

## Helping Our Families

### STERLING VOLUNTEER INSTRUCTIONS

1. Go to: <http://www.ncsrisk.org/adventist/>
2. Click '**First-Time Registrant**'
3. Select '**Ohio**' as the state
4. For the '*Conference*' select '**Ohio**'
5. Create a user ID/Password
6. Select your location/organization: **Helping Our Families**
7. Select your **role** (*see role examples below*)
8. Follow the prompts to take the **child protection training**  
(*a video + short quiz that usually takes about an hour*)
9. Once you're done with the training, you'll receive an email with a link to the required **background check**.
10. Once finished, the organization will receive notification of your completion and you're done!

#### Role Examples:

- Helping Our Families Contractor/Employee
- Helping Our Families Volunteer

### Questions?

Call (937) 853-8456 or  
Email [cgrizzell@ohioadventist.org](mailto:cgrizzell@ohioadventist.org)