

CEAL Monthly Devotional

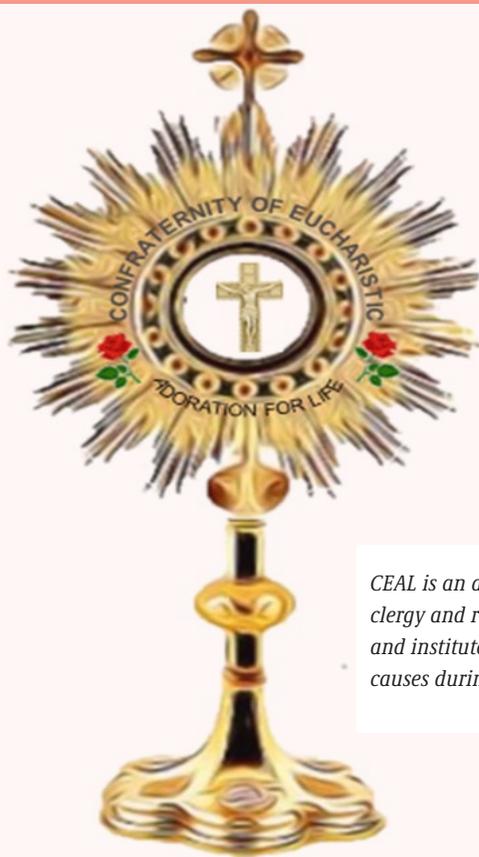
Advent and Christmas, 2021



The Confraternity of Eucharistic Adoration for Life

Advent: November 28- December 24, 2021

Christmas: December 25, 2021 - January 9, 2022



CEAL is an association of lay faithful, clergy and religious from different parishes and institutes. CEAL members pray for Life causes during Eucharistic Adoration.

This guide to Eucharistic Adoration includes suggested readings, prayers, hymns, devotionals, and prayerful images upon which to reflect to make your experience a greater blessing.

If you are not able to attend your church's scheduled hours of Eucharistic Adoration, but your church is open, you can still worship the Lord. Even though the tabernacle is locked, He is present in the Tabernacle 24/7. Therefore, worshipping the Lord before the Tabernacle is acceptable.

In special situations, you may be unable to pray in the presence of the exposed Sacrament, such as in the current health pandemic or if you are confined to home without any access to Church. In these cases, you can take part in the Eucharistic Adoration online offered by various sources such as:

Online Perpetual Eucharistic Adoration at
<https://virtualadoration.home.blog/>

EWTN at <https://www.ewtn.com/catholicism/adoration>.

For more information, visit us at: www.cealservants.com

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Prayer to St. Michael the Archangel

The Confraternity of Eucharistic Adoration
for Life

Spiritual Director: Fr. Bob Romaine
Diocese of St. Petersburg, Florida

December 2021

www.cealservants.com

Prayers for **Advent/Christmas 2021**



Our Advent and Christmas Devotional

Leader: In the name of the
Father, and of the Son, and of
the Holy Spirit

All: Amen

Leader: O God, come to my
assistance

All: O Lord, make haste to help me.

Leader: Glory be to the Father, and
to the Son, and to the Holy Spirit.

All: As it was in the beginning, is
now and will be forever.

Amen.



Advent & Christmas Novena: December 16 - 24

Catholics in many cultures have prayed the Christmas Novena (nine consecutive days of prayer) from December 16--24 as part of their Christmas preparation. Its focus is on our expectation of the coming of Christ and on God's faithfulness to his people throughout the generations.

Rejoice! Rejoice! O Israel

This novena is built around what we usually refer to as the Great Antiphons of Advent, a series of scriptural titles addressed to Christ, the newborn king and the titles given to Christ in Luke's account of the Annunciation. Together they seem to sum up our Advent longing for Jesus Christ, our Savior.

All can pray this novena, either alone or as part of a family group. They can also be added to our daily prayers to give them an Advent flavor.

Each day begin with lighting a candle or the candles on your Advent wreath. A favorite carol or hymn may be sung, such as "O Come, O Come Emmanuel" (see b

If prayed in a group, invite one member to read the short scripture passage aloud, allowing time for reflection before all pray the short prayers that follow.

