

This is my second presentation on Barbados.

First one focused on:

- Demographics.
- Geography and Topology.
- Economy.
- History.
- Culture.
- Politics.
- Cuisine.

**We visited:**

- **Bridgetown (the capital):** Including The Garrison, George Washington House, Parliament, and the Oldest Synagogue in Americas.
- **Hastings.**
- **Oistins.**
- **Sunbury Plantation.**

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- **A rum distillery.**
- **Four Old Parish Churches.**
- **Codrington College.**
- **Morgan Lewis Windmill.**
- **St Nicholas Abbey.**
- **Several sugar cane plantations.**
- **Bath and Bathsheeba beaches.**

**This second presentation will:**

- **Highlight background info from Presentation #1.**
- **Quickly run through the sites we visited then.**
- **Spend most of our time looking at completely new places, including:**

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*...continuation*

- **Harrison's Cave.**
- **Three amazing markets:** Cheapside, Brighton, and Oistins Fish Market.
- **Dive in a real submarine.**
- **Four more old Parish Churches.**
- **Farley Hill.**

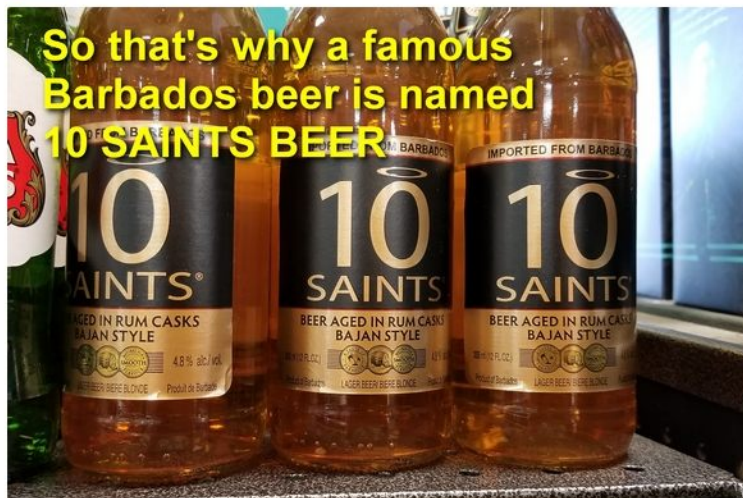
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*...continuation*

- **North Point.**
- **Ride on the St Nicholas Abbey Railway and see sugar cane grinding.**
- **Visit a supermarket.**
- **Speightstown.**
- **Of course, more cuisine!**

**Barbados**

- **An island:** In the Lesser Antilles.
- **Divided into:** 11 parishes.
- **Motto:** "Pride and Industry".
- **Capital:** Bridgetown.
- **Population:** 290,000 (2018).



- **Area:** 164 sq mi. RI smallest state is 1,545 sq mi.
- **Approximate dimensions:** 21 miles x 14 miles.
- **Mainly flat.** Some hills in northeast.
- **Highest point:** Mt Hillaby 1,120 ft.

- Two seasons:**
- **Wet:** June to November. Average temp. 73 to 88F.
- **Dry:** December to May. Average temp. 70-88 F.
- **Hurricane season:** June to November. But gets few hurricanes.

- **Water:** Source is coral rock underground. Safe.
- **Time:** Atlantic time zone. One hour ahead of Eastern. But no daylight-saving time. So same as Eastern April to October.
- **Visas:** Not required for US.

- **Official language:** English.
- **In everyday life people also speak:** Bajan Creole. Pronounced **BAY-jun**. Mostly unintelligible to English speakers.
- **Demonyms:** Barbadian or Bajan.

## Ethnic groups

- **Black:** 92%.
- **Multiracial:** 3%.
- **White:** 3%.
- **East Indian:** 1%.
- **Other:** 1%.

**National holiday:**  
Independence Day,  
November 30 (1966).



**Flag:** Adopted 1966  
at independence.

**Blue:** Sea and sky.

**Yellow:** Gold of the beaches.

**Trident:** Independence.

**Governor-General:**  
**Dame Sandra Mason**  
(A Barbadian)



**Prime Minister:**  
**Mia Mottley**  
(appointed 2018)



## Religion

- Christian: 76% (half Anglican).
- Other: 3%.
- None: 21%. (Most born Christian).

**Median age:** 38.9 (USA 38.1).

**Literacy rate:** Close to 100%.

**Life expectancy:** 74.

- Men 72. Women 77.

**Government:** Unitary  
parliamentary constitutional  
monarchy

~~Monarch: Elizabeth II.~~

~~Governor General:~~ Dame  
Sandra Mason

**Prime Minister:** Mia Mottley

**Bicameral Parliament:** Senate  
and House of Assembly

## Economy

- **1600s to 1970s:** dependent on sugarcane and related activities. But this is now in steep decline.
- **Since late 1970s:** diversified into manufacturing, tourism, offshore finance, and information services.
- **GDP per capita: 2017 US\$**  
Nominal: \$16,789. PPP: \$17,830.

## Barbados Economic Issues

1. Food imports are high. \$325 million – 7% of GDP of \$5 billion.
2. High ratio of public debt to GDP: 157%. 3rd highest in the world.
3. Steep decline in sugar cane production. 102,000 tons 2017. 1,456,000 tons 1970.
4. Exports \$485 million. 38% to USA. Imports \$1.52 billion. 38% from USA.
5. Crude oil imports: zero! Exporter.
6. But must import some natural gas.
7. Electricity: self-sufficient production.

## Tourism in Barbados

- Tourism is directly 12% of GDP.
- Employs 26,000 persons.
- 12 months ending Sept 2019:**  
**Tourist arrivals by air (at least one night stay):** Total 700,000. **From:**
  - UK 34%. US 31%. Canada 12%.
  - Caribbean 14%. Other 9%.
- Arrivals by cruise ship:** 418 ships:  
**Visit Barbados, return to ship:** 609,000.  
**End cruise in Barbados:** 170,000.

## Currency:

- Barbadian dollar.
- Symbol: Bds\$.
- Pegged to US\$: **US\$1 = Bds\$2.**



Errol Barrow, Statesman



Sir Frank Worrell, Cricket Hero

## History 1:

- **Since 4th c:** Inhabited by Amerindians from South America.
- **1492:** Spanish arrived. Took control of Barbados. Captured the Amerindians and took them back to Spain as slaves.
- **Early 1500s:** Spanish left Barbados. It became uninhabited.

## History 2:

- 1625:** English ship arrived. Capt. John Powell. Claimed Barbados in name of King James I.
- 1627:** First permanent settlers arrived from England.
- 1620s-1640s:** Many Irish, English, and Scottish criminals, royalists, etc sent as servants. Treated like slaves.

## History 3:

- 1627:** First African slaves arrived.
- 1640:** Sugar cane farming by Jewish settlers from Dutch Brazil. Economic success. Made profitable by slave labor.
- 1640s-1807:** Barbados became an English centre of the African slave trade.

## History 4:

- **1780:** Hurricane killed over 4,000 people on Barbados.
- **1807:** Slave trade outlawed.
- **1831:** Great hurricane. Bridgetown leveled. 1,500 dead.
- **1833:** Emancipation. At that time, slave population was 83,000.

## History 5:

- **1854:** Cholera epidemic killed over 20,000.
- **1930s:** Descendants of former slaves sought more civil rights.
- **1950s:** Independence movement began.
- **1946 to 1980:** One-third of people emigrated to England.

## History 6

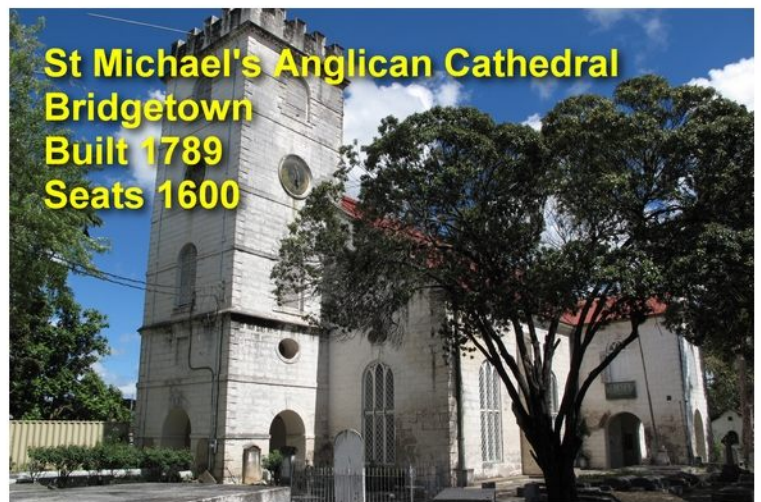
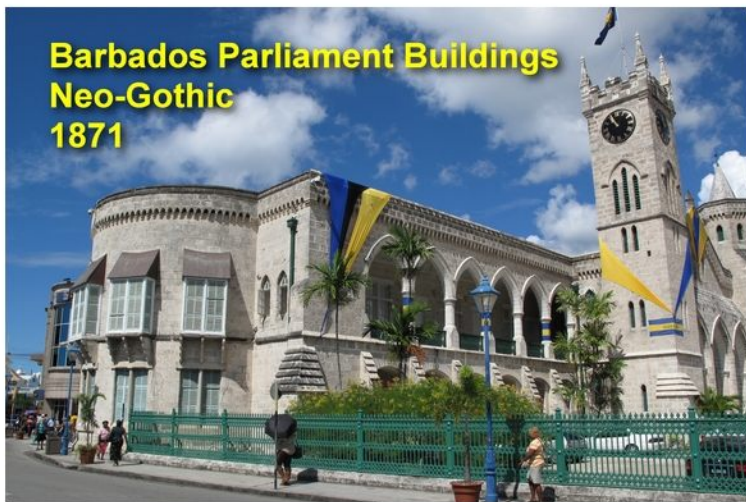
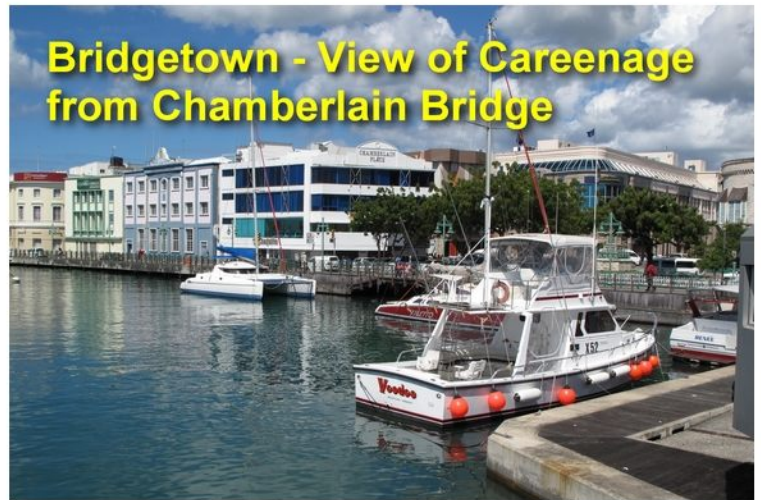
- **30 November 1966:** Barbados became an independent state and Commonwealth realm with the British monarch as hereditary head of state.
- **1966 to 1976:** First prime minister: Errol Barrow.

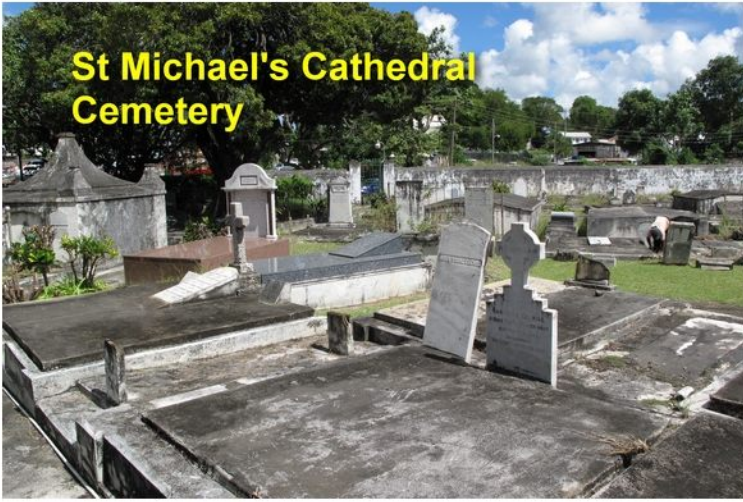
**In my first Barbados presentation, we wandered around Bridgetown.**

Bridgetown's population of 140,000 is half of Barbados' total.

Next biggest town is Speightstown, pop. 3,600.

