

# CEAL Monthly Devotional

*Prayers and Intentions for February 2021*



The Confraternity of Eucharistic Adoration for Life  
(CEAL)

Dedication:  
The Holy Family  
February 2021



*CEAL is an association of lay faithful, clergy and religious from different parishes and institutes. CEAL members pray for Life causes during Eucharistic Adoration.*

This guide to Eucharistic Adoration includes suggested readings, prayers, hymns, devotionals, and prayerful images upon which to reflect to make your experience a greater blessing.

If you are not able to attend your church's scheduled hours of Eucharistic Adoration, but your church is open, you can still worship the Lord. Even though the tabernacle is locked, He is present in the Tabernacle 24/7. Therefore, worshipping the Lord before the Tabernacle is acceptable.

In special situations, you may be unable to pray in the presence of the exposed Sacrament, such as in the current health pandemic or if you are confined to home without any access to Church. In these cases, you can take part in the Eucharistic Adoration online offered by various sources such as:

Online Perpetual Eucharistic Adoration at  
<https://virtualadoration.home.blog/>

EWTN at <https://www.ewtn.com/catholicism/adoration.>

For more information, visit us at: [www.cealservants.com](http://www.cealservants.com)

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# February 2021

## Prayers for

The Confraternity of Eucharistic Adoration  
 for Life  
 Spiritual Director: Fr. Bob Romaine  
 Diocese of St. Petersburg, Florida  
 February 2021  
[www.cealservants.com](http://www.cealservants.com)



## Our February Devotional The Holy Family

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Leader: In the name of the  
Father and of the Son and of  
the Holy Spirit  
All: Amen

Leader: O God, come to my  
assistance  
All: O Lord, make haste to help me.

Leader: Glory be to the Father, and to  
the Son, and to the Holy Spirit.

All: As it was in the beginning, is now  
and ever shall be world  
without end.

Amen.

# Holy Family Novena

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Jesus, Mary, and Joseph,  
bless us and grant us the grace of loving Holy Church, as we are bound to do, above every earthly thing, and of ever showing forth our love by the witness of our deeds.

Our Father, Hail Mary and Glory Be

Jesus, Mary, and Joseph,  
bless us and grant us the grace of openly professing, as we are bound to do, with courage and without human respect, the faith that we received of Thy gift in Holy Baptism.

Our Father, Hail Mary and Glory Be

Jesus, Mary, and Joseph,  
bless us and grant us the grace of sharing, as we are bound to do, in the defense and propagation of the Faith, when duty calls, whether by word or by the sacrifice of our fortunes and our lives.

Our Father, Hail Mary and Glory Be

Jesus, Mary, and Joseph,  
bless us and grant us the grace of loving one another in mutual charity, as we are bound to do, and establish us in perfect harmony of thought, will and action, under the rule and guidance of our holy Pastors.

Our Father, Hail Mary and Glory Be

Jesus, Mary, and Joseph,  
bless us and grant us the grace of conforming our lives fully, as we are bound to do, to the commandments of God's law and that of His holy church, so as to live always in that charity which they set forth.

Our Father, Hail Mary and Glory Be

Jesus, Mary, and Joseph,  
we ask in particular this special favor:  
[state your request here]

Let us Pray:

Lord Jesus Christ, Who, being made subject to Mary and Joseph, didst consecrate domestic life by Thine ineffable virtues; grant that we, with the assistance of both, may be taught by the example of Thy holy Family and may attain to its everlasting fellowship. Who livest and reignest, world without end. Amen.

