



How to Use This Journal

This devotional is designed to help you not only read about God's promises but walk in them daily. Each day follows the same rhythm:

Begin with Scripture

Read the passage at the top of the devotion. Let the Word set the foundation.

Reflect Deeply

Read the daily reflection. Pause, underline, or highlight what stands out. These truths are written to encourage, challenge, and guide you.

Respond in Writing

Use the reflection question to process what God is speaking to you. Writing creates space for clarity, honesty, and prayerful response.

Worship Through Song

Scan the QR code or visit the Steps of Promise Playlist on YouTube. Listen, sing, or simply let the music stir your spirit. The songs are chosen to echo each day's theme.

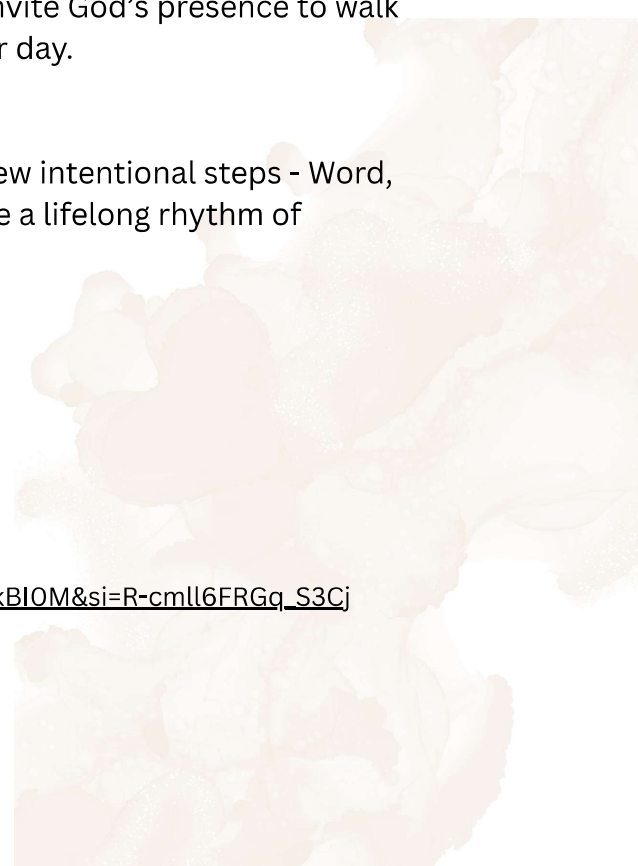
Pray and Close

End with a short prayer of gratitude or surrender. Invite God's presence to walk with you into the rest of your day.

Daily devotion doesn't need to be complicated. A few intentional steps - Word, Reflection, Writing, Worship, and Prayer - can create a lifelong rhythm of walking in God's promises.



https://youtube.com/playlist?list=PL_wpkPG8MERCfVDk4mOV1EKwZ1dTkBIOM&si=R-cmll6FRGq_S3Cj



PART I: THE ALTAR AND THE PROMISE
(Altar = Worship/Repentance, Promise = Covenant/Hope)

Before the wisdom of Proverbs, there was the reckoning of Chronicles. This first part of the journey begins at the altar - the place of worship, repentance, and return. It's where brokenness is acknowledged, lineage is remembered, and covenant is reawakened.

Part I invites you to reconnect with the God who remembers names, honors worship, receives repentance, and always keeps His promises. Over these next 60 days, you'll walk through stories of kings and captives, rebuilders and worshippers, and see how every rise, fall, and restoration is woven into the divine record - not just in Scripture, but in your life, too.

You'll be challenged to reflect, not just on what happened in the Bible - but on how your life mirrors it:

- Where have you built altars of worship in the midst of pain?
- Where has repentance brought you closer to God's presence?
- Where have you forgotten the promise... or feared it no longer applied to you?

This section is not just about what happened in Israel's history. It's about why it still matters. It's about rebuilding sacred spaces in your soul.

How to Use Part I:

- Read each day's passage with openness, even when it feels distant or unfamiliar.
- Use the reflection prompts to trace the parallels between your story and theirs.
- Journal your responses, questions, or prayers honestly - this isn't about performance; it's about presence.
- Return to key themes - worship, repentance, covenant, and hope - as anchors for your process.

As you journey through The Altar and the Promise, you're not just learning history. You're letting the Spirit whisper reminders of your own sacred identity.

Let's begin.



