

About Shishya:

Sudeeksha Dasari is an eighteen-year-old, Senior in Sayreville Highschool. She has been learning dance since 5 years of age, and has always loved dancing. she is a soon to be freshman at Mount Holyoke College and is going to be majoring in English and going the Pre-med track. Sudeeksha loves to read and write, as well as studying science.

At school, besides taking rigorous courses, Sudeeksha participates in multiple extracurriculars. From planning meetings for the international society at her school to competing in DECA competitions. She likes to have a lot on her agenda.

Outside of school, Sudeeksha dedicates herself to volunteering at the Sayreville Public Library. She is the president of the library's Teen Advisory Board, where she oversees and participates in teen/child volunteer activities. Sudeeksha has been volunteering there since eighth grade and has accumulated over 200+ hours of volunteer hours. Because of this contribution to her school and community, she received "The Wellesley Book Award" from Wellesley College in her Junior year.

Something Sudeeksha is very passionate about is social activism. In everything she does, she stands up for herself and those around her. She feels very lucky for the opportunities that she has and doesn't think it's good to waste them.

Sudeeksha is grateful for everyone who has helped her get this far in her dancing career. And she welcomes dear family and friends to watch her perform her Arangetram. This is not the end, but just the beginning of her dance journey.

Website: www.sudeeksha.us

About Guru

Guru Vidushi Smt. Bhargavi Seshadri is an exponent of Pandanallur style of Bharatanatyam. She is a challenging performer, teacher and choreographer of Bharatanatyam.

Bhargavi is nurtured and nourished with the bliss of Bharatanatyam by Guru Vidushi Smt. Kripa Phadke. Bhargavi is a bonafide student of Nrityagiri Performing Arts and Research Centre, registered in Mysore. She has successfully completed her proficiency examinations in Bharatanatyam conducted by The Karnataka State Education Examination Board.

Bhargavi moved to USA and has started her own institution "Nrityaranga Performing Arts Academy" to promote and pass-on rich Indian art and culture in the USA. She is teaching at Sri Gurusvaayoorappan Temple, Morganville, NJ. Nrityaranga Performing Arts Academy is a proud member of International Dance Council (CID), Paris.

In the USA, Bhargavi has performed on various occasions in many prestigious organization events.

She is the proud choreographer of a number of dance dramas which are popularly staged many a times at various places; like "Satyakarman Jatayu" a story based on Jatayu's sincerity and dedication to Dasharatha and Rama; "Samshritha Margadarshi Ramanuja" – thematic story based on learnings and teachings of Bhagavad Acharya Sri Ramanuja; "Sampoorna Ramayanam", "Mohini-Bhasmasura", "Srinivasa Kalyanam" and many more.



ORCHESTRA

Nattuvangam	:	Guru. Smt. Bhargavi Seshadri
Vocal	:	Smt. Manjula Ramachandran
Mridangam	:	Chi. Sabari Ramachandran
Veena	:	Smt. Bhuvana Kannan
Flute	:	Chi. N Visveshwar
Morsing	:	Sri. Srirangaram Seshadri

ACKNOWLEDGMENTS

Master of Ceremonies	:	Smt. Nirupama Chandrasekaran
Decorators	:	Priyam Events (Smt. Manju Bhargava)
Makeup	:	Smt. Renu Kurien
Costume	:	Shanthi Tailors (Chennai, India)
Photography/Video	:	Red Carpet.com (Sri. Tirumalesh Kowdlay, Amit & Asha Madan)
Audio and Lighting	:	Bridgewater Temple
Catering	:	Bridgewater Temple Cafeteria
Brochure	:	Umakanth Peddi (Digitalaya, Hyderabad, India)

Thank You

We express our gratitude to everyone who accompanied us through this journey. Special thanks to Guru Bhargavi Sheshadri for making this Arangetram possible for Sudeeksha.



Bharatanatyam Arangetram of ❖ Kum. Sudeeksha Dasari ❖ (Disciple of Guru Vidushi Smt. Bhargavi Seshadri)



Saturday, July 16, 2022,
3:00 pm
at Sri Balaji Temple,
Bridgewater Township, NJ 08807

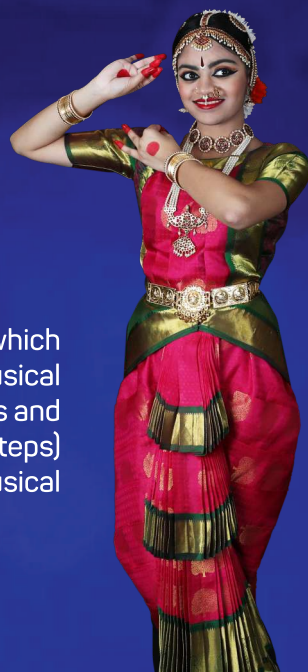


Pushpanjali & Alarippu:

Ragam: Naata

Thalam: Aadi & Khanda chapu/ Alarippu-(4, 3, 5)

The program starts with a lively dance where the dancer offers flowers to Lord Nataraja. This is followed by a homage to Lord Ganesha, who is the remover of obstacles and one who brings good luck. Sudeeksha also offers respects to Ashtadikpalakas (8 directional gods), her Guru, orchestra, audience. Sudeeksha then performs Garuda Alarippu, which is an introductory item in a Bharatanatyam repertoire.



Jathiswaram:

Ragam: Aarabhi

Thalam: Adi

Jathiswaram is a pure dance or nritta sequence in which the performer weaves several patterns on a basic musical composition. Jathiswaram is a combination of Jathis and swarams. Jathis are combination of adavus (basic steps) with mukthaya (Theermanam). swarams are the musical notations set in a particular raagam.