**Here are some places we visited in Bridgetown...**





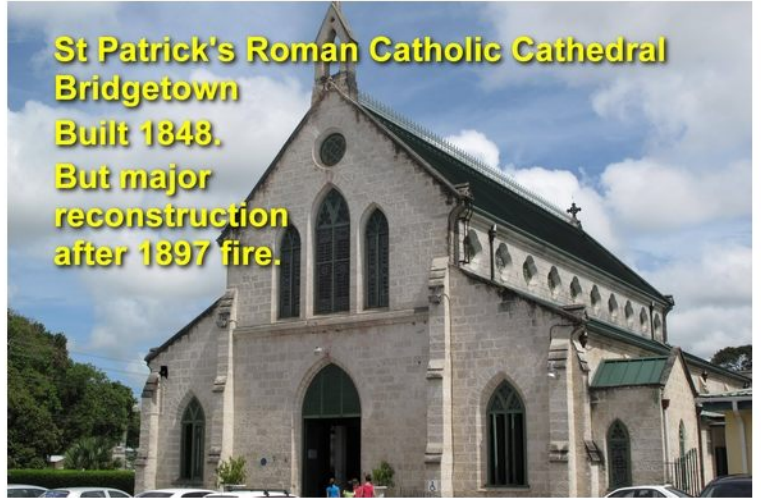
**St Michael's Cathedral Cemetery**



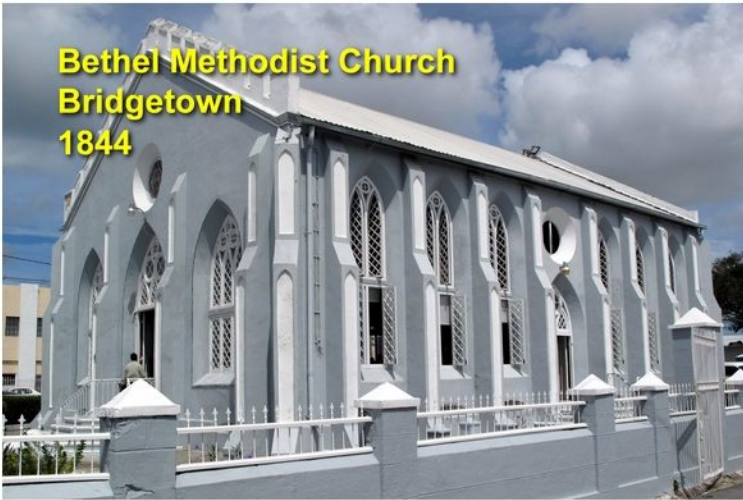
**Bridgetown**



**Bridgetown**



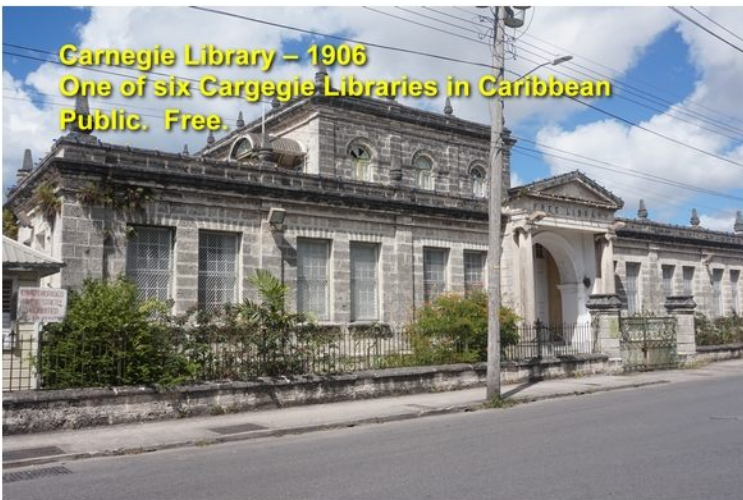
**St Patrick's Roman Catholic Cathedral  
Bridgetown  
Built 1848.  
But major reconstruction  
after 1897 fire.**



**Bethel Methodist Church  
Bridgetown  
1844**



**Bridgetown**



**Carnegie Library – 1906  
One of six Cargegie Libraries in Caribbean  
Public. Free.**



**St Mary's Anglican Church  
Bridgetown – 1825**

**Mutual Life Assurance Society Building  
Bridgetown – Ornate Victorian  
1895**



**Party Boat  
Bridgetown**



**Bronze statue  
of Admiral  
Horatio Nelson  
at Heroes'  
Square –  
erected in 1812.**



**Erected 30  
years before  
Nelson's  
statue in  
Trafalgar  
Square  
London.**

**Here are some photos of the  
places on the SOUTH COAST  
of Barbados that we visited  
during  
my first presentation...**



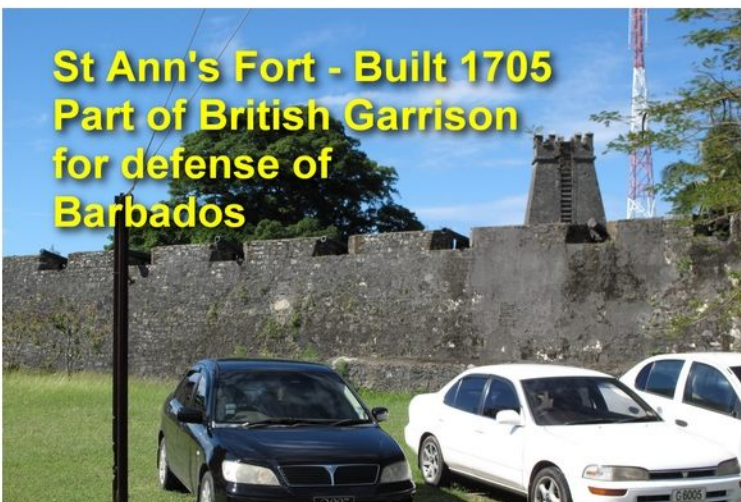
**Boardwalk**



**Beach along the Boardwalk**



**St Ann's Fort - Built 1705  
Part of British Garrison  
for defense of  
Barbados**



**The Garrison  
Main guard house  
1803**



**Garrison Savannah Race Track  
Year-round. Mostly Saturdays.**



**The Garrison has the largest  
collection of iron guns (cannons,  
etc.) in the world.**

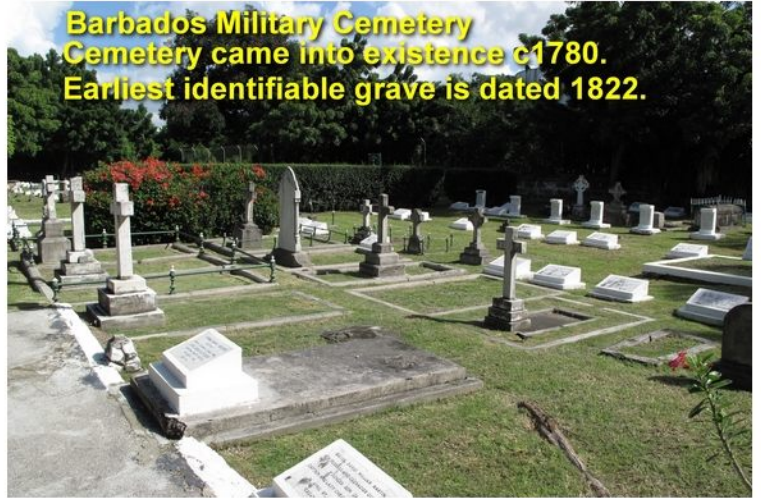


**Some outdoors. Some in the  
Armoury Museum.**

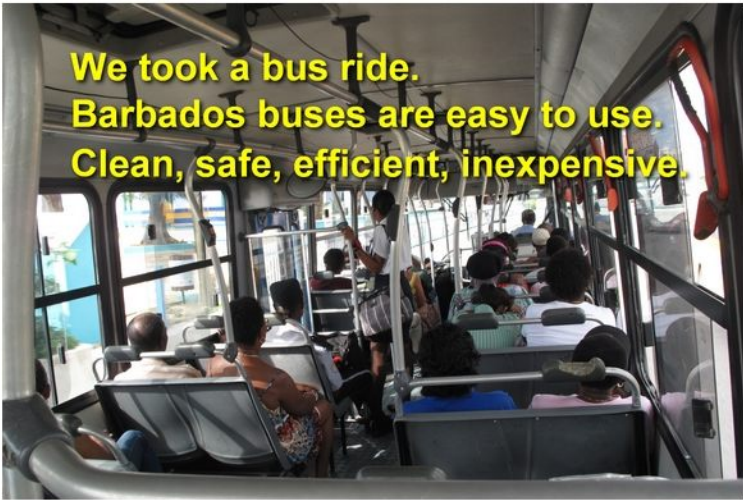
**Carlisle Bay  
Just south of Bridgetown**



**Barbados Military Cemetery  
Cemetery came into existence c1780.  
Earliest identifiable grave is dated 1822.**



**We took a bus ride.  
Barbados buses are easy to use.  
Clean, safe, efficient, inexpensive.**



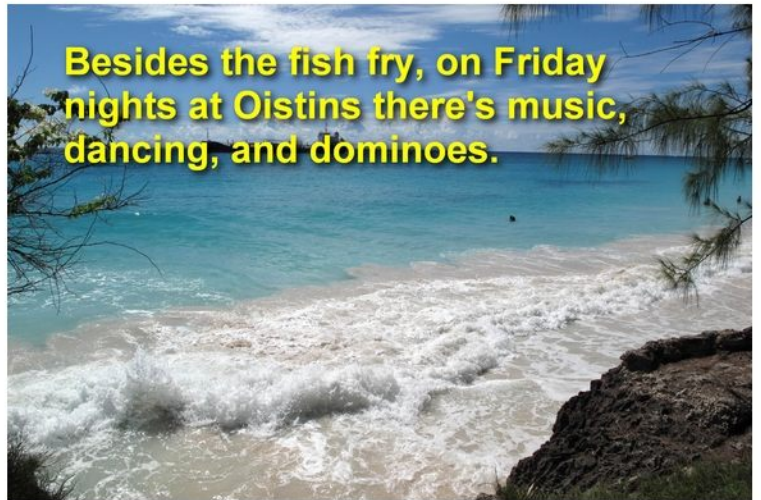
**Hastings Beach**



**Town of Oistins  
Famous for its Friday  
night fish fry.**



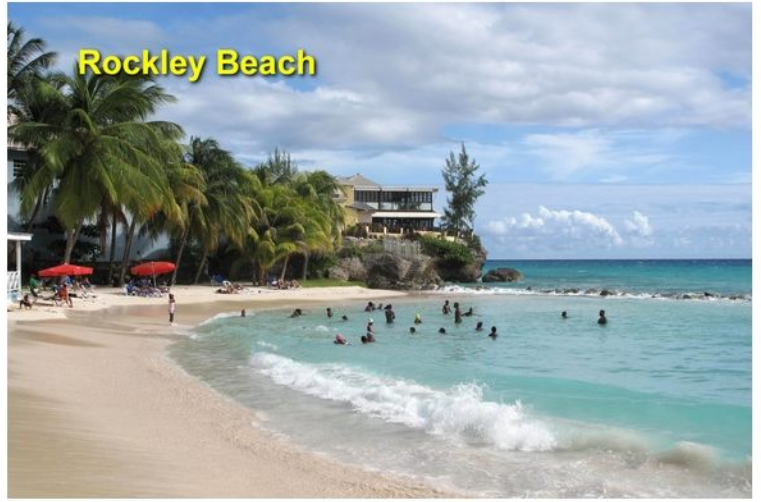
**Besides the fish fry, on Friday  
nights at Oistins there's music,  
dancing, and dominoes.**







**Worthing Beach**



**Rockley Beach**

**Here are some photos of places on the EAST COAST and in CENTRAL Barbados that we visited in my first presentation...**

**Where we will visit**

**In Bridgetown:**

- Garrison
- Race Track
- Carlisle Bay
- Careenage
- Parliament
- Sts Michael, Mary, Patrick
- Nelson
- Military Cemetery
- History Museum
- Synagogue
- Geo. Washington



**Dangerous swimming at most East Coast areas. Surfing only for experts.**



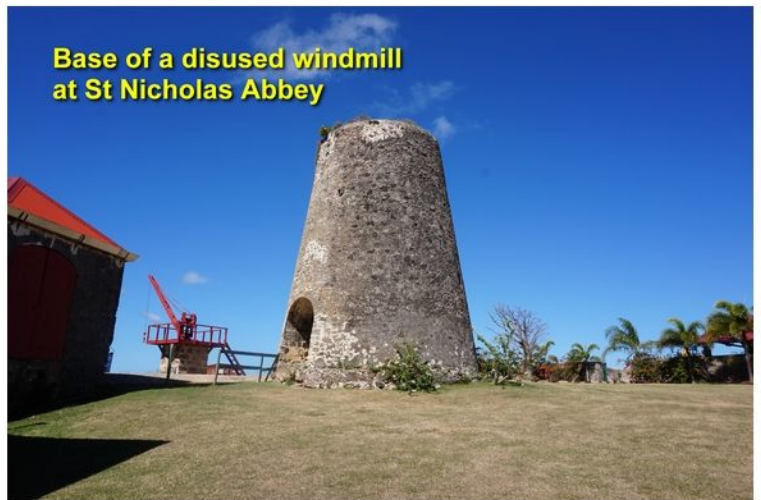
**St Andrew's Parish Church  
Damaged in 1831 hurricane.  
Rebuilt 1846.**



