



Date	Holy Mass/ Services	Other Events
Saturday 7th March Third Sunday of Lent	5.30 pm Stations of the Cross and Confessions 6.00 pm Mass: David Shelton RIP	If you would like to make a donation, please scan the QR code or use our Dona Donation Point
Sunday 8th March Third Sunday of Lent	10.30 am Mass: People of the Parish	
Monday 9th March Lenten Feria	6.30 pm Adoration 7.00 pm Mass: Antony Varghese RIP	First Holy Communion: Children, 4pm
Tuesday 10th March Lenten Feria	9.00 am Mass: Peace in the Middle East	First Holy Communion: Parents, 7pm
Thursday 12th March Lenten Feria	9.00 am Mass: Br John's Intentions	7pm RCIA 17 –the Christian Vocations
Friday 13th March Lenten Feria	9.00 am Mass: All Souls	
Saturday 14th March Fourth Sunday of Lent - Laetare Sunday	11.30 am Baptism 5.30 pm Stations of the Cross and Confessions 6.00 pm Mass: Margaret Boot RIP	Second collection: Easter Flowers
Sunday 15th March Fourth Sunday of Lent—Laetare Sunday	10.30 am Mass: People of the Parish	Second collection: Easter Flowers

Our Lady & St Patrick's, Mass/Service Times 8th March—15th March 2026



Date	Holy Mass/ Services	Other Events
Sunday 8th March Third Sunday of Lent	8.30 am Stations of the Cross 9.00 am Mass: Special Intentions 2pm-5pm Syro-Malankara Church	Coffee & Tea after the morning Mass First Holy Communion Class after Mass
Wednesday 11th March Lenten Feria	10.00 am Mass: Private Intentions	Coffee & Tea after the morning Mass First Holy Communion: Parents, 7pm
Saturday 14th March Lenten Feria	9.30 am Confessions 10.00 am Mass: Alf Cox RIP 12.30-5.00 pm Eritrean Church	
Sunday 15th March Fourth Sunday of Lent-Laetare Sunday	8.30 am Stations of the Cross 9.00 am Mass: David Shelton RIP 3.00 pm Latin Mass	Coffee & Tea after the morning Mass Second collection: Easter Flowers



Parish Newsletter Third Week of Lent 2026

Corpus Christi, Southchurch Drive, Clifton and Our Lady & St Patrick's, Launder Street, The Meadows  
Parish Priest: Fr Pitak David SCJ, Priest Fr Wilfred Pereppadan SCJ  
Br John Dawson SCJ, Br. Andrew Ferris SCJ  
Corpus Christi Presbytery, 127 Listowel Crescent, Clifton, NG11 9BP;  
Parish Secretary: Sarah Piper: 0115 921 2964, working days: mon., wed. & fri.  
Email: secretarycolsp@dioceseofnottingham.uk  
www.https://olspnottingham.com

**St Patrick's Day Mass**  
St Patrick's Day Mass on Tuesday, 17th March, will be at 9.30 am at OLSP. The Mass this year will be celebrated by Bishop Patrick and Fr Pitak. Afterwards, all are invited to enjoy refreshments and hospitality in the Hall.

**First Holy Communion Sessions March 2026**  
OLSP: children's Session 6 after Mass Sunday 8th March, Adults' session Wednesday 11th March @ 7pm;  
CC children's Session 6 Monday 9th March @4pm, Adults' session Tuesday 10 March @ 7pm.

The Christian Heritage Centre is offering a weekend marriage preparation course between Friday 13th and Sunday 15th March for couples who wish to engage more deeply with the Catholic vision for marriage. Structured around the elements of the marriage rite, couples will reflect deeply on foundational Scriptural texts to gain a deeper understanding of both the natural and Sacramental aspects of Matrimony. The weekend is framed by prayer, time for reflection personally and as a couple, group discussion and a social. More information is at <https://christianheritagecentre.com/events/marriage-preparation>

**CAFOD Big Lent Walk**  
Blessed Robert Widmerpool School is aiming to complete a sponsored 40km walk over the period of Lent, to remember the 40 days and nights that Jesus spent in the desert as he prepared for his ultimate sacrifice and to raise money for CAFOD. Each class has been assigned a particular distance to walk over the Lenten period and we ask that children gather as much sponsorship as possible using our Just Giving page by scanning the QR code below to help raise funds for CAFOD. Please support them if you can.

All are welcome to join Father Jonathan Cotton in a reflection through slides, music, and prayers of The Seven Last Words of Jesus on Tuesday 24th March in Saint Wilfrid's Church, Coalville LE67 3JB, and on Thursday 26th March in Sacred Heart Church, Loughborough LE11 2HE. Both evenings begin at 7.00pm, and conclude at 8.30pm with refreshments.

