



INTENSIVE FILIAL THERAPY TRAINING

April 7 – April 10th, 2025

AT A GLANCE

LOCATION

5409 Eglinton Avenue West
Suite 101
Etobicoke, ON, M9C 5K6

HOURS

9:00am – 5:45pm

CONTACT INFORMATION

heddy@tessellatetherapy.ca
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416-573-8512



INSTRUCTOR

Hedly Swigger, MSW,
RSW, CPT, CPT-S in
Training

OVERVIEW

Filial Therapy is an integrative family play therapy model that seeks to strengthen family relationships by engaging caregivers as vital partners in their child's therapeutic process (Conley, 2023)

Filial Therapy is highly effective, empirically-supported intervention to address a wide variety of child and family difficulties. Participants will learn how to confidently and competently train and supervise parents as they conduct special child-centered play sessions with their own children (ages 3-12+) (VanFleet, 2023)

The Intensive Filial Therapy Training Program was developed by Dr. Risë VanFleet and features the work of Filial Therapy originators, Drs. Bernard and Louise Guerney. The training program is governed by the International Institute of Filial Therapy Professional Education (IIFTPE).

View or Download the [Dr. Risë VanFleet Intensive Filial Therapy Flyer](#) or go to <https://tessellatetherapy.ca/trainings> for the flyer and detailed information about this international training program.

BENEFITS

Small Group Training

6:1 Participant-to-Leader ratio

Immediate, Thoughtful Feedback

Participants receive direct verbal and written feedback from an instructor as they learn and grow their skills

Practical Skill Development

Coupled with theoretical knowledge, participants will learn and develop practical skills that may be immediately implemented when they return to their work setting.

To Register: <https://form.jotform.com/233056017601243>