη, πρὸς αὐτὰς ὁ Ἄγγελος, καὶ εἶπε·  
θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν  
Ἀνάστασιν δέ, Ἀποστόλοις εἶπατε.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων  
ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ  
ἐνηχοῦντο. Ἀγγέλου τρανῶς, πρὸς αὐτὰς  
φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα  
λογίζεσθε; ὡς Θεὸς γὰρ, ἐξανέστη τοῦ  
μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου  
Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν  
Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ,  
κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε,  
τὸν Ἀδὰμ ἀμαρτίας, χαρμονὴν δὲ τῇ Εὐᾷ,  
ἀντὶ λύπης παρέσχες, ῥεύσαντα ζωῆς, ἴθυνε

*Blessed are You, O Lord, teach me Your  
statutes.*

"Why do you mingle the ointments with  
your tears full of pity, O women disciples?"  
Thus the Angel who was shining in the tomb  
cried to the myrrh-bearing women. "See for  
yourselves the empty tomb and understand,  
that the Savior has risen from the sepulcher."

[SD]

*Blessed are You, O Lord, teach me Your  
statutes.*

Very early in the morning, the myrrh-  
bearing women were hastening to Your tomb  
lamenting. But the Angel appeared to them  
and uttered, "The time for lamentation has  
ended; weep no more. Go announce the  
Resurrection to the Apostles." [SD]

*Blessed are You, O Lord, teach me Your  
statutes.*

When the myrrh-bearing women had  
come with their spices to Your sepulcher,  
O Savior, they heard the voice of an Angel  
clearly speaking to them, "Why do you  
account among the dead the One who lives?  
For as God, He has risen from the sepulcher."

[SD]

Glory.

We bow down in worship to the Father  
and His Son and the Holy Spirit, the Holy  
Trinity, one in essence; and we cry aloud with  
the Seraphim: Holy, Holy, Holy are You, O  
Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin,  
you delivered Adam from sin, and to Eve you  
have rendered joy in place of sorrow. He who

πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς  
καὶ ἄνθρωπος.

Ἀλληλουΐα. Ἀλληλουΐα. Ἀλληλουΐα.  
Δόξα σοι, ὁ Θεός. (ἐκ γ')

### ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι ἠυλόγηταί σου τὸ ὄνομα, καὶ  
δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ  
τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ  
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΑΝΑΓΝΩΣΤΗΣ

Τῆς Οκτωήχου ---

**Ἵπακοή. Ἦχος πλ. δ'.**

Αἱ Μυρροφόροι τοῦ Ζωοδότου ἐπιστᾶσαι  
τῷ μνήματι, τὸν Δεσπότην ἐζήτουν,  
ἐν νεκροῖς τὸν ἀθάνατον, καὶ χαρᾶς  
εὐαγγέλια, ἐκ τοῦ Ἀγγέλου δεξάμεναι, τοῖς  
Ἀποστόλοις ἐμήνυον· Ὅτι ἀνέστη Χριστὸς ὁ  
Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

from you became incarnate, God and man,  
has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You,  
O God. (3)

### DEACON

Again and again, in peace, let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

### PRIEST

For blessed is your name, and glorified is  
your kingdom, of the Father and the Son and  
the Holy Spirit, now and forever and to the  
ages of ages.

(Amen.)

### READER

From Octoechos ---

**Hypakoe. Mode pl. 4.**

The myrrh-bearing women came to the  
grave of the Giver of life seeking the immortal  
Master among the dead. And receiving good  
tidings of joy from the Angel, they reported  
to the Apostles, that Christ God had risen,  
granting the world great mercy. [SD]



**ΧΟΡΟΣ**

**Οἱ Ἀναβαθμοί.**

**Ἀντίφωνον Α΄. Ἦχος πλ. δ΄.**

Ἐκ νεότητός μου ὁ ἐχθρός με πειράζει,  
ταῖς ἡδοναῖς φλέγει με· ἐγὼ δὲ πεποιθώς, ἐν  
σοὶ Κύριε τροποῦμαι τοῦτον.

Οἱ μισοῦντες Σιών, γενηθήτωσαν δὴ,  
πρὶν ἐκσπασθῆναι ὡς χόρτος· συγκόψει γὰρ  
Χριστός, αὐχένας αὐτῶν, τομῇ βασάνων.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, τὸ ζῆν τὰ πάντα, φῶς  
ἐκ φωτός, Θεὸς μέγας, σὺν Πατρὶ ὑμνοῦμεν  
αὐτὸ καὶ τῷ Λόγῳ.

**Ἀντίφωνον Β΄.**

Ἡ καρδιά μου τῷ φόβῳ σου σκεπέσθω,  
ταπεινοφρονοῦσα, μὴ ὑψωθεῖσα ἀποπέση,  
ἐκ σοῦ Πανοικτίρμον.

Ἐπὶ τὸν Κύριον ὁ ἐσχηκώς ἐλπίδα, οὐ  
δείσει τότε, ὅτε πυρὶ τὰ πάντα κρινεῖ καὶ  
κολάσει.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, πᾶς τις θεῖος βλέπει  
καὶ προλέγει, τερατουργεῖ ὑψιστα, ἐν τρισὶν  
ἓνα Θεὸν μέλπων· εἰ γὰρ καὶ τριλαμπεῖ,  
μοναρχεῖ τὸ θεῖον.

**Ἀντίφωνον Γ΄.**

Ἐκέκραξά σοι Κύριε, πρόσχες, κλινόν  
μοι τὸ οὖς σου βοῶντι, καὶ κάθαρον πρὶν  
ἄρης με, ἀπὸ τῶν ἐνθένδε.

**CHOIR**

**Anavathmoi.**

**Antiphon I. Mode pl. 4.**

From my youth does the enemy tempt  
me, and with the pleasures he scorches me.  
But trusting You, O Lord, monumentally do I  
defeat him. [SD]

Let the haters of Zion become as the grass  
is before it is plucked up. For Christ will also  
cut their necks with the cutting sword of  
torments. [SD]

Glory. Both now.

In the Holy Spirit is the life of all things  
living. He is light from light and great God.  
Him do we extol with the Father and Logos.

