



Pivot Performance Price List

Individual Sessions

Package	Description	Sessions	Price	Discount
Single Session	One 1:1 training session. Great for drop-ins or tune-ups.	1	\$65	
Starter Pack	Short commitment to build momentum and assess baseline.	3	\$185	5%
Foundation Pack	One month of consistent training. Skill development + conditioning.	7	\$410	10%
Progress Pack	Structured progression with measurable improvements.	10	\$552	15%
Strength Pack	Ideal for habit building, technique refinement, and strength cycles.	15	\$780	20%
Performance Pack	High-frequency training for accelerated results.	20	\$975	25%
Elite Transformation Pack	Full transformation cycle. Strength, conditioning, mobility, and lifestyle coaching.	25	\$1,138	30%