<https://www.americaneedsfatima.org/Our-Lord-Jesus-Christ/holy-family-novena.html>



## *Pray for CEAL Intentions*

*For Life causes such as  
protection for babies in the  
womb  
from abortion,  
protection of children and  
adults  
from human trafficking,  
protection for the elderly  
from ethanasia  
and the troubled from suicide.*

# The Holy Family

## The Flight Into Egypt

- 
- Origin and History of the Holy Family's flight into Egypt
  - from - The website of the Coptic Orthodox Diocese of the Southern United States
- 

The visit of our Lord Jesus Christ to Egypt was a blessing to its people. The Holy Family sought shelter in Egypt until the death of King Herod. It is interesting to note that the Lord Jesus as a child did not use His power. He fled to Egypt although He had authority over Herod's soul. When an angel instructed St. Joseph to return to Palestine, the Holy Family left Egypt. This fulfilled what the Old Testament prophecy had foretold, "When Israel was a child, then I loved Him, and called my Son out of Egypt" (Hosea 11:1).

Indeed, the Holy Family prepared the way for Christianity in Egypt. An ancient Coptic legend says that as the Holy Child entered Heliopolis, "the noise of a rushing mighty wind was heard, the earth trembled, the idols crashed from their pedestals..." Apart from this legend, we are specifically told in Isaiah 19:1: "Behold the Lord rideth upon a swift cloud and shall come into Egypt and the idols of Egypt shall be moved at His presence and the heart of Egypt shall meet in the midst of it." Egyptian conversion to Christianity two thousand years ago can be attributed to this historic visit of the Christ Child. Egypt was chosen by God as a place of refuge and truly the people abiding there were richly blessed.

St. Mark, the founder of the Coptic faith, gave the Egyptians the distinction of having many "firsts" recorded in their history of achievements. According to tradition in all

apostolic churches, St. Mark's home is well known as the first Christian Church in the world. St. John Chrysostom states that St. Mark was the first apostle to inscribe the liturgy in the form of a ritual, which was strictly followed in the celebration of the Eucharist. The liturgy would be memorized by his successors and later be written by Pope Cyril.

The first Gospel ever written was by St. Mark. It would prove to be the first attempt to present the entire "tradition" of the Lord Jesus into a continuous story. A large part of the Gospel of St. Mark was written while he was in Egypt. The Theological School of Alexandria, which dates to the beginning of Christianity, was also founded by this apostle. St. Mark was the first of an unbroken chain of 117 patriarchs.

For two thousand years the Coptic Church has kept the teachings of our Lord Jesus Christ, beginning in a period where tradition largely dictated church worship to recorded history in books with research to prove the history. With the increasing number of Coptic immigrants to other countries, such as the US, the Church of Alexandria has been opened up to the outside world. The spirit of tradition and rite has successfully been transferred and cherished by the faithful.



## Path of the Holy Family Pilgrimage

The designated World UNESCO sites along the “Path of the Holy Family” were specified and approved by the Orthodox Church and by Pope Tawadros II.

The first phase includes the Church of St. Sergius and its surrounding area in old Cairo, the monasteries of Wadi El-Natrun in Beheira governorate, the Tree of the Virgin in Matariya, Gabal El Teir Monastery in Minya, and all archaeological installations in Assiut.

The journey will start from the old Cairo area that was known as Babylon Fortress, where the Holy Family lived in a cave that lies in the Church of St. Sergius. The journey will include the Hanging Church and will then head to Maadi to visit Virgin Mary’s Church in Southern Cairo, moving to Wadi El Natrun on the western side of the Nile River, where the largest number of monasteries and churches are located.

The trip will then lead to Gabal El Teir Monastery and to the Muharraq Monastery in Assiut, where the Holy Family spent six months in its cave.

The final destination will include Mount Dronka, where there is an old cave in the mountain where the Holy Family stayed before their return trip.