HYMN

*O Come, O Come Emmanuel,
And ransom captive Israel
That mourns in lonely exile here
Until the Son of God appear
Rejoice! Rejoice!
Emmanuel shall come to you, O Israel
O Come, O Come O Wisdom from on high.
Who orders all things mightily
To us the path of knowledge show
And teach us in her ways to go
Rejoice! Rejoice!
Emmanuel shall come to you, O Israel*

OUR CEAL INTENTIONS

For Life causes - such as
protection for babies in the
womb from abortion,
protection of children
and adults
from human trafficking,
protection for the elderly
from ethanasia
and the troubled from suicide.

NOVENA FOR ADVENT & CHRISTMAS



December 16: Jesus, Wisdom of God

Leader: "After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers". (Lk 2:46-47)

All: O Wisdom, who came from the mouth of the Most High, reaching from end to end and ordering all things mightily: Come and teach us the way of prudence.

All: Glory to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now and shall be forever more. Amen

December 17: Jesus, Lord and Ruler of all

Leader: "I am the Lord your God, who brought you out of the land of Egypt, out of the house of bondage. You shall have no other gods before me." (Ex 20: 2-3)

All: O Lord and ruler of the nations, who appeared to Moses in the burning bush and gave him the law on Mount Sinai: Come and redeem us with our outstretched arm.

All: Glory to the Father...

December 18: Jesus, Root of Jesse

Leader: "There shall come forth a shoot from the stump of Jesse, a branch that shall grow from its roots. And the Spirit of the Lord shall be upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord" (Is 11:1-3)

All: O Root of Jesse, the long awaited savior of the Chosen People, before whom kings shall kneel and all shall ask for mercy: Come, make haste and deliver your people.

All: Glory to the Father...

December 19: Jesus, Key of David

Leader: "And I will place on his shoulder the key of the House of David; he shall open and none shall shut; and he shall shut and none shall open. And he will become a throne of honor to his father's house". (Is 22:22)

All: O Key of David whose life unlocks for us the promise of eternal life: Come and liberate us, free us from the darkness of sin and the shadow of death.

All: Glory to the Father....

December 20: Jesus, Dawn of the East

Leader: "In them he has set a tent for the sun, which comes forth like a bridegroom leaving his chamber, and like a strong man runs its course with joy. Its rising is from the east to the west and there is nothing hid from its heat" (Ps 19:5-7)

All: O Dawn of the East, brightness of the light eternal and Sun of Justice: Come and awaken within us compassion for all who are in need.

All: Glory to the Father...

December 21: Jesus, King of the Gentiles

Leader: "So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone" (Eph. 2:19-20)

All: O King of Gentiles, the cornerstone that makes all believers one in the household of God: Come and deliver your sons and daughters, whom you have formed from the dust of the earth into the eternal image of God

All: Glory to the Father

December 22: Jesus, Emmanuel

Leader: "Therefore the Lord will give you a sign. Behold, a maiden shall conceive and bear a son and shall call his name Emmanuel" (Isa 7:14)

All: O Emmanuel, God with us, the long awaited savior: Come and save us, give us once more the joy of your compassion and mercy.

All: Glory to the Father....

December 23: Jesus, Son of the Most High

Leader: "He will be great and will be called the Son of the Most High and the Lord God will give him the throne of his father David and he will reign over the house of Jacob forever and of his kingdom there will be no end" (Lk 1:32-33)

All: Jesus, Son of the Most High, your birth is the fulfillment of the promises made long ago: Come and empower us to be faithful to our baptismal promises.

All: Glory to the Father...

December 24: Jesus, Son of God

Leader: "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God" (Lk 1:35)

All: Jesus, Son of God, you bring healing to those who cry out to you in faith. Come and restore your people that we might shine once more in the glory of your name.

All: Glory to the Father...

**Scripture for Reflection**

Isaiah 7:14;

Isaiah 9:6-7

Matthew 1: 18-25

Luke 1: 26-38;

Luke 2: 1-20

John 1:14

Titus 3: 3-7

For All Members of The Confraternity of Eucharistic Adoration For Life

Prayer To Grow In Perfect Love

Lord, your servant St. Therese of Lisieux said:
" I will spend my heaven doing good on earth."

Father, your truth is made known in your word.

Teach us the way to love because you are Love

Jesus, you embody Love and Truth.

Help us to recognize your face in the Poor.

Enable us to live out our Vocation

to bring Love and Justice to your People.

Holy Spirit, You inspire us to transform our world.

Empower us to seek the common Good for all Persons.