Shabdam: Dasharathavara Kumara

Ragam: Mohanam

Thalam: Adi

Composer: Kasinatha Kavi

Shabdam is a dance item featuring the nritya aspect of Bharatanatyam. Nritya means combination of dance movements with abhinaya. There are elaborate dance steps as well as abhinaya that tell the stories. Sudeeksha's shabdam today is Ramayana Shabdam explaining the entire life story of Lord Rama and Goddess Sita. Sudeeksha will be elaborating Sita Swayamvaram and Jatayu Moksham story through the sancharis.



Krithi: Shringapuradeeshwari Sharade

Ragam: Kalyani

Thalam: Adi

Composer: Sri Padmacharan

Krithi is usually a Bharatanatyam item which is composed to praise Gods/Goddesses. Today's krithi is in praise of Goddess Saraswathi, who is the goddess of knowledge. She is the goddess of all art forms. The composer beautifully conveys that one must surrender to goddess Saraswathi to learn any art form in this Krithi.

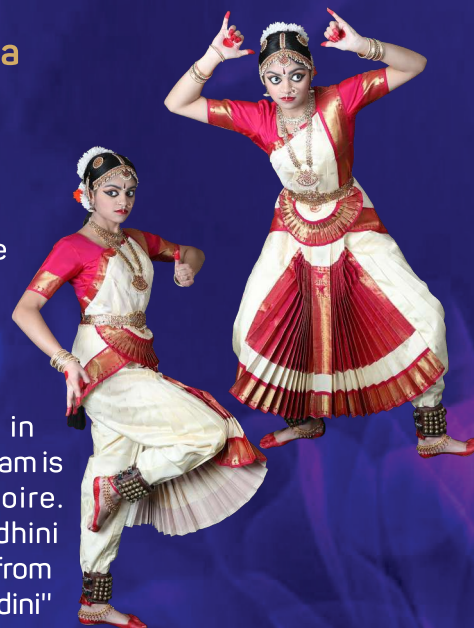
Varnam: Mathe Malayadwaja

Ragam: Khamaach

Thalam: Adi

Composer: Muthaiah Bhagavathar

Varnam is the prominent and most elaborate item in Bharatanatyam margam. There are challenging dance steps as well as abhinaya or expressions involved. This varnam is about goddess Durga and her power. Padavarnams are most popular in Bharatanatyam, but nowadays this Daru varnam is also popular in Bharatanatyam repertoire. Sudeeksha elaborates Mahishasura Mardhini story as sanchari followed by two shlokams from Mahishasura Mardini stotram - "Ayigiri nandini" composed by Guru Adi Shankaracharya.



Padam/Tarangam:

Govardhana Giridhara

Ragam: Darbari Kanada

Thalam: Triputa

Composer: Sri. Narayanatheertha

Padams are solely focused on abhinaya. Sometimes it will be in praise of God and some other times it will have naayaka naayaki bhaavam. It will have storytelling which conveys the emotional monologue or dialogue. This tarangam is in praise of Lord Krishna depicting his leelas. Sudeeksha will be elaborating the Navarasas (nine primary emotions) in Krishna's life.

Keerthanam: Brahma kadigina paadamu

Ragam: Mukhari

Thalam: Adi

Composer: Sri. Annamacharya

Keerthanam is a devotional piece in Bharatanatyam. It will be in praise of Gods/Goddesses. Like we say Keerthanam is one of the ways out of Navavidha bhakthi to pray and surrender to God, the prime rasa/emotion in any keerthanam will be bhakthi. This keerthanam today is in praise of Lord Venkateshwara. Sri Annamacharya was a staunch devotee of Lord Venkateshwara. It is also believed that Sri. Annamacharya was the incarnation of Lord's sword. Sudeeksha will be elaborating the sanchari of Vamana avataram and Kaalinga nartanam. This keerthanam talks about the power of Lord Venkateshwara's lotus feet.



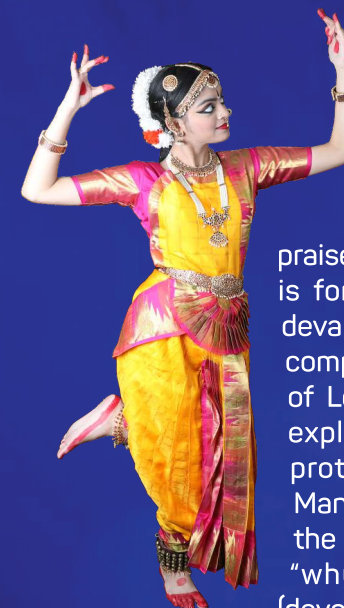
Devaranama: Dhavala gangeya

Ragam: Kamavardhini

Thalam: Adi

Composer: Sri Vaadiraja

Devaranama is a devotional item where the lyrics are in praise of God, describing the God and their life. The importance is for a pure abhinaya, or expression in the dance. This devaranama has a unique quality in the way it has been composed. The composer, Sri Vaadiraja, is a staunch devotee of Lord Krishna/Lord Narayana. He praises Lord Shiva by explaining Lord Shiva's thoughtful deeds - on how he protected his devotee Markandeya and how he killed Manmadha by opening his third eye, and how Shiva became the first devotee of Lord Narayana. Thus, composer asks, "why don't you have some compassion to show me (devotee/composer) where Lord Narayana is?"



Thillana:

Ragam: Brindavani

Thalam: Adi

Composer: Sri Balamurali Krishna

Thillana is usually the last item of a Bharatanatyam performance. It is full of complicated movements, postures, and mukthayas. This Thillana is in praise of Lord Sri Krishna. Thillana will be followed by Mangalam in Kuringi ragam and Triputa thalam.



Mangalam:

The dancer offers salutations to God, Guru, the Orchestra and the Audience expressing gratitude.