[SD]

**Antiphon II.**

With the fear of You, Lord, let my heart  
be covered and be humble-minded, lest it be  
exalted and fall from You, all-compassionate  
Master. [SD]

He who has set his hope on the Lord will  
not fear when He will judge and punish all  
things with fire. [SD]

Glory. Both now.

In the Holy Spirit every divine man sees  
and speaks as a prophet. He does sublime  
miracles, praising the one God in three  
persons. For though It is three lights, yet the  
Godhead rules as monarch. [SD]

**Antiphon III.**

I cried to You, O Lord. Attend; incline  
Your ear to me who am shouting, and purify  
me prior to taking me from this life. [SD]

Ἐπὶ τὴν μητέρα αὐτοῦ γῆν, δύνων παῶς  
αὐθις ἀναλύσει, τοῦ λαβεῖν βασάνους, ἢ  
γέρα τῶν βεβιωμένων.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, θεολογία μονὰς  
τρισαγία· ὁ Πατὴρ γὰρ ἀναρχος, ἐξ οὗ ἔφω  
ὁ Υἱὸς ἀχρόνως, καὶ τὸ Πνεῦμα σύμμορφον,  
σύνθρονον, ἐκ Πατρὸς συνεκλάμψαν.

### Ἀντίφωνον Δ'.

Ἴδου δὴ τί καλόν, ἢ τί τερπνόν, ἀλλ' ἢ  
τὸ κατοικεῖν ἀδελφοὺς ἅμα; ἐν τούτῳ γὰρ  
Κύριος, ἐπηγγείλατο ζωὴν αἰώνιαν.

Τοῦ ἐνδύματος αὐτοῦ, ὁ τὰ κρίνα τοῦ  
ἀγροῦ κοσμῶν, κελεύει μὴ δεῖν φροντίζειν.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ἐνοειδῆ αἰτία, πάντα  
ἔχεται εἰρηνοβραβεύτως. Θεὸς τοῦτο γὰρ  
ἐστι, Πατρί τε καὶ Υἱῷ, ὁμοούσιον κυρίως.

### Προκείμενον.

Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεὸς  
σου, Σιών, εἰς γενεὰν καὶ γενεάν. (δικ)

**Στίχ.** Αἶνει, ἡ ψυχὴ μου, τὸν Κύριον.

Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεὸς  
σου, Σιών, εἰς γενεὰν καὶ γενεάν.

Τῆς Οκτωήχου ---

**ΑΝΑΓΝΩΣΤΗΣ**

### Κοντάκιον Ἀναστάσιμον.

Ἐξαναστάς τοῦ μνήματος, τοὺς  
τεθνεῶτας ἠγειρας, καὶ τὸν Ἀδὰμ  
ἀνέστησας, καὶ ἡ Εὐὰ χορεύει ἐν τῇ  
σῇ Ἀναστάσει, καὶ κόσμου τὰ πέρατα  
πανηγυρίζουσι, τῇ ἐκ νεκρῶν Ἐγέρσει σου  
Πολυέλεε.

Everyone will set in the earth, his mother,  
and will again return thence to receive the  
torments or honors for his life's actions. [SD]

Glory. Both now.

From the Holy Spirit was bestowed  
theology. Thrice-holy Monad: Father  
unoriginate, from whom timelessly the Son  
did issue, and the Spirit, sharing both form  
and throne, shone at once from the Father. [SD]

### Antiphon IV.

Behold, what is so good or so delightful as  
for brothers to reside together? For in this has  
the Lord promised life everlasting. [SD]

He who so adorns the lilies of the field  
commands not to be concerned about one's  
own raiment. [SD]

Glory. Both now.

In the Holy Spirit, the unifying Cause, are  
all things sustained in peaceful coexistence.  
This is so for He is God, with the Father and  
the Son being truly one in essence. [SD]

### Prokeimenon.

The Lord shall reign forever; your God, O  
Zion, to all generations. (2)

**Verse:** Praise the Lord, O my soul!

The Lord shall reign forever; your God, O  
Zion, to all generations. [SAAS]

From Octoechos ---

**READER**

### Resurrectional Kontakion.

When You had risen from the grave,  
You also raised those who had died and  
resurrected Adam; and now Eve is celebrating  
in Your Resurrection, and the ends of the  
world keep festival, for Your rising from the  
dead, O Most-Merciful. [SD]

**Ὁ Οἶκος.**

Τὰ τοῦ Ἄιδου σκυλεύσας βασιλεία, καὶ νεκροὺς ἀναστήσας Μακρόθυμε, Γυναίξι Μυροφόροις συνήντησας, ἀντὶ λύπης, χαρὰν κομισάμενος, καὶ Ἀποστόλοις σου ἐμήνυσας τὰ τῆς νίκης σύμβολα, Σωτῆρ μου ζωοδότα, καὶ τὴν κτίσιν ἐφώτισας φιλάνθρωπε· διὰ τοῦτο καὶ κόσμος συγχαίρει, τῇ ἐκ νεκρῶν Ἐγέρσει σου πολυέλεε.

**Συναξάριον.**

Τοῦ Μηναίου.

Τῇ ΚΘ' τοῦ αὐτοῦ μηνὸς μνήμη τῆς ἀθλήσεως τοῦ ἁγίου Μάρτυρος Παραμόνου, καὶ τῶν ἁγίων τριακοσίων ἑβδομήκοντα συμπαρτύρων αὐτοῦ.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τοῦ ἁγίου Μάρτυρος Φιλουμένου.

Τῇ αὐτῇ ἡμέρᾳ μνήμη τοῦ ὁσίου Πατρὸς ἡμῶν Νικολάου, ἀρχιεπισκόπου Θεσσαλονίκης· καὶ τοῦ ἁγίου Ἱερομάρτυρος Ἰωάννου τοῦ ἐν Περσίδι· καὶ τῶν ἁγίων ἕξ Μαρτύρων, οὓς διωκομένους, πέτρα ῥαγεῖσα ὑπεδέξατο αὐτούς.