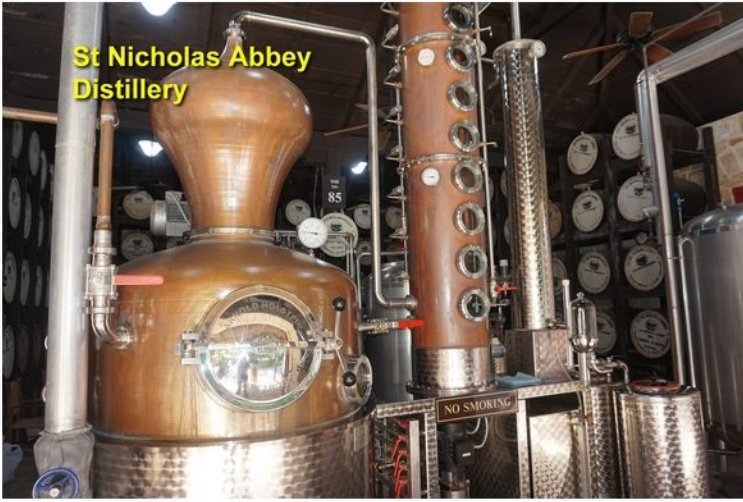
**Morgan Lewis Windmill – 1727  
Last functioning  
sugar cane  
crushing windmill  
in Barbados  
(there were  
hundreds).**



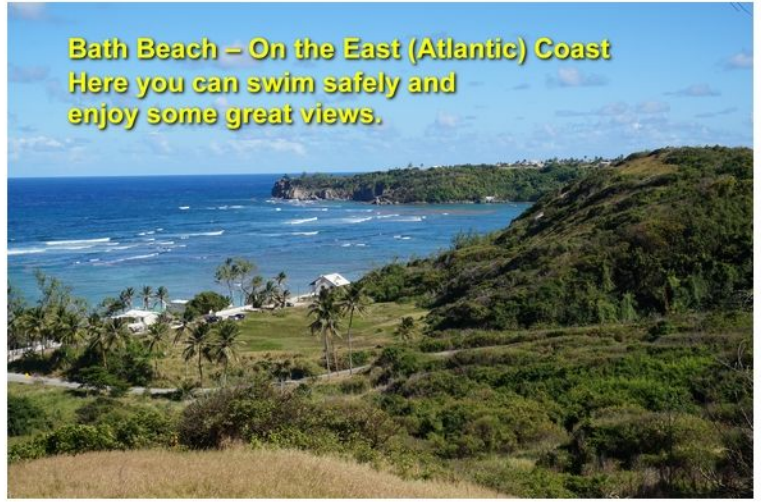
**St Nicholas Abbey  
Jacobean style  
Built 1658**



**Base of a disused windmill  
at St Nicholas Abbey**



**St Nicholas Abbey Distillery**



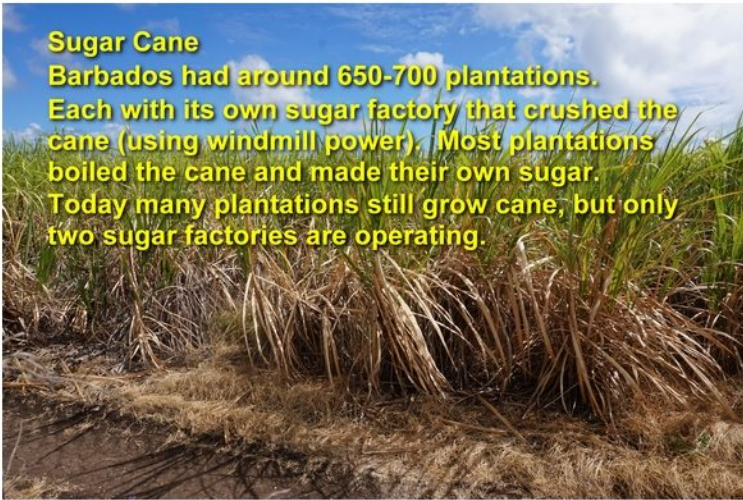
**Bath Beach – On the East (Atlantic) Coast**  
Here you can swim safely and enjoy some great views.



**Codrington College**  
Built 1670  
Oldest theological seminary in Western Hemisphere



**Foursquare Distillery Free Folk Museum**  
Life of plantation workers



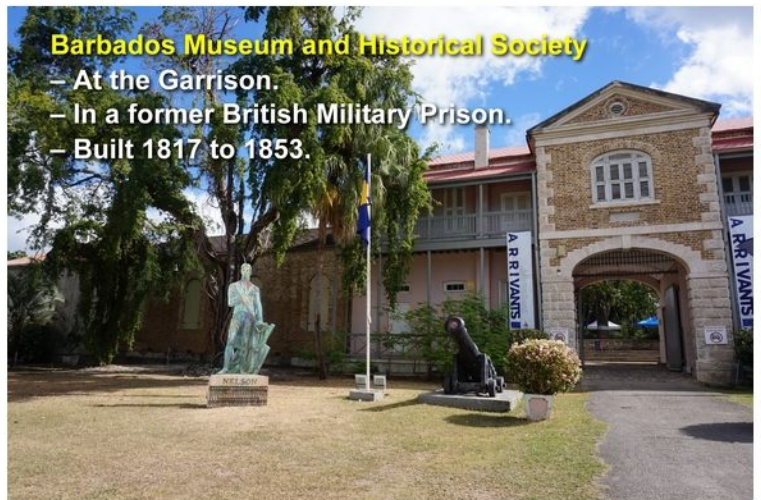
**Sugar Cane**  
Barbados had around 650-700 plantations. Each with its own sugar factory that crushed the cane (using windmill power). Most plantations boiled the cane and made their own sugar. Today many plantations still grow cane, but only two sugar factories are operating.



**Sugar Cane Cart.**  
Collect the cut cane and bring to grinding mill.



**George Washington House**  
Built 18th C  
Also called Bush Hill House  
In The Garrison area of Bridgetown



**Barbados Museum and Historical Society**  
– At the Garrison.  
– In a former British Military Prison.  
– Built 1817 to 1853.



**Nidhe Israel Synagogue**  
Original 1654  
Major hurricane damage 1831  
Rebuilt 1833



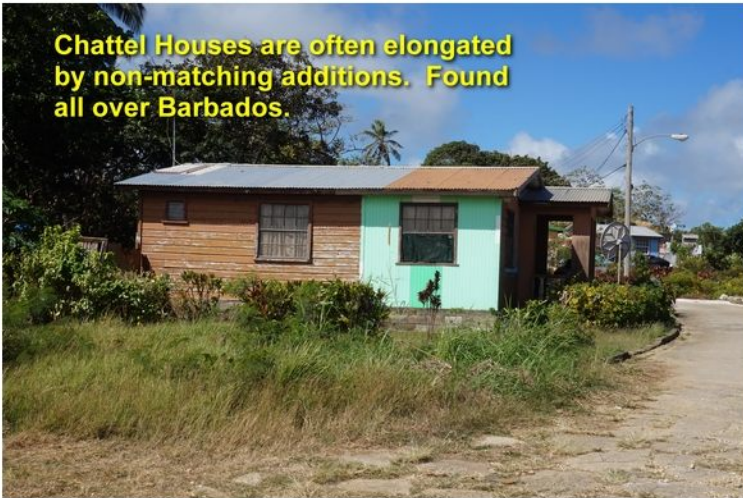
**Nidhe Israel Synagogue**  
Interior – Altar



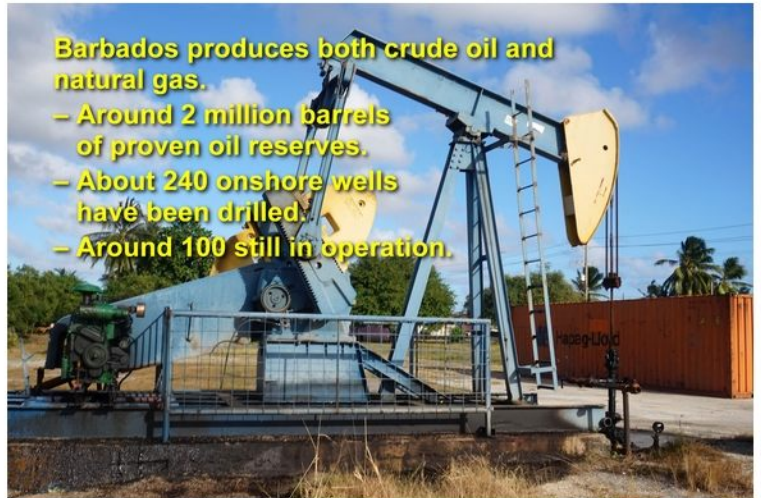
**Nidhe Israel Museum**  
History of Jewish people in Barbados  
Building is made of cut coral blocks



**Entry to a 17th century Mikvah**  
(Jewish ritual bath) discovered by  
an archaeological dig at Nidhe Israel  
Synagogue in 2008



**Chattel Houses** are often elongated  
by non-matching additions. Found  
all over Barbados.

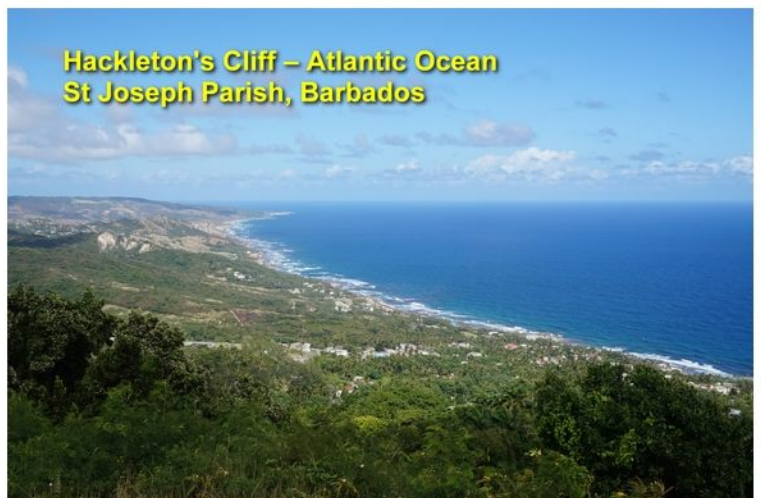


**Barbados produces both crude oil and natural gas.**

- Around 2 million barrels of proven oil reserves.
- About 240 onshore wells have been drilled.
- Around 100 still in operation.



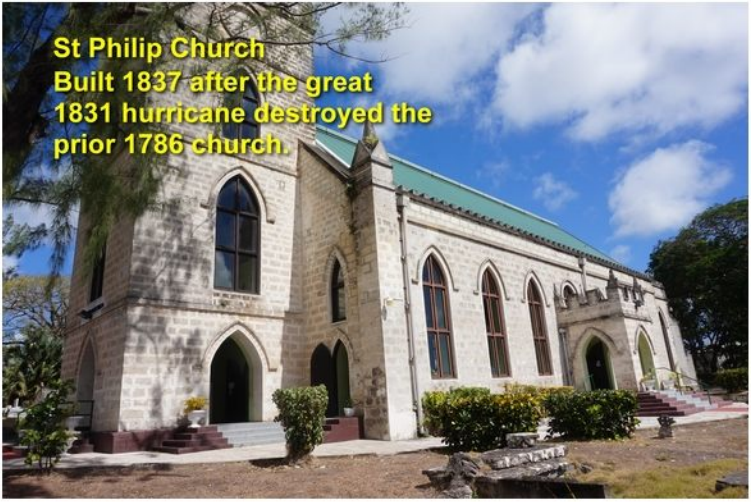
**St John's Parish Church, Barbados**  
1836



**Hackleton's Cliff – Atlantic Ocean**  
St Joseph Parish, Barbados



**Quaker Burial Ground – 1670**  
**Circled Initials mark Quaker family burial vaults.**



**St Philip Church**  
**Built 1837 after the great 1831 hurricane destroyed the prior 1786 church.**



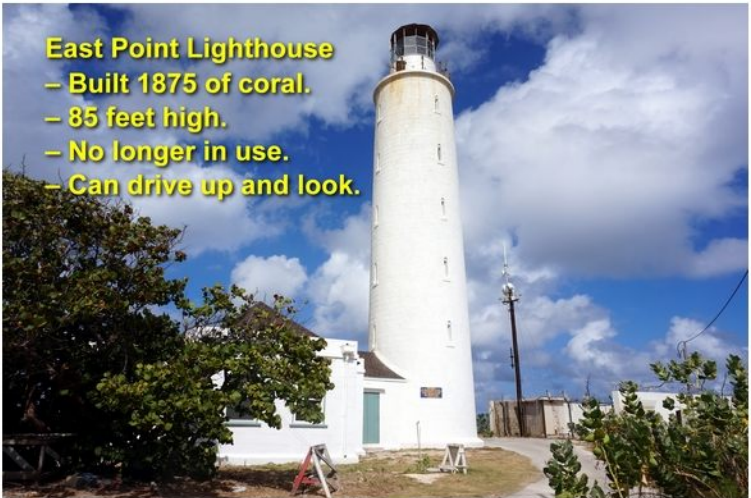
**Sunbury Plantation House – 1660**  
**St Philip Parish**



