

Eggnog Hot Cocoa



Servings: 2

1 cup eggnog
1 cup milk
1 tablespoon unsweetened cocoa powder
1 tablespoon sugar
1 teaspoon vanilla extract
1 pinch ground nutmeg
1 pinch salt

To a small sauce pan add eggnog, milk, unsweetened cocoa powder, sugar, vanilla extract, ground nutmeg, and salt.

Heat over medium-high heat whisking until combined. Heat until the sugar dissolves and the mixture begins to simmer.

Remove from the heat and divide between 2 mugs.

Top with desired toppings.

Serve

Per Serving (excluding unknown items): 223 Calories; 10g Fat (38.9% calories from fat); 10g Protein; 24g Carbohydrate; 1g Dietary Fiber; 87mg Cholesterol; 194mg Sodium; 23g Total Sugars; 2mcg Vitamin D; 307mg Calcium; 1mg Iron; 416mg Potassium; 261mg Phosphorus. Exchanges: .