



# BALANCE

DANCE + GYMNASTICS

## January Highlights:

- No classes Jan. 16 in observance of MLK Day
- Gymnastics and tumbling make up schedule posted
- Dance recital participation forms due Jan. 23
- News about summer camps and classes
- Enrollment is still open in select classes
- Toddler class pass in 2023
- Drop ins welcome to Teen and Adult Hip Hop

## Gymnastics and Tumbling Make Ups

Students may do two make up classes each semester. Gymnastics and Tumbling make ups are offered the last Friday of the month and are scheduled via the Sign-Up Genius link below. Dance class make ups can be scheduled by emailing [info@balanceatl.com](mailto:info@balanceatl.com).

[Schedule a Make Up](#)



## Dance Recital Participation Forms

All their hard work pays off with a recital on stage in May! Dance classes for ages 3 and above perform in a recital on May 20 at St. Pius X High School in Chamblee. Participation is optional but highly encouraged. Students rehearse their dance during a portion of class time in the spring. Teachers are handing out intent to participate forms after class this week. [Please return your form to the front desk by January 23.](#)

*(Gymnastics students have a showcase in the gym in May - details coming soon.)*

[Recital Participation Form](#)

## Summer Camps and Classes

Get ready for some summer fun! Information about the dance and tumble camps offered at St. Martin's School the weeks of June 12 and 19 is posted below. Balance will also offer day camps and evening classes at our own facility. Most camps will be from 9:00 AM - 1:00 PM with optional aftercare until 4:00 PM. We're working on the staffing now and will post information about all summer offerings in late January.

Balance Camps at St. Martin's

## Classes with Open Enrollment

While many classes are full, we have room in boys tumbling, beginning ballet, tumbling for cheer, and ballet/jazz combo. Join us! Check out the details and enroll at [Register \(balanceatl.com\)](https://balanceatl.com)

## Toddler Class Pass

Balance's toddler classes encourage creativity, freedom of movement, and fun as we use gymnastics equipment, scarves, a parachute, and more! Classes meet Tues & Thursdays at 9:15 AM and Saturdays at 8:45 AM - note this is a NEW time.

Details here: [Toddler Class Pass \(balanceatl.com\)](https://balanceatl.com)

## Teen and Adult Hip Hop

New Instructor! A former Atlanta Hawks dancer, Ms. Jada teaches Teen & Adult Hip Hop on Thursdays from 6:00 – 6:45 PM. This class is a **Drop In** – show up and pay just \$10. No commitment needed! Childcare is offered in the front studio during this class for ages 3+. Details here: [Adults \(balanceatl.com\)](https://balanceatl.com)

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