Τῇ αὐτῇ ἡμέρᾳ ὁ ἅγιος Οὐβρανός, Ἐπίσκοπος Μακεδονίας, ἐν εἰρήνῃ τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ ὁ ἅγιος Διονύσιος, Ἐπίσκοπος Κορίνθου, ξίφει πληγείς τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ ὁ ὁσιος Παγκόσμιος ἐν εἰρήνῃ τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ ὁ ὁσιος Πιτυροῦν ἐν εἰρήνῃ τελειοῦται.

**Oikos.**

Having plundered the realms of Hades and raised the dead, O Longsuffering, You met the Myrrh-bearing women and gave them joy instead of sorrow. And Your Apostles You informed of the symbols of victory, my life-giving Savior, and You illumined creation, O Lover of man. Therefore the world also rejoices, for Your rising from the dead, O Most-Merciful. <sup>[GKD]</sup>

**Synaxarion.**

From the Menaion.

On November 29, we commemorate the contest of the holy Martyr Paramonus and his 370 fellow holy martyrs.

Today we also commemorate the holy Martyr Philumenos.

Today we commemorate our devout father Nicholas, Archbishop of Thessaloniki; and also the holy hieromartyr John of Persia; and the six holy Martyrs who were chased and then a rock split open and let them in.

On this day St. Urban, Bishop of Macedonia, died in peace.

On this day St. Dionysios, Bishop of Corinth, died after being wounded by a sword.

On this day devout St. Pancosmios died in peace.

On this day devout St. Pitiroun died in peace.

Τῇ αὐτῇ ἡμέρᾳ ὁ ἅγιος Μάρτυς  
Οὐαλλερίνος ξίφει τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ ὁ ἅγιος Φαῖδρος, ῥητίνης  
ζεοῦσης καταχεθείσης αὐτῷ, τελειοῦται.

Ταῖς τῶν Ἁγίων σου πρεσβείαις, ὁ Θεός,  
ἐλέησον ἡμᾶς. Ἀμήν.

### ΧΟΡΟΣ

#### Καταβασίαι τῆς Χριστοῦ Γεννήσεως Α' Ὦδὴ α'. Ἦχος α'.

Χριστὸς γεννᾶται, δοξάσατε, Χριστὸς  
ἐξ οὐρανῶν, ἀπαντήσατε, Χριστὸς ἐπὶ  
γῆς, ὑψώθητε, ἄσατε τῷ Κυρίῳ πᾶσα ἡ γῆ,  
καὶ ἐν εὐφροσύνῃ, ἀνυμνήσατε λαοί, ὅτι  
δεδόξασται.

#### Ὦδὴ γ'.

Τῷ πρὸ τῶν αἰώνων, ἐκ Πατρὸς  
γεννηθέντι ἀρρόευστως Υἱῷ, καὶ ἐπ' ἐσχάτων  
ἐκ Παρθένου, σαρκωθέντι ἀσπόρως, Χριστῷ  
τῷ Θεῷ βοήσωμεν· Ὁ ἀνυψώσας τὸ κέρας  
ἡμῶν, Ἅγιος εἶ Κύριε.

#### Ὦδὴ δ'.

Ράβδος ἐκ τῆς ῥίζης Ἰεσσαί, καὶ  
ἄνθος ἐξ αὐτῆς Χριστέ, ἐκ τῆς Παρθένου  
ἀνεβλάστησας, ἐξ ὄρους ὁ αἰνετός,  
κατασκίου δασέος, ἦλθες σαρκωθείς ἐξ  
ἀπειράνδρου, ὁ ἄυλος καὶ Θεός, Δόξα τῇ  
δυνάμει σου, Κύριε.

#### Ὦδὴ ε'.

Θεὸς ὢν εἰρήνης, Πατὴρ οἰκτιρῶν,  
τῆς μεγάλης Βουλῆς σου τὸν Ἄγγελον,  
εἰρήνην παρεχόμενον, ἀπέστειλας ἡμῖν·  
ὅθεν θεογνωσίας, πρὸς φῶς ὀδηγηθέντες,

On this day the holy martyr Valerinus  
died by the sword.

On this day St. Fedros died when boiling  
pitch was poured over him.

By the intercessions of Your saints, O  
God, have mercy on us. Amen.

### CHOIR

#### Katavasia of Christmas I Ode i. Mode 1.

Christ is born; glorify Him! \* Christ is  
come from heaven; go and meet Him. \* Christ  
is on earth; arise to Him. \* Sing to the Lord, all  
you who dwell on the earth; \* and in merry  
spirits, O you peoples, praise His birth. \* For  
He is glorified. [SD]

#### Ode iii.

To the Son, begotten \* without flux, of the  
Father, before the ages, \* and who was lately  
made incarnate \* of the Virgin without seed;  
\* to Christ God now let us cry aloud: \* You  
have exalted the horn of our strength. Only  
You are holy, O Lord. [SD]

#### Ode iv.

Jesse's root produced a branch, O Christ, \*  
and You its flower blossomed forth, \* from the  
Virgin who by Habakkuk prophetically once  
was called \* overshadowed, dense mountain.  
\* From her who knew not man You came  
incarnate, \* the immaterial God. \* Glory to  
Your power, O Lord. [SD]

#### Ode v.

God of peace and Father of mercies,  
Your Son \* You have sent unto us as Your  
messenger, \* the Angel of great counsel who  
is granting peace. \* Therefore having been  
guided to the light of godly knowledge, \*

ἐκ νυκτὸς ὀρθρίζοντες, δοξολογοῦμέν σε,  
Φιλάνθρωπε.

**Ὦδὴ Γ΄.**

Σπλάγχων Ἰωνᾶν, ἔμβρυον ἀπήμεσεν,  
ἐνάλιος θήρ, οἶον ἐδέξατο, τῇ Παρθένῳ  
δέ, ἐνοικήσας ὁ Λόγος καὶ σάρκα λαβών,  
διελήλυθε φυλάξας ἀδιάφθορον· ἦς  
γάρ, οὐχ ὑπέστη ῥεύσεως, τὴν τεκοῦσαν,  
κατέσχευ ἀπήμαντον.

**Ὦδὴ Δ΄.**

Οἱ Παῖδες εὐσεβεῖα συντραφέντες,  
δυσσεβοῦς προστάγματος  
καταφρονήσαντες, πυρὸς ἀπειλὴν οὐκ  
ἐπτοήθησαν, ἀλλ' ἐν μέσῳ τῆς φλογὸς  
ἐστῶτες ἔψαλλον, ὁ τῶν Πατέρων Θεὸς  
εὐλογητὸς εἶ.

