



**II Extreme Challenge of Character (REC)  
On Thursday October 13<sup>th</sup> , 2022 you must report to point "A"  
before 1:00PM at: **901 Femrite Dr, Monona, WI 53716** where your  
REC will begin.**

**IMPORTANT: Check local temperatures so you can be  
prepared for any weather changes.**

In this document we will present you with a guide to make your experience in Legendaries the best it can be. Please note that this is what we recommend. If you have any other questions please send us an email to [legendario.wi@gmail.com](mailto:legendario.wi@gmail.com) This Extreme Character Challenge is conducted by "Legendaries USA", a non-profit corporation registered in the Madison, Wisconsin in the service of in the Madison, Wisconsin, serving the Community.

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### **What should my backpack be like?**

- The maximum weight of the backpack should be 35 - 40 pounds.
- This includes tent, clothes, water and so on. Your backpack and tent are individual.

### **What documents should I bring?**

- Original identification (ID or Passport). (In a waterproof bag)
- Medical insurance card (if you don't have insurance you can get a temporary travel Insurance) / LEGENDARIES USA does not provide insurance / other ID documents (In a waterproof bag)

### **What items should I pack?**

- Clothes (check local temperatures and adjust your pack according to the weather)
- Face Mask (Required)
- Cool, quick-drying hiking pants (DO NOT bring jeans!).
- Swimsuit / shorts (you will get wet).
- Long sleeve and short sleeve shirt.
- Fleece jacket / sweater.
- Rain and wind proof coat or Poncho.
- Fisherman type hat or cap.
- Sunglasses, Gloves.
- Large scarf to cover you from the sun and insects.
- Sports socks for hiking. (Two or three pairs).

### **What shoes should I wear?**

- Hiking Shoes or Tennis shoes, must be with laces or with a strap, they will get wet).

### **What should I bring to sleep in?**

- A camping tent (tent), maximum size for two people.
- Sleeping bag (Sleeping bag)
- Roll-up sleeping pad.
- Thermal sheet, enough to cover you when sleeping (It can be a plastic bag).



### How will I cook? What should I bring to eat?

- Bring an aluminum jug or cup. (Make sure you can boil water in it).
- Plastic spoon and fork.
- 2 full plastic water bottles (make them reusable bottles or hydration kit).
- Do not bring any food. (Unless you have any restrictive diet, allergy, etc.).

### What toiletries should I bring?

- Please note that all items MUST be environmentally friendly.
- Towel.
- Moist towels - wipes or toilet paper.
- Blister patches.
- Medications for pain (head and/or body) and stomach problems.
- Vaseline and talcum powder.
- Mosquito repellent. (Very important)
- Sun block. (Very important)
- Other items for your personal hygiene. (do not bring perfume)
- Legendary will provide shovels for sanitation.

### Other items that will be useful:

- Flashlight or head lamp.
- Extra batteries for flashlight or headlamp.
- Bible (Mandatory! Also, bring it in a waterproof bag to keep it dry).
- Walking stick.
- 5 -10 mts of plastic rope (for various uses).
- \$20 in cash. (you will need it the first day)

### Do not bring:

Food, no glass, weapons, this includes: guns, razors, nail clippers, tweezers. No chains, watches, earrings, etc.

### What dates should I consider?

The scheduled date for this "REC" is October 13 to October 16, 2022, although it could vary in case of extreme weather or new local measures, weather extremes or new local measures taken due to COVID-19 that force us to postpone the date. If you have any other questions DON'T HESITATE TO DO SO! Legendary Director Madison Wisconsin (608) 217 7777

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REC: August 21 2022

Pastor: Pedro Ruiz Jr (608) 217-7777 / Jose Soto (305) 924-3260 / Adrian Tecua (608) 692-6073

**LEGENDARIOS**