

Mairead Ajisola

THE PEOPLE'S PEDAGOGUE

Syzygy

MaireadAjisola.com

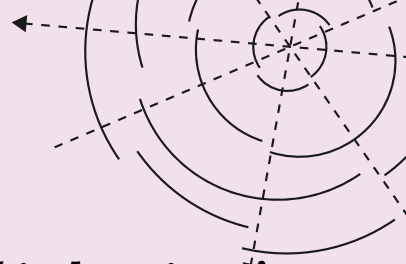
ONE YEAR ANNIVERSARY

Celebrating one year of the
shareable e-zine for self-liberation!

The Even Ibis Productions | Summer 2024 | MaireadAjisola.com

The People's Pedagogue

SELF-LIBERATION IN PRACTICE



Syzygy

‘My Heart is Also Flickering’

A meditation on mystical wisdom

For Dreamers, who have room to dream and those ready for Acts of LOVE:

A personal reflection exercise to guide yourself toward Self-Liberation. You are invited to meditate on these ideas in a healing space or lovingly engage in the concepts discussed with someone special.

In popular psychology dialogue the tenets of author Gary Chapmans’ ‘Five Love Languages’ have become a simplified way to communicate expectations and requests of love.

We may be familiar with the five love languages used to decipher an understanding of our personal attachment to the embodiment of love.

We may even feel attuned to one or more of the specific love languages - ‘words of affirmation’, ‘gifts’ or ‘quality time.’ Quite naturally this may give us a sense of resolute relief, a psychological hack.

However, in this way, with only five expressions, we may be comfortable with two, maybe recognize or organize in hierarchy three in ourself and others and find those two others unrelatable or worse disquieting. And possibly, left to our own explorations we may miss countless opportunities of allowing ourselves to feel lovingness in all its forms and formlessness.

Allow us to propose a new self-acknowledgement to support and expand our performance of love. Take a moment to consider -

What if we were not limited in the ways we acted upon or received love?

What if we were to continuously approach life as ‘multilingual?’



Share your thoughts with MaireadAjisola@gmail.com

The Even Ibis Productions | Summer 2024



The People's Pedagogue

SELF-LIBERATION IN PRACTICE

Syzygy

‘My Heart is Also Flickering’

**a meditation on mystical wisdom
(continued)**

What if, like anything else, love and loving is a skill we can build and can improve upon throughout our life?

What if our ability to dance between expressions of love and evolve our understanding and response to *showing* love and *being* loved was part of the divine wisdom of the collective consciousness?

To go further still, what if who and what is capable of showing us love were also boundless?

What if the pink peony resting between the fence posts loves us just as much as we love it as we pass by on a morning walk?

What if love was within our every acknowledgement and also reflected upon us?

Simply put, what if unraveling how we are taught to love and embracing what we are comfortable with in terms of what love can be also includes getting better at loving without calculated prescriptions of how it can show up in our life?

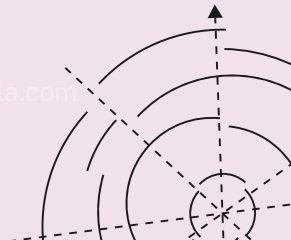
What if love, like language, can evolve and be rediscovered endlessly?

Self-agency and self-liberation asks us to not limit ourselves. We are a multifaceted being likely requiring and delivering different expressions of love at any given moment.

What more is there for us to learn about LOVE?

Share your thoughts with MaireadAjisola@gmail.com

The Even Ibis Productions | Summer 2024



‘My Heart
is Also
Flickering’

We invite you to share this issue with
another person as an Act of LOVE.

The People's Pedagogue
Self-Liberation in Practice