



# ADULT PROGRAMS

## COURT CHALLENGE - \$15.00 + HST (PER PERSON, PER SESSION)

**Think you've got what it takes?** Step onto the court for our Court Challenge, happening every Sunday and Monday, where players battle it out to prove who truly owns the court. This competitive session is all about stepping up, taking on new opponents, and earning your spot. Whether you're coming to test your skills, challenge stronger players, or defend your spot, **this is the ultimate pickleball showdown.**

<b>NEW</b>	<b>PROGRAM</b>	<b>DAY</b>	<b>TIME</b>
	<b>Court Challenge</b>	<b>Mondays</b>	<b>5:30-10:00 PM</b>
		<b>Sundays</b>	<b>8:30-1:00 PM</b>

## WEDNESDAYS LADIES HOUR - \$25.00 + HST (PER PERSON, PER SESSION)

**Grab your paddle and join us for a fun and energetic Ladies Pickleball Social Hour!** From 10:00 AM – 11:30 AM, enjoy a lively morning of pickleball filled with great rallies, laughter, and a welcoming community of women who love the game. Whether you're coming to sharpen your skills, stay active, or simply enjoy some fun on the court, this is the perfect mid-morning pickleball escape.

<b>NEW</b>	<b>PROGRAM</b>	<b>DAY</b>	<b>TIME</b>
	<b>Wednesday Ladies Social Hour</b>	<b>Wednesdays</b>	<b>10:00-11:30 AM</b>

## TUESDAYS MYSTERY DRILLS - \$15.00 + HST (PER PERSON, PER SESSION)

**Ready to level up your game?** Join us for Tuesday Mystery Drill from 8:30 PM – 10:00 PM, a high-energy training designed to help players become more skilled, confident, and consistent on the court. Each week features a different set of mystery drills, focused on improving key pickleball skills such as shot accuracy, footwork, control, and game strategy.

<b>NEW</b>	<b>PROGRAM</b>	<b>DAY</b>	<b>TIME</b>
	<b>Tuesday Mystery Drills</b>	<b>Tuesdays - 2 Sessions</b>	<b>7:00-8:30 PM</b>
			<b>8:30-10:00 PM</b>

Email: [info@corte.ca](mailto:info@corte.ca)  
 Phone/Text: +1 (519) 496-0046  
 Website: [www.cortekw.ca](http://www.cortekw.ca)

# HIGH PERFORMANCE GROUP

## KING/QUEEN OF THE COURT- \$15+HST. (PER PERSON, PER SESSION)

Step into one of our most competitive and high-energy pickleball sessions where every game matters. In King & Queen of the Court, teams battle it out as winners move up the courts and challengers fight their way to the top. **The ultimate goal? Reach the King & Queen Court and defend it.** Expect fast rotations, intense rallies, and nonstop competition as everyone pushes to prove who truly deserves the crown.

<b>NEW</b>	<b>PROGRAM</b>	<b>DAY</b>	<b>TIME</b>
	<b>King/Queen of The Court</b>	<b>Mondays - 2 Session</b>	<b>7:00-8:30 PM</b>
			<b>8:30-10:00 PM</b>
		<b>Wednesday</b>	<b>7:00-8:30 PM</b>
			<b>8:30-10:00 PM</b>
		<b>Fridays - 2 Sessions</b>	<b>7:00-8:30 PM</b>
			<b>8:30-10:00 PM</b>

## DUPR RECORDED SESSION - \$15.00 + HST (PER PERSON, PER SESSIONS)

Join us every Thursday for DUPR Night, an exciting evening dedicated to competitive play and skill development. This session is designed for players who want to record official matches, improve their DUPR rating, and compete in a fun but structured environment. Each participant is guaranteed 5 matches Whether you're looking to climb the rankings, gain valuable match experience, or simply enjoy high-quality games, DUPR Night provides the perfect setting. Please note that **a valid DUPR account is required**, as all matches will be officially recorded.

<b>NEW</b>	<b>PROGRAM</b>	<b>DAY</b>	<b>TIME</b>
	<b>DUPR Recorded Session</b>	<b>Thursdays - 2 Sessions</b>	<b>7:00-8:30 PM</b>
			<b>8:30-10:00 PM</b>

## DUPR RATED SESSION - \$15.00 + HST (PER PERSON, PER SESSION)

Our DUPR Rated Sessions are designed for players who want structured, competitive games while officially tracking their progress. These sessions are perfect for players looking to build their rating, gain match experience, and compete in a fair and competitive environment. With scheduled rotations and balanced matchups, every game is meaningful and contributes to your overall DUPR profile. Please note that **a valid DUPR account and ranking are required to participate**, as all matches will be officially recorded..

<b>NEW</b>	<b>PROGRAM</b>	<b>DAY</b>	<b>TIME</b>
	<b>DUPR Rated Session</b>	<b>Saturdays - 2 Sessions</b>	<b>8:30-10:00 AM</b>
			<b>10:00-11:30 AM</b>

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