

Corpus Christi Church, Mass/Service Times 15th February - 22nd February
2026



Date	Holy Mass/ Services	Other Events
Saturday 14th February Sixth Sunday of the Year Day of Special Prayers for the Unemployed	5.30 pm Confessions 6.00 pm Mass: People of the Parish	If you would like to make a donation, please scan the QR code or use our Dona Donation Point
Sunday 15th February Sixth Sunday of the Year Day of Special Prayers for the Unemployed	10.30 am Mass: Sadie and Jack Walsh RIP	
Monday 16th February Feria	No Mass today	
Tuesday 17th February Feria	No Mass today	
Wednesday 18th February Ash Wednesday	7.00 pm Mass People of the Parish	Day of Fasting & Abstinence; Lenten Alms Collection 2nd Collection: Lenten Alms
Thursday 19th February Lenten Feria	9.00 am Celebration of Word and Communion	No RCIA –half term
Friday 20th February Lenten Feria	9.00 am Celebration of Word and Communion	
Saturday 21st February First Sunday of Lent	5.30 pm Confessions 6.00 pm Mass: Eileen and Eddie McQuaid RIP	Distribution of CAFOD Lenten Fast Day envelopes
Sunday 22nd February First Sunday of Lent	10.30 am Mass: Benjamin Osaguona RIP	Distribution of CAFOD Lenten Fast Day envelopes

Our Lady & St Patrick's, Mass/Service Times 15th February —22nd February
2026



Date	Holy Mass/ Services	Other Events
Sunday 15th February Sixth Sunday of the Year Day of Special Prayers for the Unemployed	9.00 am Mass: Fr John Martin 3.00 pm Latin Mass	Coffee & Tea after the morning Mass 
Wednesday 18th February Ash Wednesday	10.00 am Mass: Foundation Mass Rev Leo Bermingham	Day of Fasting & Abstinence; Lenten A Collection 2nd Collection: Lenten Alms Coffee & Tea after the morning Mass
Saturday 21st February Lenten Feria	10.00 am Celebration of Word and Communion	
Sunday 22nd February First Sunday of Lent	9.00 am Mass: People of the Parish	Coffee & Tea after the morning Mass Distribution of CAFOD Lenten Fast Day envelopes



Parish Newsletter Sixth Week of Ordinary Time 2026
Corpus Christi, Southchurch Drive, Clifton and
Our Lady & St Patrick's, Launder Street, The Meadows
Parish Priest: Fr Pitak David SCJ, Priest Fr Wilfred Pereppadan SCJ
Br John Dawson SCJ, Br. Andrew Ferris SCJ
Corpus Christi Presbytery, 127 Listowel Crescent, Clifton, NG11 9BP;
Parish Secretary: Sarah Piper: 0115 921 2964, working days: mon., wed. & fri.
Email: secretaryccolsp@dioceseofnottingham.uk
www.https://olspnottingham.com

Go Make Disciples: Diocesan Five Year Mission Plan
The Mission Plan, entitled 'Go, make disciples' is both a spiritual and practical mission to renew and equip our parishes to face the challenges ahead. It is an invitation to each of us to place our God-given gifts, talent and prayers, in the service of that commission which Christ has given to each of us. The full Plan is at the Church entrance and you can also view it at: <https://www.dioceseofnottingham.uk/missionplan>

Fr Wilfred is away for two weeks in the Holy Land to attend the *Council of the Congregation of the Sacred Heart of Jesus of Betharram*. There will be no Mass at Corpus Christi on Monday 16th February and Tuesday 17th February. Fr Simon Gillespie has kindly agreed to be with us for Ash Wednesday on 18th February and for Sunday Masses and Saturday Vigil Masses. On other weekdays, we will hold *Celebrations of the Word and Communion during the week*. Please note there will be no confessions on Saturday morning at Our Lady and St Patrick's on 21st February. Please refer to Newsletter timetable.

Corpus Christi Easter Egg Raffle
Tickets for the Easter Egg Raffle will be sold after Masses on the weekends of 7th/8th March, 14th/15th March and 21st/22nd March at £1 a strip. Please could you donate eggs to help make the Raffle a huge success! Draw to take place week commencing 23rd March with winners able to pick up prizes after Mass on Palm Sunday weekend.
Many thanks.

