



Dance Class Descriptions

Twirling Toddlers - Caregivers and their dancers ages 18 months+ enjoy music, movement, and lots of props...scarves, flowers, hula hoops, and a parachute!

Pre Ballet and Beginning Ballet - Stretch, skip, and leap as we learn the basic ballet positions and explore movement with scarves, wands, and more.

Ballet I - Dancers are introduced to barre work and then learn combinations across the floor. The class sets a strong foundation for all dance styles.

Ballet II - For ages 8 yrs+ (by audition or teacher rec.) who have mastered the skills taught in Ballet I, this class focuses on barre and center work, proper arm and head placement, and musicality.

Jazz - Join us as we learn age-appropriate jazz combinations set to today's top pop songs that focus on rhythm and coordination. Students wear jazz shoes.

Jazz/Contemporary Ballet - Designed especially for ages 11+, this class covers the basics of ballet and jazz while dancing to pop music. Perfect for students wanting to enhance skills for school dance teams and/or musical theater.

Tap - Students ages 3+ can enhance their rhythm and musicality while making a lot of noise! Class includes warm-up, across the floor exercises, and combinations.

Hip Hop - This is a high energy, fast paced dance class with choreography that emphasizes sharp, isolated movements. Students wear tennis shoes.

Key Dates for 2023

Jan 3	First Day of Spring Semester Classes
Jan 16	No Classes - MLK Day
April 3 - 8	No Classes - Spring Break
May 8 - 13	Parent Observation Week
May 13	Last Day of Spring Semester
May TBD	Gymnastics Showcase in the Gym
May 20	Dance Recitals at St. Pius X High School

Enrolling is Easy!

1. Visit www.balanceatl.com and click "Register."
2. Log into account / create account for the first time.
3. Select "Spring 2023" classes and sign up for "Auto Pay."
4. A \$40 per student annual registration fee and the first tuition installment are due at the time of enrollment.

Tuition

Tuition is based on the number of hours the student is in class per week. Tuition is calculated separately for dance and gymnastics. Payment can be made in five, equal monthly installments from January - May or by the semester (save 5%).

Visit balanceatl.com for details.

Thirty days' written notice is required to discontinue billing.

Dress Code

Details are posted online about the attire, hairstyle, and shoes required for all classes.

