Hong Kong
Off the Beaten Track

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Collier County Library

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HK Off the Beaten Track
Today's agenda (as time allows)

- Flower Markets and Shows.
- Lamma Island.
- Hong Kong Money.
- Medical Museum (and SARS).
- Transportation System.
- Univ of HK Museum of Art.

FLOWER MARKETS AND SHOWS

Three major flower activities in Hong Kong:

1. Flower Market – permanent market, daily in Mong Kok.
2. Lunar New Year Fair – each Chinese New Year in Victoria Park and several lesser locations.
3. Hong Kong Flower Show – each March, in Victoria Park.

FLOWER MARKET

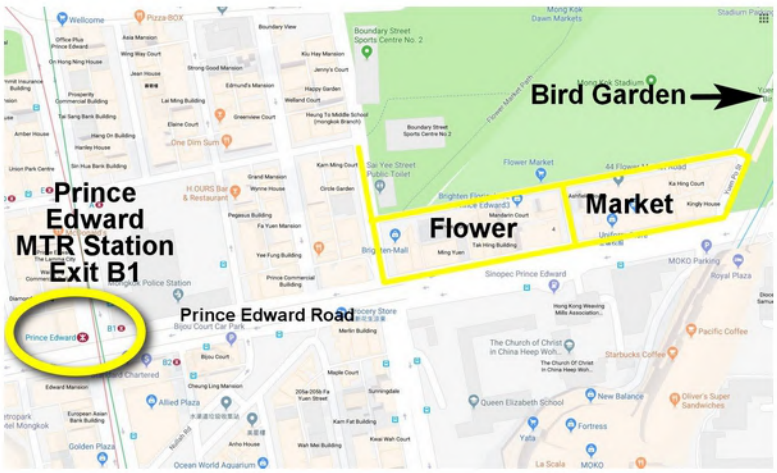
FLOWER MARKET

Flower Market Rd, Off Prince Edward Road West in Mong Kok.

Open 7 Days, Most shops 9:30 to 19:30.

— Cut flowers.
— Growing plants.
— Seeds and bulbs.
— Retail and wholesale.

Dozens of shops (not street market stalls).














Anthurium (Heart-Shaped Flower)


Narcissus (Daffodil) Bulbs




Solanum Mammosum
"Nipple Fruit"
Chinese New
Year Decorations.
Fruits are
poisonous
if ingested.






Rosette Cactus
HK$20 = US$2.50


Orchids


Hydrangeas








Violets







SPRING FLOWER SHOW

HONG KONG FLOWER SHOW

Annually in March Victoria Park.

Runs 8 days 9am to 9pm.

— Admission HK$14 (US$2).
— Seniors free except weekends when half price.

16-25 March 2018 - Theme: Dahlias.

Run by Liesure & Cultural Services Dept. of HK Government.

"Gorgeous potted plants, floral arrangements and landscape displays by organizations from local, the Mainland and overseas. There will also be commercial stalls selling flowers and other horticultural products."








Hong Kong Flower Show - Victoria Park
Causeway Bay, HK Island


Orchid Plants 3 for HK$100


Plants 2 for HK$20
or US$1.25 each!
$15-








Hong Kong Flower Show








Hong Kong Flower Show
Victoria Park
Causeway Bay


Display of the Garden Club
Qingdao, China
香港 相约青岛








Hong Kong Flower Show - Victoria Park





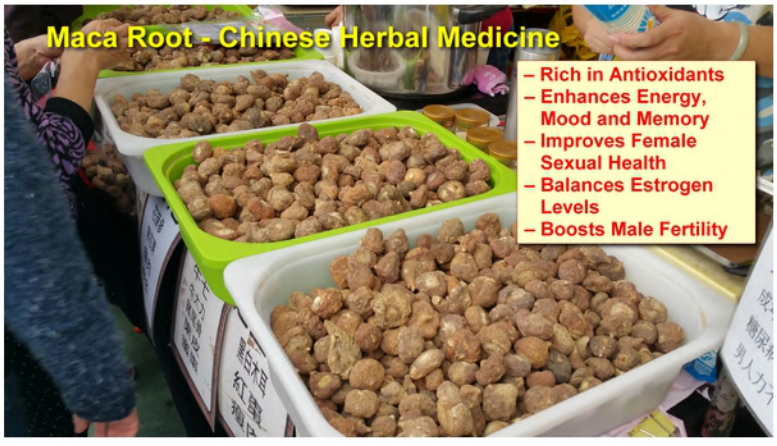

Yellow and Orange Chrysanthemums for Tea


Various Types of Herbal Teas


Dried Roses for Tea


Rice Snacks
Mung Bean Cookies


Chinese Cookies and Snacks


Maca Root - Chinese Herbal Medicine
– Rich in Antioxidants
– Enhances Energy, Mood and Memory
– Improves Female Sexual Health
– Balances Estrogen Levels
– Boosts Male Fertility



LUNAR NEW YEAR FLOWER SHOW

LUNAR NEW YEAR FAIR

Victoria Park and 15 "lesser" locations throughout HK.

