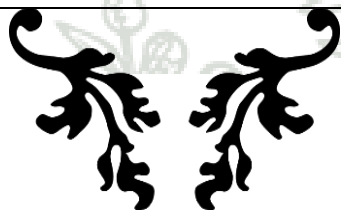


CRYSTAL & STONE
CATALOG

APOTHECARY



Stone	Energy and Healing properties
Amazonite	Emotional Energy: Soothe trauma, ease irritation, balance energy, stone of success & abundance. Physical Energy: Throat, sinus, thyroid, chest, lung, breast, upper spine Astrology: Virgo Chakra: Heart, Throat
Amethyst	Emotional Energy: Recovery from addiction, transforms negative energy to love, developing intuition, draws in divine energy. Physical Energy: Headaches, nightmares, insomnia Astrology: Aquarius, Capricorn, Pisces, Virgo Chakra: Third eye, Crown Chakra
Apatite	Emotional Energy: Emotional balance, mood boosting, mental clarity, communication, & public speaking. Physical Energy: Astral projection, dream recall, clairvoyance, aura cleansing, clarity Astrology: Gemini, Libra Chakra: Throat, solar plexus, Third eye chakra
Banded Agate	Emotional Energy: Honesty, peace, clarity. Angel/spirit communication, psychic protection, meditation. Physical Energy: Abdominal and digestive problems, and urinary tract issues Astrology: Capricorn and Libra Chakra: Root
Black Onyx	Emotional Energy: Protection, absorbs & transforms negative energy, prevents energy drain from “energy vampires,” increases stamina, strength, self-discipline, past life healing Physical Energy: Ovarian health, obesity, birthing health, addictions of any kind Astrology: Leo Chakra: Root
Blue Agate	Emotional Energy: Communication (verbal & spirit), depression, creative expression, stress relief, peace, cleansing, meditation Physical Energy: Sore throats, insomnia, tension headaches, blood pressure, abdominal Astrology: Pisces Chakra: Throat
Blue Aventurine	Emotional Energy: Opens third eye. Spiritual development, overcome selfishness, childishness, passive aggression, clears old stagnant energy, brings inner peace, develop intuition & empathy. Physical Energy: Aids in all kinds of addictions; substances, negative behaviors & patterns Astrology: Aries Chakra: Throat
Carnelian	Emotional Energy: Increase power, energy, courage. Boosts creativity; compassion, calms anger, grounds energy, aids in decision making; focus. Protects the home. Enhances past-life recall, spiritual protection. Physical Energy: Over all vitality, blood-circulation, PMS issues; sexual anxieties Astrology: Cancer, Leo, Taurus Chakra: Sacral

Stone	Energy and Healing properties
Chalcedony	Emotional Energy: Relief of negative emotions, happiness, joy, peace, harmony, stability; alleviates hostility Physical Energy: Balances body, emotions, mind and spirit, self-control; self-worth. Astrology: Cancer, Sagittarius Chakra: Varies by color
Chalcopyrite	Emotional Energy: Boosts creativity, flexibility, innovation. Find lost items & new friendships, increase self-esteem; creative process, stimulates new ideas. Physical Energy: detoxifying effect, inflammation. Astrology: Capricorn, Taurus Chakra: Crown
Citrine	Emotional Energy: Joyful vibration, overcome depression, release anger, improves communication, boosts creativity, clears the mind, enhances optimism; creates positive outlook, protective, warms, cleanses, energizes Physical Energy: Weight loss, boosting metabolism, increase motivation, spine issues; digestive organs. Astrology: Aries, Gemini, Leo, Libra Chakra: Solar Plexus, Sacral Chakras. Clears all Chakras
Desert Rose	Emotional Energy: Grounding, balance. Charges & cleanses crystals, cleanses auras & environments Physical Energy: High energy vibration, realigns chakras, removes blockages, ease energy flow. Astrology: Cancer, Aquarius Chakra: Sacral *Do not get wet.
Emerald	Emotional Energy: Love, loyalty, unity; wisdom to your life, bonding, strengthens communication. Helps one discern dishonesty, enhances memory, psychic abilities; draws prosperity. Physical Energy: Illness or health conditions. Astrology: Aries, Gemini, Taurus Chakra: Heart
Hematite	Emotional Energy: Protective, grounding. Absorbs negative energy, calms stress, worry. Helps release self-imposed limitations, helps focus, protects from EMF smog, self-control, useful in the ascension process. Physical Energy: Blood circulation, liver health. *check with your Dr. if you have a pacemaker* Astrology: Aquarius, Aries Chakra: Root
Kyanite	Emotional Energy: Aligns Aura, opens all chakras. Great for energy work, balance & meditation. Amplifies high frequencies, calming energy, recovering intuitive & psychic thoughts and in dream recall. Physical Energy: thyroid and muscle Astrology: Aries, Libra, Pisces Chakra: Throat
Lapis Lazuli	Emotional Energy: Fosters verbal expression, connects physical & celestial kingdoms, spiritual guardians. Protects against psychic attack, returns negative energies to their source, dream work

