

Day 33 - March 19 Consecration Day

Congratulations! You made it! Today, you will consecrate yourself to St. Joseph. St. Joseph to be more known and loved. You have been invited to imitate the virtues and holiness of St. Joseph's pure heart.

With St. Joseph at your side, virtue and holiness will increase in your life. With St. Joseph's paternal cloak over you, you will be protected from spiritual harm. Fear nothing! Your spiritual father is the father of Jesus, the husband of the Mother of God, and the Terror of Demons. xxiv

Pray the Litany of St. Joseph.

Act of Consecration to St. Joseph

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector. O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your "Holy House." Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life. O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way. O my Spiritual Father, I hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings. Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity. Amen. xxv



LITANY OF ST. JOSEPH

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.
Christ, hear us. Christ, graciously hear us.
God, the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, One God, have mercy on us.
Holy Mary, pray for us.
Saint Joseph, pray for us.
Noble Offspring of David, pray for us.
Light of Patriarchs, pray for us.
Spouse of the Mother of God, pray for us.
Chaste Guardian of the Virgin, pray for us.
Foster-Father of the Son of God, pray for us.
Zealous Defender of Christ, pray for us.
Head of the Holy Family, pray for us.
Joseph Most Just, pray for us.
Joseph Most Chaste, pray for us.
Joseph Most Prudent, pray for us.
Joseph Most Courageous, pray for us.
Joseph Most Obedient, pray for us.
Joseph Most Faithful, pray for us.
Mirror of Patience, pray for us.

Lover of Poverty, pray for us.
Model of Workmen, pray for us.
Glory of Domestic Life, pray for us.
Guardian of Virgins, pray for us.
Pillar of Families, pray for us.
Comfort of the Afflicted, pray for us.
Hope of the Sick, pray for us.
Patron of the Dying, pray for us.
Terror of Demons, pray for us.
Protector of the Holy Church, pray for us.
Lamb of God, who takes away the sins of the world, Spare us, O Lord.
Lamb of God, who takes away the sins of the world, Graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world, Have mercy on us.
V. He has made him lord of his household,
R. And prince over all his possessions.

Let us pray. O God, who, in your loving providence, chose Blessed Joseph to be the spouse of your most Holy Mother, grant us the favor of having him for our intercessor in heaven whom on earth we venerate as our protector. You, who live and reign forever and ever. **Amen**

Footnotes of the Consecration Theme and Prayers

i From The blog of the Dominican student brothers at Blackfriars, Oxford, Solemnity of St. Joseph, Spouse of the Blessed Virgin, Mary, Accessed May 13, 2020, <https://www.english.op.org/godzdogz/solemnity-of-st-joseph-spouse-of-the-blessed-virgin-mary>.

ii Calloway, Donald H.. Consecration to St. Joseph: The Wonders of Our Spiritual Father (pp. 199-200). Marian Press. Kindle Edition. iii Ibid, (p. 44).

iv Ibid, (p. 199).

v From an article, An introduction to the Most Chaste Heart of St. Joseph, Accessed May 15, 2020, <http://www.catholic365.com/article/8435/an-introduction-to-the-most-chaste-heart-of-st-joseph.html>

vi Calloway, Consecration to St. Joseph, (pp. 53-54).

vii Calloway, Consecration to St. Joseph, (p. 55).

viii From Part 11 – Catholic Masculinity Series: Following the Model of St Joseph, Accessed May 14, 2020, <https://fatima.org/news-views/saint-joseph-most-faithful/>.

ix Calloway, Consecration to St. Joseph, (p. 63).

x Ibid.

xi Ibid, (p. 65).

xii <https://catholicexchange.com/st-joseph-the-worker>

xiii Calloway, Consecration to St. Joseph, (p. 68).

xiv From Part 8 – Catholic Masculinity Series: Following the Model of St Joseph, Accessed May 14, 2020, <https://fatima.org/news-views/saint-joseph-glory-of-domestic-life/>.

xv From Wednesdays: Through the Holy Heart of St. Joseph: Guardian of Virgins, Pray for Us!, Accessed May 15, 2020, <https://salvematerdei.com/2013/02/20/wednesdays-through-the-holy-heart-of-st-joseph-guardian-of- virgins-pray-for-us/>.

xvi Calloway, Consecration to St. Joseph, (p. 200).

xvii Calloway, Consecration to St. Joseph, (p. 80).

xviii From Terror of Demons: an Explanation, Accessed May 15, 2020, <https://www.thedivinemeracy.org/articles/terror-demons-explanation>.

xix Adapted from, A provider, protector, and patron for the whole Church, Accessed May 15 2020, <https://www.marian.org/marianhelper/issues/issue160/article160162.html>.

xx From Everyday Christianity: To Hunger and Thirst for Justice, Accessed May 18, 2020, <http://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/everyday-christianity-to- hunger-and-thirst-for-justice.cfm>.

xxi Adapted from St. Joseph, patron and model of love and respect for life in the womb, Accessed May 15, 2020, <http://osjusa.org/about-us/apostolates/patron-of-the-unborn/>.

xxii Kandra, Greg. St. Joseph: Father, Refugee, Role Model, We can learn much from his courage and trust, Accessed May 15, 2020, https://wau.org/archives/article/st_joseph_father_refugee_role_model.

xxiii From the document Accessed May 15, 2020, <https://st-francis-joseph-patrick-teresa.org/documents/st-joseph/95-st-joseph-novena/file>.

xxiv Calloway, Consecration to St. Joseph, (p. 88).

xxv Calloway, Consecration to St. Joseph, (pp. 241-242)