Runs for 7 days, free admission.

— Roughly 50% fresh flowers and 50% clothes, toys, food, souvenirs.

— Around 480 stalls at Victoria Park location.

Run by HK Food and Environmental Hygiene Dept.












For Chinese New Year, blooming plants
represent rebirth and new growth












二盆
100元
Two orchid
plants for
HK$100 = US$12


Mandarin Oranges


Clementines


Kumquats






Statue of Queen Victoria in Victoria Park
1896
During the WW2 Japanese occupation, Japanese took it to Japan to melt down, but it was recovered.







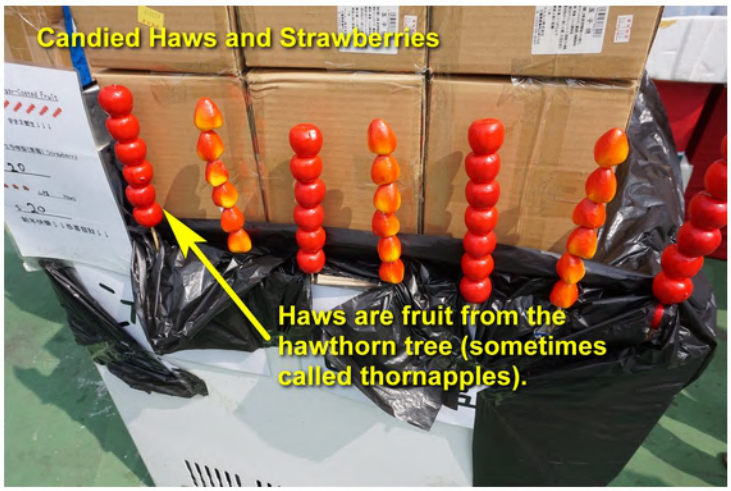







Chinese New Year Flower Show 2018 - Victoria Park


No Hong Kong fair is complete without FOOD!
2018 同創智慧出行2
買滿$50減$5


Candied Haws and Strawberries
Haws are fruit from the hawthorn tree (sometimes called thornapples).


Fried Squid Snacks
This machine flattens the squid and also softens it for eating


Pasta with Cheese


Fried Tofu Snacks


Skewers of Chicken and Mutton
Union Pay is China's competition for Visa and MasterCard
云闪付
UnionPay


Fried Fish Skin Coated with Salted Egg
鹹蛋黃金魚皮
Salted Egg Fish Skin


Egg Soufflé Snacks


Deep Fried Ice Cream
脆皮炸雪糕
Deep Fried Ice Cream


Dried Pomelo
台灣陳年柚子參
壹瓶150元
貳瓶280元
買參瓶送壹瓶


Steam Puddings for Chinese New Year
（不含防腐劑）


Chinese Dried Fruits and Mushrooms


Chinese Pastries


ESA(5H)




Politically Oriented Booth
What does "Stand Up Against Disqualification" mean?
團結抗DQ
3.11 用選票
VOTE


Stand Up Against Disqualification
團結抗DQ
3.11 用選票
VOTE


Pro-Taiwan Independence Legislator


In Support of the Disqualified Young People Elected as Members of the Hong Kong Legislative Council (LEGCO)


HK Chief Executive Carrie Lam and another HK Government Official Cooking the Disqualified Legislators to Finish Them Off









UNIVERSITY OF HONG KONG MUSEUM

University of Hong Kong
- Oldest university in HK
  - Founded 1911
- Public, on HK Island
- 30,000 students
  - 18,000 undergraduate
  - 12,000 graduate

Wikipedia: "It is often cited as one of the most prestigious universities in Asia."