Give us a spirit of solidarity and make us one human family.

We ask this through Christ our Lord. Amen

St. Therese of Child Jesus and The Holy Face, pray for us.

-Based on the encyclical ' Caritas in Veritas'

- Charity in Truth of Pope Benedict XVI)



For Protection Of Babies In The Womb From Abortion

Let us pray:

God our Creator and Father, you
have created man in your own
image

-Genesis 1:27

and breathed into his
nostrils your life

-Genesis 2:7

You have said, Before I formed
you, I knew you

- Jerimiah 1:5

May our prayers rise up to hea-
ven to beg for thy protection for
the babies in the wombs. Your
people have been misled by the
evil one to destroy that precious
life. May we be made aware that
we are made in thy image and
likeness.

Mary, Mother of God, you
protected the Baby Jesus from
every harm.

Please intercede for all the
fathers and mothers so that they
see their babies in the wombs
as your precious gifts and will
treasure and protect those gifts.
Amen.

All Pray: Our Father, Hail Mary,
Glory Be.

St. Therese of Child Jesus and
The Holy Face, Pray for us.

Silent Meditation: 2 minutes



For Protection Of Children, Youth And Adults From Human Trafficking

Let us pray:

God our Protector, you have
appointed angels to guard us

-Psalm 91:11

Your son Jesus said,
Let the little children come to me.
For the kingdom of heaven be-
longs to such as these

-Matthew 19:14

We pray for the protection of
children, youth and adults from
the evil and wicked people who
are involved in human
trafficking.

St. Josephine Bakhita, please
intercede on behalf of children,
youth and adults to keep them
safe at schools, colleges and work
places. Amen.

All Pray: Our Father, Hail Mary,
Glory Be

St. Therese of the Child Jesus and
the Holy Face, pray for us.

Silent Meditation: 2 minutes



For The Protection Of The Elderly From Euthanasia

Let us pray:

Heavenly Father, you gave us
life to live to the full.

As your Son Jesus said,
I have come that they may have
Life, and have it to the full

-John 10:10

We pray for the protection of
the elderly from the evil
practice of euthanasia.

Through the intercession of St.
Joseph, may all the
families care for their elderly
with love and gratitude till
natural passing from this world
to the next.

Amen.

All Pray: Our Father, Hail Mary.
Glory Be.

St. Therese of Child Jesus and
The Holy Face, pray for us.

Silent Meditation: 2 minutes



For Protection Of The Troubled From Suicide

Let us pray:

Merciful Father, your mercy is everlasting and the the treasury of compassion inexhaustible.

We pray for the troubled, the mentally ill, and those at the point of despair that your grace will protect them from taking their own lives.

Through the intercession of St. Faustina, may they experience Your mercy and forgiveness

and heed to the invitation of your Son Jesus who promised

Come to Me, all who are weary and heavy laden, I will give you rest.

-Matthew 11:28.

All Pray: Our Father, Hail Mary, Glory Be

St. Therese of Child Jesus and The Holy Face, pray for us

Silent Meditation: 2 minutes



Divine Mercy Chaplet

Leader:

In the name of the Father and of the son
and of the Holy Spirit.

All: Amen

OPENING PRAYER: (Optional)

You expired Jesus, but the source of Life
gushed forth for Souls, and the Ocean of
Mercy opened up for the whole world. O
Fount of Life, unfathomable Divine Mercy,
envelope the whole world and empty your-
self out upon us.

O Blood and water which gushed forth
from the Heart of Jesus as a fountain of
Mercy for us, I trust in you! (Repeat 3 times)

OUR FATHER:

Our Father, who art in heaven. Hallowed
be thy name. Thy kingdom come. Thy Will
be done on earth as it is in heaven. Give us
this day our daily bread and forgive us our
trespasses as we forgive those who trespass
against us. And lead us not into tempta-
tion, but deliver us from evil. Amen.

HAIL MARY:

Hail Mary, full of Grace. The Lord is with
thee. Blessed art Thou amongst women
and blessed is the fruit of thy womb Je-
sus. Holy Mary, Mother of God, pray for us
sinners now and at the hour of our death.
Amen.

THE APOSTLES CREED:

I believe in God, the Father Almighty,
Creator of Heaven and earth.
I believe in Jesus Christ, His only Son, Our
Lord, who was conceived by the Holy
Spirit, born of the Virgin Mary, suffered
under Pontius Pilate, was crucified, died
and was buried.