Stone	Energy and Healing properties
	<p>Physical Energy: Thyroid, immune, nervous system, headaches, migraines, fever. Astrology: Libra, Sagittarius Chakra: Throat, Third eye</p>
Labradorite	<p>Emotional Energy: A mystic stone of transformation and magic. Banishes fear and insecurities, helps in strengthening one's resolve. Helps to dispel the negative energy, anxiety, depression, and hopelessness. Brings intuitive wisdom; takes away illusion. Prevent leakage of energy, deflect unwanted energies that are present in the aura. Symbolizes the Moon, it helps in marching through the cycles of progression. Infuses inspiration, enthusiasm, and self-confidence in the wearer. Physical Energy: Respiratory, lungs, colds, and bronchitis. Metabolism and digestion. PMS/menstruation. Astrology: Pisces, Cancer, Scorpio Chakra: Sacral, Throat, Third eye, Crown</p>
Lepidolite	<p>Emotional Energy: Bring light & hope to tough situations. Balance emotions & intellect; helps shift/rework old energy patterns. Helps reduce stress brought on by change. Increases clarity, balance & inner peace. Absorbs EMF smog. "Stone of Transition" Physical Energy: Depression, PTSD, ADHD, and insomnia Astrology: Libra Chakra: Third eye, Crown, Solar Plexus</p>
Malachite	<p>Emotional Energy: Absorbs energy, draws emotions to the surface. Used for deep energy healing and positive transformation. Amplifies energies of all kinds, draws out & discharges negative energies, old emotional patterns, past traumas; suppressed feelings. Physical Energy: Menstrual cramps, childbirth, asthma, arthritis, swollen joints, broken bones, torn muscles *Tip: this rock needs to be cleared often due to the amount of jujū it absorbs. *Hint: Loves when intention set before use Astrology: Capricorn, Scorpio Chakra: Heart</p>
Mookaite	<p>Emotional Energy: Powerful healing stone provides stability to one's perspective & decision-making process. It connects one to the energies of the earth. In meditation, helps connect with ancestors; access genetic memory to awaken one's true abilities. Physical Energy: Graceful aging process, bladder, coping with loneliness and grief. Astrology: Scorpio, Virgo Chakra: Root, Sacral, Solar Plexus</p>
Nephrite (Jade)	<p>Emotional Energy: An earth healing stone and will bring abundance when placed in your garden. Brings peace & harmony to the home, encourages unconditional love. "Stone of prosperity and abundance" Physical Energy: Use during Shamanic journeying, spirit guide connecting and to enhance your dreams. Astrology: Libra Chakra: Heart, Root</p>
Obsidian	<p>Emotional Energy: "The wizard stone" has been used for centuries as a protector, it guards against negative/demanding people, hostile entities, geopathic stress, energy vampires, tension in the home. Grounds you to the earth's energy, relieves restlessness.</p>

