



## Acknowledging Acts of Kindness Club Newsletter

**January 2024**

Happy New Year! Our next meeting is on Thursday, January 11th, at 12:30 at the Bacall Recreation Center. We will have a great speaker on a topic we have wanted to share for a while, kindness to our pets and animals.

Our speakers will be Claudia Labbe and Cheryl Courtright from Your Humane Society SPCA. This is the first time we have focused our meeting on kindness to animals and it's sure to be an exciting event.

If you can, bring a donation to help them out. Here are some of the things they need:

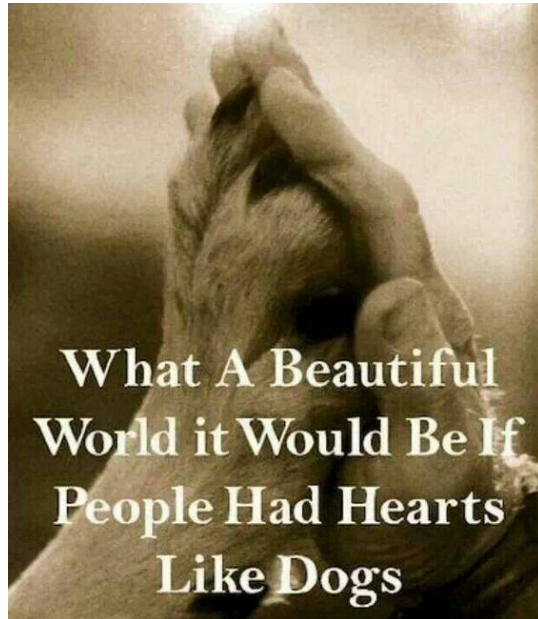
- \*Paper Towels
- \*Dawn Dish Soap
- \*Laundry Detergent (any brand)
- \*Copy Paper
- \*Purina O.N.E. Puppy dry

- \*Purina O.N.E. Dog dry
- \*Purina O.N.E. Dog/Puppy canned
- \*Purina O.N.E. Cat dry
- \*Purina O.N.E. Cat canned
- \*IAMS Kitten dry

I am told they also need blankets, towels, and sheets so, if you have any extras, bring them along. You can also go to their wish list on Amazon to see some of their needs. If you have

Amazon Prime there is still plenty of time to order some of these.

<https://a.co/8StweQp>



We also have some exciting things to share and a couple of surprises in store for you that will add some excitement to our meeting – some things we have never done before. Curious? See you there.

### **New Kindness Cards**

We will also have our new kindness cards for you at the meeting which we are quite excited about. Come and get them!! Our thanks to Joe Santoro for supplying cards for our first years. We now have a budget that allows us to do this on our own and our Board spent some of their time during the summer recess redesigning them.

Always keep a few with you because you never know when an act of kindness will pop up, and you don't want to miss the chance to show your appreciation. That's what we are all about!



## Giving Clubs Showcase

On Saturday, Feb 3<sup>rd</sup> 2024 we will be sponsoring the bi-annual Giving Clubs Showcase at Lake Miona Recreation Center from 10:00-2:00. Mark your calendars for this event which will feature over 60 clubs and organizations that help create a culture of kindness in our community. We normally have 2 club members at our table each hour so let us know if you would like to be a part of this.



## AAOK's

Our AAOK's (Acknowledging Acts of Kindness) are some of our most exciting events and we would love to have more of you volunteer to be a part of them. It takes little time, and it will make you feel good all over! We have several tentative AAOK events in the offing but are always looking for more. Our goal is to have one each month. Do you know of someone who deserves to be acknowledged for their exceptional kindness? If so let us know. We have a couple of people we plan on honoring but are always looking for more.

## Upcoming Events

We have some exciting events coming up. Learn more about them and sign up for these at our meetings or at [aaokclub@gmail.com](mailto:aaokclub@gmail.com).