**Sunbury Plantation House**  
**Mahogany Dining Table**



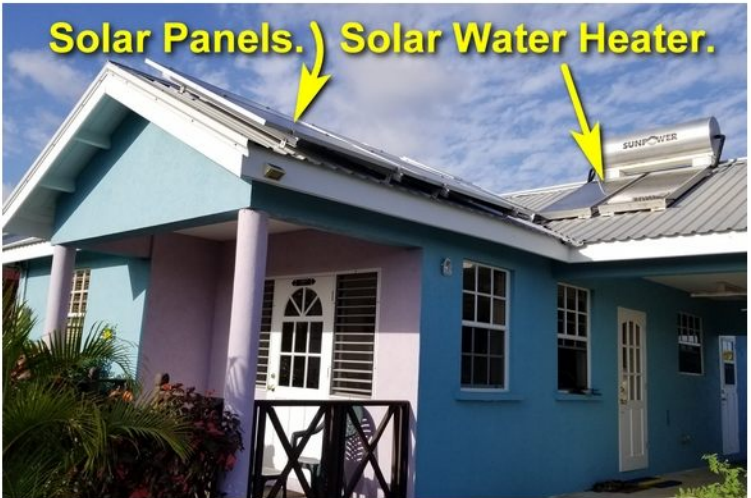
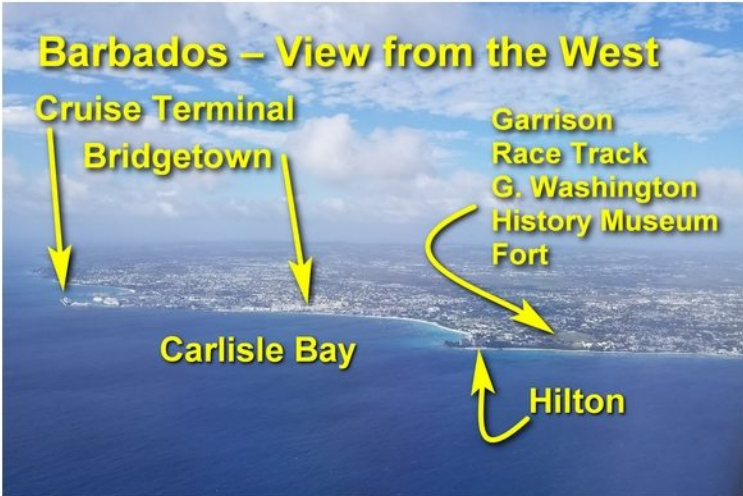
**Sunbury Plantation House – 1660**  
**St Philip Parish**



**East Point Lighthouse**  
 – Built 1875 of coral.  
 – 85 feet high.  
 – No longer in use.  
 – Can drive up and look.

**Now we can begin our visit to places that we didn't look at in the first presentation...**

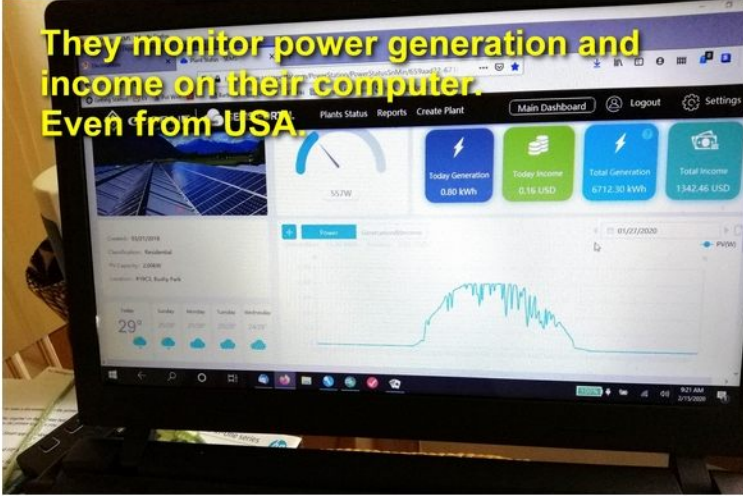




**Solar Water Heaters in Barbados**  
 > 3,000 hours of sunshine a year.  
 Number of households approx: 85,000.  
 Number of solar water heaters: 50,000.  
 Barbados has 60% of the total solar water heaters in entire Caribbean region.  
**Government incentives:**  
 – Extra tax on electric water heaters.  
 – Use of SWH for public housing.  
 – Homeowner tax benefits.

**Result: Consumers saved est. US\$137 million since early 1970s.**





**They monitor power generation and income on their computer. Even from USA.**



**This is the view from their rear deck! Out to the ocean.**



**Breakfast view almost every morning!**



**Scaly-naped pigeon (aka red-neck pigeon).**

**Grackles**



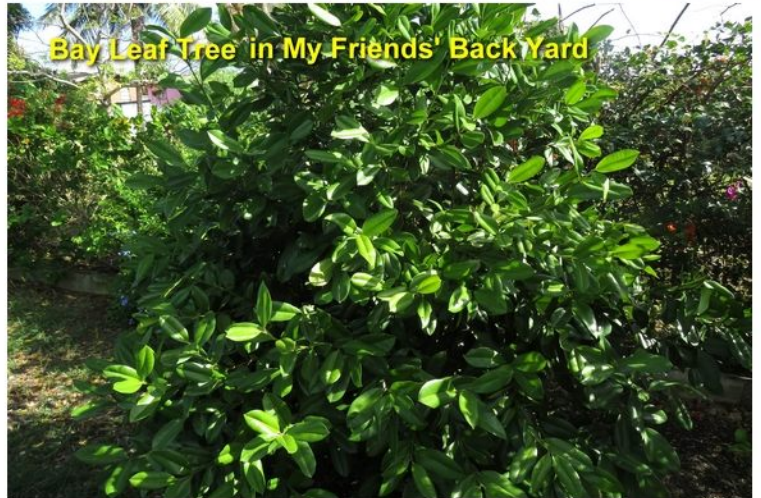
**White Hibiscus**

**Red Hibiscus**

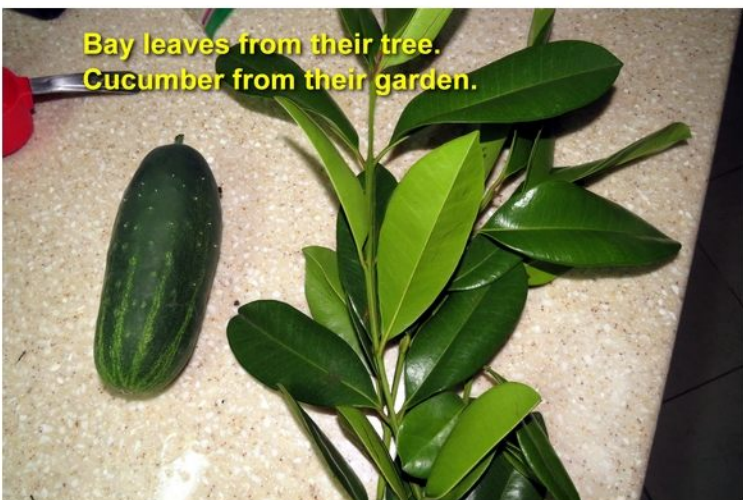
**Back Yard Flowers**

**Colea and Angel Wings**

**Yellow Hibiscus**



**Bay Leaf Tree in My Friends' Back Yard**

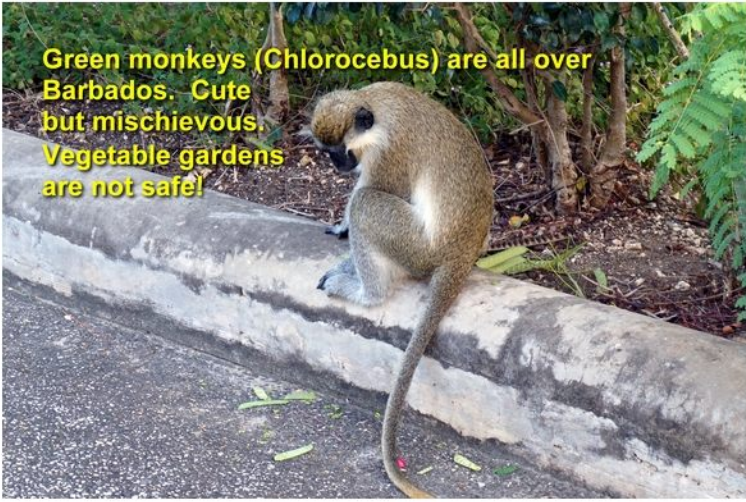


**Bay leaves from their tree. Cucumber from their garden.**



**Part of My Friends' Garden**

**Motion-Sensing Monkey Sprayer!**



Green monkeys (Chlorocebus) are all over Barbados. Cute but mischievous. Vegetable gardens are not safe!



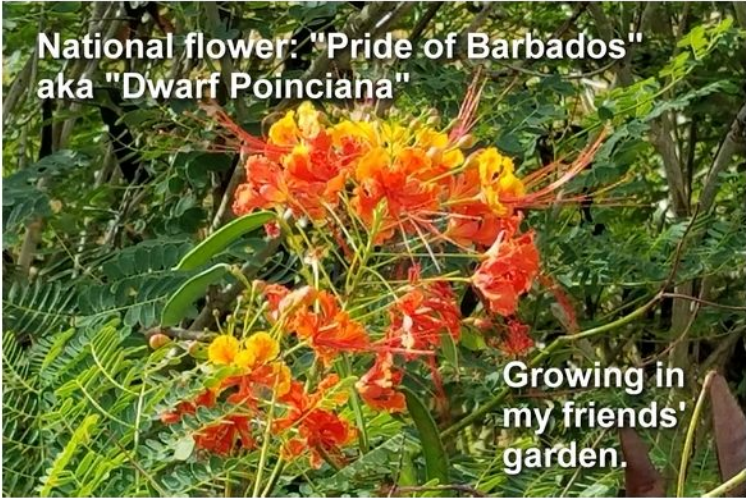
Another part of my friends' garden



Lime on a tree in my friends' back yard.



Soursoap (fruit) on a tree in my friends' back yard

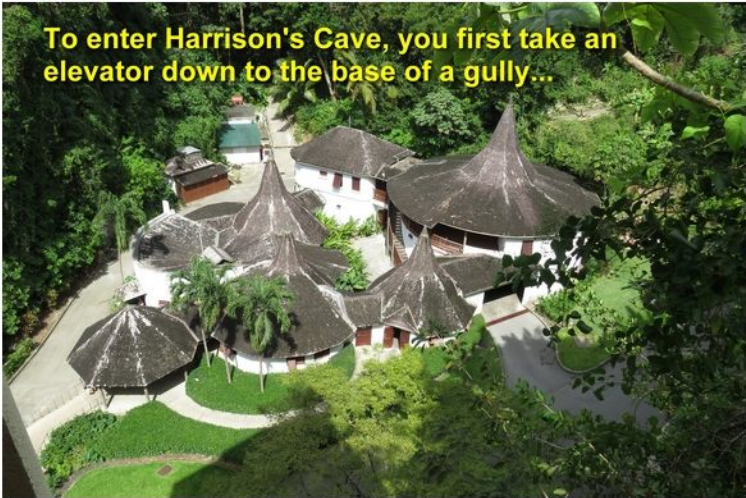


National flower: "Pride of Barbados" aka "Dwarf Poinciana"

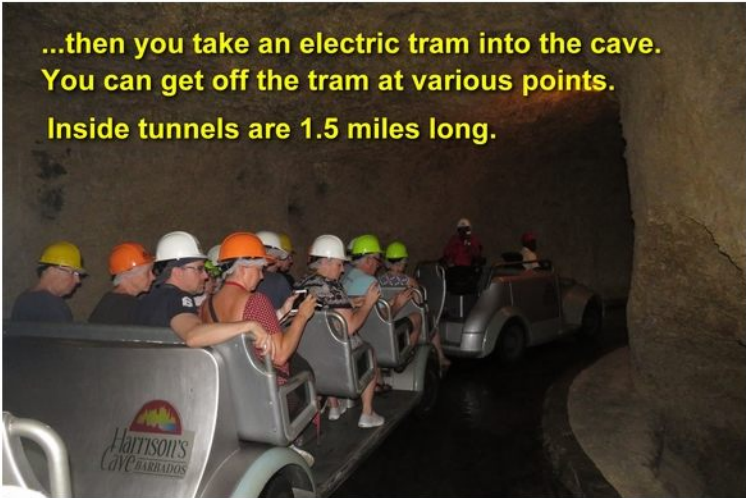
Growing in my friends' garden.



