

The Meltdown Manual

A Roadmap for Harmony at Home

Self-Paced Course

What is it?

This online course provides information and resources for families of Autistic and Neurodivergent children. The course will include a live presentation, 4 hours of pre-recorded course content (6.5 hours of content in total), as well as printable resources. After completing this course, you will also have the confidence that you are moving in the direction towards harmony at home. Priced at \$175; first group of scholar parents get intro price of \$125....

You will learn:

- How to determine why meltdowns happen
- Proactive strategies to prevent meltdowns
- How to avoid escalating meltdowns
- Specific de-escalation strategies
- How to help your child incorporate coping strategies
- Sensory strategies (*across all ages*)
- Communication techniques (*across all methods*)
- Parent self-care

What do you get when you register?

- A corresponding workbook in PDF format
- Lifetime access to the recorded modules and any new/updated modules
- A 90-minute live with Stacy and Torrin (first time parent scholars ONLY)
- Access to directly communicate with presenters for Q & A during your journey through the course, and access to the parent forum.

You will also receive the peace and quiet that comes with *less frequent meltdowns!*