- Day of Service – “Feed Our Starving Children” – Tuesday, Feb 27<sup>th</sup>, 9-11 at Live Oak Community Church
- St Pat's Day Parade – March 17<sup>th</sup>, 2024
- Bi-Annual Fundraiser in March (date and other details in the works)
- Flags for Fallen Vets – Pre-Memorial Day, 2024

## Days of Service

Here is something new we are going to try which many of you may find exciting. From time to time, we will have “Day of Service” events to give our members the opportunity to participate in a variety of acts of kindness. We feel we have a perfect event to begin this activity.



**Feed My Starving Children (FMSC)** offers an opportunity to make a difference in the lives of children around the world! It offers volunteers a one-of-a-kind experience. You'll hand-pack rice, soy, dried vegetables, and a nutritionally complete blend of vitamins and minerals into bags which are then sealed, boxed, placed on pallets and shipped to partners working hard to reach the neediest children around the world.

Through volunteering at FMSC, you'll get the chance to impact hundreds of kids in just two hours! You'll experience what it's like to make a tangible difference with your kindness. Our club will also be making a donation to FMSC.

Packing meals will take place at Live Oak Community Church, 12070 CR 103, Oxford, on Wednesday, Feb 27th.

We will have a sign-up sheet for those interested at our meeting, or you can sign up at [AAOKclub@gmail.com](mailto:AAOKclub@gmail.com). We already have 25 or so signed up!

Another future event we are anticipating is a "Team Building Work Day" at the Chase Sanctuary & Wildlife Conservation in Webster. Have some ideas of other possible events? Let us know.

### **Kindness Goes Viral with Steve Hartman**

This was in last month's newsletter but, if you didn't get a chance to check it out, it's well worth your time. It's a little over 40 minutes but has some wonderful stories of kindness!

<https://www.youtube.com/watch?v=WL54nQy6NYA>

## Club Shirts, Hats, Nametags, and More

Custom Apparel in the Publix Plaza on 466 has a catalog of products with our club logo. This includes men's and women's Tee's and polo shirts, full zipper fleeces, nametags, totes, and hats. And the prices are very reasonable. Their catalogue can be seen at [aaokclub merchandise](#) and you can order online if desired. Visit them today and check out their great selections so you can show our AAOK Club colors.

## Kindness Certificates

Our Certificates of Kindness are another very easy way we use to acknowledge acts of kindness. If you have someone you know who has shown exceptional kindness, you can use this to acknowledge them. If you would like to do this let us know ([aaokclub@gmail.com](mailto:aaokclub@gmail.com)) and we will work with you to make it happen.



## Website and Facebook Sites

We have a terrific website ([AAOKClub.org](http://AAOKClub.org)). Visit this often to see the latest events and news. Our blog is a way of sharing interesting articles on kindness, and we invite you all to contribute to this. The latest blogs include articles from two of our members and a story of kindness that will bring tears to your eyes. If you have something you would like to share sent it to [aaokclub@gmail.com](mailto:aaokclub@gmail.com) and we will make sure it is added (with your name of course). While you are on the site check out the latest blogs and enjoy.

We also have a Facebook page at:

<https://www.facebook.com/AcknowledgingActsOfKindness>

and a Facebook group at:

<https://www.facebook.com/groups/2392926004127163>

Check them out, give a big like, post some good stuff, and share it with as many as you can! You will find a lot of interesting examples of kindness on these sites.

See you on January 11th

Stay Healthy, Happy and Kind!

Lindsay Collier, President, [Lindsaycollier@comcast.net](mailto:Lindsaycollier@comcast.net)

A BEAUTIFUL FACE  
WILL AGE AND A  
PERFECT BODY WILL  
CHANGE, BUT A  
BEAUTIFUL SOUL  
WILL ALWAYS BE A  
BEAUTIFUL SOUL.

Simple Reminders  
SIMPLEREMINDERS.COM

IN THE END, WE WON'T REMEMBER THE MOST  
BEAUTIFUL FACE AND BODY. WE'LL REMEMBER  
THE MOST BEAUTIFUL HEART AND SOUL



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