SAPIENTIA·ET·VIRTUS

Wisdom and Virtue






Bronze Drum with Sun and Frog Designs
Six Dynasties Period 222 to 589 AD

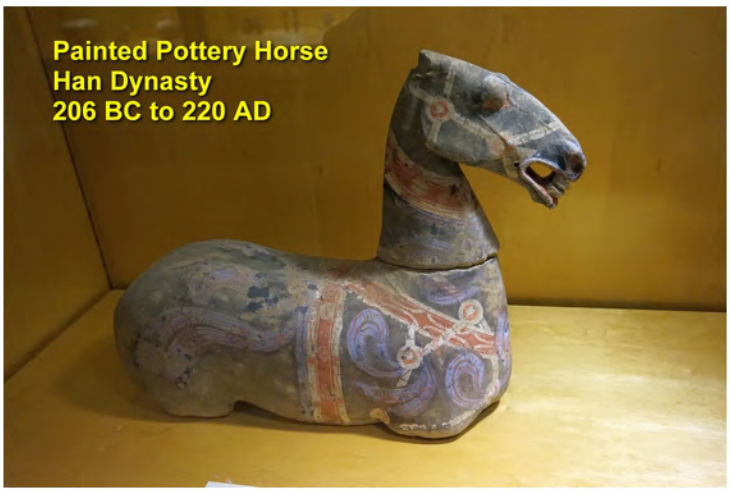

Ming Dynasty
Candleholders
1644-1662
Censer 1644
Hexagonal bronze tripod censer with oversized handles, and mythical creature with flaming pearl. Pair of candleholders in lotus form (part of an altar set)
Southern Ming period (1644–1662); censer dated by inscription to the first year of the Hongguang emperor (1645)
Donated by Mr Chan Po-kung


Tang Dynasty Mirrors - 618 to 907 AD


Bronze Shakyamuni
Buddha
Song Dynasty
420-479 AD


Bronze Wine Vessel
Late Shang Dynasty
1200 BC
商代 獸面蟠龍紋銅方罍（酒器）
何安達先生贈以紀念時學顏教授
Bronze fanglei wine vessel with animal mask and dragon designs
Late Shang dynasty (c.1200 BCE)
Donated by Mr Anthony J. Hardy in memory of Professor Shih Hsio-yen


Green Glazed Jars - Western Han Dynasty
206 BC to 8 AD


Painted Pottery Horse
Han Dynasty
206 BC to 220 AD


Large Green Lead-Glass Jar
Eastern Han Dynasty
25 to 220 AD


Painted Pottery
Horse and Rider
Han Dynasty
206 BC to
220 AD


Green-Glazed Funerary Jar
Three Kingdoms
Period
220 to 265 AD


Sancai Glazed Camel
Tang Dynasty
618 to 907 AD


Rockefeller Serving Dish
Qing Dynasty, Qianlong Period 1790s


Jar (Guan), Ming Dynasty, 1545


Porcelain Dish - End of Ming Dynasty - 1628-1644


Hong Kong University Students - Lecture
Professor


Dish with Qilin - Mythical Beast with
Head of Dragon and Body of Deer
Qing Dynasty Shunzhi Period 1644-1661


Plate from Delft, Netherlands - 1710
Imitation Chinese Motif


Rosewood Carved Chairs


Ancient Philippine Wood Carvings 15th-19th C
Special exhibition at the University of HK
Museum and Art Gallery


