



Post-Op Instructions

What to do after a wart removal?

- Leave the bandage on for 24 hours and keep it clean and dry.

You may expect any of the following:

- There may be bleeding through the bandage. This is normal, and not cause for alarm.
 - If bleeding through the bandage occurs, reinforce with more gauze and elevate foot.
 - If bleeding continues even after above, call the office immediately.
- The area may remain numb for 2 - 24 hours depending on the type of anesthesia used and your individual response to it.
- Some soreness may be present when the anesthesia wears off. Take two (2) Aspirin, Tylenol, Motrin, or similar tablets should relieve the discomfort.
- The area may begin to drain slightly and may continue to do so for a couple of weeks. This will stain the bandage. The area may appear to be infected, red, and sore. This is normal.

Day Two

1. Remove the dressing in 24 hours. If the bandage sticks, soak your foot in warm water (not hot). If needed, you may also apply hydrogen peroxide, only to loosen dried blood, to remove the dressing.
2. Apply a small gauze cut to wound size, apply a small amount of topical antibiotic (Neosporin, bacitracin, mupirocin etc.), and cover this gauze with a Band-Aid or Tape.
3. Limit activity and walking for the first day to minimize bleeding and discomfort.
4. Keep this dressing on during the day while walking and when wearing shoes.

Day Three

1. Keep operative site covered with adhesive strip when wearing footwear. After the first few days you can leave it open to air when possible.

Do not:

- Pick at scabs or the treated area
- Soak the area in **HOT** water
- Engage in strenuous activities too soon
- Ignore any concerning symptoms and always follow your doctor's specific post-operative instructions.

Signs of Infection and When to Seek Help in Toenail Pain

Keep an eye out for signs of infection. Worsening pain, redness, or swelling could indicate infection, and you should contact our office if symptoms persist or worsen after 2-3 days.

If you notice any of the following symptoms, it's important to seek medical attention promptly:

- Heightened redness, swelling, and discomfort around the affected area.
- Infection spreading to other parts of the foot or leg.
- Pus or discharge from the infected area.
- Fever and chills.

Call 208-404-2262 with any questions or concerns