



**The V League will continue to limit substitutions to 12 per set.**

### **12U SERVICE RULES**

**Overhand Serve:** May step into the court, one or two steps from the end line, on the first three (3) serves per term of service.

**Underhand Serve:** May start at a maximum of ten (10) feet onto the court (midpoint between the end line and attack line). For each service, the player must step back toward the end line. On the fourth attempt to serve for the term of service, ALL servers must be behind the end line whether it's an underhand or overhand serve. Foot faults apply.

8 seconds to serve following the 1st referee's beckon to serve.

**PLEASE USE GOOD JUDGMENT AND ACT IN THE BEST INTEREST  
OF ALL PARTICIPANTS**