Philippine Carvings 15th to 19th Centuries


University of Hong Kong
Main Building 1910-1912



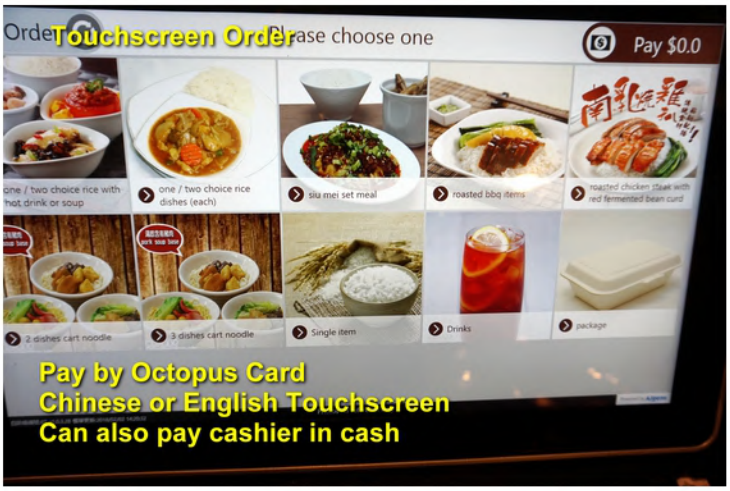

University of HK Main Building - 1910-1912


University of HK Main Building - 1910-1912

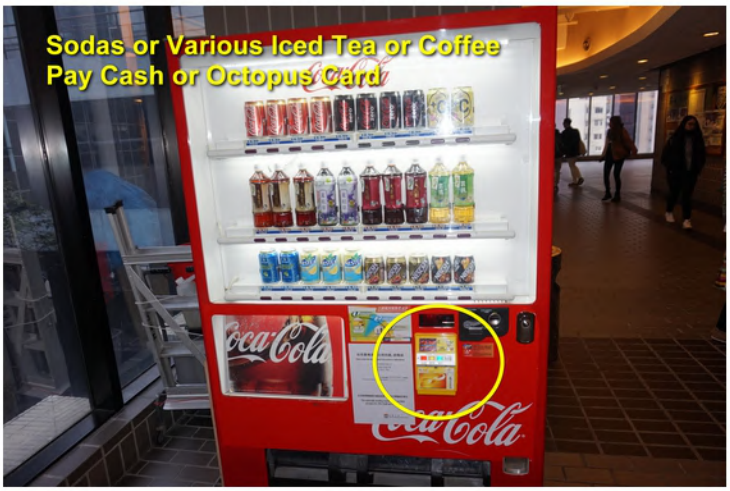












LAMMA ISLAND





LAMMA ISLAND

— Population 6,000.
— Significant Western and International population.
— Reputation for alternative lifestyles.
— Peaceful. No cars.
— Identifiable: 3 smokestacks.
— Nice beaches. Great hiking.

YUNG SHUE WAN

— Clean bathrooms at end of pier.
— Tin Hau Temple.
— Many shops.
— Several restaurants.
— Many coffee and snack places.

ON THE WAY WALKING

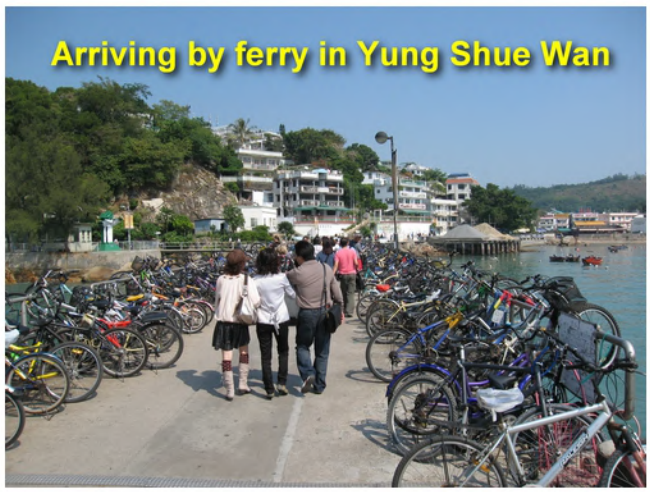
After visiting Tin Hau Temple, backtrack to main road.

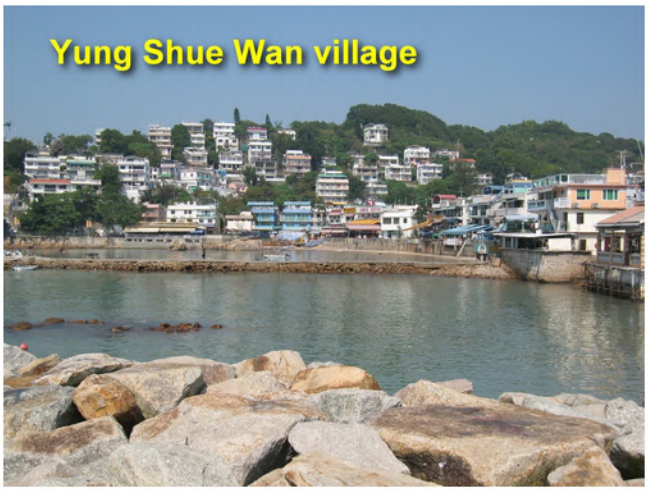
— Follow road to Hung Shing Ye Beach: Toilets. Swimming.
— Continue uphill to Pavillion.
— Then downhill.
— After passing Lo So Shing Public Toilet, Kamikaze Cave on right.

SOK KWU WAN

— Tin Hau Temple on right before entering village.
— Many restaurants.
Rainbow famous but expensive.
— A few shops, snack places.
— Toilets.
— Ferries not only to Central but also to Aberdeen.






Yung Shue Wan village


Yung Shue Wan Market


Dumplings in Yung Shue Wan Village


Tin Hau Temple, Yung Shue Wan
Early 20th c.


Tin Hau Temple, Yung Shue Wan


Leaving Yung Shue Wan
Heading for Sok Kwu Wan
About 90 minutes to 2 hours


Along the walk to Sok Kwu Wan
The path is paved.
Just follow the paved path.


