



# Newsletter

WHO WE ARE   UPCOMING EVENTS   2023 HIGHLIGHTS   COLLABORATORS   CLIENT SPOTLIGHT

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## Our Vision...

Is for families to function self-sufficiently and joyfully while contributing to the well-being of their community.

## Our Mission...

HOF serves single mothers and their children by providing resources, support, and hope by removing barriers that prevent families from succeeding.

## Why We Do It

With single-parent households led by females being the fastest-growing demographic in the United States, and one-third of Ohio's single-mother households living in poverty, the need is urgent. Every day, families struggle due to a lack of financial resources, social support, and hope.



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## Addressing the Challenges

Living without basic needs leads to health and safety risks, educational gaps, and financial instability. Poverty affects vital aspects of life, from infant mortality to educational attainment. Education empowers women, reduces mortality rates, and breaks intergenerational cycles of poverty.

## Our Approach

We address immediate needs, plan for the future, and invest in the next generation through programs like after-school tutoring, holiday assistance, budget planning, resume building, and resource assistance. We also provide emergency funding for rent, utilities, food, gas cards, and more for qualified single mothers.

# Upcoming Events 2024



## STEM Youth Summer Program

July 1st - 5th

Exciting hands-on activities await 15 students, supported by local high school mentors.



## 2nd Annual Golf Classic

August 26th

Join us for a day of competition and fun to raise funds for our organization's



## Thanksgiving Groceries

Help us spread holiday cheer by providing groceries to families in need.



## Adopt a Family for Christmas

Make a child's holiday bright by fulfilling their wish list.



## Check Out Our After School Program! Grades 5-10

September - May

Monday, Tuesdays, and Thursdays, 4:30-6:30 pm each night

Check our our website for more information.

# Lives Changed in 2023 With Your Help

**Adopt a Family for Christmas:** 95 children served by 27 donors.

**Thanksgiving Groceries:** 65 families were provided with holiday essentials.

**Successful Golf Fundraiser:** Raised \$13,000 to support our initiatives.

**Learning Lab:** Serving an average of 15 kids per night since September.

**STEM Camp:** Engaged 10 students with the help of 8 volunteers.

**Emergency Funds Program:** Assisted 20 single-mom families with an average of \$350 per family for rent, groceries, and utilities.

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## Our Partners & Collaborators

Our impactful work is made possible through partnerships and collaborations with the following organizations:



Miami Valley Meals  
Kettering Health Dayton  
Project Hope  
University of Dayton  
Germain Ford of  
Beavercreek  
Learn to Earn Dayton,  
Summer Afterschool  
Collaborative (SASC)

# Client Spotlight ✨

“Mrs. Krista is heaven-sent. She cares about women and single mothers. She's assisting me with a deposit and helping with rent so me and my children are not homeless anymore. This is life-changing for us! She is also helping with other resources such as furniture. She is passionate about what she does and she will continue to work with me to gain employment and therapy that can help with my PTSD and anxiety. This can help me with stress and gain my confidence back. She has so many different avenues and so many resources. I'm so grateful for her! She even told me about a Christmas program she can sign my kids up for. I can't thank her enough.”

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## HELP CHANGE LIVES TODAY!

Your support changes lives. Together, we can empower single mothers and their children to build brighter futures. Visit our website to learn how you can make a difference today!



**Do You Know Someone In  
Need?**

**Visit us at**

**[www.helpingourfamilies.org](http://www.helpingourfamilies.org)**