**Ὦδὴ η΄.**

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν  
τὸν Κύριον.*

Θαύματος ὑπερφουοῦς ἡ δροσοβόλος,  
ἐξεϊκόνισε κάμινος τύπον· οὐ γὰρ οὖς  
ἐδέξατο φλέγει Νέους, ὡς οὐδὲ πῦρ τῆς  
Θεότητος, Παρθένου ἦν ὑπέδυσεν· διὸ  
ἀνυμνοῦντες ἀναμέλψωμεν· Εὐλογοεῖτω ἡ  
Κτίσις πᾶσα τὸν Κύριον, καὶ ὑπερυψούτω  
εἰς πάντας τοὺς αἰῶνας.

**ΔΙΑΚΟΝΟΣ**

Τοῦ Κυρίου δεηθῶμεν.

*(Κύριε, ἐλέησον.)*

**ΙΕΡΕΥΣ**

Ὅτι Ἅγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν  
Ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν  
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ

waking from the night to dawn, we sing Your  
glory, O Lover of man. [SD]

**Ode vi.**

Such as it received \* Jonah as an embryo,  
the sea beast disgorged him from its bowels  
intact. \* With the Virgin, though, when the  
Logos had dwelt in her taking on flesh, \*  
He came forth from her preserving her yet  
incorrupt. \* For from her no fluxion suffered  
He, \* and He kept her unaltered in childbirth.

[SD]

**Ode vii.**

The Servants nurtured piously together,  
\* with contempt regarding the impious  
king's decree, \* intrepidly faced the threat of  
holocaust, \* and while standing in the midst  
of flames they chanted thus, \* saying: O God  
of the fathers, You are blessed. [SD]

**Ode viii.**

*We praise and we bless and we worship the  
Lord.*

Babylon's bedewing furnace bore the  
image \* of an extraordinary wonder. \* For  
it did not burn the youths it accepted, \*  
nor did the fire of Divinity consume the  
Virgin's womb wherein it went. \* So let us  
melodiously chant in praise: \* Let all creation  
bless and extol the Lord, \* and let it exalt Him  
supremely to the ages. [SD]

**DEACON**

Let us pray to the Lord.

*(Lord, have mercy.)*

**PRIEST**

For you are holy, our God, who rest  
among the Saints, and to you we give glory,

Ἄγιω Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

**ΧΟΡΟΣ**

Ἀμήν.

**Ἦχος β'.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)  
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

**ΔΙΑΚΟΝΟΣ**

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ**

Σοφία. Ὅρθοί. Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

**ΙΕΡΕΥΣ**

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

**ΙΕΡΕΥΣ**

Ἐκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

**ΔΙΑΚΟΝΟΣ**

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

**ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)**

Ἐωθινὸν Γ'  
Μᾶρκον ΙϚ' 9-20

Ἀναστὰς ὁ Ἰησοῦς πρῶτῃ πρῶτῃ Σαββάτου ἐφάνη πρῶτον Μαρία τῇ Μαγδαληνῇ, ἀφ' ἧς ἐκβεβλήκει ἑπτὰ δαιμόνια. Ἐκεῖνη πορευθεῖσα ἀπήγγειλε τοῖς μετ' αὐτοῦ γενομένοις, πενθοῦσι καὶ κλαίουσι. Κἀκεῖνοι ἀκούσαντες ὅτι ζῆ καὶ ἐθεάθη ὑπ' αὐτῆς ἠπίστησαν. Μετὰ δὲ ταῦτα δυσὶν ἐξ αὐτῶν περιπατοῦσιν

to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

**CHOIR**

Amen.

**Mode 2.**

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

**DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

**DEACON**

Wisdom. Arise. Let us hear the Holy Gospel.

**PRIEST**

Peace be with all.

(And with your spirit.)

**PRIEST**

The reading is from the Holy Gospel according to Mark.

**DEACON**

Let us be attentive.

(Glory to You, O Lord, glory to You.)

**PRIEST (from the altar table)**

Eothinon 3  
Mark. 16:9-20

When Jesus rose early on the first day of the week, He appeared first to Mary Magdalene, from whom He had cast out seven demons. She went and told those who had been with Him, as they mourned and wept. But when they heard that He was alive and had been seen by her, they would not believe it. After this he appeared in another

ἐφανερώθη ἐν ἑτέρῳ μορφῇ, πορευομένοις, εἰς ἀγρόν. Καὶ κείνοι ἀπελθόντες ἀπήγγειλαν τοῖς λοιποῖς, οὐδὲ ἐκείνοις ἐπίστευσαν. Ὑστερον, ἀνακειμένοις αὐτοῖς τοῖς ἕνδεκα ἐφανερώθη, καὶ ὠνείδισε τὴν ἀπιστίαν αὐτῶν καὶ σκληροκαρδίαν, ὅτι τοῖς θεασαμένοις αὐτὸν ἐγγεγερμένον, οὐκ ἐπίστευσαν. Καὶ εἶπεν αὐτοῖς· Πορευθέντες εἰς τὸν κόσμον ἅπαντα, κηρύξατε τὸ εὐαγγέλιον πάσῃ τῇ κτίσει. Ὁ πιστεύσας καὶ βαπτισθεὶς, σωθήσεται, ὁ δὲ ἀπιστήσας, κατακριθήσεται. Σημεῖα δὲ τοῖς πιστεύσασιν ταῦτα παρακολουθήσει. Ἐν τῷ ὀνόματί μου δαιμόνια ἐκβαλοῦσι, γλώσσαις λαλήσουσι καιναῖς, ὄφεις ἄροῦσι, κἄν θανάσιμόν τι πίωσιν, οὐ μὴ αὐτοὺς βλάψει, ἐπὶ ἁρρώστους χεῖρας ἐπιθήσουσι, καὶ καλῶς ἔξουσιν. Ὁ μὲν οὖν Κύριος, μετὰ τὸ λαλήσαι αὐτοῖς, ἀνελήφθη εἰς τὸν οὐρανόν, καὶ ἐκάθισεν ἐκ δεξιῶν τοῦ Θεοῦ. Ἐκεῖνοι δὲ ἐξεληθόντες, ἐκήρυξαν πανταχοῦ, τοῦ Κυρίου συνεργούντος, καὶ τὸν λόγον βεβαιούντος, διὰ τῶν ἐπακολουθούντων σημείων. Ἀμήν.