Stone	Energy and Healing properties
	Physical Energy: Calm energy from trauma, violence, nervous pet; can be used for gazing and scrying. Clears blockages. Astrology: Aries, Capricorn, Sagittarius, Scorpio Chakra: Root
Orange Selenite	Emotional Energy: Removes EMF stress in and around the home. Connects us to both earth and moon energies. *Do Not Get Wet Physical Energy: Boosts self-esteem, creativity, and overall well-being. Boosts morale at home and at the workplace. Astrology: Taurus Chakra: Sacral
Pyrite (Fool's Gold)	Emotional Energy: Protection stone, shields from all forms of negativity. Blocks energy leaks, mends the tears in your aura. Use in meditation & prayer to ground yourself, gain inspiration. Attracts abundance & prosperity. Encourages one to follow their dreams. Physical Energy: Promotes physical health & emotional well-being. Boosts overall vitality, purifies the body's systems. Astrology: Leo Chakra: All
Quartz (clear)	Emotional Energy: The most versatile healing stone among all crystals. It amplifies energy or intention, protects against negativity, relieves pain. Enhances & strengthens aura, aids in the process of spiritual growth. Cleanses, opens, and activates all chakras. Physical Energy: This stone radiates its energies outward. *Clear this stone often. Astrology: All signs Chakra: All
Red Jasper	Emotional Energy: Full of grounding earth energy, very calming. It is a slow & gentle working stone that can help in resolving difficult situations. Grounds & stabilizes your aura, known as the "supreme nurturer." Helps with goal setting & accepting change. Physical Energy: Jasper reminds people to help each other. Good for dream interpretation and drawing Kundalini Energy Astrology: Aries, Taurus Chakra: Root
Rose Quartz	Emotional Energy: "Stone of unconditional love," opens the heart to all forms of love. Fosters empathy, reconciliation, forgiveness. Clears out anger, jealousy, resentment which lowers stress and tension in the heart. Attracts love and re-commitment to existing relationships. Helps releasing of pent up emotions and grief and an assist in the healing of a broken heart. Physical Energy: Thymus, heart, lungs. Brings more youthful complexion, eases sexual frustration, balances the sex drive. Astrology: Libra, Taurus Chakra: Heart

Stone	Energy and Healing properties
Selenite	<p>Emotional Energy: Protection from the angelic realm, dispels negative energy. Connects with your guides, guardians, Christ consciousness & higher spiritual self. Brings a sense of calm, peace, tranquility, mental clarity. Great for all forms of spiritual work, good luck, strengthen memory. Does not need cleared often since it transmutes energy. *Do Not Get Wet</p> <p>Physical Energy: Removes energy blockages, reverse the effects of free radicals. Associated with the spine and skeletal system</p> <p>Astrology: Taurus</p> <p>Chakra: Crown, Third eye</p>
Tiger's Eye	<p>Emotional Energy: Stone of protection, brings good luck, prosperity. Talisman against bad luck & curses. Aids to center & ground, allowing you to grow on your spiritual journey. Gain insight into your problems. Courage during times of change, helps to manifest ideas into reality. Increases personal power, psychic abilities. Provide balance to those who may experience extreme mood swings.</p> <p>Physical Energy: Strength and vitality. Endocrine system.</p> <p>Astrology: Capricorn, Leo</p> <p>Chakra: Solar plexus, Sacral, Third eye</p>
Topaz	<p>Emotional Energy: A good luck stone. Enhances mental processes, brings clarity and logic to tough situations. Illuminates all pieces of the puzzle when struggling with decision making. Helps build ones' courage and tames fears. Aids in building clairvoyant abilities and manifestation intentions</p> <p>Physical Energy: General health, tissue, eyesight.</p> <p>Astrology: Sagittarius</p> <p>Chakra: Crown, Sacral, Solar Plexus</p>

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