**Corpus Christi Easter Egg Raffle**  
Tickets for the Easter Egg Raffle will be sold after Masses on the weekends of 7th/8th March, 14th/15th March and 21st/22nd March at £1 a strip. Please could you donate eggs to help make the Raffle a huge success! Draw to take place week commencing 23rd March with winners able to pick up prizes after Mass on Palm Sunday weekend.



The Diocesan Education Service is hosting a Day looking at Gender and Faith: Accompanying Young People Well on Thursday 23rd April at the Diocesan Centre, Mackworth DE22 4BD. Dr Julia Sadosky will lead the Day, between 11.30am and 2.00pm, which is open to all, especially those accompanying young people at the intersection of questions of embodiment and spirituality. The cost of the Day is £25, and bookings can be made by contacting [gill.burns@nottingham-des.org.uk](mailto:gill.burns@nottingham-des.org.uk)

The Pope's monthly intention for March: for disarmament and peace. Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

The Diocese is delighted once again to invite you to a Men's Retreat on Saturday 28th March between 9.45am and 3.45pm, at Mount Saint Bernard Abbey, Coalville. Canon Chris Thomas (Secretary of the Bishops' Conference of England and Wales for 10 years) will lead the Day, entitled "Limitless: In the Lenten Gospel readings the Limitless power of God is revealed. In Christ we too can be limitless". The Retreat costs £15 per person; please bring your own packed lunch. All men aged 18 or over are very welcome; to book (by 20th March) visit: <https://www.dioceseofnottingham.uk/events/mensretreatday>

After the great success of previous events, the Diocese is delighted to invite you to our Lenten Women's Retreat being held on Saturday 21st March at Holy Family Church, Blenheim Drive, Allestree DE22 2LG, between 10.00am and 4.00pm. The Retreat is entitled "The Great Women of the Old Testament", and will be led by Sister Susan Richert. The Retreat costs £15 per person, including a cream tea; please bring your own packed lunch. To book, visit: [www.dioceseofnottingham.uk/events/womensretreatday](http://www.dioceseofnottingham.uk/events/womensretreatday)

The Diocesan Youth Service NDCYS is taking a group of young people and young adults to Lourdes, France as part of the Diocesan Pilgrimage in July 2026. If you are aged 16+ and unable to go with your school, or a young adult who would like to be a small group leader, we encourage you to download the information pack and apply at [ndcys.com/lourdes](http://ndcys.com/lourdes)

Young Adults are especially invited to join Bishop Patrick, in the Nottingham Diocesan Lourdes Pilgrimage 2026. Departing from East Midlands airport on Monday 13th July, enjoy five days in Lourdes with over 200 people from across our diocese. Help in caring for those with additional needs! Mary invites us all to come to this holy place. More details from the tour operator: <https://www.tangney-tours.com/diocese-pilgrimages/diocese-nottingham/>

The Polish Catholic Community in Nottingham is leading an Extreme Way of the Cross on Friday 13th March from 8.00pm, until about 6.00am the next morning. The route takes in 41 kilometres across the city centre and fields around, and is an initiative started in Poland several years ago. It is not a sport activity but a spiritual journey through meditations. For those wishing to participate, gather at the Polish Church of Our Lady of Czestochowa, Nottingham NG7 6JN, by 8.00pm (Mass in Polish will be celebrated at 7.00pm). More information is at: <https://extremewayofthecross.org/>

#### Lent Resources

An online Lent Retreat designed to help you to go deeper into the Gospels of Lent through the preaching of St John Henry Newman, guided by Father George Bowen of the London Oratory. [www.youtube.com/playlist?list=PLITo3ifsRMurBVMGbzCiiUnuqrTlusKIA](http://www.youtube.com/playlist?list=PLITo3ifsRMurBVMGbzCiiUnuqrTlusKIA)

A podcast called 'Good Habits', exploring questions of meaning through the wisdom of the virtues, hosted by Father John Church OP (of Leicester Priory) and Fr Toby Lees OP, at: [www.youtube.com/playlist?list=PLITo3ifsRMuqLGc5cGJiy4UT0EGP\\_hYwE](http://www.youtube.com/playlist?list=PLITo3ifsRMuqLGc5cGJiy4UT0EGP_hYwE)

The Celebrate Trust has produced two resources for families in Lent: a Family Activity Pack for Lent and a Journey to Easter Joy game. Visit [www.celebratetrust.org/shop/lent-family-pack-celebratehome-s45pm](http://www.celebratetrust.org/shop/lent-family-pack-celebratehome-s45pm) and [www.celebratetrust.org/shop/lent-game-celebratehome-s45pm-39gpj](http://www.celebratetrust.org/shop/lent-game-celebratehome-s45pm-39gpj) to download them.

