

### **"AS A MAN THINKETH"**

**A man is literally what he thinks, his character being the complete sum of all his thoughts.**

**Act is the blossom of thought, and joy and suffering are its fruits; thus does a man garner in the sweet and bitter fruitage of his own husbandry.**

**Just as a gardener cultivates his plot, keeping it free from weeds, and growing the flowers and fruits which he requires, so may a man tend the garden of his mind, weeding out all the wrong, useless, and impure thoughts, and cultivating toward perfection the flowers and fruits of right, useful, and pure thoughts.**

**The soul attracts that which it secretly harbors; that which it loves.**

**Every thought seed sown or allowed to fall into the mind, and to take root there, produces its own, blossoming sooner or later into act, and bearing its own fruitage of opportunity and circumstance.**

**To put away aimlessness and weakness, and to begin to think with purpose, is to enter the ranks of strong ones who only recognize failure as one of the pathways to attainment; who make all conditions serve them and who think strongly, attempt fearlessly, and accomplish masterfully.**

**Strong, pure, and happy thoughts build up the body in vigor and grace. The body is delicate....and responds readily to the thoughts by which it is impressed, and habits of thought will project their own effects, good or bad.**

**As the physically weak man can make himself strong by careful and patient training, so the man of weak thoughts can make them strong by exercising himself in right thinking.**

**Thoughts of doubt and fear never accomplish anything, and never can. They are the great enemies of knowledge, and he who encourages them, who does not slay them, thwarts himself. He who has conquered doubt and fear has conquered failure.**

**The will to do springs from the knowledge that we can do! As a man thinks, so he is.**

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**A strong man cannot help a weaker unless that weaker is willing to be helped, and even then the weak man must become strong of himself; he must, by his own efforts, develop the strength which he admires in another. None but himself can alter his condition.**

**He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much; he who would attain highly must sacrifice greatly.**

**Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow all delightful conditions, all heavenly environment; of these, if you but remain true to them, your world will at last be built.**

**To desire is to obtain; to aspire is to achieve. Dreams are the seedlings of realities.**

**Into your hands will be placed the exact results of your own thoughts; you will receive that which you earn; no more, no less. Whatever your present environment may be, you will fall, remain, or rise with your thoughts, your vision, your ideal.**

**Calmness of mind is one of the beautiful jewels of wisdom. It is the result of long and patient effort in self-control. Its presence is an indication of ripened experience, and of a more than ordinary knowledge of the laws and operations of thought.**

**The calm man, having learned how to govern himself, knows how to adapt himself to others; and they, in turn, reverence his spiritual strength, and feel that they can learn of him and rely upon him. The more tranquil a man becomes, the greater is his success, his influence, his power for good. He is like a shade-giving tree in a thirsty land, or a sheltering rock in a storm. Who does not love a tranquil heart, a sweet-tempered, balanced life?**

**Self-control is strength; right thought is mastery; calmness is power. Say unto your heart:**

**"Peace, be still!"**