<https://aleteia.org/2017/05/18/the-path-of-the-holy-familys-exile-in-egypt-to-become-a-world-heritage-site/>

## Scripture Readings and Reflections

- by Fr. Bob

Mathew 2:13-23  
Romans 15:19-20  
1Corinthians 6: 18-20  
2 Timothy 2:22

The theme for the month of February:  
ST. JOSEPH, MOST CHASTE

### REFLECTION:

St. Joseph respected the Blessed Virgin Mary as the chosen Mother of God. He is the first devotee of Mary as the powerful the Intercessor. He remains a role model to People of all walks of life to preserve chastity as a gift from God. Priests and Religious take the vow of chastity by not getting married. The way married couples practice chastity is by being faithful to each other and teaching their children the ways of God. Thus the holiness is experienced as St. Paul says: " Our bodies are the temples of the Holy Spirit". ( 1 Cor 6:18-20).

There is so much human trafficking going on around us. Shockingly, Tampa Bay is considered one of the hot spots. February 8th, the Feast day of St. Josephine Bakhita, is considered the World Day of Prayer for awareness against human trafficking. As members of the CEAL, we condemn human trafficking and ceaselessly pray and take part in the community efforts to end such an atrocity.

St. Joseph, Pray for us  
St. Josephine Bakhita, Pray for us.

# For All Members of The Confraternity of Eucharistic Adoration For Life



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## Prayer To Grow In Perfect Love

Lord, your servant St. Therese of Lisieux said:  
” I will spend my heaven doing good on earth.”

Father, your truth is made known in your word.

Teach us the way to love because you are Love

Jesus, you embody Love and Truth.

Help us to recognize your face in the Poor.

Enable us to live out our Vocation

to bring Love and Justice to your People.

Holy Spirit, You inspire us to transform our world.

Empower us to seek the common Good for all Persons.

Give us a spirit of solidarity and make us one human family.

We ask this through Christ our Lord. Amen

St. Therese of Child Jesus and The Holy Face, pray for us.

-Based on the encyclical ‘ Caritas in Veritas’

- Charity in Truth of Pope Benedict XVI)



## For Protection Of Babies In The Womb From Abortion

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Let us pray:

God our Creator and Father, you  
have created man in your own  
image

-Genesis 1:27

and breathed into his  
nostrils your life

-Genesis 2:7

You have said, Before I formed  
you, I knew you

- Jerimiah 1:5

May our prayers rise up to hea-  
ven to beg for thy protection for  
the babies in the wombs. Your  
people have been misled by the  
evil one to destroy that precious  
life. May we be made aware that  
we are made in thy image and  
likeness.

Mary, Mother of God, you  
protected the Baby Jesus from  
every harm.

Please intercede for all the  
fathers and mothers so that they  
see their babies in the wombs  
as your precious gifts and will  
treasure and protect those gifts.  
Amen.

All Pray: Our Father, Hail Mary,  
Glory Be.

St. Therese of Child Jesus and  
The Holy Face, Pray for us.

Silent Meditation: 2 minutes





## For Protection Of Children, Youth And Adults From Human Trafficking

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Let us pray:

God our Protector, you have  
appointed angels to guard us

-Psalm 91:11

Your son Jesus said,  
Let the little children come to me.  
For the kingdom of heaven be-  
longs to such as these

-Matthew 19:14

We pray for the protection of  
children, youth and adults from  
the evil and wicked people who  
are involved in human  
trafficking.

St. Josephine Bakhita, please  
intercede on behalf of children,  
youth and adults to keep them  
safe at schools, colleges and work  
places. Amen.

All Pray: Our Father, Hail Mary,  
Glory Be

St. Therese of the Child Jesus and  
the Holy Face, pray for us.

Silent Meditation: 2 minutes





## For The Protection Of The Elderly From Euthanasia

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Let us pray:

Heavenly Father, you gave us  
life to live to the full.

As your Son Jesus said,  
I have come that they may have  
Life, and have it to the full

-John 10:10

We pray for the protection of  
the elderly from the evil  
practice of euthanasia.



Through the intercession of St.  
Joseph, may all the  
families care for their elderly  
with love and gratitude till  
natural passing from this world  
to the next.

Amen.

All Pray: Our Father, Hail Mary.  
Glory Be.

St. Therese of Child Jesus and  
The Holy Face, pray for us.