Along the walk to Sok Kwu Wan


Along the walk to Sok Kwu Wan


Along the walk to Sok Kwu Wan


Along the walk to Sok Kwu Wan


Hung Shing Yeh Beach
Swimming, Changing Rooms, Toilets
Small guest house and restaurant


Hung Shing Yeh Beach
Shark Netting


Picnic on the beach, or there are
BBQ pits if you want to cook


There are clean toilets, but not
necessarily what we're used to
用後請沖廁
PLEASE FLUSH AFTER USE


After Hung Shing Yeh beach, the
path goes uphill for a while


Along the path to Sok Kwu Wan

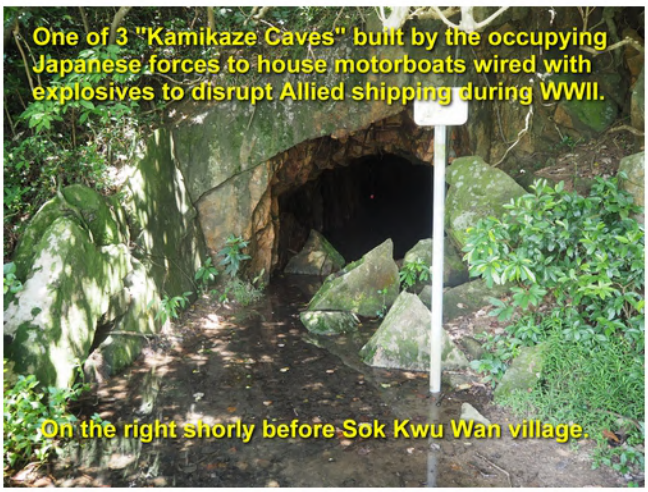

Views along the path to Sok Kwu Wan


Some people do the trip by bicycle


This suggests the entire walk should be 75 minutes.
Lookout Pavilion
Sok Kwu Wan (30 mins)
HKFYG Lamma Youth Camp
Yung Shue Wan (45 mins)


First sight of Sok Kwu Wan
Fish and Shrimp Farms


Still a ways to walk to Sok Kwu Wan
(but it's all downhill)


One of 3 "Kamikaze Caves" built by the occupying Japanese forces to house motorboats wired with explosives to disrupt Allied shipping during WWII.
On the right shorly before Sok Kwu Wan village.


Arriving at Sok Kwu Wan village


Tin Hau Temple, Sok Kwu Wan
Rebuilt after fire destroyed 200-year-old temple in 2005.


Tin Hau Temple, Sok Kwu Wan, Lamma Is.


Guardian on the door of Tin Hau Temple


Sok Kwu Wan Village


Famous Rainbow Seafood Restaurant
Sok Kwu Wan


Geoducks - kind of clam

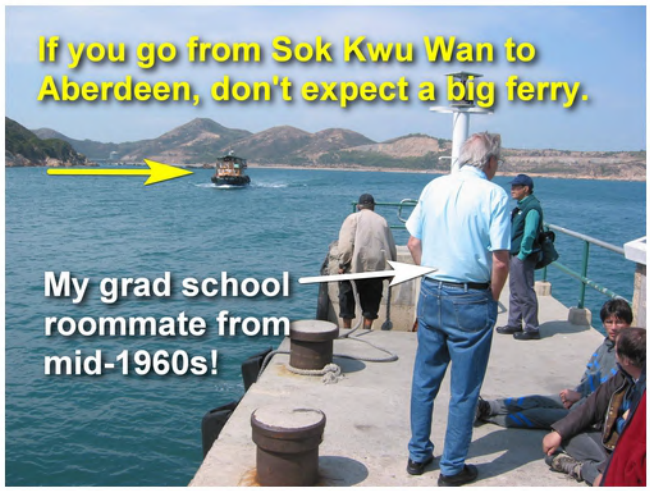

Choose your lunch


I don't know what the name of these is.
I call them "walking lobster tails".

Sok Kwu Wan Post Box

How old is it?
GvR is emblem of King George V, who reigned 1910-1936.

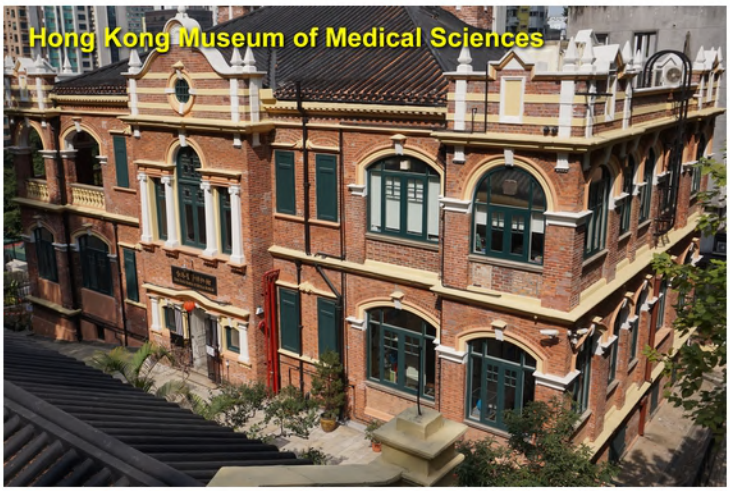




HONG KONG MUSEUM OF MEDICAL SCIENCES

HK MUSEUM OF MEDICAL SCIENCES

2 Caine Lane (off Caine Rd)
Midlevels, HK Island
In the Old Pathological Institute Building
— Edwardian, Built 1906
Daily except Mondays
Adults HK$20, Seniors HK$10



Building was originally built in response to the major 1894 Plague outbreak and opened in 1906.

