



Acknowledging Acts of Kindness Club Newsletter

September 2020

I hope you all are safe and healthy. Fall is in the offing and I am looking forward to the day we can get back to some semblance of normalcy. My best guess is that we will be able to get started again in October although there will be some obvious limitations.

Status of our meetings

Our August 13th meeting was a Zoom meeting and we had 14 people. So we will have another Zoom meeting at our normal time on Thursday, September 10th at 12:30. Here is the information for signing up. It's all quite simple. Just download the Zoom app on your phone, tablet, laptop, or PC and sign in to the meeting. There is no cost at all. It's best to use a device with a camera so your picture will appear. Our member, Tweet Coleman, will be organizing the meeting and we **will have a very exciting speaker join us.**

Please help us by communicating with others in our club to encourage them to attend. Also, for those of you who are snow birds, this is your opportunity to stay in touch. Here is the information you need to join us:

Topic: Zoom AOK Club Meeting
Time: Sep 10, 2020 12:30 AM Eastern Time (US and Canada)

<https://us02web.zoom.us/j/82051306249>

For those of you who have reservations about joining a zoom meeting Tweet has agreed to have two quick training sessions. Sign up for one of these if you need some assistance:

Topic: Zoom Training Meeting
Time: Sep 8, 2020 09:00 AM Eastern Time (US and Canada)

<https://us02web.zoom.us/j/86781202823>

Topic: Zoom Training Meeting
Time: Sep 9, 2020 09:00 AM Eastern Time (US and Canada)

<https://us02web.zoom.us/j/89050772279>

If you have any questions contact Tweet Coleman at

tweetcoleman@gmail.com or 407.361.4552

New Members

We again have 3 new members even without the ability to meet and that's a great sign. Please welcome Pat Chalk (Edgewater Bungalows), Agnes Cull (Hemingway), and Sharlene Tyler (Dunedin). We look forward to meeting you at our next meeting.

Sonny's Barbecue

Sonny's BBG is doing some very interesting things related to kindness. At our September 10th Zoom meeting, their Kindness Officer, Kennon Adkinson, will tell us about some of the things that they are doing and I think you will be impressed. Could this be signaling the future for many other organizations? Read more about Kennon at [this site](#).

Kindness Cards

During the pandemic, most of us have stopped handing out our Kindness Cards for good reason. Things are loosening up a bit, and it may be a good time to begin doing this again. I have a plentiful supply of cards and will make them available to anyone who needs them. They will be available on our front porch at 383 Awendaw Loop in The Village of Tall Trees. Take as many as you need.

Our Website and Facebook sites

We have an exciting new website that comes with the ability to easily make changes and additions. Explore it when you get a chance. If you have any suggestions for changes and additions please let us know at (aaokclub@gmail.com). Also, feel free to contribute to our blog on any thoughts you may have on kindness by sending them to this address. All of our newsletters will also appear on this website.

We also have a Facebook page at:

<https://www.facebook.com/AcknowledgingActsOfKindness>

Check it out, give it a big like, and share it with as many as you can! You will find a lot of interesting examples of kindness on this page.

Club Shirts

We have a limited supply of club shirts for anyone interested. The T-shirts are just \$10 each and the Polo Shirts are just \$20 each. This is a great buy and the money goes into our treasury. Let me know if you are interested at aaokclub@gmail.com. Also, the [Zazzle Kindness Store](#) has some interesting items (mugs, shirts, hats, masks, etc) and 10% of the costs of these will go into our treasury.

I'll leave you with a rather nice video of Tim McGraw singing '[Be Humble and Kind](#)'

Stay safe and hope to see you all (y'all) soon. Lindsay Collier

Happiness is the new rich. Inner peace is the new success. Health is the new wealth. Kindness is the new cool. – Syed Balkhi