

The People's Pedagogue

Circle Counsel

Embracing Plurality & Intersectionality in Healing Arts

**Self-Liberation in
Practice & Community**

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The People's Pedagogue

Circle Counsel

Connecting People



EDUCATION & PRACTICE

**NOW ACCEPTING
SUBMISSIONS**

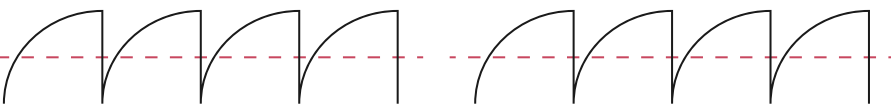
Course Building

Open Workshops

Pop-up Event Production

Mentorship & Development





The People's Pedagogue

Circle Counsel is -

Peer-to-Peer Support

COMMUNITY EMPOWERMENT & HEALING

While we each bloom in our own time, in our own ways, we can offer uplift and empowerment to ourselves and others along that path.

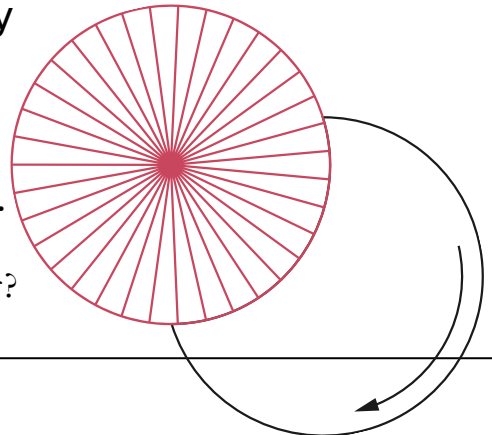
By co-creating community listening, resourcefulness & fellowship to support self-liberation, we are naturally guiding others.

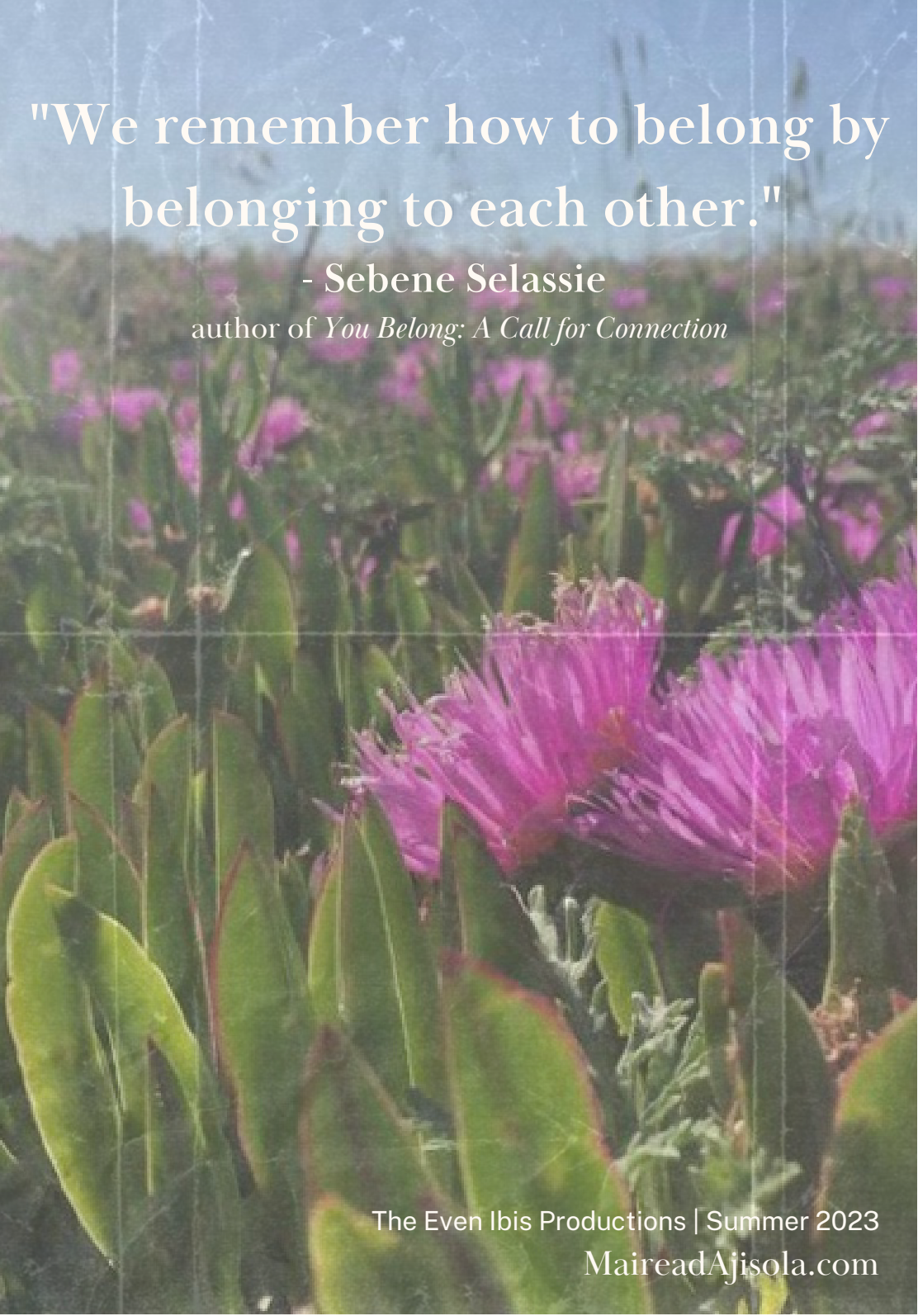
Smile when you are ready.