In addition to its work in the surveillance and control of Plague and other infectious diseases, the Pathological Institute also produced vaccines and provided diagnostic tests.

The 1894 Plague Epidemic in HK

First global Plague pandemic
— 6th-8th centuries AD.
— 25 million to 50 million deaths.
Second Plague pandemic
— 1346 to early 1800s.
— Over 350 million deaths.
— Killed one third of the human population!
— Relatively limited occurrence in Asia.

Third Plague pandemic

— 1855 to 1912.
— Mainly China (2,000,000 deaths) and India (10,000,000 deaths).
— But reached San Francisco (200 died) and Los Angeles (30 died).

100,000 died in Canton March-May 1894.
Quickly spred to Hong Kong.

HK infected May 10, 1894.

By end of July 1894, 2,442 deaths.

1894 to 1929 the Plague caused 24,000 deaths in Hong Kong.

— Understandable that HK rushed to build a Pathology Institute in 1894.

— Now the Museum of Medical Sciences.







SARS Worldwide:

When:

— First case November 2002.

— Last case May 2004.

Number affected:

— Patients 8,096.

— Health care workers 1,706.

— Deaths 774 (9% fatality).

SARS in HK:

When:

— First case 15 Feb 2003.

— Last case 31 May 2003.

Number affected:

— Patients 1,755.

— Health care workers 386.

— Deaths 299 (14% fatality).



HOW HEALTHY IS HK? Comparisons with other countries about:

— Smoking.

— Access to affordable health care.

— Life expectancy at birth.

— Infant mortality.

— Actual and expected population distribution by age group.

— Care providers.

HK Health: % people aged 15+ who smoke daily

China	26%
Japan	20%
UK	19%
Australia	13%
USA	13%
Hong Kong	11%

Access to affordable health care

	Ratio of Western medical doctors to Population	Hospital beds per 1,000 population
Australia	1 : 288	3.7
US	1 : 357	2.9
UK	1 : 391	2.7
Japan	1 : 421	13.2
Hong Kong	1 : 534	5.2
China	1 : 578	3.6
Africa	1 : 3,704	0.03

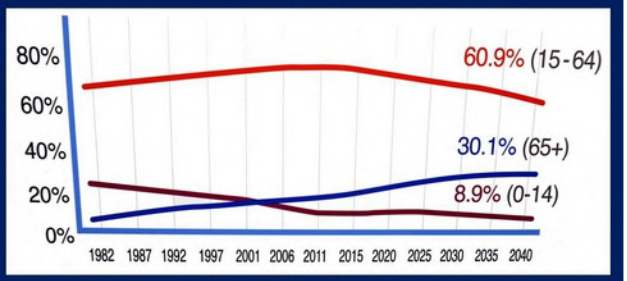
Life expectancy at birth 2015

Hong Kong	84.3 years
Japan	83.7
Australia	82.8
UK	81.2
USA	79.3
China	76.1
Africa	61.0

Infant mortality per 1000 births

Sub-Sahara Africa	29.0
China	9.2
USA	5.6
UK	3.5
Australia	3.0
Japan	2.0
Hong Kong Lowest in the world	1.3

1982 to 2040 – Actual and Expected HK Population by Age Group



Care providers: private and public

Percentage and number of registered doctors		Percentage and number of patients in hospitals	
Private practice	54% 7,439	Private hospitals	19% 382,000
Govt. hospitals & agencies	46% 6,287	Govt. hospitals	81% 1,645,000







