

Heart History

Count: 32 Wall: 4 Level: Beginner

Choreographer: Kim Liebsch (Denmark) August 2017

Music: Story of a Heart by Steps (4:16)



Intro: 16 counts after 1st beat (appr. 10 sec) Start with weight on L foot

Restart: On wall 9 after 30 counts (9:00)

Ending: Rock recover, side rock

#1 section: Rock recover, shuffle back, back rock, shuffle fw.

1-2 Rock fw. on R, recover on L 12:00
3&4 Step back on R, step L next to R, step back on R 12:00
5-6 Rock back on L, recover on R 12:00
7&8 Step fw. on L, step R next to L, step fw. on L 12:00

#2 section: Step ¼ turn, cross shuffle, side hold, behind side cross

1-2 Step fw. on R, make ¼ turn L stepping L to L side 9:00
3&4 Cross R over L, step L to L side, cross R over L 9:00
5-6 Step L to L side, hold 9:00
7&8 Cross R behind L, step L to L side, cross R over L 9:00

#3 section: Side rock, behind side cross, point back, point back

1-2 Rock L to L side, recover on R 9:00
3&4 Cross L behind R, step R to R side, cross L over R 9:00
5-6 Point R to R side, step back on R 9:00
7-8 Point L to L side, step back on L 9:00

#4 section: Back rock, 2 X step ½ turn, kick ball step

1-2 Rock back on R, recover on L 9:00
3-4 Step fw. on R, make ½ turn L stepping fw. on L 3:00
5-6 Step fw. on R, make ½ turn L stepping fw. on L 9:00
7&8 Kick R fw. step R next to L, step fw. on L 9:00

Ending: Rock recover, side rock

1-2 Rock fw. on R, recover on L 9:00
3-4 Make ¼ turn R stepping R to R side, recover on L 12:00

Good Luck & N'joy!

(Contact: Kimliebsch on Instagram and liebsch@ymail.com)