

New Energy Nutrition Suggested Laboratory Data for Initial Screening

1. Comprehensive Metabolic Profile (CMP)
2. Serum B12
3. Vitamin D (25-hydroxyvitamin D and 1,25-Hydroxyvitamin D)
4. Zinc
5. Copper
6. Homocysteine
7. Folate
8. Complete Blood Count with Differentials (CBC)
9. Iron Panel (includes Serum Ferritin and TIBC)
10. Thyroid Panel

OTHERS:

Nutritional Concerns as reason for laboratory data:

Please hold all supplements for 4 days prior to blood tests
This includes fortified shakes and bars

Patient Name: _____

Date: _____

Dietitian Name: Christine P. Mastrangelo RD, LDN
License Number: 813212