Silent Meditation: 2 minutes



## For Protection Of The Troubled From Suicide

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Let us pray:

Merciful Father, your mercy is everlasting and the the treasury of compassion inexhaustible.

We pray for the troubled, the mentally ill, and those at the point of despair that your grace will protect them from taking their own lives.

Through the intercession of St. Faustina, may they experience Your mercy and forgiveness

and heed to the invitation of your Son Jesus who promised

Come to Me, all who are weary and heavy laden, I will give you rest.

-Matthew 11:28.

All Pray: Our Father, Hail Mary, Glory Be

St. Therese of Child Jesus and The Holy Face, pray for us

Silent Meditation: 2 minutes



# Divine Mercy Chaplet

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Leader:

In the name of the Father and of the son  
and of the Holy Spirit.

All: Amen

OPENING PRAYER: ( Optional)

You expired Jesus, but the source of Life  
gushed forth for Souls, and the Ocean of  
Mercy opened up for the whole world. O  
Fount of Life, unfathomable Divine Mercy,  
envelope the whole world and empty your-  
self out upon us.

O Blood and water which gushed forth  
from the Heart of Jesus as a fountain of  
Mercy for us, I trust in you! ( Repeat 3 times)

OUR FATHER:

Our Father, who art in heaven. Hallowed  
be thy name. Thy kingdom come. Thy Will  
be done on earth as it is in heaven. Give us  
this day our daily bread and forgive us our  
trespasses as we forgive those who trespass  
against us. And lead us not into tempta-  
tion, but deliver us from evil. Amen.

HAIL MARY:

Hail Mary, full of Grace. The Lord is with  
thee. Blessed art Thou amongst women  
and blessed is the fruit of thy womb Je-  
sus. Holy Mary, Mother of God, pray for us  
sinners now and at the hour of our death.  
Amen.

THE APOSTLES CREED:

I believe in God, the Father Almighty,  
Creator of Heaven and earth.  
I believe in Jesus Christ, His only Son, Our  
Lord, who was conceived by the Holy  
Spirit, born of the Virgin Mary, suffered  
under Pontius Pilate, was crucified, died  
and was buried.  
He descended to the dead.  
on the third day, He rose again.  
He ascended to heaven and is seated at the  
right hand of the Father.  
He will come again to judge the living and  
the dead.



I believe in the Holy Spirit, the Holy  
Catholic Church, the Communion of Saints,  
the forgiveness of sins, the resurrection of  
the body, and Life everlasting. Amen

FOLLOW THE FIVE DECADES OF THE  
ROSARY.

ON EACH OF THE 'OUR FATHER' BEADS  
PRAY:

Eternal Father, I offer you the Body and  
Blood, Soul and Divinity of your dearly be-  
loved Son, Our Lord, Jesus Christ, in aton-  
ement for our sins and those of the whole  
world.

ON EACH OF THE '10 HAIL MARY' BEADS  
PRAY:

For the sake of His sorrowful Passion, have  
Mercy on us and on the whole world.

CONCLUDING PRAYER:( Repeat 3 times)

Holy God, Holy Mighty one, Holy Immortal  
One, have mercy on us and on the whole  
world.

CLOSING PRAYER: ( Optional )

Eternal God, in whom mercy is endless and  
the treasury of Compassion inexhaustible,  
look kindly upon us and increase your  
mercy in us, that in difficult moments we  
might not despair nor become  
despondent, but with great Confidence  
submit ourselves to your holy Will, which  
is love and mercy itself. Amen.



## The Holy Rosary

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In the name of the Father, and of the Son and of the Holy Spirit.  
Amen

### THE APOSTLES CREED:

I believe in God, the Father Almighty,  
Creator of heaven and earth.  
I believe in Jesus Christ, His only Son,  
our Lord, who was conceived by the  
Holy Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate, was  
crucified, died and was buried.  
He descended to the dead.  
On the third day he rose again from the  
dead.  
He ascended to heaven and is seated at  
the right hand of the Father.  
He will come again to judge the living  
and the dead.  
I believe in the Holy Spirit, the holy  
catholic church, the communion of  
saints, the forgiveness of sins, the  
resurrection of the body and life  
everlasting.  
Amen.

