



CONSENT FORM

1. The purpose of a program of hypnotherapy is for vocational and avocational self-improvement and as an alternative or complementary treatment to healing arts and counseling services. A hypnotherapist is not a licensed physician or psychologist. Services are non-diagnostic and do not include the practice of medicine, neither should they be considered as a substitute for licensed medical or psychological services or procedures.
2. Hypnotherapy works with the power of the unconscious mind to change habits and behaviors. The unconscious mind is considered to be the source or root of many of our behaviors, emotions, attitudes and motivations. Hypnotherapy is believed to be a powerful tool for accessing the unconscious mind and creating improvements in our lives.
3. Services consist of a program of conditioning, including an undetermined number of private sessions, depending on the client's individual needs. The hypnotherapist will to the best of their ability endeavor to accomplish the objectives of the client's sessions. While hypnotherapy may be an effective technique for many purposes, the effectiveness may vary from individual to individual, and no specific results or progress can be promised or guaranteed.
4. During hypnotherapy sessions, clients remain completely aware of everything that is going on. In fact, many people experience a hyper-awareness where sensations are perceived enriched and vivid. The ability to visualize or imagine is enhanced. Deep relaxation is common. Many describe the hypnotic state as a complete and total escape from physical tension and emotional stress, while remaining completely alert.
5. The use of hypnotherapy could elicit memories of past events which may or may not be literally true. It is possible that events recalled under hypnosis will be distorted or misconstrued. Memories or images evoked during hypnotherapy are not necessarily accurate and may be a construction or a composite of memories. Without corroborating information, it is not possible to determine whether a specific memory is true or false, even if it seems true to the client.

Hypnosis & Training Solutions (M) Sdn Bhd (759055-T)

Block G, Suite 3-07, Phileo Damansara 1, No.9 Jalan 16/11 Off Jalan Damansara, Seksyen 16,
46350 Petaling Jaya, Selangor D. E, Malaysia.



LONDON COLLEGE OF CLINICAL HYPNOSIS ASIA

(ASSOCIATED WITH)

HYPNOSIS & TRAINING SOLUTIONS (M) SDN BHD

Tel : +603 - 7960 6439 / 6449

Fax : +603 - 7960 6419

Email : info@lcch.asia

Web : www.lcchasia.com

6. While it is the practice of hypnotherapists to keep information confidential, information revealed in hypnotherapy is not subject to doctor-patient privilege. A court or body of equal competence may order disclosure of information learned in therapy.
7. Keeping the above in mind, it is with informed consent that the undersigned has agreed to be the patient for Francis Chien Chee Choong who is undergoing a clinical hypnotherapy course conducted by London College of Clinical Hypnosis Asia whereby the undersigned:
 - a) will undergo one or more sessions of hypnotherapy undertaken by _____ as a part of the treatment;
 - b) where the sessions are recorded, confidentiality is maintained.
 - c) agrees that his/her participation is done voluntarily and without any compensation in return (nor shall any be expected); and
 - d) agrees that Francis Chien Chee Choong may ONLY share the ongoing sessions status with his/her clinical supervisor.

Hypnotherapist Signature: _____

Client/Patient's Name & Signature: _____

Date: _____

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