He descended to the dead.

on the third day, He rose again.

He ascended to heaven and is seated at the
right hand of the Father.

He will come again to judge the living and
the dead.

I believe in the Holy Spirit, the Holy
Catholic Church, the Communion of Saints,
the forgiveness of sins, the resurrection of
the body, and Life everlasting. Amen

FOLLOW THE FIVE DECADES OF THE
ROSARY.

ON EACH OF THE 'OUR FATHER' BEADS
PRAY:

Eternal Father, I offer you the Body and
Blood, Soul and Divinity of your dearly be-
loved Son, Our Lord, Jesus Christ, in aton-
ement for our sins and those of the whole
world.

ON EACH OF THE '10 HAIL MARY' BEADS
PRAY:

For the sake of His sorrowful Passion, have
Mercy on us and on the whole world.

CONCLUDING PRAYER:(Repeat 3 times)

Holy God, Holy Mighty one, Holy Immortal
One, have mercy on us and on the whole
world.

CLOSING PRAYER: (Optional)

Eternal God, in whom mercy is endless and
the treasury of Compassion inexhaustible,
look kindly upon us and increase your
mercy in us, that in difficult moments we
might not despair nor become
despondent, but with great Confidence
submit ourselves to your holy Will, which
is love and mercy itself. Amen.

The Holy Rosary

In the name of the Father, and of the Son and of the Holy Spirit.

Amen

THE APOSTLES CREED:

I believe in God, the Father Almighty, Creator of heaven and earth.

I believe in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried.

He descended to the dead.

On the third day he rose again from the dead.

He ascended to heaven and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.

Amen.

OUR FATHER:

Our Father who art in heaven.

Hallowed be thy Name.

Thy kingdom come. Thy will be done on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses as we forgive

those who trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.

HAIL MARY: (3 times for FAITH, HOPE AND CHARITY)

Hail Mary, full of grace. The Lord is with thee. Blessed art Thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death.

Amen.

GLORY BE:

Glory be to the Father, and to the Son and to the Holy Spirit.

As it was in the beginning, is now and ever shall be, world without end.

Amen.

FATIMA PRAYER:

O my Jesus, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those in the most need of Thy mercy.

Amen.





JOYFUL MYSTERIES:

1. THE ANNUNCIATION
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
2. THE VISITATION
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
3. THE NATIVITY
(One Our Father, Ten Hail Marys,,
Glory Be, Fatima Prayer)
4. THE PRESENTATION
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
5. THE FINDING OF THE CHILD JESUS
IN THE TEMPLE
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)

SORROWFUL MYSTERIES:

1. THE AGONY IN THE GARDEN
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
2. THE SCOURGING
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
3. THE CROWNING OF THORNS
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
4. THE CARRYING OF THE CROSS
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
5. THE CRUCIFIXION
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)

THE GLORIOUS MYSTERIES:

1. THE RESURRECTION
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
2. THE ASCENSION OF OUR LORD TO
HEAVEN
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
3. THE COMING OF THE HOLY SPIRIT
ON THE APOSTLES AND OUR LADY
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
4. THE ASSUMPTION OF MARY INTO
HEAVEN
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
5. CORONATION OF MARY AS QUEEN
OF HEAVEN AND EARTH
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)

LUMINOUS MYSTERIES:

1. THE BAPTISM OF JESUS
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
2. THE MIRACLE AT CANA OF TURN-
ING WATER INTO WINE
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
3. THE PROCLAMATION OF THE
KINGDOM OF GOD
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
4. THE TRANSFIGURATION
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)
5. THE INSTITUTION OF THE EUCHA-
RIST AT THE LAST SUPPER
(One Our Father, Ten Hail Marys,
Glory Be, Fatima Prayer)

AFTER PRAYING THE FIVE DECADES
OF THE ROSARY:

HAIL HOLY QUEEN:

Hail Holy Queen, Mother of mercy,
our Life, our sweetness, and our
Hope.

To thee do we cry, poor banished
children of Eve.

To thee do we send up our sighs,
mourning and weeping in this
valley of tears.

Turn then, O most gracious
Advocate, thine eyes of Mercy
towards us, and after this our exile,
show unto us the blessed fruit of thy
womb Jesus.

O Clement, O loving, O sweet Virgin
Mary.