Date: / /

DAY 1



THEME:
Rediscovering Your
Spiritual DNA

REFLECTION:

The book of Chronicles opens with Adam - not Abraham, not David. It begins with the beginning. You can't move forward until you know where you came from. Even if your past feels broken or irrelevant, your spiritual lineage starts with the breath of God. Your story matters because His breath is in your origin.

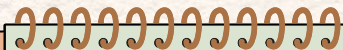


Write about a time when you felt disconnected from your roots or unsure of where you came from. How did it impact your decisions or direction in life? What would it look like to reclaim your origin as something Divinely significant?



WORSHIP SONG OF THE DAY:

Who You Say I Am
by
Hillsong Worship



To listen:
Scan the QR code or visit
StepsOfPromise.com/Songs



**TODAY'S
PROMISE
WORD:**
COVENANT



TITLE:

"It all starts with Adam"



PASSAGE:
1 CHRONICLES 1:1



Date: ____/____/____

DAY 2

THEME:

The Power of Being
Remembered

TITLE:

"Names Without Narratives"

PASSAGE:

1 CHRONICLES 1: 1-42

REFLECTION:

These chapters list generations of names, most of whom we know little about. But God knows them. He recorded them. You don't have to be famous to be favored. God remembers every name, every tear, every effort. Your obedience writes your name in a Divine archive.

WORSHIP SONG OF THE DAY:

You Know My Name
by
Tasha Cobbs
Leonard
ft. Jimi Cravity



To listen:
Scan the QR code or visit
StepsOfPromise.com/Songs

Write about a time
when your name - or
your identity - felt
overlooked or
forgotten. How did
God remind you
that you are
remembered?

TODAY'S
PROMISE

WORD:

HERITAGE

Date: / /

DAY 3



THEME:
*Family Lines and
Spiritual Legacies*

TITLE:

"The Sons of Israel"



PASSAGE:
1 CHRONICLES 2:1



REFLECTION:

This passage reintroduces the 12 sons of Jacob. Your family line may carry drama, betrayal, or dysfunction - but it also carries destiny. Redemption doesn't erase your roots; it restores them. Ask God to transform your family tree, not just trim it.

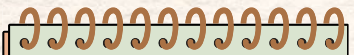


Write about a moment
when you saw
generational patterns in
your family line. How do
you feel called to break,
heal, or carry them
forward?



**WORSHIP SONG
OF THE DAY:**

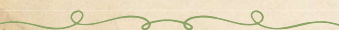
The Blessing
by
Melvin Crispell &
Maranda Curtis



To listen:
Scan the QR code or visit
StepsOfPromise.com/Songs

**TODAY'S
PROMISE**

WORD:
FAITHFULNESS



Date: ____/____/____

DAY 4

THEME:
*From Brokenness to
Blessing*

TITLE:

*"Judah's Lineage and
the Path to Praise"*



PASSAGE:

1 CHRONICLES 2: 3-17

REFLECTION:

Judah's story includes broken people and messy stories. Tamar, the scandal, is still mentioned - but that's the beauty of grace. God doesn't cancel the broken chapters; He repurposes them. What feels shameful in your past might be the soil for your praise today.

**WORSHIP
SONG OF
THE DAY:**

Broken People
by
Israel & New Breed ft
DOE



To listen:
Scan the QR code or visit
StepsOfPromise.com/Songs

Write about a chapter in your life that once made you feel ashamed, hidden, or disqualified. How could God be using that very chapter as the foundation for something redemptive? What does it look like as your pain becomes your praise?

**TODAY'S
PROMISE**

WORD:

ENLARGE



Date: / /

DAY 5

THEME:

*Hidden Stories in the
Family Album*

REFLECTION:

The long list of names in 1 Chronicles might seem ordinary, even overlooked, but each one mattered to God. Every name was a story, every life a thread in His divine design. You may feel unseen or insignificant, but heaven records what history forgets. God's remembrance is not about fame but faithfulness. The chapters others skip are the ones He reads the most carefully.

Write about a time you felt unnoticed or forgotten. How did God remind you that your story still has meaning? What "hidden chapter" in your life might He be using to write something eternal?

TITLE:
"The Forgotten Names"

PASSAGE:

1 CHRONICLES 4: 1-8

WORSHIP SONG OF THE DAY:

The God Who Sees
by
Nicole C. Mullen



To listen:
Scan the QR code or visit
StepsOfPromise.com/Songs

TODAY'S
PROMISE
WORD:
VALUED