*(Δόξα σοι, Κύριε, δόξα σοι.)*

### ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν

form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. After this He appeared to the eleven themselves as they sat at table and He upbraided them for their unbelief and hardness of heart, because they had not believed those who saw Him after He had risen. And He said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in My name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after He had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen. [RSV]

*(Glory to You, O Lord, glory to You.)*

### READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the

Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ·  
Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ  
θάνατον ὤλεσεν.

**ΧΟΡΟΣ**

**Ψαλμὸς Ν' (50).**

**Ἦχος β'.** (ἡ τῆς ἐβδομάδος.)

[Ἐλεήμων,] Ἐλέησόν με, ὁ Θεός, κατὰ  
τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλήθος τῶν  
οἰκτιρωμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας  
μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν  
με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ  
ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν  
ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς  
ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ  
κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ  
ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα  
καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς  
μοι.

ῤαντιεῖς με ὑσσώπῳ, καὶ  
καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ  
χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ  
εὐφροσύνην, ἀγαλλιάσονται ὅστέα  
τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν  
ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου  
ἐξάλειψον.

Cross for us, He destroyed death by death.

[GOA]

**CHOIR**

**Psalm 50 (51).**

**Mode 2.** (or the Mode of the week)

[Merciful,] Have mercy on me, O God,  
according to Your great mercy; and according  
to the abundance of Your compassion, blot  
out my transgression.

Wash me thoroughly from my  
lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is  
always before me.

Against You only have I sinned and done  
evil in Your sight; that You may be justified  
in Your words, and overcome when You are  
judged.

For behold, I was conceived in  
transgressions, and in sins my mother bore  
me.

Behold, You love truth; You showed  
me the unknown and secret things of Your  
wisdom.

You shall sprinkle me with hyssop, and  
I will be cleansed; You shall wash me, and I  
will be made whiter than snow.

You shall make me hear joy and gladness;  
my bones that were humbled shall greatly  
rejoice.

Turn Your face from my sins, and blot out  
all my transgressions.



Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ  
Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς  
ἐγκάτοις μου.

Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου  
σου καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ  
ἀντανέλης ἀπ' ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ  
σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ  
στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ  
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς  
σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου  
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ  
στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·  
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον,  
καρδίαν συντετριμμένην καὶ  
τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου  
τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη  
Ιερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,  
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν  
σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις,  
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν  
ἐγκλημάτων.

Create in me a clean heart, O God, and  
renew a right spirit within me.

Do not cast me away from Your presence,  
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,  
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and  
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,  
the God of my salvation, and my tongue shall  
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my  
mouth will declare Your praise.

For if You desired sacrifice, I would give  
it; You will not be pleased with whole burnt  
offerings.

A sacrifice to God is a broken spirit, a  
broken and humbled heart God will not  
despise.

Do good, O Lord, in Your good pleasure  
to Zion, and let the walls of Jerusalem be  
built.

Then You will be pleased with a sacrifice  
of righteousness, with offerings and whole  
burnt offerings.

Then shall they offer young bulls on Your  
altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O  
Lord of mercy, blot out my many offences. [SD]

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις,  
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν  
ἐγκλημάτων.

**Στίχ.** Ἐλέησόν με, ὁ Θεός, κατὰ τὸ  
μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν  
οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου,  
καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον  
ζωὴν, καὶ μέγα ἔλεος.

### ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ  
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι  
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·  
ὑψωσον κέρασ Χριστιανῶν Ὁρθοδόξων  
καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ  
πλούσια· πρεσβείαις τῆς παναχράντου  
Δεσποίνης ἡμῶν Θεοτόκου καὶ  
ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου  
καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν  
τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων,  
ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου  
Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου,  
τῶν ἁγίων ἐνδόξων καὶ πανευφήμων  
Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν  
μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν  
Διδασκάλων, Βασιλείου τοῦ Μεγάλου,  
Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου  
τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου  
καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν  
Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις,  
Σπυριδῶνος Τριμυθοῦντος καὶ Νεκταρίου  
Πενταπόλεως τῶν θαυματουργῶν·  
τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων  
Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου  
τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος,  
Θεοδώρου τοῦ Στρατηλάτου, Μηναῖ  
τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων  
Χαραλάμπους καὶ Ἐλευθερίου, τῆς  
ἁγίας ἐνδόξου Μεγαλομαρτύρος καὶ

Both now.

At the intercession of the Theotokos, O  
Lord of mercy, blot out my many offences. [SD]

**Verse:** *Have mercy on me, O God, according  
to Your great mercy; and according to the  
abundance of Your compassion, blot out my  
transgression.*

Jesus, having risen from the grave as He  
foretold, has granted us eternal life and great  
mercy. [SD]

### DEACON

O God, save your people and bless  
your inheritance. Look upon your world  
with mercy and compassion. Raise the  
Orthodox Christians in glory, and send  
down upon us your rich mercies, through  
the intercessions of our most pure Lady  
the Theotokos and ever-Virgin Mary, the  
power of the precious and life giving Cross,  
the protection of the honorable, bodiless  
Powers of heaven, the supplications of  
the honorable and glorious prophet, and  
forerunner John the Baptist, the holy, glorious,  
and praiseworthy Apostles, our Fathers  
among the Saints, the great hierarchs and  
ecumenical teachers, Basil the Great, Gregory  
the Theologian and John Chrysostom,  
Athanasios, Cyril, and John the Merciful,  
patriarchs of Alexandria; Nicholas, bishop  
of Myra, Spyridon, bishop of Trimythous,  
Nektarios of Pentapolis, the wonder-workers;  
the holy, glorious great Martyrs George  
the Victorious, Demetrios the Myrobletes,  
Theodore the Teron, and Theodore the  
General, Menas the Wonderworker, the  
Hieromartyrs Haralambos and Eleftherios;  
the holy, glorious, and victorious martyrs;  
the glorious great Martyr and all-laudable  
Euphemia; the holy and glorious Martyrs  
Thecla, Barbara, Anastasia, Katherine,

πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων  
Μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας,  
Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης,  
Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ  
Θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ  
Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων  
Ἰωακείμ καὶ Ἄννης, καὶ πάντων σου τῶν  
Ἁγίων. Ἰκετεύομέν σε, μόνε πολυέλεε  
Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν  
δεομένων σου καὶ ἐλέησον ἡμᾶς.

### ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

### ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία  
τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ  
εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ  
καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ αἰεὶ καὶ  
εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν  
ὑμνοῖς τιμῶντες μεγαλύνωμεν.

### ΧΟΡΟΣ

Ὡδὴ θ'.

Μεγαλυνάριον. Ἦχος α'.

**Στίχ.** Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,  
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ  
σωτήρῳ μου.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπεινώσειν  
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν  
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,

Kyriake, Fotene, Marina, Paraskeve and Irene;  
of our holy God-bearing Fathers; (**local patron  
saint**); the holy and righteous ancestors of  
God Joachim and Anna, and of all your Saints.  
We beseech you, only merciful Lord, hear us  
sinners who pray to you and have mercy on  
us.

### CHOIR

Lord, have mercy. (12)

### PRIEST

Through the mercy, compassion, and love  
of mankind of your only-begotten Son, with  
whom you are blessed, together with your  
all-holy, good and life-giving Spirit, now and  
forever and to the ages of ages.

(Amen.)

### DEACON

Let us honor and magnify in song the  
Theotokos and the Mother of the light.

### CHOIR

Ode ix.

Megalynarion. Mode 1.

**Verse:** My soul magnifies the Lord, and my  
spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. [SD]

**Verse:** For He has regarded the lowly state  
of His maidservant; for behold, henceforth all  
generations will call me blessed. [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the

τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ  
Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ το  
ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς  
φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ,  
διεσκόρπισεν ὑπερηφάνους διανοία καρδίας  
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Καθεῖλε δυνάστας ἀπὸ θρόνων,  
καὶ ὑψωσε ταπεινούς, πεινῶντας ἐνέπλησεν  
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε  
κενούς.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,  
τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,  
μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς  
Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι  
αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβεὶμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεὶμ,

Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. <sup>[SD]</sup>

**Verse:** For He who is mighty has done great  
things for me, and holy is His name. And His  
mercy is on those who fear Him from generation to  
generation. <sup>[NKJV]</sup>

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. <sup>[SD]</sup>

**Verse:** He has shown strength with His arm;  
He has scattered the proud in the imagination of  
their hearts. <sup>[NKJV]</sup>

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. <sup>[SD]</sup>

**Verse:** He has put down the mighty from  
their thrones, and exalted the lowly. He has filled  
the hungry with good things, and the rich He has  
sent away empty. <sup>[NKJV]</sup>

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth  
to God the Word, and are truly Theotokos.  
You do we magnify. <sup>[SD]</sup>

**Verse:** He has helped His servant Israel, in  
remembrance of His mercy, as He spoke to our  
fathers, to Abraham and to his seed forever. <sup>[NKJV]</sup>

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth

τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν,  
τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Ὡδὴ θ'. Καταβασία. Ἦχος α'.**

Μεγάλυνον ψυχὴ μου, τὴν τιμιωτέραν  
καὶ ἐνδοξοτέραν, τῶν ἄνω στρατευμάτων.

Μυστήριον ξένον, ὁρῶ καὶ παράδοξον!  
οὐρανὸν τὸ Σπήλαιον, θρόνον Χερουβικόν,  
τὴν Παρθένον, τὴν φάτνην χωρίον, ἐν ᾧ  
ἀνεκλήθη ὁ ἀχώρητος, Χριστὸς ὁ Θεός, ὃν  
ἀνυμνοῦντες μεγαλύνομεν.

**ΔΙΑΚΟΝΟΣ**

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

**ΙΕΡΕΥΣ**

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν  
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,  
νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

**ΧΟΡΟΣ**

**Ἦχος β'.**

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

to God the Word, and are truly Theotokos.  
You do we magnify. [SD]

**Ode ix. Katavasia. Mode 1.**

*O my soul, magnify her who is greater in  
honor and in glory than the armies of heaven.*

I see here a strange and paradoxical  
mystery. \* For, behold, the grotto is heaven;  
\* cherubic throne is the Virgin; \* the manger  
a grand space \* in which Christ our God the  
uncontainable reclined as a babe; \* Whom in  
extolling do we magnify. [SD]

**DEACON**

Again and again, in peace, let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and  
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commend ourselves and one another and  
our whole life to Christ our God.

(To You, O Lord.)

**PRIEST**

For all the powers of heaven praise You  
and give You glory, to the Father and the Son  
and the Holy Spirit, now and forever and to  
the ages of ages.

(Amen.)

**CHOIR**

**Mode 2.**

Holy is the Lord our God. (2) [SAAS]

Ὑψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Οκτωήχου ---

**Ἐξαποστειλάριον.**

**Τὸ Γ' Ἐωθινόν.**

**Ἦχος β'.** *Τοῖς Μαθηταῖς συνέλθωμεν.*

Ὅτι Χριστὸς ἐγήγεραται, μὴ τις διαπιστεῖται· ἐφάνη τῇ Μαρίᾳ γάρ, ἔπειτα καθωράθη, τοῖς εἰς ἀγρὸν ἀπιοῦσι, Μύσταις δὲ πάλιν ὤφθη, ἀνακειμένοις ἔνδεκα, οὓς βαπτίζειν ἐκπέμψας, εἰς Οὐρανούς· ὅθεν καταβέβηκεν ἀνελήφθη, ἐπικυρῶν τὸ κήρυγμα, πλήθεσι τῶν σημείων.