Gift Aid Envelopes
We will soon be ordering envelopes for parishioners of Corpus Christi who prefer to give with envelopes and are UK tax payers. Please could parishioners contact the Parish Secretary on 0115 921 2964 or email: secretaryccolsp@dioceseofnottingham.uk if they would like the envelopes ordering for the next financial year.
Many thanks

Suggestions for Preparing for Lent—advice from *Pray More Novenas*
This year, Ash Wednesday (the first day of Lent) falls on 18th February. It's the time when we might want to examine our habits and attachments and perhaps ask ourselves, "do I need to change some of my habits? What might God be asking me to give up, or take up this year?" Here are some suggestions from *Pray More Novenas*:
+ If we're giving up social media: Try replacing it with reading the daily Mass readings, a daily devotional, or with listening to a podcast (like 'the Bible in a Year' podcast). Put a picture of a short prayer as the background of our phone and pray it every time we reach for it.
+ If we're giving up podcasts, tv shows, or movies: Try replacing it with watching or listening to Catholic talks that help us grow in our faith life, like online Pray More Novenas' Lenten Retreat, or daily homilies available online. Take the time we would have spent watching a show and pray the Rosary or the Divine Mercy Chaplet, or visit the Lord in Eucharistic Adoration.
+ If we're giving up complaining: Try replacing it with a journal of gratitude and praise for the Lord. Write down the little blessings we see around us throughout our day. Plan to share an encouragement or a compliment with someone each day. Say prayers of gratitude every morning before getting out of bed and every night as we fall asleep.
+ If we're giving up shopping for ourselves: we could donate what we no longer need or volunteer our time during Lent. We could visit a friend we haven't seen in a while, and ask them if they need something helpful before we drop by.
+ If we're able to give up any sort of food or drinks: we could replace it with a prayer for those who are hungry and in need, or for people who are lonely or forgotten, or for the souls in Purgatory. We can volunteer to make a meal for someone we know or someone in our parish.
Fasting is a way to make space for the Lord to work in our lives, so these sacrifices, big or small, give the Lord the opportunity to speak and it gives us the chance to respond to Him and be in relationship with Him.
Whatever you give up, we hope these suggestions will be helpful for you to have a fruitful Lent.

The Pope's monthly intention for February: For children with incurable diseases. Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Christ the King Catholic Voluntary Academy, Arnold has a number of vacancies for both teachers and support staff, for more information please find all vacancies on the OLOL website: <https://www.ololcatholicmat.co.uk/work-with-us/vacancies/> if you would like an informal chat regarding any of the vacancies please contact the school on head@christthekeing.notts.sch.uk

The Diocesan Youth Service NDCYS is taking a group of young people and young adults to Lourdes, France as part of the Diocesan Pilgrimage in July 2026. If you are aged 16+ and unable to go with your school, or a young adult who would like to be a small group leader, we encourage you to download the information pack and apply at ndcys.com/lourdes

CAFOD Family Fast Day Friday 27th February

This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. As you leave Mass next weekend, please take a CAFOD envelope to make your Lent donation.

Join Young Adults from across the diocese of Nottingham to enter more deeply into prayer this Lent with Sycamore's 'Learning to Pray this Lent'. Just bring yourself, a bible, and a hot drink of your choice (unless you're fasting!). With lots of practical tips, wisdom from the bible, stories from the saints, and advice about common difficulties people face when praying. To sign up head to: www.dioceseofnottingham.uk/events/yasycamore

Respond to Our Lady's invitation, and join Bishop Patrick, in the Nottingham Diocesan Lourdes Pilgrimage 2026. Departing from East Midlands airport on Monday 13th July, enjoy five days in Lourdes with over 200 people from across our diocese. Those with additional needs will be cared for by our health team and helpers' team. Mary invites us all to come to this holy place. More details from the tour operator: <https://www.tangney-tours.com/diocesan-pilgrimages/diocesan-nottingham/>

SAFEGUARDING REPS' contact details :
CC- Sarah Heining: Sarah.HeiningPSR@dioceseofnottingham.uk & Emma Cupitt: Emma.CupittPSR@dioceseofnottingham.uk telephone: 07513 725503
OLSP - Bernadette Davey & John Fryer telephone: 07513 725557. Everyone who volunteers in our Churches should check whether they need a DBS check.