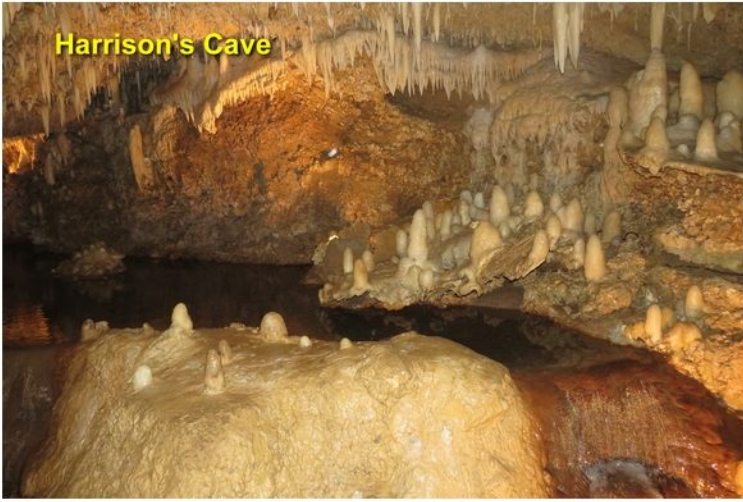
Peter and Lorena at Harrison's Cave Entrance



To enter Harrison's Cave, you first take an elevator down to the base of a gully...



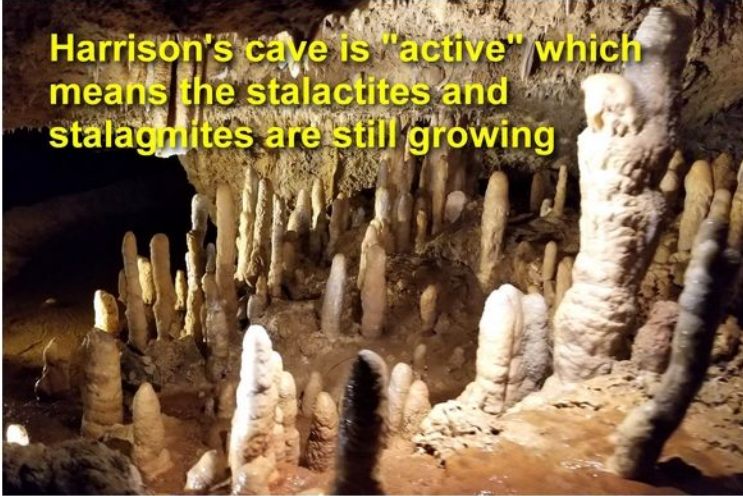
...then you take an electric tram into the cave. You can get off the tram at various points. Inside tunnels are 1.5 miles long.



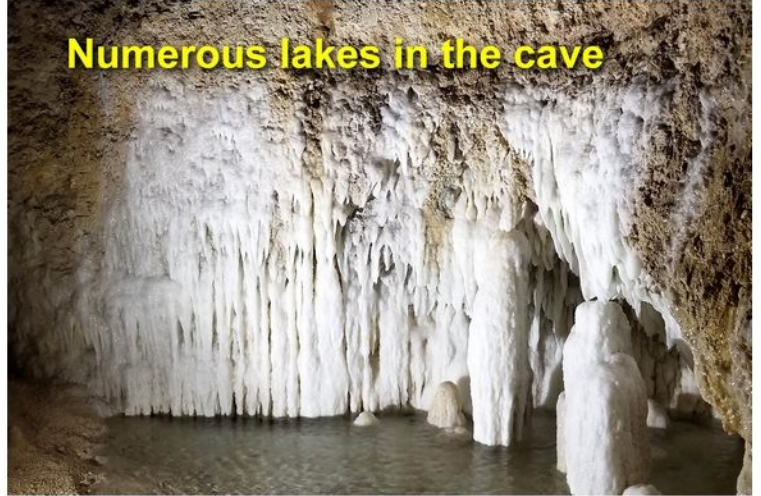
Harrison's Cave



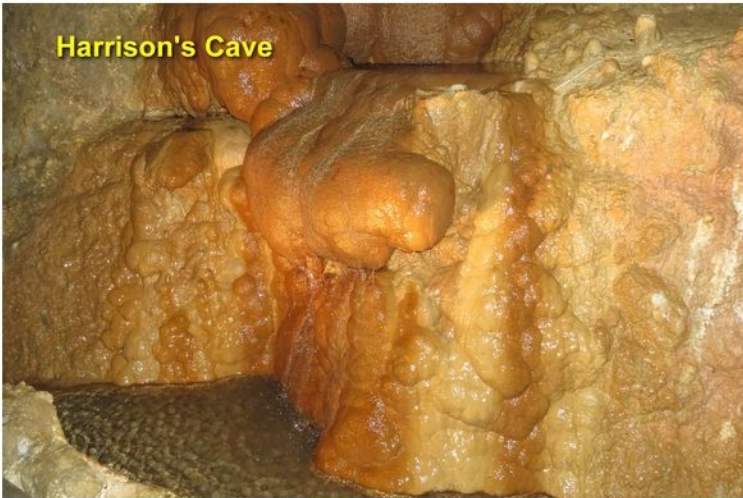
Harrison's Cave - Discovered 1795



Harrison's cave is "active" which means the stalactites and stalagmites are still growing



Numerous lakes in the cave



Harrison's Cave



Hunte's Gardens  
Caribbean Forest and Plant Collection



Vilma's Kitchen Bajan Restaurant  
Near Harrison's Cave and Hunte's Gardens

**Vilma's Kitchen Menu:**

- Dry Peas and Rice.
- Macaroni Pie.
- Garlic Breadfruit.
- Lamb Stew.
- Baked Chicken.
- Baked Turkey Wings.
- Spare Ribs.
- Fried Billfish. (Billfish can be marlin or swordfish.)
- Pudding and Souse. (Souse is pickled pork and pudding is steamed sweet potato.)
- Pickled Pig Tails.
- Lasagna.

Whiteboard text:   
 WiFi Access  
 Vilma's Kitchens  
 Employees Only  
 February 2020  
 TODAY'S MENU  
 Dry Peas & Rice  
 Macaroni Pie  
 Garlic Breadfruit  
 LAMB STEW  
 BAKED CHICKEN  
 BAKED TURKEY WINGS  
 SPARE RIBS  
 FRIED BILLFISH  
 PUDDING & SOUSE  
 PICKLED PIG TAILS  
 LASAGNA





Vilma's Rice, Pigeon Peas, and Lamb Stew



Oistins Fish and Vegetable Market  
- Open every day.  
- Fresh-caught fish.  
- Friday nights fish fry and music.



Oistins Market  
Sweet Potatoes, Taro, Gourds



The sweet potatoes may have red skin, but the flesh inside is white (like a russet or Idaho potato). They taste like sweet potatoes.



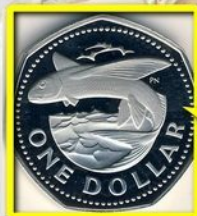
Pawpaws (Papayas)

Pomelos in Barbados are called Shaddock



Barbados Flying Fish

Sold cleaned in packs of 10. On BD\$1 coin.



Swordfish  
Oistins Market



Dolphin Fish (aka Mahi Mahi or Dorado)



**Slicing Swordfish in Oistins Market**



**Red Snapper  
Oistins Market  
Fish in the market  
are fresh caught**



**Oistins Market  
Swordfish      Pink Marlin**



**Brighton Sugar Plantation  
Site of Saturday Morning  
Farmers Market  
6am to 10am  
Rain or Shine**



**Brighton Saturday Morning  
Farmers Market**  
 – Fresh fruits and veggies.  
 – Home made breakfast pies,  
 pastries, donuts, coffee.  
 – Sausages, jellies, quiches.  
 – Also plants, local arts and crafts,  
 clothing.



**Coconut Bread  
Brighton Farmers Market**

**COCONUT BREAD**  
 Juno's Sweet Indulgences  
 244-7306  
 Ingredients :- Flour, coconut, raisins,  
 cherries, shortening, margarine, nutmeg,  
 spice, sugar, milk, eggs, baking powder,  
 essence.

**COCONUT BREAD**  
 Juno's Sweet Indulgences  
 244-7306  
 Ingredients :- Flour, coconut, raisins,  
 cherries, shortening, margarine, nutmeg,  
 spice, sugar, milk, eggs, baking powder,  
 essence.



**Breakfast Pies  
Brighton Farmers  
Market**

**BREAKFAST PIES**

EGG, BACON AND CHEESE  
 THE WORKS: EGG, BACON, SUN DRIED  
 TOMATOES, MUSHROOM, MOZZARELLA  
 EGG, BLACK FOREST HAM AND CHEESE  
 EGG, BREAKFAST SAUSAGE AND CHEESE  
 EGG, BASIL, SUN DRIED TOMATO AND FETA

APPLE PIE \$ 6  
 PEACH PIE \$ 6

**\$12**

FROM THE WORKS:  
 SWEET CURRY CHICKEN  
 CREAMY CHICKEN PIE  
 BEEF SLOPPY JOE'S  
 BEEF SHEPHERD'S PIE  
 COCONUT CHERRY VEG  
 STEAK AND KIDNEY  
 BBQ PULLED PORK

FOOD BY ORDER: Call 609  
 ORDER ONLINE BY WWW.TROPICALS  
 OR BY CALLING (609) 244-7306



**Egg, breakfast sausage, and  
cheese pie**



**Breakfast Quiches  
Brighton Farmers Market**



**And after you've bought your breakfast goodies, sit down and enjoy them with your friends.**

**Brighton Farmers Market  
6 to 10 am Saturdays**



**Brighton – More than just breakfast**



**Emerald City Supermarket  
Typical**



**Florida Oranges  
US 60 cents each**



**Hot Pepper Sauce  
A staple at most Bajan meals**



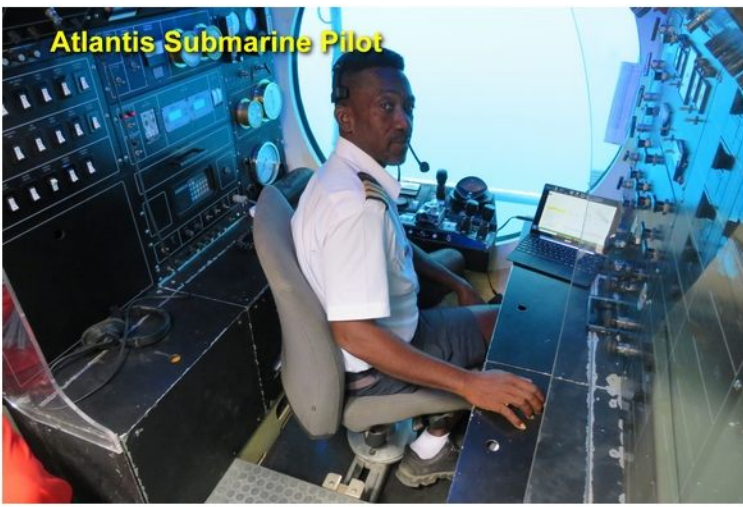
**Yellow Dragonfruit (aka Pitaya)**

**Inside**



**Most paper goods and cleaning supplies are imported**





**Atlantis Submarine Pilot**



**6 foot high air conditioned cabin.  
View ports are 2 feet diameter each.**



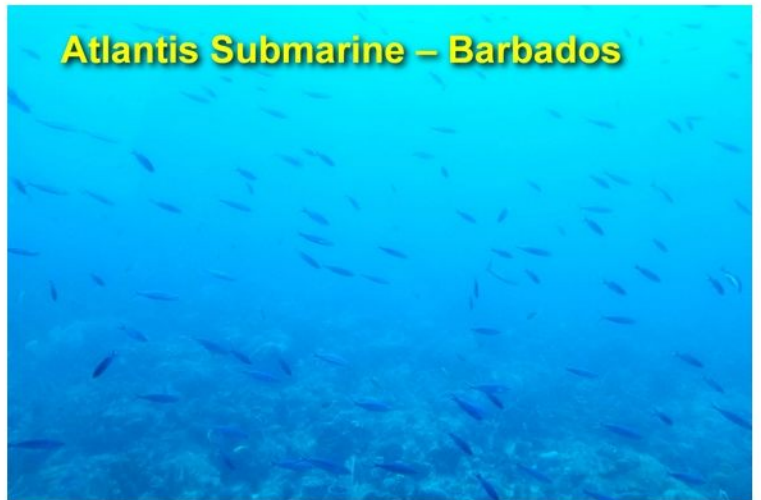
**Atlantis Submarine – Barbados**



**Atlantis Submarine – Barbados**



**Atlantis Submarine – Barbados**



**Atlantis Submarine – Barbados**



**February 2020: Four Cruise Ships in Barbados Cruise Terminal At the Same Time**

1 2 3 4

**Walk directly from the cruise terminal into downtown Bridgetown**

**No Tenders.  
No Visas.  
No Taxis.**



**Cheapside Market – Bridgetown Barbados' biggest market. Part indoor, part outside. Daily except Sunday 7am to 5pm. Fruit, vegetables, fresh meat, and prepared foods. Also clothing and crafts. Bridgetown fish market is two streets away.**