**Θεοτοκίον. Ὅμοιον.**

Ὁ ἀνατείλας Ἥλιος, ἐκ παστοῦ ὡς Νυμφίος, ἀπὸ τοῦ τάφου σήμερον, καὶ τὸν Ἄϊδην σκυλεύσας, καὶ θάνατον καταργήσας, σὲ Τεκούσης πρεσβείαις, φῶς ἡμῖν ἐξαπόστειλον, φῶς φωτίζον καρδίας, καὶ τὰς ψυχάς, φῶς βαδίζειν ἅπαντας ἐμβιβάζον, ἐν τρίβοις προσταγμάτων σου, καὶ ὁδοῖς τῆς εἰρήνης.

**Οἱ Αἶνοι. Ἦχος πλ. δ'.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρόπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρόπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos ---

**Exaposteilarion.**

**The Third Eothinon.**

**Mode 2.** *On the mountain.*

Let no one doubt and disbelieve \* that Christ was resurrected. \* For unto Mary He appeared; \* Afterwards by those walking \* in the field was He seen clearly. \* To the eleven Mystics \* reclining, He appeared again. \* When He sent them to baptize, He did ascend \* into heaven from which He had descended, \* and with abundant miracles \* He did confirm their preaching. [SD]

**Theotokion. Same Melody.**

O Sun, who like a Groom from his \* chamber, today has risen \* from the all-holy sepulcher, \* after despoiling Hades, \* and making death ineffective: \* heeding the intercessions \* of her who bore You, send out light \* unto us, light illumining hearts and souls, \* send out light that opens the way for all men \* to walk in the ways of peace \* and paths of Your commandments. [SD]

**Lauds. Mode pl. 4.**

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιῶντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετὰ καὶ πετεινὰ περρωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ἦμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἐγγίζοντι αὐτῶ.

Ἄσατε τῷ Κυρίῳ ἄσμα καινόν, ἢ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῶ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῶ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῶ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ὄμοφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Οκτωήχου ---

**Στιχηρὰ Ἀναστάσιμα.**

**Ἦχος πλ. δ'.**

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον· δόξα αὐτῇ ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Κύριε, εἰ καὶ κριτηρίῳ παρέστης, ὑπὸ Πιλάτου κρινόμενος, ἀλλ' οὐκ ἀπελείφθης τοῦ θρόνου, τῷ Πατρὶ συγκαθεζόμενος, καὶ ἀναστὰς ἐκ νεκρῶν, τὸν κόσμον ἠλευθέρωσας, ἐκ τῆς δουλείας τοῦ ἀλλοτρίου, ὡς οἰκτιρῶν καὶ Φιλάνθρωπος.

**Ἦχος πλ. δ'.**

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Κύριε, εἰ καὶ ὡς νεκρὸν ἐν μνημείῳ, Ἰουδαῖοι σε κατέθεντο, ἀλλ' ὡς Βασιλέα ὑπνοῦντα, στρατιῶταί σε ἐφύλαττον, καὶ ὡς ζωῆς θησαυρὸν, σφραγίδι ἐσφραγίσαντο· ἀλλὰ ἀνέστης καὶ παρέσχες, ἀφθαρσίαν ταῖς ψυχαῖς ἡμῶν.

**Ἦχος πλ. δ'.**

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Κύριε, ὄπλον κατὰ τοῦ διαβόλου, τὸν Σταυρὸν σου ἡμῖν δέδωκας· φρίττει γὰρ καὶ τρέμει, μὴ φέρων καθορᾶν αὐτοῦ τὴν δύναμιν· ὅτι νεκροὺς ἀνιστᾷ καὶ θάνατον κατήργησε· διὰ τοῦτο προσκυνοῦμεν, τὴν Ταφὴν σου καὶ τὴν Ἑγερσιν.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos ---

**Resurrectional Stichera.**

**Mode pl. 4.**

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]

Lord, even if You stood on trial and suffered Pontius Pilate to be Your judge, yet You did not leave Your divine throne, seated with the Father as You are. And when You rose from the dead, You freed the world from servitude that was imposed on it by the Devil, O Compassionate who love mankind. [SD]

**Mode pl. 4.**

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord, even if the Judeans had You buried as a lifeless body in a grave, yet a guard of soldiers was watching over You as though a sleeping king; and with a seal they secured the tomb as a treasure-house of life. But You arose and unto our souls granted incorruptibility. [SD]

**Mode pl. 4.**

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord, as a weapon against the Adversary You have given us Your holy Cross. Gripped with fear he trembles unable to endure to look upon its might, because it raises the dead, and death itself it neutralized. For this reason we



**Ἦχος πλ. δ'.**

*Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.*

Ὁ Ἄγγελός σου Κύριε, ὁ τὴν Ἀνάστασιν κηρύξας, τοὺς μὲν φύλακας ἐφόβησε, τὰ δὲ Γύναϊα ἐφώνησε λέγων· Τί ζητεῖτε τὸν ζῶντα μετὰ τῶν νεκρῶν; ἀνέστη Θεός ὢν, καὶ τῇ οἰκουμένη ζωὴν ἐδώρησατο.

**Ἦχος πλ. δ'.**

*Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῶ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.*

Ἐπαθες διὰ σταυροῦ, ὁ ἀπαθῆς τῇ Θεότητι, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῆς δουλείας τοῦ ἐχθροῦ, καὶ ἀθανατίσας, ζωοποιήσης ἡμᾶς Χριστέ ὁ Θεός, διὰ τῆς Ἀναστάσεώς σου φιλόανθρωπε.

**Ἦχος πλ. δ'.**

*Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.*

Προσκυνῶ καὶ δοξάζω, καὶ ἀνυμνῶ Χριστέ, τὴν σὴν ἐκ τάφου Ἀνάστασιν, δι' ἧς ἠλευθέρωσας ἡμᾶς, ἐκ τῶν τοῦ Ἄιδου ἀλύτων δεσμῶν, καὶ ἐδώρησω τῷ κόσμῳ ὡς Θεός ζωὴν αἰώνιον, καὶ τὸ μέγα ἔλεος.

adore Your three-day burial and rising again.