Laboratory - Hong Kong Pathology Institute



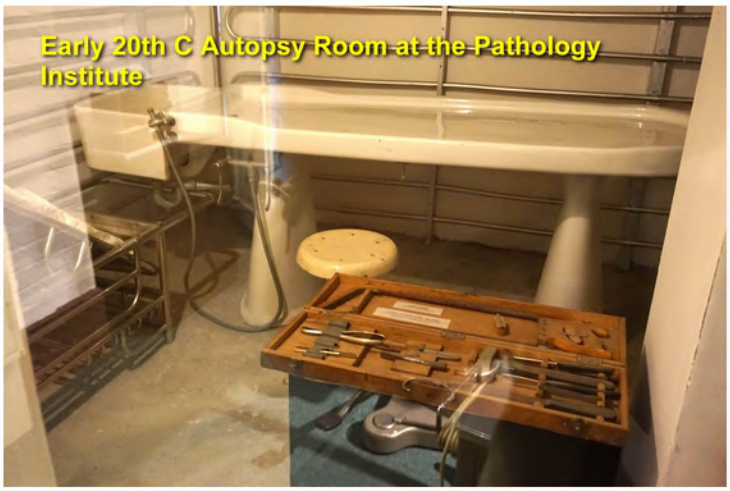
Early Hospitals in Hong Kong



Operating Table from 1950s



Making Smallpox Vaccine at the HK Pathology Institute



Early 20th C Autopsy Room at the Pathology Institute

MONEY

HONG KONG MONEY

HK had its own currency when handed over to China in 1997.
By treaty must remain so until 2047.

— HK$7.78 = US$1 – pegged by HK Monetary authority.

— Cannot spend HK dollars in China.

— Many HK shops will accept Chinese Renminbi.

HK Monetary Authority is the central bank of Hong Kong.

They have licensed three banks to issue banknotes:

— HSBC, Standard Chartered, Bank of China.

The banks issue notes of $1,000, $500, $100, $50, $20.

The Government issues the HK$10 banknote and all coins.

If you go to Macau...

Macau has its own money - the Pataca.
HK$1 = Pataca 1.03.
HK dollars are acceptable everywhere in Macau.
— Though sometimes only at 1:1.
In fact, all gambling in Macau casinos is HK dollars.
— But Pataca cannot be spent in HK.





Hong Kong Coins

Dollars:
10 5 2 1

Cents: 50 20 10

HK$7.78
= US$1.00



What about the HK$1,000 note?

They are issued, but due to counterfeiting many shops do not accept them.

And remember they = US$130, another problem for small shops.



TRANSPORTATION

Transportation in HK

A (very) quick overview of:

- Buses
- Minibuses
- Trains
- Light Rail
- Taxis
- Star Ferry
- Other Ferries
- Trams
- Airlines
- Cruise Ships

Relatively Small % of People in Hong Kong Drive Cars

	HK	Florida
Cars and Pickups Registered 2017	750,000	15,100,000
Population 2017	7,400,000	20,000,000
Ratio Cars to Population	11%	76%

Franchised buses in HK (2016)

	Routes	Buses	Passengers / day
Citybus	104	946	600,000
Kowloon Motor Bus Co	323	3,920	2,700,000
New World First Bus Co	88	691	460,000
Long Win Bus Co (Lantau Island)	28	242	101,000
New Lantao Bus Co (mostly Lantau Island)	22	121	72,000
TOTALS	565	5,920	3,933,000

Non-Franchised Buses

— 7,051 buses at 1 Jan 2018
— Cross-border
— Residential and office buildings
— Hotels
— For hire







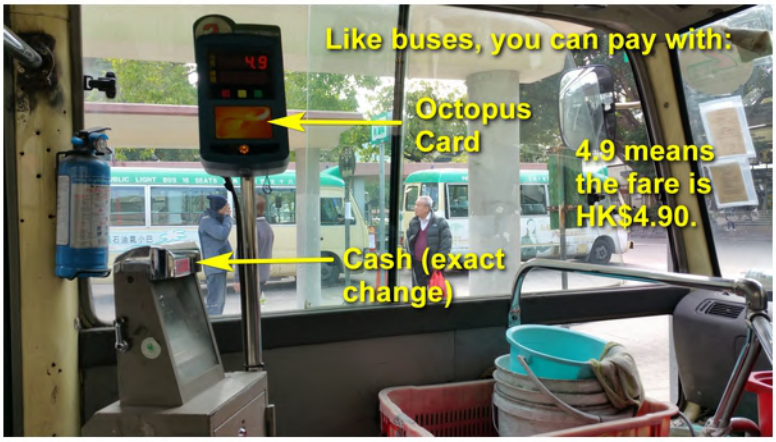




Minibuses (also called Public Light Buses)

Max 19 seats	Routes	Buses	Passengers / day
Green Minibus Fixed routes and fares	351	3,281	1,527,000
Red Minibus No fixed routes or fares (destinations and fares posted on bus)	N/A	1,069	307,000
TOTALS		4,350	1,834,000







Trains

Services within Hong Kong

	Lines	Length	Stations	Passengers / day
MTR	10	187 km	93	5,000,000
Airport Express	1	35 km	3	45,000
Light Rail	11	36 km	68	500,000
TOTALS		258 km	164	5,545,000

Plus intercity trains to points in China

HK metro ridership #7 in the world

Slightly more than New York City. But NY is twice the length and four times the number of stations.