Pray for us, O holy Mother of God
That we may be made worthy of the
promises of Christ.

CONCLUDING PRAYER:

Let us pray:

O God, whose only begotten Son, by
His life, death and resurrection, has
purchased for us the rewards of
eternal life.

Grant, we beseech Thee, that by
meditating upon these mysteries of
the most holy Rosary of the Blessed
Virgin Mary, we may imitate what
they contain and obtain what they
promise, though the same Christ our
Lord. Amen.

Advent Season Feast Days and Holy Days



**Solemnity of the Immaculate
Conception,
Patroness of the United States
December 8**

“No sin would touch her, so that she would be a fitting and worthy vessel of the Son of God.

The Immaculate Conception does not refer to the virginal conception and the birth of Christ, but rather to Mary’s being conceived without inheriting Original Sin.”

(United States Catholic Catechism for Adults, 142-143).

<https://www.usccb.org/prayer-and-worship/liturgical-year/advent/advent-december-8>



**Feast of Our Lady of Guadalupe
December 12, 2021**

Mother of Mercy, Teacher of hidden and silent sacrifice, to you, who come to meet us sinners, we dedicate on this day all our being and all our love. We also dedicate to you our life, our work, our joys, our infirmities and our sorrows. Grant peace, justice and prosperity to our peoples; for we entrust to your care all that we have and all that we are, our Lady and Mother. We wish to be entirely yours and to walk with you along the way of complete faithfulness to Jesus Christ in His Church; hold us always with your loving hand.

<https://www.usccb.org/issues-and-action/cultural-diversity/hispanic-latino/resources/upload/our-lady-of-guadalupe-jp-II-prayer.pdf>

Christmas Season Feast Days and Holy Days



Solemnity of Mary, Mother of God January 1, 2022

The honoring of Mary as the Mother of God began with the Council of Ephesus in 431. By the 7th century, January 1st was observed as a celebration of the Maternity of the Blessed Virgin Mary. However, through the centuries it was moved to various other days. In 1974, it was brought back to the first day of the year. We celebrate this feast as Christ's birth was made possible by Mary's fiat, or sanctioning of God's plan with her words, "Be it done to me according to thy word".

<https://holyfamily.org/the-solemnity-of-mary-mother-of-god-january-1/>



The Feast of the Epiphany January 2 or 6, 2022

We can scarcely imagine the trial of faith the Magi endured as they followed the star with their entourage. They had little idea of what to expect; least of all did they expect a poor child in a poor dwelling in a poor village. And yet at this point, when they entered the house, they encountered something unexpected - Mary! Mary is the all-convincing sign of the presence and power of the King of kings. She has a power that leads us inevitably to recognize her son, and his astounding identity as King, God, and Sacrifice for the salvation of the world.

<https://www.catholic.com/magazine/online-edition/let-us-offer-him-our-gifts>

Act Of Consecration Of The United States Of America To The Immaculate Heart Of Mary

Most Holy Trinity:

Our Father in Heaven, who chose Mary as the fairest of your daughters;

Holy Spirit, who chose Mary as your spouse;

Son of God, who chose Mary as your Mother;

In union with Mary, we adore your Majesty and acknowledge your supreme, eternal dominion and authority.

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to you. Through her we wish to thank You for the great resources of this land and for the freedom which has been its heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace.

Have mercy on our leaders and all the officers of our government. Grant us a fruitful economy, born of justice and charity. Have mercy on capital and industry and labor.

Protect the family life of the nation. Guard the precious gift of many Religious vocations. Through the intercession of our Mother, have mercy on the sick, the poor, the tempted, the sinners and on all who are in need.

Mary, Immaculate Virgin, our Mother, patroness of our land, we praise you and honor you and give our country and ourselves to your sorrowful and Immaculate Heart.

O sorrowful and Immaculate Heart of Mary pierced by the sword of sorrow, save us from degeneration, disaster, racial divisions and violence and war. Protect us from all harm.

Be our advocate. Pray for us, that acting always according to the will of your Divine Son, we may live and die pleasing to God.

IN THE NAME OF THE FATHER, AND OF THE SON AND OF THE HOLY SPIRIT. Amen.

Prayer To St. Michael The Archangel

St. Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray,

And do Thou, O Prince of the heavenly Host,

By the power of God, cast into hell Satan and all the evil spirits

Who prowl through the world seeking the ruin of souls. Amen.