[SD]

**Mode pl. 4.**

*Praise Him with the sound of trumpet; praise Him with the harp and lyre.* [SAAS]

Your Angel, who announced Your resurrection, on the one hand frightened \* those who guarding Your tomb, O Lord, \* on the other hand he spoke to the Women, \* "Why seek among the dead the One who is alive? \* As God, He has risen, \* granting to the whole world the gift of eternal life." [SD]

**Mode pl. 4.**

*Praise Him with timbrel and dance; praise Him with strings and flute.* [SAAS]

You suffered by means of the Cross, though in Divinity impassible. You accepted three-day burial, so that You might liberate us from our slavery to the enemy, and making us immortal might bring us to life, O Christ our God, through Your resurrection, O Lord who love humanity. [SD]

**Mode pl. 4.**

*Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord.* [SAAS]

I adore and I glorify and I extol, O Christ, Your resurrection from the sepulcher, through which You have set us free from the bonds of Hades that no one could break, and as God You have granted to the world everlasting life and the great mercy. [SD]

**Ἵθος πλ. δ'.**

Ἀνάστηθι, Κύριε ὁ Θεός μου, ὑψωθήτω ἡ χεὶρ σου, μὴ ἐπιλάθῃ τῶν πενήτων σου εἰς τέλος.

Τὸ ζωοδόχον σου μνήμα, φρουροῦντες παράνομοι, σὺν τῇ κουστωδία ἐσφραγίσαντο τοῦτο, σὺ δὲ ὡς ἀθάνατος Θεός καὶ παντοδύναμος, ἀνέστης τριήμερος.

**Ἵθος πλ. δ'.**

Ἐξομολογήσομαί σοι, Κύριε, ἐν ὅλῃ καρδία μου, διηγῆσομαι πάντα τὰ θαυμάσιά σου.

Πορευθέντος σου ἐν πύλαις Ἄιδου Κύριε, καὶ ταύτας συντρίψαντος, ὁ αἰχμάλωτος οὕτως ἐβόα· Τίς ἐστὶν οὗτος, ὅτι οὐ καταδικάζεται ἐν τοῖς κατωτάτοις τῆς γῆς, ἀλλὰ καὶ ὡς σκηνὴν κατέλυσε τοῦ θανάτου τὸ δεσμωτήριον; ἐδεξάμην αὐτὸν ὡς θνητόν, καὶ τρέφω ὡς Θεόν. Παντοδύναμε Σωτῆρ ἐλέησον ἡμᾶς.

Τῆς Ὀκτωήχου ---

**Δόξα. Ἵθος γ'.  
Τὸ Γ' Ἐωθινόν.**

Τῆς Μαγδαληνῆς Μαρίας, τὴν τοῦ Σωτῆρος εὐαγγελιζομένης, ἐκ νεκρῶν Ἀνάστασιν καὶ ἐμφάνειαν, διαπιστοῦντες οἱ Μαθηταί, ὠνειδίζοντο τὸ τῆς καρδίας σκληρόν· ἀλλὰ τοῖς σημείοις καθοπλισθέντες καὶ θαύμασι, πρὸς τὸ κήρυγμα ἀπεστέλλοντο· καὶ σὺ μὲν Κύριε, πρὸς τὸν ἀρχίφωτον ἀνελήφθης Πατέρα, οἱ δὲ ἐκήρυττον πανταχοῦ τὸν λόγον, τοῖς θαύμασι πιστούμενοι. Διὸ οἱ φωτισθέντες δι' αὐτῶν δοξάζομέν σου, τὴν ἐκ νεκρῶν Ἀνάστασιν, φιλάνθρωπε Κύριε.

**Mode pl. 4.**

*Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. [SAAS]*

With a company of soldiers the unlawful ones set a guard at Your tomb that held life, and with a seal they secured it. You, however, as immortal God and omnipotent, resurrected on the third day. [SD]

**Mode pl. 4.**

*I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things. [SAAS]*

When You entered at the gates of Hades, O Lord, and when You had shattered them, then the Devil there in exile shouted, "Who is this one? For not only is he not condemned to the lowest regions of the earth, but he has also torn down, like a tent, the prison that belonged to death. I received him as though a mortal man, and quake at him as God." O almighty Savior, have mercy on us. [SD]

From Octoechos ---

**Glory. Mode 3.  
The Third Eothinon.**

When Mary Magdalene announced the good news of the Savior's resurrection from the dead and His appearance, the Disciples would not believe. So they were upbraided for their hardness of heart. But once they were fully equipped with the signs and miracles, they were sent out to preach. So then You, O Lord, were taken up to Your Father, the Source of Light; and they went and preached the word everywhere, and were confirmed by the miracles. Therefore we, who have been enlightened by them, glorify Your

Καὶ νῦν. **Θεοτοκίον.**

Ἐπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκίῃσας δόξα σοι.

### **Ἡ Μεγάλη Δοξολογία**

Δόξα σοι τῷ δεῖξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Ἕμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ ὁ μόνος Ἅγιος, σὺ εἶ ὁ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν.

resurrection from the dead, O Lord who loves humanity. <sup>[SD]</sup>

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! <sup>[SD]</sup>

### **Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. <sup>[SD]</sup>

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὁψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

*Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Ἀναστάσιμον.*

**Ἦχος πλ. δ'.** (ἡ τῆς ἐβδομάδος.)

Ἀναστὰς ἐκ τοῦ μνήματος, καὶ τὰ δεσμὰ διαρρήξας τοῦ Ἄιδου, ἔλυσας τὸ κατάκριμα, τοῦ θανάτου Κύριε, πάντας ἐκ τῶν παγίδων τοῦ ἐχθροῦ ῥυσάμενος, ἐμφανίσας σεαυτὸν τοῖς, Ἀποστόλοις σου, ἐξαπέστειλας αὐτοὺς ἐπὶ τὸ κήρυγμα, καὶ δι' αὐτῶν τὴν εἰρήνην παρέσχες τῇ οἰκουμένῃ, μόνη πολυέλεε.

*ἢ ὡς συνήθως·*

**Ἦχος δ'.** (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἄισωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νίκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

*After the Doxology, sing the following Resurrectional Troparion.*

**Mode pl. 4.** (or the Mode of the week)

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You granted peace to the whole world, O only very merciful One. [SD]

*Or, according to common practice:*

**Mode 4.** (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]