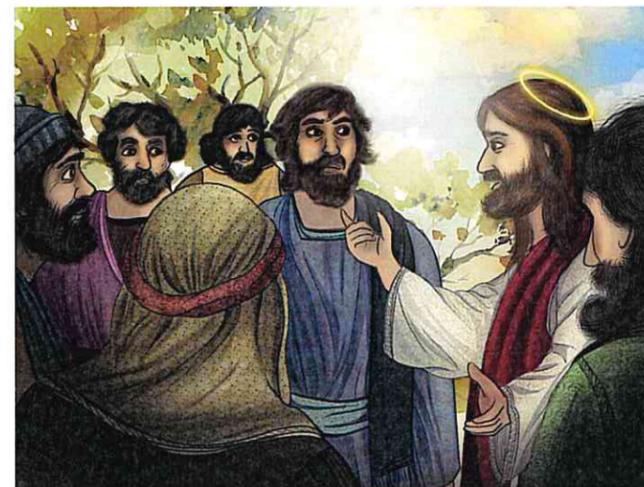
Mass Intentions
We are grateful to all of you who request Mass Intentions and the donations you give. If you make a donation for Mass Intentions on the Dona Machine, please remember to always fill in the details of the intention with the preferred date(s). Please also provide an email or telephone number so the Secretary can confirm the preferred date with you. Our weekend Masses have very high demand for Mass Intentions so please try and book these well ahead of your preferred date.
Thank you again

Anyone wishing to sing as part of the Diocesan Choir (in particular for this year's Chrism Mass on Wednesday 1st April), please fill in the online form at bit.ly/diocesanchoir

40 days for life is a global movement, which seeks to end abortion through prayer, peaceful outreach and public witness. Each year during Lent a group of Christians take our belief in the sanctity of life out to the public space and offer a life-giving alternative to the sadness of abortion. Our witness is legal, peaceful, compassionate and non-judgemental. If you would like to know more, please contact John by email on pro-life@dioceseofnottingham.uk or go to 40daysforlife.com/nottingham. 'For whenever you did this to the least of my little ones, you did it to me.'

SIXTH SUNDAY OF THE YEAR

15th FEBRUARY 2026 112a



ANTIPHON AT THE ENTRY

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

COLLECT

O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

FIRST READING

A reading from the Book of Sirach.
'He has not commanded anyone to be ungodly.' 15:15-20
If you desire, you will keep the commandments, and to act faithfully is a matter of choice. He has placed before you fire and water: stretch out your hand for whichever you wish. Life and death are in front of people, and whichever one chooses will be given to him. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows a person's every deed. He has not commanded anyone to be ungodly, and he has not given anyone permission to sin.
The word of the Lord.
Thanks be to God.

RESPONSORIAL PSALM

Blessed are those whose walk in the law of the LORD!
Blessed are those whose way is blameless,
who walk in the law of the LORD!
Blessed are those who keep his decrees!
With all their hearts they seek him. R.

You have laid down your precepts to be carefully kept.
May my ways be firm in keeping your statutes. R.

Deal bountifully with your servant,
that I may live and keep your word.
Open my eyes, that I may see the wonders of your law. R.

LORD, teach me the way of your statutes,
and I will keep them to the end.
Grant me insight that I may keep your law,
and observe it wholeheartedly. R.

SECOND READING

A reading from the First Letter of St Paul to the Corinthians.
'A wisdom God decreed before the ages for our glory.' 2:6-10
Brothers and sisters: Among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glory. None of the rulers of this age understood this, for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the heart of man imagined, what God has prepared for those who love him' — these things God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia.
I thank you, Father, Lord of heaven and earth,
you have revealed the secrets of the kingdom to little children.
Alleluia.

GOSPEL (Shorter form)

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to Matthew.
Glory to you, O Lord.
'It was said to those of old; but I say to you.' 5:20-22, 21-28, 33-34, 37

At that time: Jesus said to his disciples, 'I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. 'You have heard that it was said to those of old, "You shall not murder; and whoever murders will be liable to judgement." But I say to you that everyone who is angry with his brother will be liable to judgement. 'You have heard that it was said, "You shall not commit adultery." But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. 'Again you have heard that it was said to those of old, "You shall not swear falsely, but shall perform to the Lord what you have sworn." But I say to you: Do not take an oath at all. Let what you say be simply "Yes" or "No"; anything more than this comes from evil.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

May this oblation, O Lord, we pray,
cleanse and renew us
and may it become for those who do your will
the source of eternal reward.
Through Christ our Lord. Amen.

ANTIPHON AT COMMUNION

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.

PRAYER AFTER COMMUNION

Having fed upon these heavenly delights,
we pray, O Lord,
so that we may always long
for that food by which we truly live.
Through Christ our Lord. Amen.