### OUR FATHER:

Our Father who art in heaven.  
Hallowed be thy Name.  
Thy kingdom come. Thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread and  
forgive us our trespasses as we forgive

those who trespass against us. And lead  
us not into temptation, but deliver us  
from evil.  
Amen.

### HAIL MARY: (3 times for FAITH, HOPE AND CHARITY)

Hail Mary, full of grace. The Lord is with  
thee. Blessed art Thou amongst women  
and blessed is the fruit of thy womb,  
Jesus. Holy Mary, Mother of God, pray  
for us sinners, now, and at the hour of  
our death.  
Amen.

### GLORY BE:

Glory be to the Father, and to the Son  
and to the Holy Spirit.  
As it was in the beginning, is now and  
ever shall be, world without end.  
Amen.

### FATIMA PRAYER:

O my Jesus, forgive us our sins, save us  
from the fires of Hell, lead all souls to  
Heaven, especially those in the most  
need of Thy mercy.  
Amen.





## JOYFUL MYSTERIES:

1. THE ANNUNCIATION  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
2. THE VISITATION  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
3. THE NATIVITY  
(One Our Father, Ten Hail Marys,,  
Glory Be, Fatima Prayer)
4. THE PRESENTATION  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
5. THE FINDING OF THE CHILD JESUS  
IN THE TEMPLE  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)

## SORROWFUL MYSTERIES:

1. THE AGONY IN THE GARDEN  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
2. THE SCOURGING  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
3. THE CROWNING OF THORNS  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
4. THE CARRYING OF THE CROSS  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
5. THE CRUCIFIXION  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)

## THE GLORIOUS MYSTERIES:

1. THE RESURRECTION  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
2. THE ASCENSION OF OUR LORD TO  
HEAVEN  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
3. THE COMING OF THE HOLY SPIRIT  
ON THE APOSTLES AND OUR LADY  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
4. THE ASSUMPTION OF MARY INTO  
HEAVEN  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
5. CORONATION OF MARY AS QUEEN  
OF HEAVEN AND EARTH  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)

## LUMINOUS MYSTERIES:

1. THE BAPTISM OF JESUS  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
2. THE MIRACLE AT CANA OF TURN-  
ING WATER INTO WINE  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
3. THE PROCLAMATION OF THE  
KINGDOM OF GOD  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
4. THE TRANSFIGURATION  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)
5. THE INSTITUTION OF THE EUCHA-  
RIST AT THE LAST SUPPER  
(One Our Father, Ten Hail Marys,  
Glory Be, Fatima Prayer)

AFTER PRAYING THE FIVE DECADES  
OF THE ROSARY:

## HAIL HOLY QUEEN:

Hail Holy Queen, Mother of mercy,  
our Life, our sweetness, and our  
Hope.

To thee do we cry, poor banished  
children of Eve.

To thee do we send up our sighs,  
mourning and weeping in this  
valley of tears.

Turn then, O most gracious  
Advocate, thine eyes of Mercy  
towards us, and after this our exile,  
show unto us the blessed fruit of thy  
womb Jesus.

O Clement, O loving, O sweet Virgin  
Mary.

Pray for us, O holy Mother of God  
That we may be made worthy of the  
promises of Christ.

## CONCLUDING PRAYER:

Let us pray:

O God, whose only begotten Son, by  
His life, death and resurrection, has  
purchased for us the rewards of  
eternal life.

Grant, we beseech Thee, that by  
meditating upon these mysteries of  
the most holy Rosary of the Blessed  
Virgin Mary, we may imitate what  
they contain and obtain what they  
promise, though the same Christ our  
Lord. Amen.

