



# St. Theodore Greek Orthodox Church

7101 Cipriano Road, Lanham MD 20706 Tel: (301) 552-3540 • Fax: (301) 552-2424 • [www.sttheodores.org](http://www.sttheodores.org)

Fr. Manuel J. Burdusi  
Protopresbyter

April 1, 2020

Dear Parishioners,

I hope and pray that you are all doing well. I write to you to offer you some words of comfort and hope, wisdom and perspective. Remember the words of St. Paul that “when God is with us, then nothing can be against us.” I know that we are living in challenging times. Our world is being pushed to its limits with this virus and I know that each of us is dealing with a certain amount of fear and anxiety. But remember the words of St. John that “whoever believes that Jesus Christ is the Son of God overcomes the world.” And St. Paul says “that in the world, you will have troubles, but take heart! I have overcome the world.”

If anyone needs to talk to help with their anxiety and worries, you can call me at 410-241-9690. If anyone needs to make a confession at this time, you can call me and we can do the confession over the phone. If anyone is sick and needs communion, please call me and we can make arrangements. If there is anything we can do at this time for one another, it is to let each of us know that we are not alone in this pandemic. We still have one another. All we have to do is pick up the phone and call someone or write a letter, an email, or facetime. Last week, 42 calls were made to the seniors of the parish through me and several other volunteers. If you need to talk, call me. I am here for you.

Let us continue to be cautious and careful. Let us continue to follow the advice of our local, state and federal officials as well as knowing that the best defense and protection of our health is to have faith in God, placing ourselves under his care and protection. Our faith and God’s providence and love are the best defense against any threat or illness. I pray that the Lord continue to protect you and cover you with His grace.

With prayers and blessings,

*Fr. Manuel J. Burdusi*  
Parish Priest