## THIRD SUNDAY IN LENT

8th March 2026

115a



**ENTRANCE ANTIPHON**  
My eyes are always on the Lord,  
for he rescues my feet from the snare.  
Turn to me and have mercy on me,  
for I am alone and poor.

**COLLECT**  
O God, author of every mercy and of all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of our lowliness,  
that we, who are bowed down by our conscience,  
may always be lifted up by your mercy.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**FIRST READING**  
A reading from the Book of Exodus.  
*'Give us water to drink.'* 17:3-7  
In those days: The people thirsted for water, and the people grumbled against Moses and said, 'Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?' So Moses cried to the LORD, 'What shall I do with this people? They are almost ready to stone me.' And the LORD said to Moses, 'Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.' And Moses did so, in the sight of the elders of Israel. And he called the name of the place Massah and Meribah, because of the quarrelling of the people of Israel, and because they tested the LORD by saying, 'Is the LORD among us or not?'  
The word of the Lord. Thanks be to God.

**RESPONSORIAL PSALM**  
O that today you would listen to his voice!  
'Harden not your hearts.'  
Come, let us ring out our joy to the LORD;  
hail the rock who saves us.  
Let us come into his presence, giving thanks;  
let us hail him with a song of praise. R.

O come; let us bow and bend low,  
let us kneel before the LORD who made us,  
for he is our God, and we the people,  
the people of his pasture, the flock of his hand. R.

O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your forebears put me to the test;  
when they tried me, though they saw my work.' R.

**SECOND READING**  
A reading from the Letter of Saint Paul to the Romans.  
*Love has been poured into our hearts through the Spirit who has been given to us.* 5:1-2, 5-8  
Brothers and sisters: Since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person — though perhaps for a good person one would dare even to die — but God shows his love for us in that while we were still sinners, Christ died for us.  
The word of the Lord.  
Thanks be to God

#### GOSPEL ACCLAMATION

Glory to you, O Christ, you are the Word of God.  
Lord, you are indeed the Saviour of the world;  
give me living water, so that I will not be thirsty.  
Glory to you, O Christ, you are the Word of God.

#### GOSPEL

(Shorter form between \*)

The Lord be with you. And with your spirit.  
A reading from the holy Gospel according to John.  
Glory to you, O Lord.

*'A spring of water welling up to eternal life.'*

4:5-15, 19b-26, 39a, 40-42

\*At that time: Jesus came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. Jacob's well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour.

A woman from Samaria came to draw water. Jesus said to her, 'Give me a drink.' (For his disciples had gone away into the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask for a drink from me, a woman of Samaria?' (For Jews have no dealings with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water? Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock.' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life.' The woman said to him, 'Sir, give me this water, so that I will not be thirsty or have to come here to draw water.'

Jesus said to her, 'Go, call your husband, and come here.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you now have is not your husband. What you have said is true.' The woman said to him,

\*'Sir, I perceive that you are a prophet. Our fathers worshipped on this mountain, but you say that in Jerusalem is the place where people ought to worship.' Jesus said to her, 'Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming — he who is called Christ. When he comes, he will tell us all things.' Jesus said to her, 'I who speak to you am he.'

Just then his disciples came back. They marvelled that he was talking with a woman, but no one said, 'What do you seek?' or, 'Why are you talking with her?' So the woman left her water jar and went away into town and said to the people, 'Come, see a man who told me all that I ever did. Can this be the Christ?' They went out of the town and were coming to him.

Meanwhile the disciples were urging him, saying, 'Rabbi, eat.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Has anyone brought him something to eat?'

Jesus said to them, 'My food is to do the will of him who sent me and to accomplish his work. Do you not say, "There are yet four months, then comes the harvest"? Look, I tell you, lift up your eyes, and see that the fields are white for harvest. Already the one who reaps is receiving wages and gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

\*Many Samaritans from that town believed in him because of the woman's testimony, 'He told me all that I ever did.' So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Saviour of the world.'

The Gospel of the Lord.  
Praise to you, Lord Jesus Christ.

#### PRAYER OVER THE OFFERINGS

Be pleased, O Lord, with these sacrificial offerings,  
and grant that we who beseech pardon for our own sins,  
may take care to forgive our neighbour.  
Through Christ our Lord. Amen.

#### COMMUNION ANTIPHON

For anyone who drinks it, says the Lord,  
the water I shall give will become in him  
a spring welling up to eternal life.

#### PRAYER AFTER COMMUNION

As we receive the pledge  
of things yet hidden in heaven  
and are nourished while still on earth  
with the Bread that comes from on high,  
we humbly entreat you, O Lord,  
that what is being brought about in us in mystery  
may come to true completion.  
Through Christ our Lord.  
We ask this through Christ our Lord. Amen.