Creating Moments of Joy

As we reflect on the past year, we smile as we remember many of the wonderful events and activities that have occurred. Volunteers are the backbone of Interfaith Caregivers, providing a variety of services to help clients and their families. The simple, personal connections bring valuable moments of joy and comfort to both our volunteers and clients. These moments are created by focusing on the present, fostering gratitude, sharing experiences with loved ones, and engaging in activities that bring comfort and happiness. As we often say, we hear joy, see joy, and spread joy with our wonderful volunteers and care receivers.

Interfaith Volunteers of Jackson County have been providing services to help individuals age in place since 1989. With our staff, volunteers and Board of Directors, we offer a wide range of services, programs, and workshops to caregivers, seniors and individuals with disabilities. Our programs are running strong, and we could not do it without you! Last year alone, **our passionate volunteers contributed over 9,000 hours to the community**—an inspiring reflection of what can be achieved when you combine purpose and heart.

The Jackson United Mentoring Program (JUMP) continues to make a powerful difference in the lives of local students. With 23 mentors volunteering for one hour each week throughout the school year, their dedication is shaping futures and building lasting relationships. Through the Visually Impaired Program, six individuals receive digital recordings of local newspapers and publications, helping them stay informed and connected to the community. Our faith community gathers quarterly for Breaking Bread, a collaborative lunch where we exchange ideas and explore outreach opportunities. On the first Monday of each month, volunteers join for Mugs and Matches—a social hour designed to recharge, connect, and celebrate the joy of service.

Interfaith also partners with the Disability Support Group of Jackson County, hosting special events at our Interfaith building that foster inclusion and support. We also partner with the Parkinson's Foundation to offer a support group to people living with Parkinson's disease, along with their family members and caregivers. Along with the Aging and Disability Resource Center and the Alzheimer's Association, we offer a Family Caregiver Support Group. This support group provides emotional, educational and social support for caregivers, through regularly scheduled meetings, welcoming anyone who cares for a loved one.

This year, we expanded our support for individuals and families affected with memory loss by participating in the Jackson County Walk to End Alzheimer's. The organization not only had a walk team but also provided a light brunch for participants to enjoy. This event raised funds for the Alzheimer's Association and encouraged camaraderie in our community, reminding caregivers and loved ones that they are not alone.

Interfaith also initiated a memory choir this fall in collaboration with the *Giving Voice* organization, naming the group "The Forget-Me-Nots". The choir brings together more than 25 participants, including those living with memory loss, volunteers, and community members, to unite heart and mind through music. We're grateful for the local musicians who have shared their time and talents to lead this inspiring program.

As you reflect on your pledge to Interfaith Volunteers, please know we are proactively setting aside funds each year for ongoing maintenance and unforeseen expenses. This helps us preserve the integrity and safety of our facility. Thank you for your continued support!

With Gratitude,

Carol Jarrett, Volunteer Coordinator Shawn Callisto, Time for You Coordinator Bev Zink, Time for You Respite Assistant

Mission Statement ~ Volunteers of Jackson County Interfaith put their faith in action by using their gifts and talents to serve those living in our area communities.

Interfaith Volunteers Board of Directors

Maggie Rewald - President Barb Loomis
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