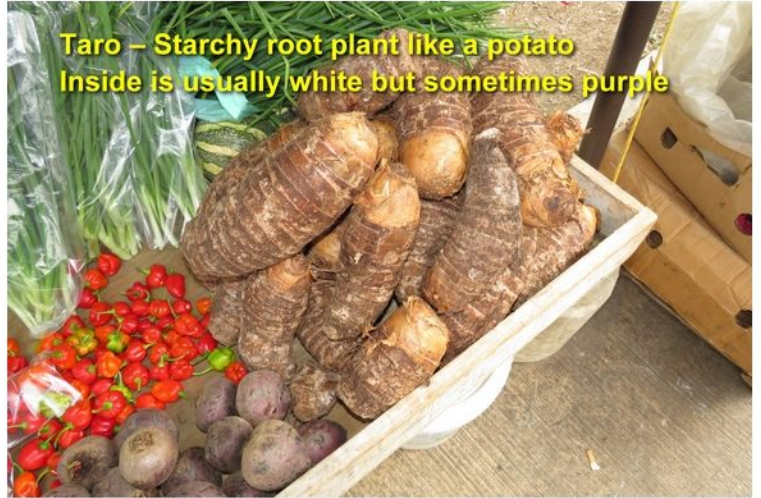
**Cheapside Market – Bridgetown**



**Ochra (local spelling) at Cheapside Market**



**Cheapside Market  
Aubergines (eggplant), gourds, cucumbers**



**Taro – Starchy root plant like a potato  
Inside is usually white but sometimes purple**



**Cheapside Market**

**Tumeric**

**Eddo**

**Ginger**



**Cheapside Market**

**Second floor is clothing,  
crafts, and a cooked food hall**

**Bitter Marrow**

**White Eggplant**



**Pumpkin Gourd  
Inside is orange color**

**Cheapside Market Butchery**

**MERVIN'S MEAT SHOP**  
CELL. 231-6470

PORK CUTS	7.00	PER LB
PIG HEAD	15.00	EACH
PIG LIVER	5.00	EACH
BEEF CUTS	7.00	PER LB
BONELESS BEEF	9.00	PER LB
COW HEEL	6.00	PER LB
COW LIVER		PER LB
LAMB	8.00	PER LB
LAMB LEGS	5.50	PER LB
GOAT		PER LB
GOAT LEGS	4.50	PER LB

**WELCOME TO R.R. MEAT STALL**  
CEL. 230-2384

PORK CUTS	PER LB
PORK STEW	PER LB
PIG HEAD	EACH
PIG FEET	PER LB
BEEF CUTS	PER LB
BONELESS BEEF	PER LB
MINCED BEEF	PER LB
COW HEAL	PER LB
LAMB CUTS	PER LB
LAMB LEGS	PER LB
GOAT LEGS	PER LB
GOAT MEAT	PER LB
X-TAIL	PER LB



Just 15 Barbados Dollars (US\$7.50)



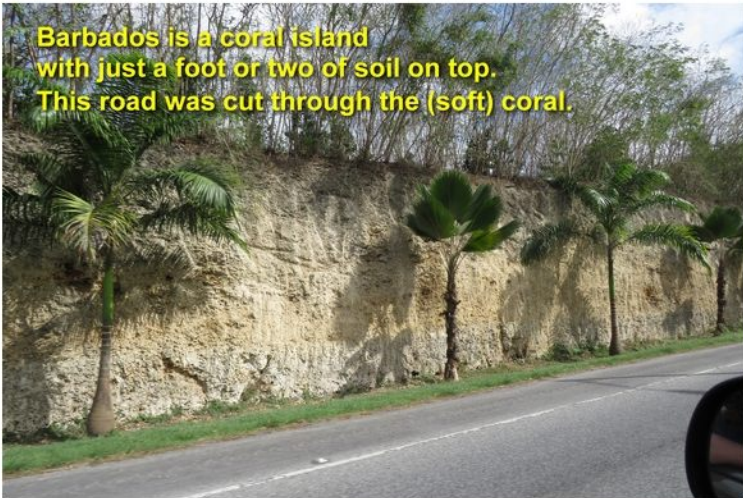
Cheapside Market



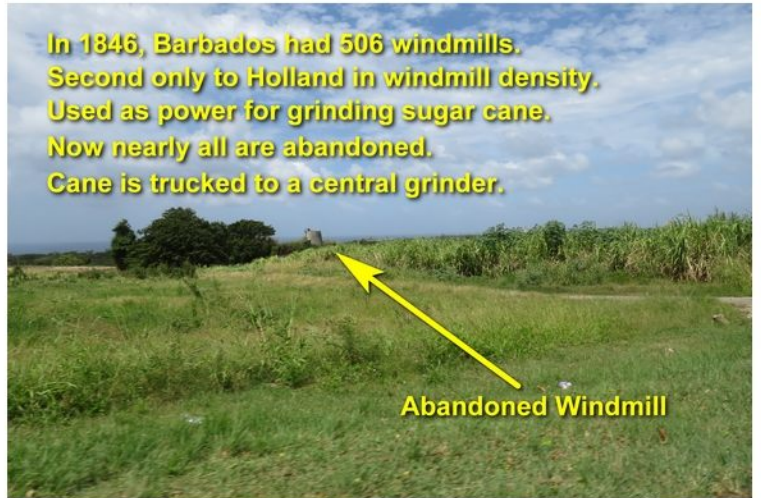
Cheapside Market  
Tripe and Pigs' Feet



Various Pig Parts  
Ears Tongues Feet



Barbados is a coral island  
with just a foot or two of soil on top.  
This road was cut through the (soft) coral.



In 1846, Barbados had 506 windmills.  
Second only to Holland in windmill density.  
Used as power for grinding sugar cane.  
Now nearly all are abandoned.  
Cane is trucked to a central grinder.

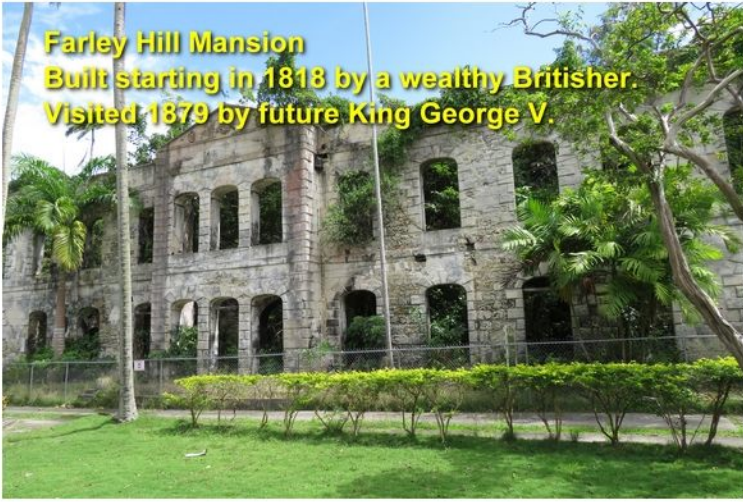
Abandoned Windmill



Farley Hill National Park – Barbados



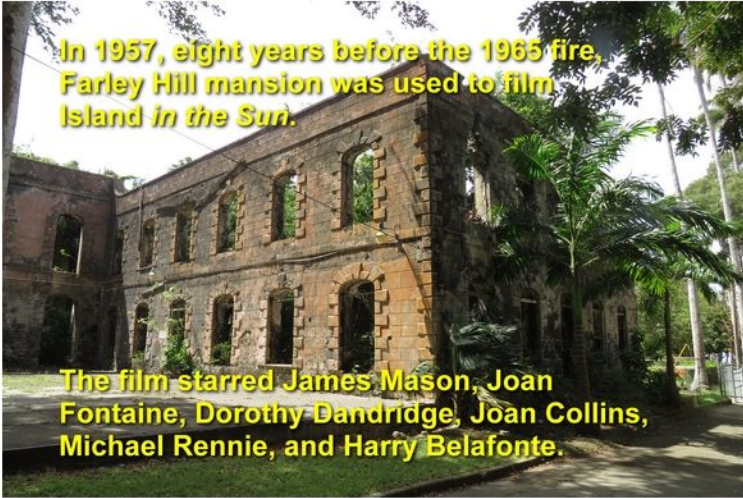
Mahogany Tree at Farley Hill National Park



**Farley Hill Mansion**  
Built starting in 1818 by a wealthy Britisher.  
Visited 1879 by future King George V



**The mansion was destroyed by a massive fire in 1965.**



**In 1957, eight years before the 1965 fire, Farley Hill mansion was used to film *Island in the Sun*.**

**The film starred James Mason, Joan Fontaine, Dorothy Dandridge, Joan Collins, Michael Rennie, and Harry Belafonte.**



***Island in the Sun***  
**Filmed at Farley Hill**  
**1957 before the disastrous 1965 fire.**

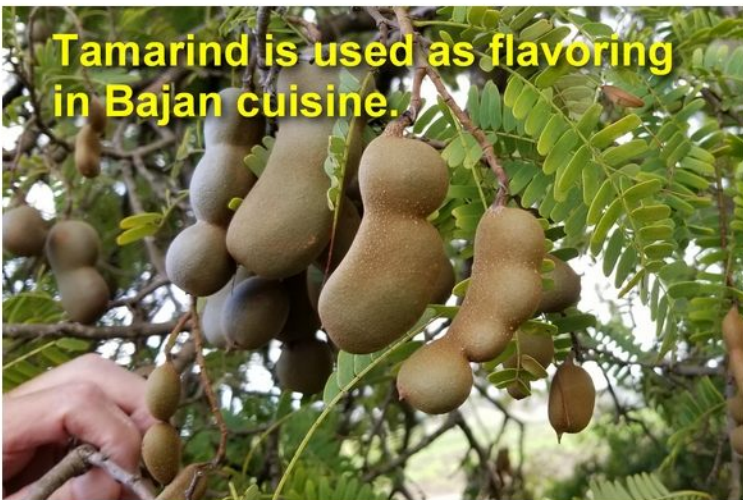
**1957 film about scandal, politics, and interracial marriage on a Caribbean island.**



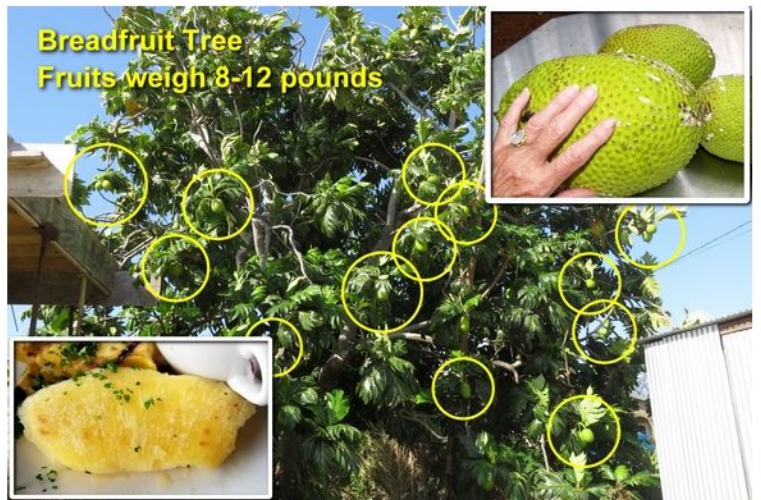
**Every neighborhood has a free potable water tap provided by the government.**



**Tamarind Tree**



**Tamarind is used as flavoring in Bajan cuisine.**



**Breadfruit Tree**  
**Fruits weigh 8-12 pounds**



## Great Barbados Hurricane of 1831

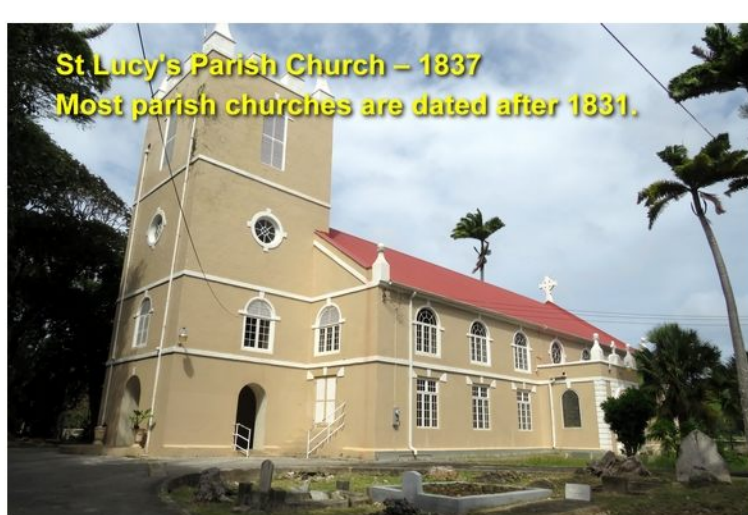
Left cataclysmic damage across the Caribbean and Louisiana.