## St. Josephine Bakhita

### Feast Day: February 8

St. Josephine Bakhita was born in southern Sudan. At the age of 7, she was kidnapped by slave traders and given the name Bakhita, which means "fortunate." She was traded many times and finally was taken to Italy. While working as a babysitter, she was introduced to the Catholic faith and was baptized and confirmed in 1890. She took the name Josephine. The Cassonian Sisters and the Patriarch of Venice defended her from being taken from Italy and she was given her freedom. She joined the order and served her religious community through cooking, sewing, embroidery, and welcoming visitors at the door. She soon became well loved by the children attending the sisters' school and the local citizens. She once said, "Be good, love the Lord, pray for those who do not know Him. What a great grace it is to know God!" She died in Italy in 1947, was beatified in 1992, and canonized in 2000. The International Labor Organization estimates that there are 4.5 million victims of human trafficking. Taken from her family and trafficked, Josephine found physical freedom in an Italian convent and spiritual freedom in God. Today, she is considered a kindred spirit to those who are trafficked worldwide.

Saint Josephine Bakhita is the patron saint of victims of human trafficking.

<https://www.franciscanmedia.org/saint-of-the-day/saint-josephine-bakhita>

St. Josephine Bakhita, patron of CEAL, pray for us!



*Photo by: Fr. Guarav Shroff*

<https://www.flickr.com/photos/gashwin/20454947573/in/photolist-7Bv7eT-ckH2h7-dmvAH3-xawXgT>

# Ash Wednesday February 17, 2021



The meaning behind tracing a cross on our foreheads with ashes, the liturgical sign of Ash Wednesday, is a summary of our Christian life.

On one level, the ashes remind us of our origin and our death. In the words of the prayer said when we receive ashes: “Remember that you are dust and to dust you shall return.”

The ashes are also the sign of our victory: the cross of Christ. In his death and resurrection, Christ conquered death. Our destiny as Christians is to receive the victory over death that Christ won for us.

The season of Lent presents families with an opportunity to examine our family life and to re-commit ourselves to the Christian practices of almsgiving, prayer, and fasting. Each of us is invited to do these things as individuals, but we can also do one or more actions as a family. Ash Wednesday is a good time for families to pray together and to plan the family’s Lenten practices.

<https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/ash-wednesday-preparing-your-group-to-start-lent/>

# Act Of Consecration Of The United States Of America To The Immaculate Heart Of Mary

Most Holy Trinity:

Our Father in Heaven, who chose Mary as the fairest of your daughters;

Holy Spirit, who chose Mary as your spouse;

Son of God, who chose Mary as your Mother;

In union with Mary, we adore your Majesty and acknowledge your supreme, eternal dominion and authority.

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to you. Through her we wish to thank You for the great resources of this land and for the freedom which has been it's heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace.

Have mercy on our leaders and all the officers of our government. Grant us a fruitful economy, born of justice and charity. Have mercy on capital and industry and labor. Protect the family life of the nation. Guard the precious gift of many Religious vocations. Through the intercession of our Mother, have mercy on the sick, the poor, the tempted, the sinners and on all who are in need.

Mary, Immaculate Virgin, our Mother, patroness of our land, we praise you and honor you and give our country and ourselves to your sorrowful and Immaculate Heart.

O sorrowful and Immaculate Heart of Mary pierced by the sword of sorrow, save us from degeneration, disaster, racial divisions and violence and war. Protect us from all harm. Be our advocate. Pray for us, that acting always according to the will of your Divine Son, we may live and die pleasing to God.

IN THE NAME OF THE FATHER, AND OF THE SON AND OF THE HOLY SPIRIT. Amen.

## Prayer To St. Michael The Archangel

St. Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray,

And do Thou, O Prince of the heavenly Host,

By the power of God, cast into hell Satan and all the evil spirits

Who prowl through the world seeking the ruin of souls. Amen.