Ready to start building together?
Let's Connect!

THIS FOR YOU IF ...

- you are an open-minded person
- you are interested in studying healing arts (yoga, massage, reiki)
- you are curious to learn divination wisdom and tools (Akashic meditation, intuitive practice)
- you are comfortable joining a diverse virtual community
- you may know a skill to share with others
- you are committed to your growth and development
- you enter into this process with respectful curiosity





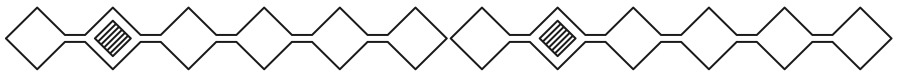
"We remember how to belong by
belonging to each other."

- Sebene Selassie

author of *You Belong: A Call for Connection*

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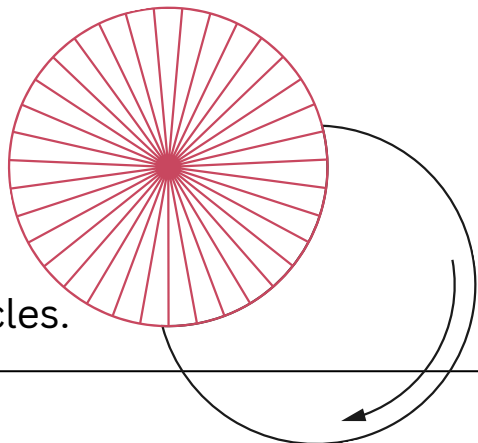
Wellness Events and Group Study

POP-UPS WITH PURPOSE

An intersectional circle for strength and hope in community.

We host and facilitate inclusive wellness spaces where new modalities and practices for healing can be shared. Our vision is to hold intentional spaces where we can co-create a sense of belonging, exchange ideas, and be in the reflection while giving. We currate spaces where healers can receive healing, artists feel inspired, activists become empowered and educators are open to learning new wisdom.

Ready to start healing together?
Let's Connect!



Please share within your circles.

