## The Qualities of a LockBoxing™Black Belt

A LockBoxing Black Belt is awarded when a student demonstrates that he/she:

Is fluid in the mediums of: striking, wrestling, locks, controls, finishes.

Has the physical attributes of balance, endurance, flexibility, coordination, speed, power.

Is consistent and persistent over time in the linear acquisition of knowledge, the refinement of previous knowledge and attributes, and in creative self-expression through resistive application while practicing drills and sparring.

Embraces all these concepts and agrees to represent them while being an example respect and cooperation.



A student is eligible to begin the testing process when he/she completes the hours required, demonstrates working knowledge of full curriculum, represents desired qualities above, and is recommended by Coach Lee. There is a testing fee for each level and for the Black Belt. Fee is subject to change.