2,500 died in all.

Including 1,500 dead in Barbados.

Bridgetown was levelled.

Most of the 11 Parish Churches in Barbados were destroyed.



St Lucy's Parish Church – 1837  
Most parish churches are dated after 1831.



Each parish church has an interesting cemetery.



North Point – Animal Flower Cave Restaurant



Bajan Fish Cakes  
Made from Salted Cod  
and Diced Hot Peppers



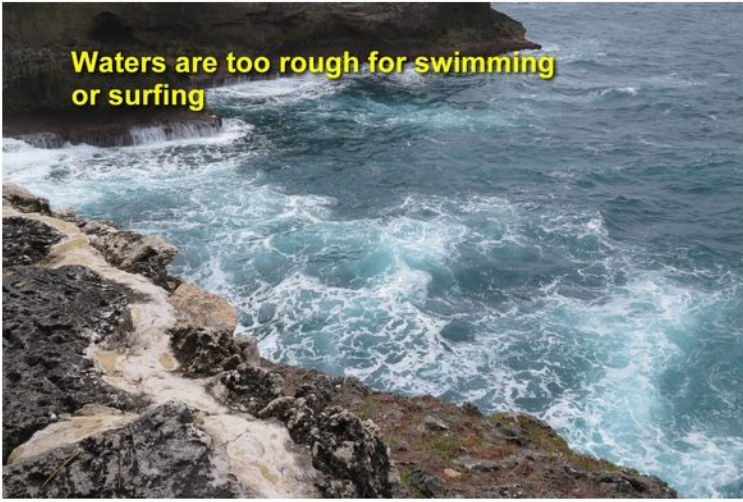
Bajan Sweet Potato Mash



Caribbean Saltfish Buljol  
Chopped Salted Cod Fish  
and Chillies



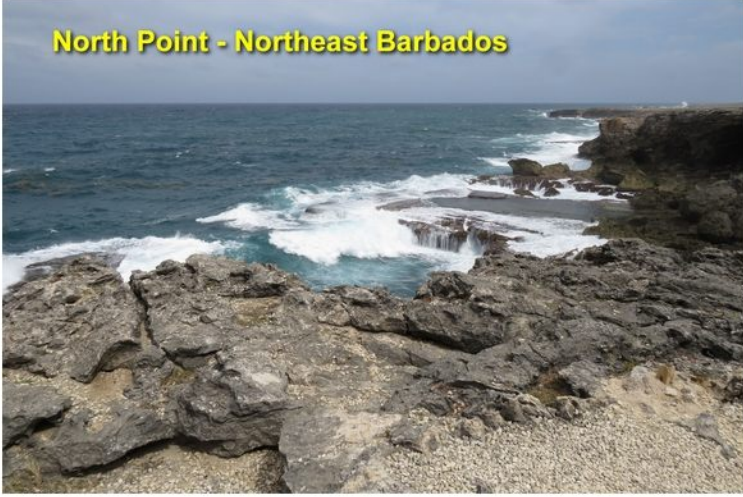
North Point – Northeast Coast of Barbados  
Nothing East of here until you reach Africa.



**Waters are too rough for swimming or surfing**



**North Point - Northeast Barbados**

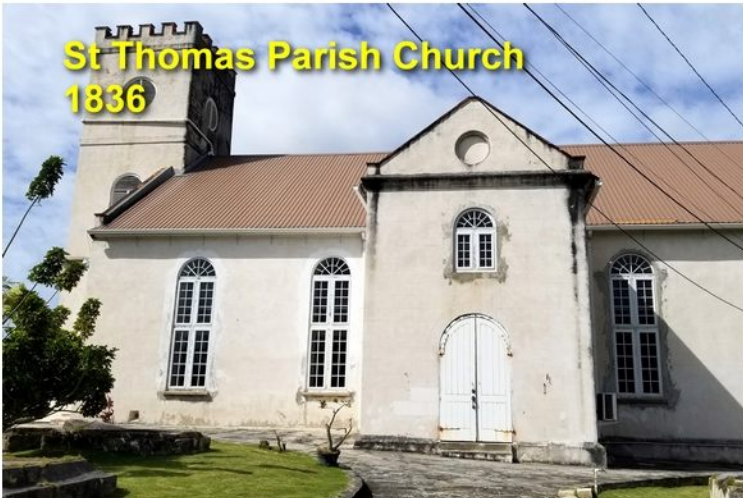


**North Point - Northeast Barbados**



**St Thomas Parish Church  
1836**

**Replaced previous church destroyed in 1831 Great Barbados Hurricane.**



**St Thomas Parish Church  
1836**



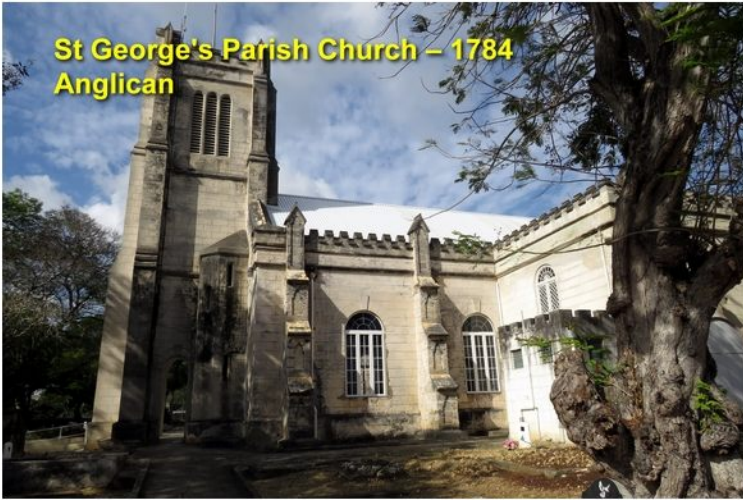
**St Thomas Parish Church Cemetery**



**Typical Barbados country road**



**St George's Parish Church - 1784  
Survived the 1831 Hurricane**



**Barbados drive on the left with right-hand drive cars.**



**License plate warns if a car is left-hand drive.**

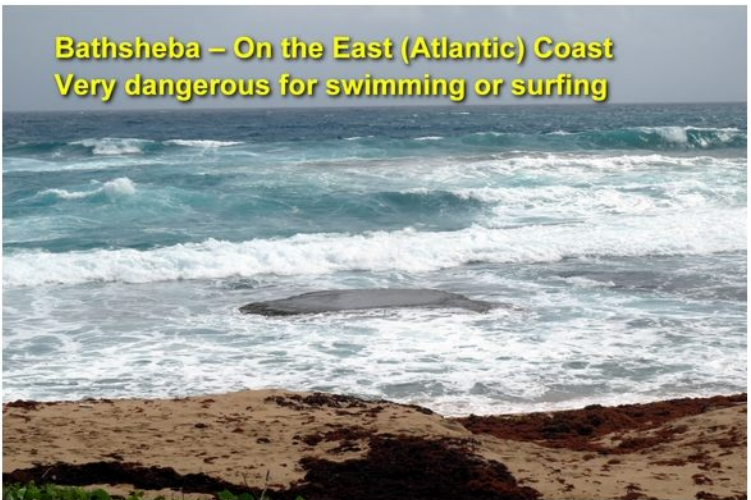


**The West Coast of Barbados is public beaches. And turquoise water. This is Worthing Beach.**



**Lunch at Carib Beach Bar - Worthing**

**Couple on the right are friends of mine from London who also have a home in Barbados.**





**Bathsheba - On the East (Atlantic) Coast Very dangerous for swimming or surfing**



**Bathsheba - On the East (Atlantic) Coast**

**Barbados Railway**  
 24 miles. 98 bridges.  
 Tight radii. Steep inclines.  
 Used 1883 to 1937.  
 Poor maintenance.  
 Limited patronage.  
 Financial difficulties.  
 Bankrupt 1914.  
 Government takeover 1916.  
 Further deterioration.  
 Closed completely 1937.

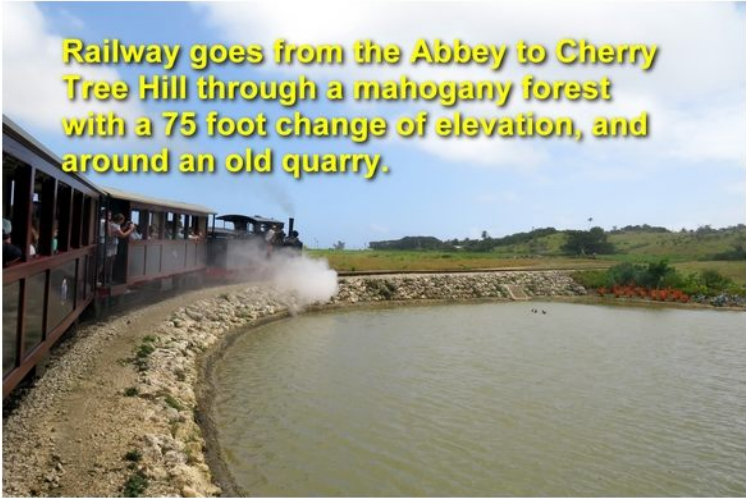





**St Nicholas Abbey Heritage Railway**  
Completed in late 2018



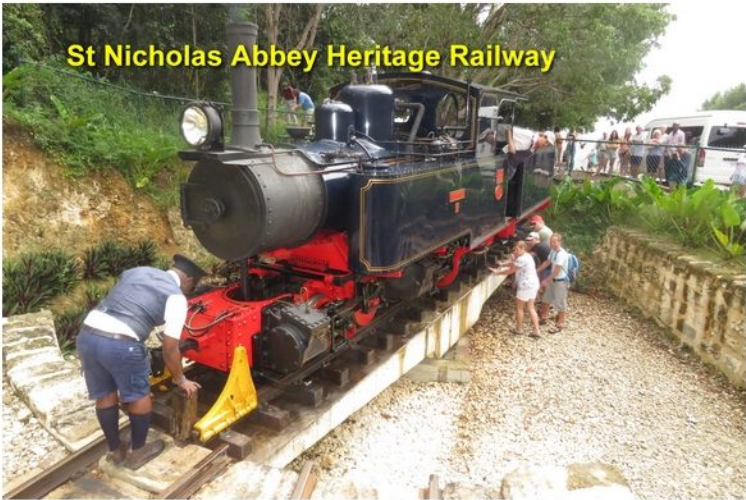
The steam locomotive is from a sugar plantation in Java, Indonesia. It was built in 1914 by Arnold Jung Lokomotivfabrik in Germany. Wood and coal fuel.