Lambert Smith
Hampton

01 676 0331

*Building Social Connections
for Self-Liberation
& Healing*

SMILE

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Producing Trust-Based Connections,
Storytelling & Pop-Up Events
for Healing, Understanding & Growth

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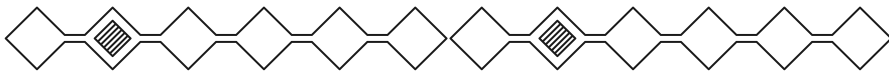
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Healing in Community

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Exploring Guidance & Creating Connections



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Healing & Self-Development in Community

WAYS WE CONNECT & CO-CREATE -

The most revolutionary thing you can do is prioritize your self-improvement.

We are -

- EDUCATORS
- ACTIVISTS
- YOGIS
- HERBALISTS
- MUSICIANS
- PERFORMERS
- WRITERS
- ASTROLOGERS
- GARDENERS
- STORYTELLERS
- CHEFS
- HEALERS
- STUDENTS
- ARTISTS
- SMALL BUSINESS OWNERS
- NON-PROFIT PARTNERS
- CURIOUS LISTENERS
- & SO MUCH MORE!



Producing Trust-Based Connections,
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Building Social Connections for Self-Liberation & Healing



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Healing in Community

"If they don't give you a seat at the table, bring a folding chair"

-Ms. Shirley Chisholm

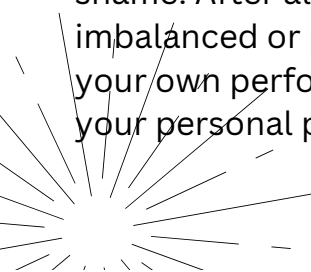
Discernment by Mairead

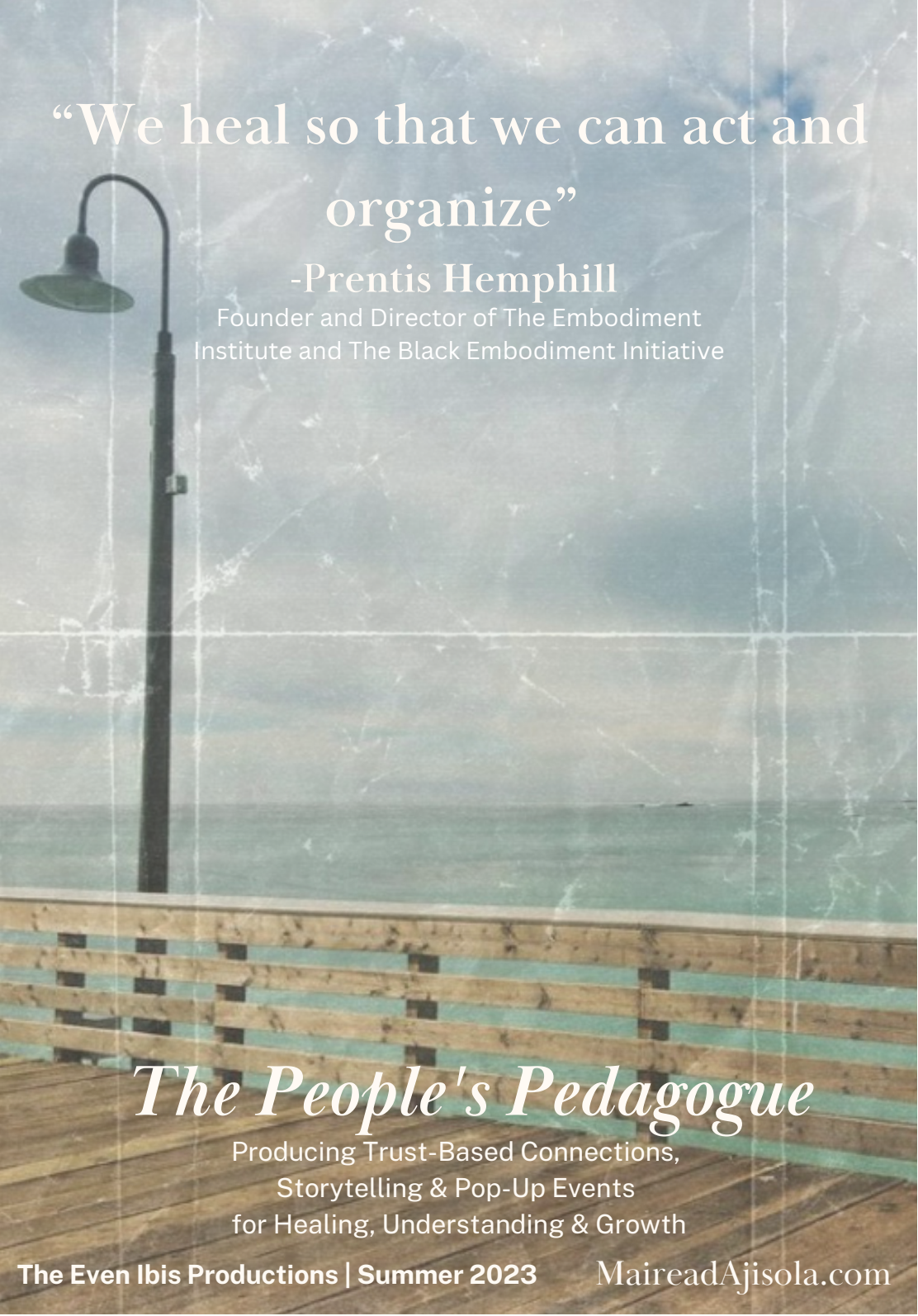
Also, it's important to accept when you are given a seat at the table and when/where you are truly welcome.