	City Metro System	Annual Ridership (millions)
1	Beijing	3,660
2	Shanghai	3,401
3	Seoul	2,856
4	Guangzhou	2,800
5	Tokyo	2,642
6	Moscow	2,378
7	Hong Kong	1,767
8	New York	1,757
9	Mexico City	1,605
10	Paris	1,519
11	London	1,378













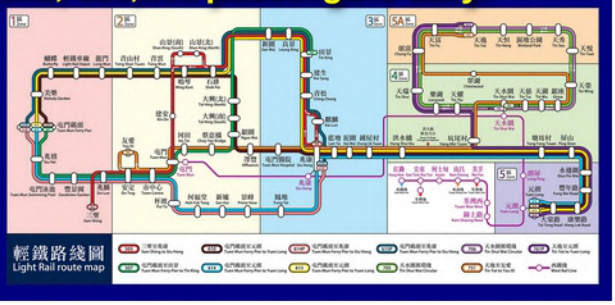
Intercity Trains

To China Border (Shenzhen) every 5 minutes
– Walk across border. Immigration in Shenzhen.

Long-haul Trains to China
– Traditional – mainly to Guangzhou. China immigration when you get off.
  – Guangzhou 2 hrs.
  – Beijing 24 hrs.
  – Shanghai 19 hrs.
– New High Speed (Bullet Train): Launched Sept 23, 2018. China immigration in Hong Kong.
  – Guangzhou 50 min.
  – Beijing 9 hrs.
  – Shanghai 8 hrs. Plus other cities.

Light Rail

Serves northwest New Territories (Tuen Mun and Yuen Long). 11 routes, 68 stations, 500,000 passengers daily.







Taxis

— HK Island & Kowloon
  – Red – 15,259 taxis
— New Territories
  – Green – 2,838 taxis
— Lantau
  – Blue – 75 taxis
— Daily ridership 1,000,000





Ferries

— 11 ferry operators
— 18 routes including two Star Ferry routes across the harbour, plus outlying island routes
— 50 million riders a year









Other Ferries

Go to the Central Ferry Piers for ferries to:

- Lamma Island
- Mui Wo (for Big Buddha or Tai O on Lantau Island)
- Cheung Chau Island
- Peng Chau Island
- Discovery Bay



Ferries to Macau leave from Shun Tak Center on Connaught Road, Central.

There are also ferries to cities in Guangdong Province, mainland China, from the China Ferry Terminal in Tsim Sha Tsui.

Trams (electric)

— Hong Kong Island
— 13km main route
— Since 1904
— Enter from rear, pay on exit
— 166 trams
— 180,000 passengers a day













Each tram is hand-made in H.K.

Regardless of distance:

Adult HK$2.30 = US 30 cents.

Child HK$1.20 = US 15 cents.

Senior HK$1.10 = 14 cents.





Hong Kong has two cruise ship terminals:

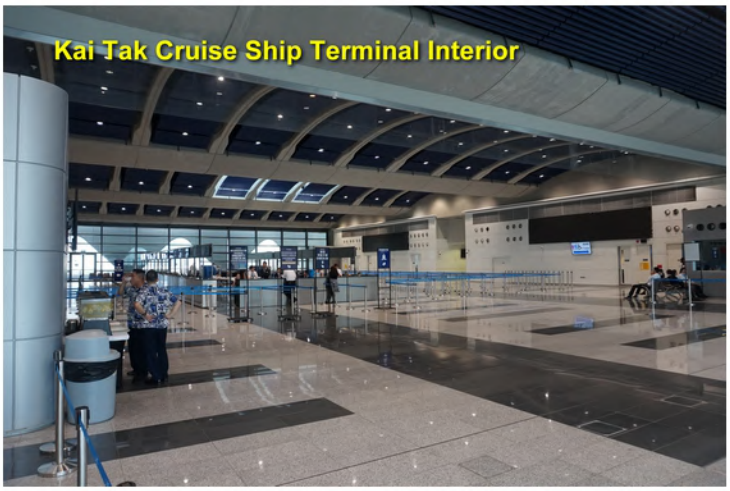
1. Ocean Terminal in Tsim Sha Tsui (near Star Ferry Pier).
2. Kai Tak Cruise Ship Terminal in Kai Tak, Kowloon.











PAY WITH OCTOPUS CARD



Purchase at any MTR Station, Airport, Ferry Terminals.

Cost: HK$50 deposit + initial value.

Seniors: If over 60 buy Green elder card. Then all train, bus, etc are just HK$2.

Top up: 7-11s, Circle Ks, MTR Stations.

Use: all transport except taxis. Also use all convenience stores, fast food, small restaurants, vending machines.

Hong Kong
Off the Beaten Track

THE END

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