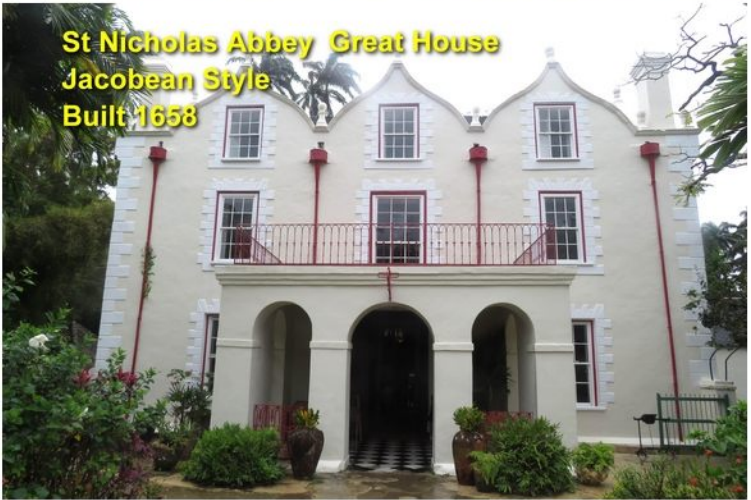
**Railway goes from the Abbey to Cherry Tree Hill through a mahogany forest with a 75 foot change of elevation, and around an old quarry.**



**Visitors push the turntable to turn the locomotive around.**



**St Nicholas Abbey Heritage Railway**



**St Nicholas Abbey Great House**  
Jacobean Style  
Built 1658



**St Nicholas Abbey Great House**  
Dining Room



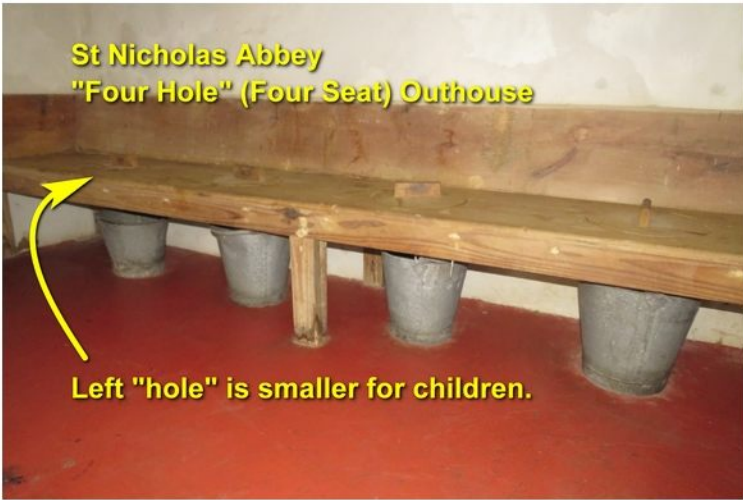
**St Nicholas Abbey Great House**  
Drawing Room (British term for living room)



**St Nicholas Abbey Great House  
Drawing Room**

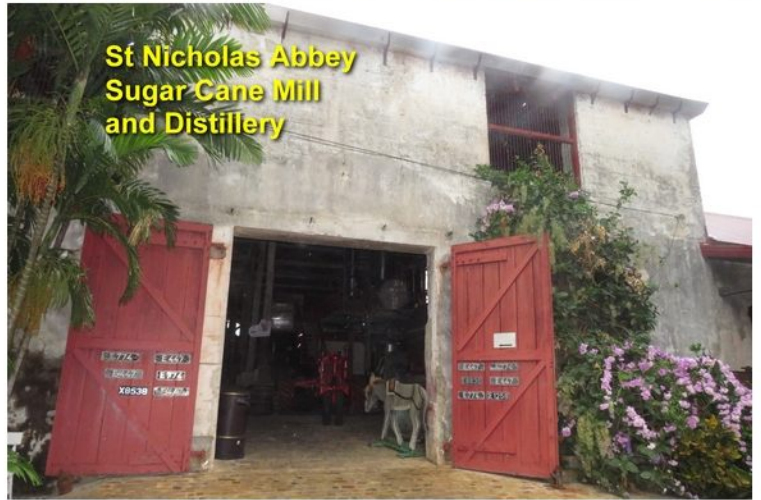


**St Nicholas Abbey**



**St Nicholas Abbey  
"Four Hole" (Four Seat) Outhouse**

Left "hole" is smaller for children.



**St Nicholas Abbey  
Sugar Cane Mill  
and Distillery**

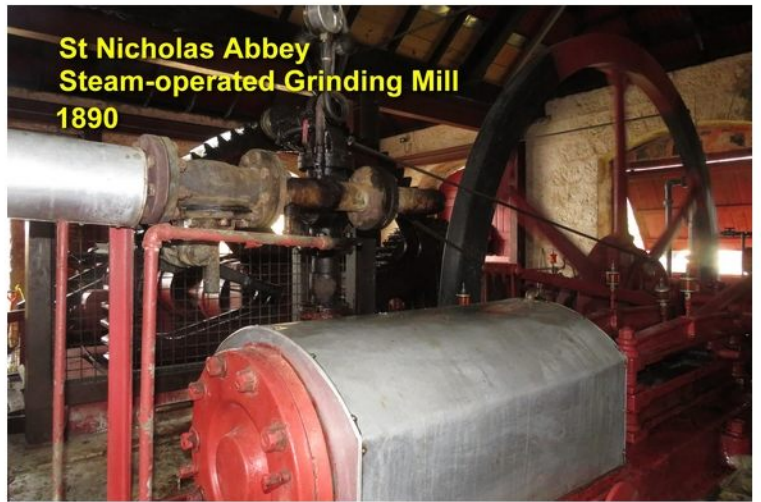


Sugar Cane Goes in Here

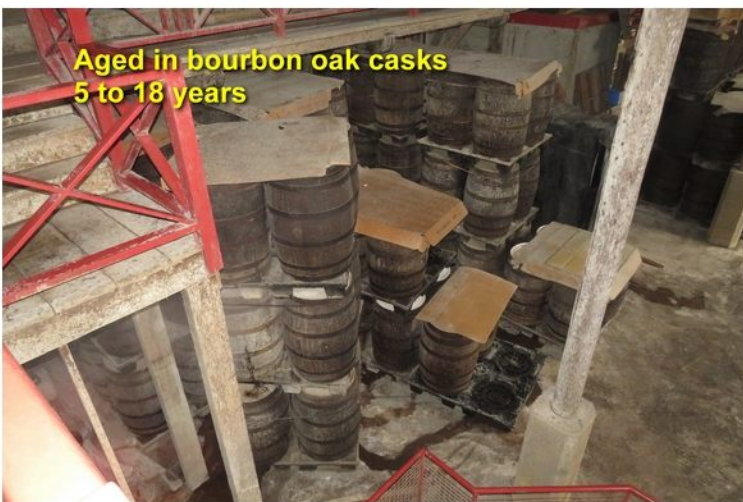
Ground

Cane juice comes out here

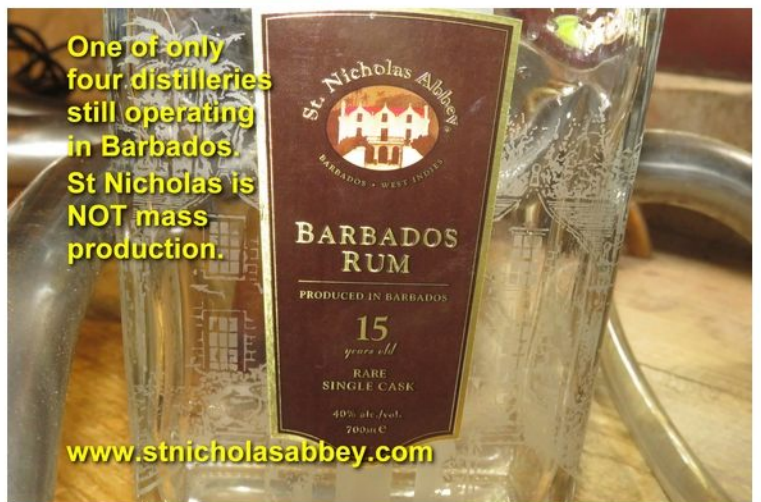
Steam Power



**St Nicholas Abbey  
Steam-operated Grinding Mill  
1890**



**Aged in bourbon oak casks  
5 to 18 years**

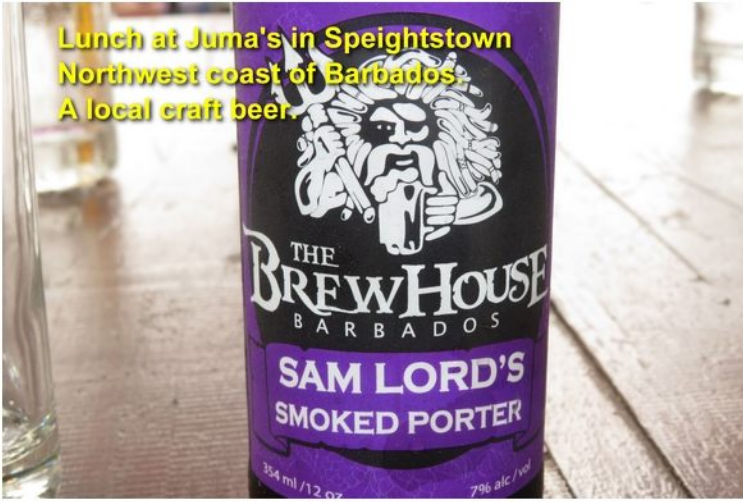


One of only four distilleries still operating in Barbados. St Nicholas is NOT mass production.

St. Nicholas Abbey  
BARBADOS RUM  
PRODUCED IN BARBADOS  
15 years old  
RARE SINGLE CASK  
40% alc./vol.  
700ml e

[www.stnicholasabbey.com](http://www.stnicholasabbey.com)

Lunch at Juma's in Speightstown  
Northwest coast of Barbados.  
A local craft beer.



Mahi Mahi and Sweet Potato Mash  
Speightstown  
Juma's



National Heritage Mural  
Speightstown



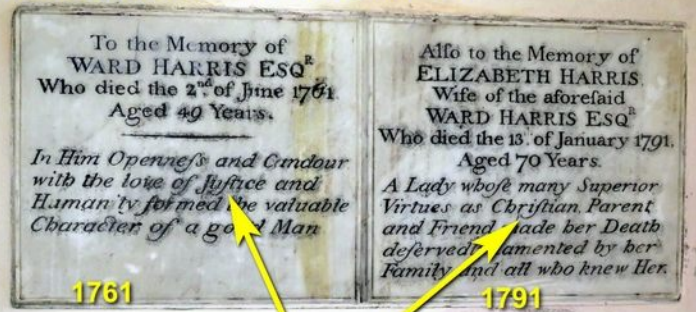
St Peter's Church – Speightstown  
1837  
Rebuilt 1980  
after a fire.



St Peter's Church – Speightstown  
1837



St Peter's Church – Speightstown



At that time the letter "s" in the middle of a word was written like an "f"

Passion Fruit  
Common in Barbados



Bajan Bakes

My friends' recipe

- 1 cup Flour.
- 1 tsp Baking Powder.
- 1 2 tbsp Sugar.
- 1/4 tsp Grated Nutmeg.
- A Pinch of Allspice.
- A Pinch of Salt.
- 1 tsp Vanilla Essence.
- Enough Water to Knead into a Ball (2 cups?).
- Corn or Veg Oil (frying).
- Combine ingredients.
- Knead into balls. Flatten.
- Deep fry. Drain on towel.

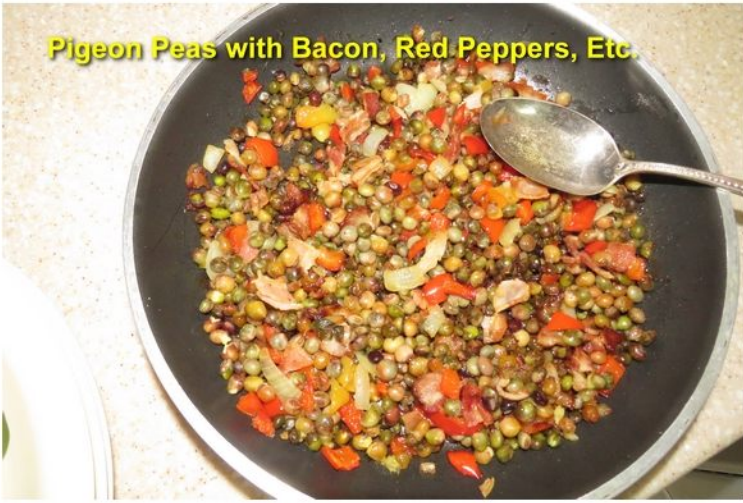




Swordfish and Bay Leaf Skewers



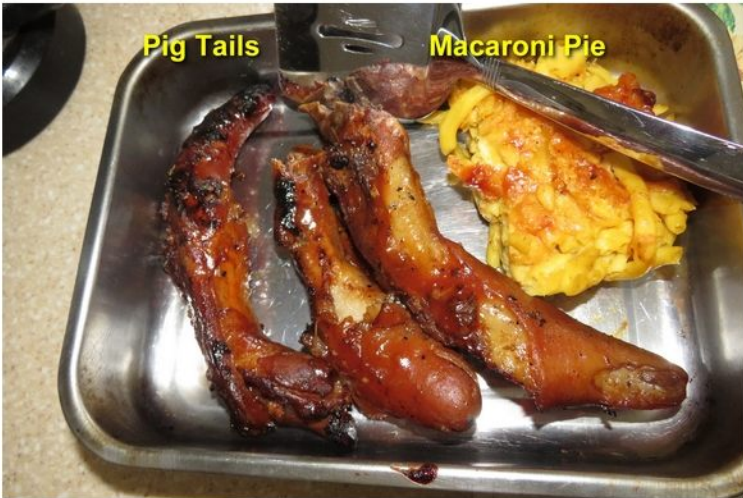
Grilled Aubergine (Eggplant)



Pigeon Peas with Bacon, Red Peppers, Etc.



Sweet Potato Flour Pancakes With Bajan Syrup (Like Watered-down Molasses)



Pig Tails Macaroni Pie



Barbados Flying Fish Frying



Local Alcoholic Specialties

Barbados Rum

Green Ginger Wine

Falernum - Rum base with ginger, cloves, almond.



THE END

Thanks for joining me in Barbados.

ppacter@gmail.com

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