

# APEX

## COACH SPOTLIGHT

Meet 7v7 Coach Mike Lanza

## GRIDIRON UPDATES

+ 2024 Winter Season

## ON THE COVER

Apex Elite Kings 7v7 Travel Team Tryouts





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## EDITOR'S NOTE

Dive into Apex Elite Foundation's spring issue of APEX magazine, a quarterly publication. Get a sneak peek into the most promising youth athletic leagues in flag football. and travel 7v7 football. We are on a mission to provide underprivileged youth access to college, ACT & SAT prep, collegiate recruiting, elite sports programs, and athlete-focused mental wellness initiatives.

Youth sports play an important role in the development of young leaders in local communities. Through donations, AEF assists with young athletes' expenses as they prepare for training, college, and life.

Take a look at what we're up to and join us in this mission as we collaborate with community to give our youth the skills they need to excel and give back.

**Enesha Stringer**  
Editor-in-Chief

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Fall season updates and what to expect in 2024

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7v7 travel team tryout snapshots

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An exciting new partnership is on the Apex horizon

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A note of appreciation

## GRIDIRON UPDATES

Icon Prep School in Jacksonville was the first school to enter the Gridiron flag football league in Ponte Vedra. Icon Prep players will represent for the 5th-6th grade division.

**Winter Season Starts  
January 2024!**





# GRIDIRON FLAG FOOTBALL

NEFLORIDAFLAG.COM

**AGES 5 - 14 YEARS OLD**

Fall Season: September

Winter Season: January

Spring Season: March



# APEX ELITE KINGS 7V7 TRAVEL TEAM



Our Apex Elite Kings 7v7 Football program saw an increase of 80+ players at tryouts this year compared to 2022-23 tryouts. Out of over 170 hopefuls, Apex welcomed 130+ players to the Kings family.

# MIKE LANZA

## COACH SPOTLIGHT

Mike Lanza is a life long lover of sports. Growing up he played Wiffle ball in the streets at night with his brother, sisters, and neighborhood friends as well as football, baseball, softball, basketball and track and field with various teams. In college, Mike earned two degrees in Exercise Science and Sports Administration and coached soccer, flag football, basketball and football upon graduation.

Mike has served as President and Commissioner of several different sports organizations, and has been team dad for volleyball, gymnastics, and 7v7 teams throughout his journey as a parent. These days he wears several different hats for Apex Elite, presently working with the 7v7 travel teams and supporting operations within the organization. Apex appreciates Mike for his passion and dedication to developing young people in the game of football and in life.



(Coach Mike Lanza pictured above)



+



Special Olympics  
**Unified Sports**<sup>®</sup>

A Special Announcement is Coming Soon...  
Stay Tuned for More Details!



## ***Happy Holidays from Apex Elite***

*Thank you for helping us support young people through sports and service. Together, we are contributing to the positive and responsible development of youth in our community.*



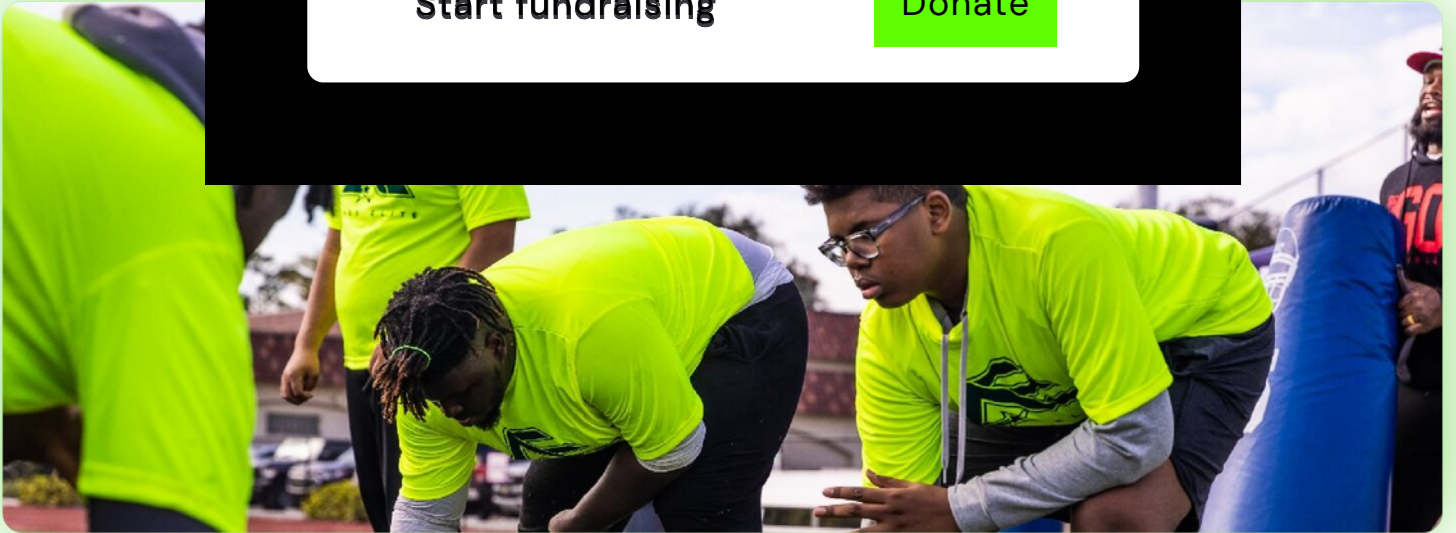


# Apex Elite Foundation

Service through Sports

Start fundraising

Donate



Apex Elite Foundation (AEF) now has a new donation platform to help us fund solutions to the most pressing issues facing youth in under-resourced communities.

Your donations help to support young athletes as they prepare for college and beyond.

**This quarter our goal is to cover the costs of ACT and SAT test and prep. courses for 50 students.**

You can donate to Apex Elite Foundation @: [tiltify.com/apex-elite-foundation](https://tiltify.com/apex-elite-foundation)

**Donate here**