Trust that not every table that offers you a seat is ready or willing to have you take up and hold equal space at the table. Some tables may even shift your focus away from speaking or behaving from your own lived experience.

It's important to know and trust in yourself when your instincts are telling you that you are NOT in the right space - when you are seated and asked to be smaller, quieter, invisible, or acquiesce to the status quo against your own best interests.

Just as you would abide by courteous dining etiquette, learn how to excuse yourself with the least amount of frivolity or shame. After all, understanding the limitations of an imbalanced or poorly appointed table is not a reflection on your own performance, capacity, or brilliance but rather on your personal power to discern where you are truly valued.





“We heal so that we can act and
organize”

-Prentis Hemphill

Founder and Director of The Embodiment
Institute and The Black Embodiment Initiative

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Practicing Revolutionary Self-Care



Tranquila.

You are not alone

You are part of a thriving community!

Be gentle with yourself.

We are all healing at our own pace.



I AM REAL

Pay Attention to You

Personal growth is an underused HEALING tool. Self-development is REVOLUTIONARY. The act of self-healing makes you a RADICAL.

While doing this work, the most hostile resistance we often hear is asking us to "be positive, don't pay attention to this stuff" or temptation to turn away from the practices that may bring us peace.

How is your attention used as a weapon of dominance and control against you?

Affirmative 'I' Statements

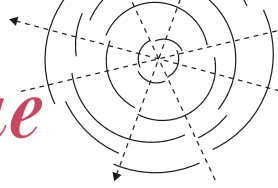
For Patient Learners in Search of Validation: A writing exercise for self-recognition and encouragement to 'show up as you are'. Meditate on these statements or give voice and speak them aloud when you need attention.

Considering that visibility is not safe for everyone, this is a self-validating writing exercise for a reflective and logical normalization of the fundamental need to feel recognized.

You are invited to write statements that do not include your race, gender, or identity as it relates to another human being. Omit statements like, "I am a good mother". Statements should be about you as a form of personal awareness without judgment.

You are not alone -

The People's Pedagogue



Ms. Mairead Ajisola

(She/Her/We)

Education Consultant & Writing Coach

Mairead is an activist-educator and writer committed to decolonizing education and reimagining equitable access to creativity and healing. Balancing empathetic and restorative leadership practices with a passion for play, healing justice, cultural exchanges, and experiential learning, Mairead produces and facilitates pop-up events, courses, and workshops to reground ourselves in our self-liberation and healing process.



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