

AA Presentation Outline

1. Introduction: My name is _____ and I am an alcoholic. I am a member of Alcoholics Anonymous and my home group is _____. Let us open with a moment of silence for the still suffering alcoholic followed by the Serenity Prayer: God, Grant me the serenity to accept the things I cannot change; The courage to change the things I can; And the wisdom to know the difference. At many meetings of AA we read the Preamble : Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.
2. I will now read from the Big Book of Alcoholics Anonymous, Chapter 5: How It Works. (copy of How it works in the folder).
3. Lets go around and introduce ourselves.
4. Explain to the group how the twelve steps has worked for you. Explain meetings: Open, Closed.
5. Share your personal recovery story: NO LONG DRUNKALOGUE. Share: How you found AA, why you decided to seek help and how AA has changed your life today!
6. Share what they may expect in AA: Home Groups; Sponsorship; Service; Fellowship.
7. Tell them about these resources: Newtoaa.org; Meeting Guide App for their phones and AA.org. (These are valuable resources)
8. AA also offers the Temporary Contact Program: Bridging the Gap, for individuals ready to graduate their program. An individual from AA will make sure you get to a meeting within 24-48 hours of the completion of your treatment program. Information about the Temporary Contact Program is on the AA.org website.
9. (Open this time up for sharing and questions)
10. Close with the Lords Prayer for those who would like to join in.